



Douglas County

Youth & Family Resource Guide

Updated April 2008

Index of Resources

The Douglas County Youth Initiative and its sponsoring entities do not endorse any organization or service listed herein. Please assure that you and your family will receive the very BEST services by researching and interviewing the service providers you select.

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ACCESS / REFERRAL

Douglas County WrapAround: 303-663-6233

Immediate response for families that are looking for resources or assistance; strength-based assessments; sustainable, respectful Wrap Service Plan development; ongoing support

Douglas County Youth Initiative: 303-688-4825

4400 Castleton Court, Castle Rock, CO 80109

www.douglas.co.us/humanservices/Douglas_County_Youth_Initiative.html

Service access assistance; consultation; referrals; WrapAround

Families First: 303-695-7996

Consejos Para Familias	Statewide Toll-Free:	1-877-695-7996
	Spanish language line:	1-866-527-3264

www.familiesfirstcolorado.org

Referral resources via confidential phone consultations; compassionate listening, information on parenting & child development issues

McBride, Janice 303-952-4989

Mines and Associates

10367 W. Centennial Road, Littleton, CO 80127

Coordinates a network of around 150 therapists;

Excellent resource for families seeking referral to a specialist.

Therapist Locator Service:

www.therapistlocator.net

www.aamft.org

On-line referral services with more than 15,000 practitioners registered

ANGER MANAGEMENT

- AMEND of Arapahoe County:** 303-220-1911
 6565 S. Dayton #1500, Greenwood Village, CO
www.amendinc.org
Anger management counseling, primarily for abusive men; services in Spanish available
- Believing in Kids & Families, LLC:** 303-794-7008
 5574 S. Prince St #11, Littleton, CO 80120
www.bikaf.com
Play therapy; anger management; grief/loss recovery; parenting counseling; couples therapy; relationship enhancement
- Douglas County School District
 Student Support Center:** 303-387-0705
Asset-Based Intervention classes that address anger management
- Dunning, Lisa, LMFT:** 303-886-6949
 7286 S. Yosemite, Centennial, CO
www.lisadunningmft.com
Anger management for kids & families; parenting skill-building groups; social skills groups for adolescents
- Dynamic Directions Counseling:** 303-688-1116
 409 S. Wilcox St. #H, Castle Rock, CO 80104
www.dynamicdirectionscounseling.com
Anger management counseling for teens
- National Institute for Change** 303-231-0090
 Offices in Castle Rock, Lakewood, Lone Tree, Golden
Groups, individuals. Parenting classes. Sliding scale fee.
- Running Creek Counseling Services, Inc.:** 303-688-8231
 7601 E. Burning Tree Dr., Franktown, CO 80116
 19731 E. Pikes Peak Ct. #G-1, Parker, CO 80138 303-805-1218
Anger management counseling (adults only at present)

ARTS / CULTURE

Art

Highlands Ranch Community Association: 303-791-2500

www.hrcaonline.org

Arts and crafts for all ages

KidzArt

Highlands Ranch Location: 303-596-0759

Parker Location: 720-535-1333

www.kidzart.com

Art classes; after-school programs; summer camps

Kyla's Craft Shack: 303-660-8111

3155 N. Commerce Ct., Bldg. C, Castle Rock, CO 80109

www.kylascraftshack.com

Individual and group crafts; parties; mobile unit

Mizel Museum: 303-394-9993

400 S. Kearney St., Denver, CO 80224

www.mizelmuseum.org

Weekly art classes; off-track camps; education about Judaism via the arts

Parker Monart School of the Arts: 303-805-1900

19555 E. Parker Square Dr., #106-A, Parker, CO 80138

Weekly art classes; birthday parties; off-track camps

Town of Castle Rock, Parks and Recreation Dept.: 303-660-1036

2301 N. Woodlands Blvd., Castle Rock, CO 80104

www.crgov.com

Child, Youth and Adult arts & crafts; dance; adaptive recreation; fitness

Town of Parker, Recreation Dept.: 303-841-4500

17301 Lincoln Ave., Parker, CO

www.parkerrec.com

Child, Youth and Adult arts & crafts; dance; sports

Cultural Experiences

Kidz Kulture: 303-805-3263

Parker Cultural Commission

19650 E. Mainstreet, Parker, CO

www.parkerrec.com

Immersion in different aspects of art and culture

Dance

- Academy of Colorado Ballet:** 303-221-1722
 6328 E. County Line Rd., #102, Highlands Ranch, CO
www.coloradoballet.com
Dance classes for ages 3 through adult, including ballet, Hip-hop, jazz, break and tap
- Colorado Productions Performing Arts:** 303-933-7290
 5500 S. Simms St., #H, Littleton, CO 80127
www.coloradoproductions.com
Dance and show choir classes; special needs classes available
- Colorado School of Dance:** 303-841-7233
 18002 E. Clarke Rd., Parker, CO 80134
www.coloradoschoolofdance.com
Offering a variety of dance classes (ballet, jazz, modern, tap, hip hop, etc.) for all ages; pom training; performance troupes; annual production of "The Nutcracker"
- The DANCE Company:** 303-688-5863
 740 Wilcox, Castle Rock, CO 80104
Dance and gymnastic classes for ages 2-adult; Styles include tap, jazz, hip hop, ballet, more
- Miller's Dance Studio:** 303-841-9620
 10841 S. Crossroads Dr., Parker, CO
www.millersdancestudio.com
Dance instruction in styles including ballet, tap, jazz, hip-hop, Irish step, modern
- Town of Castle Rock, Parks and Recreation Dept.:** 303-660-1036
 2301 N. Woodlands Blvd., Castle Rock, CO 80104
www.crgov.com
Child, Youth and Adult arts & crafts; dance; adaptive recreation opportunities; fitness
- Town of Parker, Recreation Dept.:** 303-841-4500
 17301 Lincoln Ave., Parker, CO
www.parkerrec.com
Child, Youth and Adult arts & crafts; dance; sports

Instrumental

- Black & White Keys Piano Studio:** 303-791-7268
 9978 Hawthorne St., Highlands Ranch, CO 80126
www.bwkeys.com
Specializing in instruction for children ages 4-12
- Castle Rock Music:** 303-688-0300
 429 Wilcox Street, Castle Rock, CO 80104
www.castlerockmusic.com
Instruction for a variety of instruments
- Castle Rock Violin Academy:** 303-663-6888
 15 Wilcox Street, Castle Rock, CO 80104
www.castlerockviolins.com
Fiddle classes for older teens/adults; group instruction
- Forte Academy of Music, Highlands Ranch:** 303-948-9221
 8030 S. Holly St., Centennial, CO 80122
www.forteacademy.com
Music lessons for ages 4 – adult; piano, violin, voice, guitar, woodwinds, drums
- Gift of Music Studio:** 303-346-9134
 Lone Tree, CO
www.giftofmusicstudio.com
Individual or group guitar instruction for youth ages 3-18
- Guitar Hero (Philip S. Miller Library):** 303-791-READ
 100 S. Wilcox, Castle Rock, CO 80104
www.douglascountylibraries.org
Drop-in program for teens to explore playing guitar
- Music for Life:** 303-552-1318
 Highlands Ranch, CO
www.simplymusic.com
Piano instruction using the "Simply Music" method; all ages; free introductory lesson
- Rob Solomon's GuitarKidz:** 303-792-3070
 558 Castle Pines Pkwy, B4-134, Castle Rock, CO 80108
Private and group instruction for youth ages 6-12
- W.P. Piano Studio, LLC:** 303-791-8022
Lessons for all ages, infants to adults; 12 programs of educational excellence; programs for students with ADD, dyslexia, other disabilities

Stage

- Castle Rock Players:** 303-814-7740
 P.O. Box 1224, Castle Rock, CO 80104
www.crplayers.org
Theater classes; audition techniques; youth ensemble; theater productions
- Kid Stage Classes and Productions:** 303-514-8600
 Various elementary schools throughout Douglas Co.
www.kidstage.net
After school and off-track drama classes, leading to a production performed for the community
- Youth Ensemble Series (YES):** 303-814-7740
 P.O. Box 1224, Castle Rock, CO 80104
www.crplayers.org
Preparatory theatre troupe for older teens who are interested in a performing arts career; offered through Castle Rock Players; scholarships available.
- Voice**
- Castle Rock Music:** 303-688-0300
 429 Wilcox Street, Castle Rock, CO 80104
www.castlerockmusic.com
Vocal instruction for all ages
- Douglas County Children's Chorus:** 303-402-7881
 P.O. Box 68, Parker, CO 80134 Fax: 303-805-6401
Dedicated to bringing music, life, and culture to our community through children using the art of song
- Forte Academy of Music, Highlands Ranch:** 303-948-9221
 8030 S. Holly St., Centennial, CO 80122
www.forteacademy.com
Music lessons for ages 4 – adult; piano, violin, voice, guitar, woodwinds, drums

ASSESSMENTS – Psychiatric, Other

- Baroffio, Jim, PhD.** 303-706-9722
 Fax: 303-662-1106
 8000 E. Prentice Ave., Suite B-12, Englewood, CO 80111
Specializes in developmental disorders – Autism, Aspergers and behavioral disorders with children and families. Does assessments as well. Directive style.
- Grenhart, Rich, Psy.D.** 303-761-3520
 3601 S. Clarkson St. #540, Englewood, CO 80113 Fax: 303-789-1615
 Email : rgrenhart@aol.com
Family and individual counseling; adolescents; communicates well with school; after school office hours. Psych evals, no sliding scale.
- Guzman, Maria Elena, PhD** 303-756-6870
 3801 E. Florida Avenue, Suite 701, Denver, CO 80210
Specializes in trauma, depression, anxiety. Private testing ; qualified to do most SPED testing. Services available in Spanish. Takes some insurance.
- Hanze, Doug, PhD.** 303-688-8658
 405 S. Wilcox, #108, Castle Rock, CO 80104
Individual, family, children, adolescents. Diagnose and treat depression, anxiety, ADHD and behavior disorders. Accepts some insurances.
- Kendall-Grove, Kwai, PhD.** 303-662-9670
 2305 E. Arapahoe Road, Suite 149, Centennial, CO 80122
Specializes in adolescents, eating disorders, depression, anxiety, ADHD evaluations. Ages 5 and up. She will slide fees.
- Liguori, Nick, Psy.D.** 303-229-4216
 8000 E Prentice Ave., Suite B-12, Greenwood Village, CO 80111
Specialty areas: Child and adolescent psychotherapy; consultation and assessment. Aspergers and c-level disorders. No insurance – will work with reimbursement. Sliding scale.
- Matson, Rebecca, LPC** 720-489-8555
Grace Counseling Services
 6909 S. Holly Circle, Suite 306, Centennial, CO 80112
Specializes in work with victims of sexual or mental abuse; testing for learning disabilities; family and parenting skills. Does not accept insurance, sliding scale may be available.

- Plum Creek Medical / Carol Cohen:** 303-759-5126
 410 S. Wilcox #108, Castle Rock, CO 80104
Family and individual assessments; psychotherapy
- Sokol, Robert, Ph.D.** 303-319-0470
 4770 E. Iliff St., Suite 111, Denver, CO 80222
Neuropsychologist – Traumatic Brain Injury; assessment, treatment and forensics for ages 9 – Adult. Psychotherapy practice serving individuals and couples ages 13 – Adult. Clinical Director: Colo. Neuropsychological Associates.
- Spragg, Paul, Ed. D.** 303-830-7345
Developmental Disability Consultants, P.C. Fax: 303-831-0559
 1120 Lincoln St., #702, Denver, CO 80203
Treatment, assessment, consultation, and training for severe developmentally disabled, Autistic, Downs Syndrome, self-injurious behavior, compulsions; technology assistance, community-based help. Accepts Medicaid, works with some insurance carriers.
- Thoreson, Kirk, PsyD:** 303-550-0030
 1776 S. Jackson St., #207, Denver, CO 80203
www.drkirkthoreson.com
Psychological and educational testing & assessment; specializing in learning disabilities, ADHD, depression, childhood anxiety. Accepts some insurance or sliding fee scale; free 20 minute phone consult.
- Trathen & Associates, PC** 303-593-0575
 19284 E. Cottonwood Dr., #202, Parker, CO 80138
www.drtrathen.com
Psychological assessment; EMDR; couples & families; all ages
- White, Molly, PhD** 303-588-8997
 19731 E. Pikes Peak Ct., #201, Parker, CO 80138
Psychological and behavioral testing & assessment; specializing in developmental disabilities, ADHD & other learning challenges, behavior management.

CHILD WELFARE AND PROTECTIVE SERVICES

- Broadbeck, Dee** 303-688-6482
 308 Wilcox Street, Castle Rock, CO 80104
Extremely experienced custody evaluator. No insurance or sliding fee.
- Colorado CASA:** 303-623-5380
www.coloradocasa.org/ Fax: 303-623-5382
Helping abused & neglected children throughout Colorado
- Comitis Crisis Center:** 303-343-9890
 9840 E. 17th Avenue, Aurora, CO 80010
Shelter and counseling for adolescents; housing for singles and small families; 24-hour suicide hotline; emergency food baskets
- Douglas County Human Services:** 303-688-4825
 4400 Castleton Court, Castle Rock, CO 80109
 (To report child abuse, ask for Intake Worker)
Child Protection; Youth in Conflict
- Families First:** 303-695-7996
 Statewide Toll-Free: 1-877-695-7996
 Consejos Para Familias Spanish language line: 1-866-527-3264
www.familiesfirstcolorado.org
Programs to strengthen families & protect children; information on parenting & child development issues; parenting classes; Circle of Parents support groups; referral resources online or via confidential phone consultations
- Juvenile Assessment Center, 18th J.D.** 720-874-3381
 7375 S. Potomac St., Centennial, CO 80112
www.jac18.org
Serves youth ages 10-17; jail screening; house arrest; mental health assessment; general services assessment; case management; family intervention
- National Runaway Switchboard:** 1-800-RUNAWAY
Resources and crisis counseling for youth and parents; 24-hour hotline; confidential counseling; coordinates Operation Home Free with Greyhound
- National Youth Crisis Hotline:** 1-800-448-4663
Resources and crisis counseling for youth younger than 17 and their parents; 24-hour hotline; confidential counseling

Rape Assistance and Awareness Program:

9922

HOTLINE:

TTY:

Spanish Language:

www.raap.org

303-329-

303-322-7273

303-329-0023

303-329-0031

Servicios de la Raza:

4055 Tejon Street, Denver, CO 80211

www.serviciosdelaraza.org*Supportive services for Hispanic/Latino children*

303-458-5851

Tennyson Center (CO Christian Home):

2950 Tennyson St., Denver, CO 80212

www.tennysoncenter.org*Treatment for children ages 5-14; focus on abused and neglected children along with parent training*

303-433-2541

Women's Crisis & Family Outreach Center:

Hotline:

P.O. Box 367, Castle Rock, CO 80104

Counseling and shelter for victims of domestic violence and their children

303-688-1094

303-688-8484

DAYCARE / CHILDCARE OPTIONS:

- Colorado Child Care Assistance Program (CCCAP):** 303-688-4825
 4400 Castleton Court, Castle Rock, CO 80109 ext. 5343
Childcare assistance for families who financially qualify
- Colorado Office of Resource and Referral for Douglas County:**
 3607 MLK Blvd., Denver, CO 80205 303-381-2990
Childcare / early learning referrals
- Cooperative Extension – Douglas County:** 720-733-6926
 410 Fairgrounds Rd., Castle Rock, CO 80104
www.coopext.colostate.edu/douglas/
*Child Care Providers List for Douglas County; click on
 "Family/Consumer" link on website*
- Douglas County Child Care Association:** 303-841-7718
Referrals:
 Castle Rock 303-688-6516
 Highlands Ranch 303-346-9779
 Parker 303-841-3150
www.douglascountychildcare.com
Referrals to local licensed child care providers; resources for providers
- Douglas County Early Childhood Coalition:** 303-688-7640
 Douglas County Libraries (Priscilla Queen)
 100 S. Wilcox St., Castle Rock, CO 80104
*Early childhood professionals and advocates,
 working on coordination of local services*
- Douglas County Human Services:** 303-688-4825
 4400 Castleton Court, Castle Rock, CO 80109
 (To report child abuse, ask for Intake Worker)
Child care assistance (referrals, finances)
- Metro Denver Child Care Resource & Referral** 303-381-2990
www.frcce.org/MDCCR.asp
More than 3,900 licensed child care providers; free referral service

DENTAL CARE:

Access Advantage: 877-287-6767
Oral health plan for folks who have Medicare Parts A & B or Medicaid

Campaign of Concern: 303-534-5299
cjost@nfdh.org
Oral health instruction, screening, referral, and treatment for persons with developmental disabilities

Children's Dental Health Center:
 495 S. Federal, Denver 303-937-7511
 2295 S. Chambers, Aurora 303-751-6511
*Dental work covered by Medicaid, CHP, other insurance;
 Medicaid fees offered to uninsured if paid same-day*

Children's Hospital:
Dental Clinic (Denver) 303-861-6788
Healthy Smiles Dental Clinic (Aurora) 303-724-2273
Basic dentistry, plus evaluation and treatment for serious dental problems; special payment arrangements available

Colorado Coalition for the Homeless: 303-291-5165
 Stout Street Dental Clinic
 2145 Champa St., Denver, CO
Provides a range of dental services for those without shelter; walk-ins; emergencies; low-cost

Colorado Foundation of Dentistry for the Handicapped: 303-534-5360
 1800 15th St. #100, Denver, CO 80202
Dental house calls for homebound persons and persons with disabilities; sliding scale fees

Community College of Denver Dental Hygiene Program: 303-365-8338
 1062 Akron Way, Denver; Lowry Campus, Building 753
Low-cost x-rays, cleanings, preventative maintenance, sealants

Denver Rescue Mission: 303-294-0157
 1130 Park Ave. West, Denver, CO 80205
Dental grants for people in need; full dentures & other services

Find-A-Dentist:
www.cdaonline.org
Medicaid dentist search program, provided by the Colorado Dental Association

Hashemi, Amir, DDS: 303-797-2266

6650 S. Vine, #250, Centennial, CO 80121
Dental work covered by Medicaid

- Inner City Health Center:*** 303-296-4873
 3405 Downing St, Denver, CO 80205
www.innercityhealth.com
Extractions covered by Medicaid; sliding scale fees; oral hygiene class
- Kids In Need of Dentistry (KIND):*** 303-733-3710
www.kindsmiles.org
Dental work covered by Medicaid & CHP+
- Medicaid-Paid Dentist Locator:*** 303-866-5459
- New Hope Dental Services:*** 720-956-0310
 4200 W. Conejos Pl., #LL5, Denver, CO 80204
Provides a range of low-cost dental services; sliding scale or medicaid; walk-ins; emergencies – must attend orientation
- T.H. Pickens Dental Assisting School:*** 303-344-4910
 500 Airport Rd, Aurora, CO 80011
Low-cost polishing, x-rays, and fluoride treatments
- University of Colorado School of Dentistry:*** 303-724-6900
 13065 E. 17th Ave., Aurora, CO 80045

DOMESTIC VIOLENCE:

Services for Victims

- AMEND of Arapahoe County:** 303-220-1911
 6565 S. Dayton #1500, Greenwood Village, CO
www.amendinc.org
Victim advocacy, support groups for abused partners and children
- Emmons, John, LPC** 303-660-2319
 340 Third St., Castle Rock, CO 80104
- National Domestic Violence Hotline:** 800-799-SAFE (7233)
- National Resource Center on Domestic Violence:** 800-537-2238
- SafeHouse Denver:** 303-318-9989
www.safehouse-denver.org
Shelter; advocacy services
- Women's Crisis & Family Outreach Center:** 303-688-1094
*Shelter; victim advocacy; counseling; Violence Prevention Institute;
 "Breaking the Silence" six-week course on family violence*

Services for Abusers

- A Better Choice Counseling:** 303-523-6600
 405 S. Wilcox, Suite 210, Castle Rock, CO 80104
www.abetterchoicecounseling.com
- AMEND of Arapahoe County:** 303-220-1911
 6565 S. Dayton #1500, Greenwood Village, CO
www.amendinc.org
- Emmons, John, LPC** 303-660-2319
 340 Third St., Castle Rock, CO 80104
- National Institute for Change** 303-231-0090
 Offices in Castle Rock, Lakewood, Lone Tree, Golden
Groups, individuals. Parenting classes. Sliding scale fee.
- Running Creek Counseling Services, Inc.:**
 7601 E. Burning Tree Dr., Franktown, CO 80116 303-688-8231
 19731 E. Pikes Peak Ct. #G-1, Parker, CO 80138 303-805-1218
Anger management counseling; couples counseling

DRIVER INSTRUCTION:

- A+ Driving School:** 303-400-4555
 10841 S. Crossroads Dr., #1, Parker, CO 80134
www.a-plus-drivingschol.com
Drivers' Education program; stick-shift training; testing for permits / drivers licenses; remedial training; senior assessments
- Affordable Driving School:** 303-840-7662
 18002 E. Clarke Rd., Parker, CO 80134
www.affordabledrivingsch.com
Drivers' Education program; Defensive Driving
- Castle Rock Cruisers:** 303-660-3456
 2582 E Highway 86, Castle Rock, CO 80104
<http://www.colorado-driving.com/>
Drivers' Education program; Defensive Driving
- CDOT's Teen Driving Resources:**
www.coteedriver.com
Online resources for parents & teens; teen driving tool kit; parent brochure with driving log; statewide resource access
- HipSafety (for Rookie Drivers):** 303-668-3711
www.hipsafety.com
Identification kits for rookie drivers, with the intent of encouraging other drivers to look out for those less experienced
- MasterDrive:** 303-627-4447
 15659 E. Hinsdale Dr., Englewood, CO 80112
www.masterdrive.com
Teen Driver Survival classes (comprehensive drivers' ed); defensive driving skills; corrective driving programs
- Parker Fire Safety Foundation:** 303-805-0228
 (formerly Miller Safety Center)
www.parkerfire.org
 10235 Parkglenn Way, Parker, CO 80138
Teen Driving Skills classes; License to Survive teen driver awareness program
- Teen Sharp Driving School:** 303-683-5369
 10815 N. Solar Drive, Littleton, CO 80125
Classes offered at high schools throughout Douglas County; defensive driving skills; car control clinic; DUI experts; "Alive at 25"

- Eating Disorder Center of Denver:** 303-771-0861
 950 S. Cherry St. #1010, Denver, CO 80246
www.edcdenver.com
Outpatient, partial hospitalization, and inpatient treatment of eating disordered individuals age 16 and older
- Gray, Kelley, LPC** 720-489-8555
Grace Counseling Services
 6909 S. Holly Circle, Suite 306, Centennial, CO 80112
Does not accept insurance; sliding scale may be available.
- Johnson, Victoria, LCSW** 303-798-8836
 26 West Dry Creek Circle, Suite 360, Littleton, CO 80120
victoriajohnsonlcsw@comcast.net
Female adolescents, families, couples, groups; bulimia, trauma.
- Kendall-Grove, Kwai, PhD.** 303-662-9670
 2305 E. Arapahoe Road, Suite 149, Centennial, CO 80122
Ages 5 and up. She will slide fees.
- Landon, Stacy, M.A.** 303-855-3933
 6075 S. Quebec Street, #202, Centennial, CO 80111
Specializes in working with women with eating disorders
- McAllaster-Schmitz, Amy, M.A., LPC** 303-513-7822
 2629 W. Main Street, Suite 110, Littleton, CO 80120
www.amymscounseling.com
- Mines, Bob PhD. (Mines and Associates)** 303-832-1068
 10367 W. Centennial Road, Littleton, CO 80127
Does not accept insurance. May offer sliding scale.
- Pinhas, Joan S., PhD.** 303-759-5543
 1720 S. Bellaire, #805, Denver, CO 80222 Fax: 303-756-1413
Takes insurance and sliding fees.
- Starkey-Duncan, Renee, PhD.** 303-355-7134
 90 Madison St., Suite 405, Denver, CO 80206
Eating disorders, girls ages 12 and up, women's issues. Will slide fees.
- Julie Uhernik, LPC, RN** 303-918-1775
 19753 E. Pikes Peak Ct., Parker, CO 80138
www.julieuhernik.com
Adolescents, adults, couples, families; eating disorders, depression; will slide fees.

EDUCATION

Bullying

Colorado Anti-Bullying Project:

To report an incident:

1-866-NO BULLY

1-877-542-SAFE

Douglas County School District:

620 Wilcox, Castle Rock, CO 80104

www1.dcsdk12.org

Public schools; charter schools; alternative schools; individual education plans; special needs programming; home school info

303-387-0100

Jens, Kathryn, PhD.

303-773-8991

Fax: 303-770-9015

8000 E. Prentice Ave., Suite B-12, Englewood, CO 80111

Adolescents and families, PTSD, bullying, abuse, generalist.

Works with some insurances and sliding scale

Porter, William W., Ph.D

303-918-1829

7200 E. Hampden Ave., #201, Denver, CO 80224

Fax: 303-758-6140

Licensed Clinical Psychologist / Educational Consultant.

Specializes in adolescent depression and suicide. Author of

"Bully Proofing Your Schools". Sliding scale; some insurance.

Safe2Tell

Hotline: 877-542-SAFE

www.Safe2tell.org

Focus on school violence & prevention; tip line; bullying prevention

Drop-Out / Expulsion / Truancy Prevention

Douglas County School District:

620 Wilcox, Castle Rock, CO 80104

www1.dcsdk12.org

School-based interventions; truancy prevention

303-387-0100

Student Support Center (DCSD):

11722 Dransfeldt Road, Parker, CO 80134

www1.dcsdk12.org

Expulsion/Suspension School; case management for youth

at-risk of drop-out or expulsion; drop-out retrieval; truancy prevention

303-387-0700

Education Options

Advocacy In Education:

720-377-0188

6093 S. Quebec St., Suite 201, Centennial, CO 80111 866-515-7171
www.advocacy-in-education.com; info@aie.cc
Coaching on brain-based learning.

Branson School Online: 719-946-5531
 101 Saddle Rock Dr., P.O. Box, Branson, CO 81027 888-863-7850
www.bransonschoolonline.com
Home-based public school program with standardized educational materials delivered online and via internet; diploma and GED programs

Bridges Transitions: 800-281-1168 ext. 2032
www.bridges.com 303-926-0956
Education & career planning Fax: 888-349-0956

Eagle Rock School: 970-586-0600
 2750 Notaiiah Rd., P.O. Box 1770, Estes Park, CO
www.eaglerockschool.org
Residential Honda school in the Rockies, emphasizing experiential education and service learning; serving 15-17 year old at-risk kids who have difficulty fitting in to public school.

Humanex Academy: 303-783-0137
 2700 S. Zuni St., Englewood, CO 80110
www.humanexacademy.com
Alternative middle & high school serving youth with learning & emotional challenges such as ADHD, bipolar disorder, anxiety, etc.

Prescription for Success: 303-993-4648
 Parker, CO
www.prescriptionforsuccess.net
Home-schooling services; assessment; tutoring; learning jump-starts

Prince Street Academy (A/D Mental Health): 303-761-7991
 5524 S. Prince St., Littleton, CO 80120
www.admhn.org
Year-round CDE-approved school for children ages 9-18 with significant emotional or behavioral problems that prevent them from temporarily attending their own school; therapeutic services plus education programming five days a week.

Rocky Mountain School of Expeditionary Learning: 303-759-2076
 1700 S. Holly St., Denver, CO 80222
www.rmssel.org
K-12 school founded on Outward Bound ideals & emphasizing, academic achievement, character development, experiential education and service learning

G.E.D.

Arapahoe/Douglas WORKS:

Main Office 303-636-1160
5500 S. Quebec St., #175, Greenwood Village, CO 80111

Castle Rock Office 303-688-4825
4400 Castleton Court, Castle Rock, CO

www.adworks.org

GED prep and testing; alternative school; school-to-work preparation

Branson School Online: 719-946-5531

101 Saddle Rock Dr., P.O. Box, Branson, CO 81027 888-863-7850

www.bransonschoolonline.com

Home-based public school program with standardized educational materials delivered online and via internet; diploma and GED programs

GED Hotline: 1-800-626-9433

Information on obtaining a GED

STAR Lab @ Douglas County High School: 303-387-1146

2842 Front St., Castle Rock, CO 80104

www.GED123.org

Home of the "Official GED Test"; call for dates or register online; cost is \$90.00

General School Stuff

Colorado Department of Education: 303-866-6942

201 E. Colfax Ave. #100, Denver, CO 80203

www.cde.state.co.us

General education issues; GED information

Douglas County School District: 303-387-0100

620 Wilcox, Castle Rock, CO 80104

www1.dcsdk12.org

Public schools; charter schools; alternative schools; individual education plans; special needs programming; home school info

Dunning, Lisa, LMFT: 303-886-6949

7286 S. Yosemite, Centennial, CO

www.lisadunningmft.com

School performance & behavior issues; adolescents and children

Families First: 303-695-7996

Statewide Toll-Free: 1-877-695-7996

Consejos Para Familias Spanish language line: 1-866-527-3264

www.familiesfirstcolorado.org

Referrals to various educational resources, including special needs programs; workshops for parents in support of children's education; info on No Child Left Behind & the Colorado Parent Information & Resource Center

Hispanic Education, Inc.: 303-766-1942

8685 Aspen Cir., Parker, CO 80138

Training for educators and other school personnel aimed at improving the education experience for Hispanic/Latino youth

Maddox, Amy, MA, CSPT 720-244-0899

Pikes Peak Counseling

www.pikespeakcounseling.com

19753 E. Pikes Peak Ct., Parker, CO 80138

ADHD ; social skills groups ; bullying prevention ; former school counselor ; free initial consultation ; does not accept insurance ; might slide fees.

Wernimott, Melvin, PhD. 303-758-6619

7200 E Hampden Avenue, Denver, CO 80224

Fax: 303-758-6140

Psychologist ; Families, adolescents who are having trouble being successful in school. No insurance.

Gifted & Talented

Douglas County School District: 303-387-0100

620 Wilcox, Castle Rock, CO 80104

www1.dcsdk12.org

Gifted & Talented program available.

Mattei, Kathleen, Psy.D. 303-221-8127

6081 S. Quebec, Centennial, CO

Specializes in working with girls, gifted and talented students.

Prescription for Success: 303-993-4648

Parker, CO

www.prescriptionforsuccess.net

Home-schooling services; assessment; tutoring; learning jump-starts

Learning Disabilities

Advocacy In Education 720-377-0188

6093 S. Quebec St., Suite 201, Centennial, CO 80111

866-515-7171

www.advocacy-in-education.com; info@aie.cc

Advocacy & educational services for students with learning challenges; experts on IEPs & 504 plans

- Bouzari, Louise, Esq.:** 303-228-1616
 Desiree Vandelac; Law Offices of Louise Bouzari, LLC. 303-771-1288
 7887 E. Belleview, # 1100, Englewood, CO 80111
Law practice specializing in special education and discipline matters. The firm's parent advocate is the mother of a special needs child.
- Clark, R. Barkley, MD** 303-797-2839
 7720 S. Broadway, #390, Littleton, CO 80122
ADHD, medications, Tourette's Syndrome, complex medical issues consults with several school districts.
- Collaborative Care Counseling:** 303-241-0421
 Dr. John Barton; Sarah James
 9362 Teddy Lane, Lone Tree, CO 80124
Accept most insurances and will slide fees.
- College Living Experience:** 303-825-2533
 1391 Speer Blvd #400, Denver, CO 80204
www.cleinc.net
College/vocational school transition assistance for youth identified as having special needs; tutoring; study skills; HS diploma assistance; independent living; social skills
- Council of Parent Attorneys & Advocates:** 410-372-0208
 P.O. Box 6767, Towson, MA 21285
www.copaa.net
Support for parents of children with disabilities; national advocacy organization
- Dennis, Kenny, M.A., N.C.C:** 720-206-7768
 9760 S Castle Ridge Circle, Highlands Ranch, CO 80129
www.kennydennis.com Fax: 866-384-1465
Autism Spectrum Disorder; learning challenges; sliding fees
- Developmental Disability Consultants, PC:** 303-337-2210
 1211 S. Parker Rd., Suite 200, Denver, CO 80231 fax: 303-337-4147
www.ddconsultants.org; pspragg@ddconsultants.org
- Douglas County School District:** 303-387-0100
 620 Wilcox, Castle Rock, CO 80104
www1.dcsdk12.org
Public schools; charter schools; alternative schools; individual education plans; special needs programming; home school info

- Dunning, Lisa, LMFT:** 303-886-6949
7286 S. Yosemite, Centennial, CO
www.lisadunningmft.com
ADHD & other learning challenges; adolescents & children
- Dyslexia Resource Group of DC:** 303-791-3360
Meetings are held in DC Library facilities
Email: dyslexiaresourcegroup@comcast.net
*Meets once a month, Sept. – May; education, advocacy,
And support for families who are dealing with dyslexia.*
- Hanze, Doug, PhD.** 303-688-8658
405 S. Wilcox, #108, Castle Rock, CO 80104
*Individual, family, children, adolescents. Diagnose and
treat depression, anxiety, ADHD and behavior disorders.
Accepts some insurances.*
- Hoffman, Daniel, M.D.** 303-741-4800
8200 E. Belleview Ave. #600E, Greenwood Village, CO 80111
Specializes in ADHD in adolescents. Neurotherapy clinic.
- Humanex Academy:** 303-783-0137
2700 S. Zuni St., Englewood, CO 80110
www.humanexacademy.com
*Alternative middle & high school serving youth with learning &
emotional challenges such as ADHD, bipolar disorder, anxiety, etc.*
- Kendall-Grove, Kwai, PhD.** 303-662-9670
2305 E. Arapahoe Road, Suite 149, Centennial, CO 80122
ADHD evaluations. Ages 5 and up. She will slide fees.
- Lounsborough, Craig, M.Div., LPC** 303-593-0575
19284 Cottonwood Drive, #202, Parker, CO 80138 Fax: 303-840-0902
www.craiglpc.com
*Child, adolescent, ADD, ADHD, ODD and conduct disorders ;
No sliding scale, will reduce fee.*
- Lyons, David, MD** 303-290-0967
6075 S. Quebec, Englewood, CO 80111 303-290-8842
*Therapy, medications; children and adolescents, ADHD.
Limited availability. Not on most insurance lists.*
- Maddox, Amy, MA, CSPT** 720-244-0899
Pikes Peak Counseling
www.pikespeakcounseling.com
19753 E. Pikes Peak Ct., Parker, CO 80138

ADHD ; social skills groups ; bullying prevention ; former school counselor ; free initial consultation ; does not accept insurance ; might slide fees.

Matson, Rebecca, LPC 720-489-8555

Grace Counseling Services

6909 S. Holly Circle, Suite 306, Centennial, CO 80112

Testing for learning disabilities; family and parenting skills.

Does not accept insurance, sliding scale may be available.

McKay, Linda 719-488-8998

153 N. Washington St., P.O. Box 1067, Monument, CO 80132

Attachment issues, bipolar, ADHD

Minner, Dan, PhD. 303-721-8386

6402 S. Quebec Street, Englewood, CO 80111

Adolescent boys & girls ; depression, substance abuse,

families, school achievement, ADHD. Excellent at communicating

with families and schools. Accepts some insurance and will slide fees.

Moore, April, MS, LPC 303-593-0575

18801 E. Mainstreet, Suite 180, Parker, CO 80134

www.drtrathen.com , April@DrTrathen.com

Children, adolescents and families; adjustment and

mood disorders, anxiety, conduct, ADHD, mental & physical disabilities

Neiss, Bobbi: 303-588-7625

Bobbi_neiss@yahoo.com

Special Education Advocate; Advocate for parent of children

With special needs ("twice exceptional" children – high IQ plus

Disability); knowledgeable re IEP & 504 legislation & rights

Prescription for Success: 303-993-4648

Parker, CO

www.prescriptionforsuccess.net

Home-schooling services; assessment; tutoring; learning jump-starts;

Specializing in ADHD, learning disabilities, and dyslexia

Results Learning, LLC: 303-378-8811

www.results-learning.com

Individualized tutoring; free initial class

Stinson, Wynde 719-488-8998

153 N. Washington St., P.O. Box 1067, Monument, CO 80132

Works with children ages 2-18, ADHD; takes insurance & will slide fees

Tackney-Moen, Mimsy, LCSW

303-637-

2516

Moen, Dan

303-779-5335

6065 S. Quebec, Englewood, CO 80011

Adolescents and families, depression, anxiety, ADD, bipolar, and physical and sexual abuse. No drug or alcohol abuse as primary diagnosis. Accepts most health insurance. Appointments after school and evenings.

Thoreson, Kirk, PsyD:

303-550-0030

1776 S. Jackson St., #207, Denver, CO 80203

www.drkirkthoreson.com

Psychological and educational testing & assessment; specializing in learning disabilities, ADHD, depression, childhood anxiety. Accepts some insurance or sliding fee scale; free 20 minute phone consult.

White, Molly, PhD:

303-588-8997

19731 E. Pikes Peak Ct., #201, Parker, CO 80138

Psychological and behavioral testing & assessment; specializing in developmental disabilities, ADHD & other learning challenges, behavior management.

Literacy**Douglas County Libraries:**

303-791-READ

www.douglascountylibraries.org

Bookmobile:

Stops in Castle Pines North, Meridian & Parker

Castle Rock:

Philip S. Miller, 100 S. Wilcox

Franktown:

Cherry Valley Elementary, 9244 S. State Highway 83

Highlands Ranch:

Highlands Ranch Library, 9292 Ridgeline Blvd.

Lone Tree:

Neighborhood Library, 8827 Lone Tree Pkwy

Louviers:

Louviers Library, Louviers Village Club House

Parker:

Parker Library, 10851 S. Crossroads Dr.

Roxborough:

Neighborhood Library, 8357 N. Rampart Range Rd.

Special Education / Needs**Advocacy In Education:**

720-377-0188

6093 S. Quebec St., Suite 201, Centennial, CO 80111

866-515-7171

www.advocacy-in-education.com; info@aie.cc

Advocacy & educational services for students with learning challenges; experts in IEPs and 504 plans.

Bouzari, Louise, Esq.: 303-228-1616
 Desiree Vandelac; Law Offices of Louise Bouzari, LLC. 303-771-1288
 7887 E. Belleview, # 1100, Englewood, CO 80111
Law practice specializing in special education and discipline matters. The firm's parent advocate is the mother of a special needs child.

College Living Experience: 303-825-2533
 1391 Speer Blvd #400, Denver, CO 80204
www.cleinc.net
*College/vocational school transition assistance
 For youth identified as having special needs;
 Tutoring; study skills; HS diploma assistance;
 Independent living; social skills*

Council of Parent Attorneys & Advocates: 410-372-0208
 P.O. Box 6767, Towson, MA 21285
www.copaa.net
Support for parents of children with disabilities; national advocacy organization

Dennis, Kenny, M.A., N.C.C.: 720-206-7768
 9760 S Castle Ridge Circle, Highlands Ranch, CO 80129
<http://www.kennydennis.com> Fax: 866-384-1465
Autism Spectrum Disorder; learning difficulties; cognitive skills development; sliding fees

Developmental Disability Consultants, PC: 303-337-2210
 1211 S. Parker Rd., Suite 200, Denver, CO 80231 fax: 303-337-4147
<http://www.ddconsultants.org>; pspragg@ddconsultants.org
Parent training; training for children with developmental disabilities, autism and brain injury

DCSD Audiology Department: 303-387-0530

EMPOWER Colorado: 1-866-213-4631
 2200 S. Jasmine St., Denver, CO 80222
www.empowercolorado.com
"Education Movement: Parents Offering Wisdom, Encouragement, and Resources"; advocacy group for parents of children diagnosed with mental illness

Federation of Families for Children's Mental Health: 303-572-0302
 2950 Tennyson St., Denver, CO 80212
www.coloradofederation.org
Advocacy and support for parents of children with a diagnosed mental illness; support in IEP process

- Guzman, Maria Elena, PhD** 303-756-6870
 3801 E. Florida Avenue, Suite 701, Denver, CO 80210
*Private testing ; qualified to do most SPED testing.
 Services available in Spanish. Takes some insurance.*
- Humanex Academy:** 303-783-0137
 2700 S. Zuni St., Englewood, CO 80110
www.humanexacademy.com
*Alternative middle & high school serving youth with learning &
 emotional challenges such as ADHD, bipolar disorder, anxiety, etc.*
- Neiss, Bobbi:** 303-588-7625
Bobbi_neiss@yahoo.com
*Special Education Advocate; Advocate for parent of children
 With special needs ("twice exceptional" children – high IQ plus
 Disability); knowledgeable re IEP & 504 legislation & rights*
- Parent to Parent of Colorado:** 877-472-7201
 801 Yosemite St, Denver, CO 80230
www.p2p-co.org
*Support and advocacy network for families of those with special
 healthcare needs or disabilities*
- Prescription for Success:** 303-993-4648
 Parker, CO
www.prescriptionforsuccess.net
Home-schooling services; assessment; tutoring; learning jump-starts

Tutoring / Enrichment

- Achievement Tutoring:** 303-471-4365
 9798 Aftonwood St., Highlands Ranch, CO 80126
www.achievementtutoring.com
Individual tutoring in home or at the library

- Club Z In-Home Tutoring:** 303-948-9975
www.clubztutoring.com
K-12, personalized tutoring in-home
- Curiosity Club:** 720-635-1735
 9090 Ridgeline Blvd, Highlands Ranch, CO 303-471-5679
www.curiosityclub.net
Kindergarten enrichment program meeting one time a week for two hours; academic and social activities
- Great Grades Happen:** 303-948-9975
Individual tutoring in home or at the library
- Highlands Ranch Community Association:** 303-471-8880
www.hrca.org
"Wee Whizards" Early Literacy program; 4-5 year olds
- Huntington Learning Center:**
 11153H South Parker Rd., Parker, CO 80134 303-617-0476
 4625 Trail Boss Dr., Castle Rock, CO 80104 720-733-5174
www.huntingtonlearning.com
Individual tutoring in home or at the library
- Learning Rx:** 303-840-8200
 11290 S. Twenty Mile Rd., Parker, CO 80134
Progressive cognizant training center
- Prescription for Success:** 303-993-4648
 Parker, CO
www.prescriptionforsuccess.net
Home-schooling services; assessment; tutoring; learning jump-starts
- Process Learning:** 303-781-2613
Free diagnostic testing; study skills; tutoring
- Spanish Enrichment:** 303-805-1472
Held before and after school, at public schools
- Step to Success Community Learning Center:** 303-805-0773
 Parker, CO
www.learn@steptosuccessinc.com
Academic tutoring; off-track after school programming
- Sylvan Learning Center:** 866-258-2370

9473 S. University Blvd, Highlands Ranch, CO 80126
Individual tutoring in home or at the library

Tutoring Club:

9579 S. University, Highlands Ranch, CO
 4535 Milestone Lane, Castle Rock, CO

303-757-8886

303-297-8886

www.huntingtonlearning.com

Free skills assessment; guaranteed academic improvement

Vocational / Technical Institutes

Pickens Technical College

303-344-4910

500 Airport Blvd, Aurora, CO 80011

www.pickenstech.org

Certifications & Associates degrees in Automotive Technogology, Human Services (Barbering, Cosmetology, Nail Tech, etc.), and Health (Dental Assisting, CAN, Practical Nursing, Respiratory Care, IV Therapy).

EMERGENCY ASSISTANCE

Crime and Fire Reporting

Emergencies:

Dial 911

Non-Emergencies:

Castle Rock Police Department	303-663-6100
Douglas County Sheriff's Office	303-660-7505
Lone Tree Police Department	303-339-8150
Parker Police Department	303-841-9800

Victim Services:

Arapahoe / Douglas Mental Health Network 61 W. Davies, Littleton, CO 1189 S. Perry St, #150, Castle Rock, CO 19751 E. Mainstreet, #247, Parker, CO www.admhn.org	303-730-8858
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Denver Center for Crime Victims P.O. Box 18975, Denver, CO 80218 www.denervictims.org <i>Hotline; crisis counseling; support groups</i>	303-894-8000
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Colorado Anti-Violence Program P.O. Box 181085, Denver, CO 80218 www.coavp.org <i>Hotline for reporting hate crimes and domestic violence, particularly GLBTQ; crisis counseling</i>	303-852-5094
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Emergency Food & Shelter

American Red Cross: 444 Sherman St., Denver, CO 80203 www.denver-redcross.org	303-722-7474
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Cherry Hills Community Church: 3900 Grace Blvd, Highlands Ranch, CO 80126	303-791-4500
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www.chcc.org

Manna Ministry hosts a food and clothing bank, etc.

- Christian Family Services:** 303-337-6747
1399 S. Havana St., Suite 204, Aurora, CO
Crisis pregnancy assistance; adoption
- Colorado Coalition for the Homeless:** 303-293-2217
2111 Champa St., Denver, CO 80205
www.coloradocoalition.org
Shelter, housing, medical, food
- Comitis Crisis Center:** 303-343-9890
Crisis and out-client resources; shelter for families & youth
- COMPFA Food Ministry:** 303-294-0272
4120 Brighton Blvd., Denver, CO 80216
www.compafoodministry.org
Coordinates food drives and distributes items to churches, who pass them on to people in need
- Denver Indian Center, Inc.:** 303-936-2688
4407 Morrison Rd., Denver, CO 80219
Emergency housing, food, clothing, referrals for Native Americans
- Douglas/Elbert Task Force:** 303-688-1114
404 Jerry St., Castle Rock, CO 80104
Emergency assistance with clothing, food, lodging, transportation, utilities, activities, etc.
- Family & Senior Homeless Initiative:** 303-297-9308
6090 Smith Rd., Denver, CO 80216
www.fshi.org
Rental & security deposit assistance; other expenses;
- Food Bank of the Rockies:** 303-371-9250
10975 E. 47th Ave., Denver, CO 80239
- Friends of Man:** 303-798-2342
Financial assistance for medical, food, clothing
- Inter-Faith Community Services:** 303-789-0501
3370 S. Irving St., Englewood, CO 80110
Financial assistance for food, housing, clothing, school supplies, holidays
- Lawrence Street Shelter:** 303-294-0157

1130 Park Ave. West, Denver, CO 80205
Serving meals for all in need; shelter beds for men

Mile High United Way: 303-433-8383
 Helpline: 303-561-2111
 2505 18th St., Denver, CO 80211
Emergency assistance for food, housing

Parker Task Force Food Bank: 303-841-3460
 20118 E. Mainstreet, Parker, CO 80138
Essentials for families in crisis; Tues & Fri 10 – 1; Sat 10 - 12

SafeHouse Denver 303-318-9989
Emergency shelter, counseling & advocacy for women and children victimized by domestic violence

Servicios de la Raza: 303-458-5851
 4055 Tejon Street, Denver, CO 80211
Food, clothing for Latino clients

Urban Peak: 303-777-9198
 1630 S. Acoma, Denver, CO 80223
www.urbanpeak.org
Housing and life skills for homeless or runaway youth; education; case management; referrals

Vision Quest Laradon House: 303-318-0113
 5100 Lincoln St., Denver, CO 80216
www.vq.com
Housing and life skills for homeless or runaway youth; education; case management; referrals

Women's Crisis & Family Outreach Center: 303-688-1094
 24-Hour Crisis Line: 303-688-8484
Crisis counseling; shelter assistance for women & children victimized by domestic violence

Sexual Assault

Rape Assistance and Awareness Program: 303-329-9922
 HOTLINE: 303-322-7273
 P.O. Box 18951, Denver, CO 80218
www.raap.org

Suicide Prevention & Support

Arapahoe/Douglas Mental Health Network:	303-730-8858
Comitis Crisis Center:	303-343-9890
Lis'n:	303-894-9000
Office of Suicide Prevention Hotline:	1-800-SUICIDE 1-800-784-2433
Safe2Tell www.Safe2tell.org	1-877-542-SAFE
Suicide Depression Hotline:	303-680-1200
Suicide Prevention LifeLine: www.suicidepreventionlifeline.org	1-800-273-8255
Trevor Helpline: (GLBTQ youth)	1-800-850-8078
Youth Support Line:	303-894-9000

Transportation

Greyhound Bus "Home Free" Program:	1-800-786-2929
<i>Free bus fare for runaway youth ages 12-20 referred by law enforcement or human services; voluntary; crisis hotline</i>	

EMPLOYMENT

ABLE: A Better Life Experience:	303-485-0023
550 E. Thornton Pkwy, Suite 118, Thornton, CO 80229	303-920-9279
<i>Employment services for individuals with developmental disabilities; typically serving adults who've graduated</i>	fax: 303-485-8411
Arapahoe/Douglas WORKS:	
Main Office	303-636-1160

5500 S. Quebec St., #175, Greenwood Village, CO 80111

Castle Rock Office

4400 Castleton Court, Castle Rock, CO

303-688-4825

Offender Services

303-636-1190

www.adworks.org

*Employment counseling; GED testing; job skill workshops;
career assessment; placement*

Babysitting Courses:

Castle Rock Parks & Recreation Dept.

303-660-1036

2301 N. Woodlands Blvd., Castle Rock, CO

Highlands Ranch Community Association

303-471-8880

Eastridge Rec Center, Highlands Ranch, CO

Parker Fire District

720-274-3700

9195 E. Mineral Ave., Centennial, CO 80112

www.southmetro.org

Parker Fire Safety Foundation (Super Sitter Class!)

303-805-0228

10235 Parkglenn Way, Parker, CO 80138

www.parkerfirefoundation.org

Registration & fee in advance; \$47.50 includes CPR & 1st Aid

Parker Recreation Department

303-805-3263

Parker Mainstreet Center, Parker, CO

Bayaud:

303-830-6885

333 W. Bayaud Ave., Denver, CO 80223

Fax: 303-830-6653

www.bayaudindustries.org/

*Employment services to individuals with mental, emotional, physical,
and economic challenges; assessment; voc rehab; job placement and support*

Bridges Transitions:

800-281-1168 ext. 2032

www.bridges.com

303-926-0956

Education & career planning

Fax: 888-349-0956

Colorado Division of Vocational Rehabilitation:

303-866-4150

2211 W. Evans, Denver, CO 80223

www.cdhs.state.co.us/ods/dvr/index.html

*Employment and independent living assistance for individuals with
physical/mental disabilities; diagnostic services; rehab technology; job placement*

Denver Rescue Mission Mentoring Program:

303-805-4936

3501 E. 46th Ave., Denver, CO 80216

www.denverrescuemission.org

Mentoring groups in support of gaining employment and sustainable housing

- Douglas County Job Line:** 303-660-7420
- Employment Link:** 303-527-0627
6290 Lookout Rd, Boulder, CO 80301
www.emplink.org
Coaching, assessment, and job placement for individuals with disabilities
- Employment Works (CP of Colorado):** 303-691-9339
2200 S. Jasmine St., Denver, CO 80222
Coaching, assessment, and job placement for individuals with disabilities
- Job Corps:** 720-865-5552
1391 N. Speer Blvd #1710, Denver, CO 80204
www.jobcorps.org
Residential job training for youth ages 16-24; Colorado Job Corps camp is on the Western Slope, in Collbran
- Rocky Mountain Youth Corps:** 970-879-2135
P.O. Box 775504, Steamboat Springs, CO 80477
www.rockymountainyouthcorps.org
Conservation crew experiences for youth ages 16-25; Yampa Valley Science School experiential education; mentoring
- SWAP / School to Work Alliance Program:** 303-387-1104
2842 Front Street, Castle Rock, CO 80104
Job placement, training, education, and follow-up services for youth ages 16-25 with mild to moderate barriers to employment
- Unemployment Insurance Benefits:** 303-318-9000
www.coworkforce.com/uibEstimator/
- YouthNet (CO Dept. of Labor):**
http://dola.colorado.gov/wdc_youth/introduction
Searchable database of statewide youth services, particularly designed for youth with special needs who are transitioning to adulthood
- FINANCIAL ASSISTANCE / COUNSELING**
- Consumer Credit Counseling:** 866-331-2227
7120 E. County Line Rd., Highlands Ranch, CO 80126
Personal finance consultation
- CSU Cooperative Extension (Douglas County):** 720-733-6926
410 Fairgrounds Rd., Castle Rock, CO 80104
Personal and family finance classes

- Department of Human Services:** 303-688-4825
 4400 Castleton Court, Castle Rock, CO 80109
TANF – Temporary Assistance for Needy Families
OAP - Old Age Assistance
AND - Age Needy Disabled
Child Care Support: 720-874-8700
- Douglas County Housing Partnership** 303-784-7857
 9350 Heritage Hills Circle, Lone Tree, CO 80124
www.douglascounthousingpartnership.org
Access point for affordable housing; foreclosure counseling/mediation
- Friends of Man:** 303-798-2342
One-time, short-term assistance for a variety of basic and specialty needs
- Senior Outreach Services:** 303-660-7519
- Supplemental Security Insurance**
Colorado Dept. of Human Services / Mental Health: 303-866-7400
 3824 W. Princeton Circle, Denver, CO
www.cdhs.state.co.us/dmh/cmhta_ssi.htm
Social Security Administration: 800-772-1213
 8000 Southpark Lane, Littleton, CO

GAMBLING ADDICTION

- Colorado Council on Compulsive Gambling, Inc.:** 303-662-0772
 24-Hour Hotline: 1-800-522-4700
 11757 W. Ken Caryl Ave., #F-181, Littleton, CO 80127

- Daily Strength:**
www.dailystrength.org
Anonymous and free online support groups, and education

GAY / LESBIAN / BISEXUAL / TRANSGENDERED / QUESTIONING

- Butler-Sanchez, Annie** 303-691-0225
 4155 E. Jewell Ave, Suite 308, Denver, CO 80222
Works with adolescents; specializes in GLBT issues
- Davis-Stenhouse, Ellen, LCSW** 720-988-5620
 3500 S. Wadsworth Blvd., # 203 Lakewood, CO 80235
www.womenscounselingnetwork.com
Individual therapy for depression, anxiety, gay and lesbian issues.

Works with adolescents.

Gay, Lesbian and Straight Network (GLSEN): 303-936-6562
 P.O. Box 280346, Lakewood, CO 80228
www.glsen.org

Recognizing connections between gay & straight communities; advocacy; tips on organizing student groups

Gay / Straight Alliances:

@ DCHS: 303-810-8379

2842 Front St., Castle Rock, CO 80104

Jennifer.mai@dcsdk12.org

@ Highlands Ranch HS: 303-387-2500

9375 Cresthill Lane, Highlands Ranch, CO 80130

Roberta.allen@dcsdk12.org

@ Ponderosa HS: 303-387-4249

7007 E. Bayou Gulch Rd, Parker, CO 80134

david.lacouer@dcsdk12.org

@ Thunderridge HS: 303-387-2000

1991 Wildcat Reserve Pkwy, Highlands Ranch, CO 80129

diann.schultz@dcsdk12.org

Gathering of gay and straight students who advocate for understanding and diversity

Holtby, Michael, MSW 303-722-1021

309 Cherokee St., Denver, CO 80223

Fax: 303-722-5420

holtby@denverpsychotherapy.com

Sex and sexuality issues, dysfunction, abuse and coming out. Does not take insurance, sliding scale available.

Parents and Friends of Lesbians and Gays (PFLAG): 303-573-5861

Helpline: 303-333-0286

P.O. Box 18901, Denver, CO 80218

www.pflagdenver.org

Support and resources for family and friends of GLBTQ community members

Rainbow Alley: 303-831-0442

P.O. Box 9798, Denver, CO 80209

www.glbtcolorado.org

Drop-in center; adult mentors; free medical clinic; free mental health clinic; free HIV testing & counseling; youth leadership; speakers' bureau; youth events such as dinner/movie nights, drag shows, dances; annual PrideFest; annual Queer Prom; camping trips

TransYouth Family Allies: 888-IMA-TYFA

Email: info@imatyfa.org

www.imatyfa.org

Advocacy, education and support for transgendered children and their families; online and in-person resources

Trevor Hotline:

1-800-850-8078

Crisis intervention for GLBTQ youth who are thinking about suicide or are otherwise in danger

Unitarian Universalist Churches:

Littleton Location

303-972-1716

6724 S. Webster St., Littleton, CO 80128

www.columbineuuchurch.org

Parker Location

303-840-5928

6363 S. Waco St., Aurora, CO 80016

www.prairieuu.org

Faith community; support groups; action groups

GRIEF / LOSS

Arapahoe/Douglas Mental Health Network

303-730-8858

5500 S. Sycamore St., Littleton, CO 80120

61 W. Davies, Littleton, CO 80120

1189 S. Perry St., #150, Castle Rock, CO 80104

19751 E. Mainstreet, #247, Parker, CO 80138

www.admhn.org

Individual & group counseling addressing grief & loss issues

Believing in Kids & Families, LLC:

303-794-7008

P.O. Box 784, Littleton, CO 80160

www.bikaf.com

*Play therapy; anger management; grief/loss recovery;
parenting counseling; couples therapy; relationship enhancement*

Camp Comfort (Mt. Evans Hospice): 303-674-6400

3721 Evergreen Pkwy #9, Evergreen, CO 80437

Mailing: P.O. Box 2770, Evergreen, CO 80437

www.mtevans.org

Summer camp for bereaved children ages 6-12

Children's Grief Education Association & Lighthouse: 303-722-2319

2401 S. Downing, Denver, CO 80210

Toll-Free: 877-722-2319

www.childgrief.org

*Lighthouse refuge for grieving children, teens and adults;
online education courses on children & grief; grief/loss curriculum
available for schools (all ages); website offers grief/loss resources; counseling by
masters level interns with sliding scale available.*

Colorado AIDS Project: 303-837-0166

2490 W. 26th Ave. #300A, Denver, CO 80211

www.coloradoaidsproject.org

*Grief and loss support after the death of a loved
one from AIDS; case management for HIV+ clients*

Dawson, Michael, MA, LPC: 720-353-1373

13791 E. Rice Pl., Aurora, CO 80015

Emphasis in grief and loss for children, adolescents, and families

Duncan, Dwight, Psy. D.P.C. 303-355-7134

90 Madison St., Suite 405, Denver, CO 80206

*Medical Psychologist. Ages 12 and up. Medical illness;
loss and grief; relationships; depression and anxiety. Sliding scale.*

Evercare Hospice & Palliative Care of Denver: 303-267-3700

6465 S. Greenwood Plaza #300, Centennial, CO 80111

<http://hadr.http.evercarehealthplans.com/>

*End of life transition care for patient and family;
respite care; pain management; grief/loss groups for teens and adults*

Filios, Karrie, MS 303-549-7454

Castle Pines, CO

Emphasis in grief and loss for children and families

- GriefShare:** 303-660-
0057 2100 W. Meadows Parkway, Castle Rock, CO
www.griefshare.org
13 week faith-based support group for adults who have suffered the death of a loved one. Tuesday evenings at New Hope Presbyterian.
- Horses Healing Grief** 720-353-1373
Mailing: 13791 E. Rice Pl., Aurora, CO 80015
www.heavensenhorses.com
People partnered with horses to help bring healing to broken bodies and wounded souls; loss and grief
- Hospice of Metro Denver:** 303-321-2828
501 S. Cherry St. #700, Denver, CO 80246
www.hospiceofmetrodenver.org
Respite services for care givers; support groups during and after the terminal illness of a loved one; groups for children
- Maddox, Amy, MA, CSPT** 720-244-0899
Pikes Peak Counseling
www.pikespeakcounseling.com
19753 E. Pikes Peak Ct., Parker, CO 80138
Grief/loss work with children, adolescents, and families ; certified play therapist ; free initial consultation ; does not accept insurance ; might slide fees.
- Moore, April, MS, LPC** 303-593-0575
18801 E. Mainstreet, Suite 180, Parker, CO 80134
www.drtrathen.com, April@DrTrathen.com
Children, adolescents and families. Emphasis in physical and/or sexual abuse; grief/loss; trauma, mental & physical disabilities
- Pikes Peak Hospice & Palliative Care:** 719-633-3400
825 E. Pikes Peak Ave. #600, Colorado Springs, CO 80903
www.pikespeakhospice.org
End of life transition care for patient and family; respite care; pain management; grief/loss groups for teens and adults
- Rainbows:** 303-794-2683
3350 White Bay Dr., Highlands Ranch, CO 80126
Free peer support groups for children and teens, led By trained volunteers; a project of St. Andrew's Methodist Church; contacts are Christy Boyle and Barb Hoffmockel.
- Starfish Program:** 303-549-7454
2100 W. Meadows Parkway, Castle Rock, CO 80109
leslie.clemensen@dcsdk12.org
School District-coordinated support groups for elementary students

and teens who have suffered the death of a loved one.

Sunset Hospice & Palliative Care: 303-693-2105
 16243 E. Phillips Ln., Englewood, CO 80112
*End of life transition care for patient and family;
 respite care; pain management; grief/loss groups for teens and adults*

Suyeishi, Mark, Psy. D. 303-290-0860
 6075 S. Quebec, #203, Englewood, CO 80111 Fax: 303-796-0324
*Family, minority (Asian), grief, drugs, victim's assistance,
 Children, adolescents. Will take insurance and will slide fees.*

HANGOUTS FOR TEENS

1 Liquid House: 303-916-1515
 6668 Lynx Cove
www.1liquidhouse.com
*Safe haven for youth; opportunities for creative expression, including zine
 (u.b.u. magazine) and live music; mentoring by adults in music, film,
 and magazine production careers*

LIFEsport: 303-221-1743
 7562 S. University Blvd. #K1, Centennial, CO 80122
www.lifespot.org
*Live music; snack bar; video games; adult/teen volunteers;
 Ping-pong; foosball; big-screen movies; lots of room to socialize*

Philip S. Miller Library Teen Tower: 303-688-7700
 100 S. Wilcox, Castle Rock, CO 80104
www.douglascountylibraries.org
Music; Internet access; snacks; movies; volunteer network; writers' workshops

HEALTH / NUTRITION

Alternatives Pregnancy Center:
 19029 E. Plaza Dr., #255, Parker, CO 80134 720-851-2040
 2 West Dry Creek Cir. #180, Littleton, CO 80120 303-295-2288
www.youhavealternatives.org
*Counseling and alternatives for pregnant women of
 all ages; pre- and post-natal support; healthcare
 referrals; free pregnancy testing*

Center for Disease Control & Prevention: 1-800-227-8922

Information & referrals on STDs

- Colorado AIDS Project:** 303-837-0166
 2490 W. 26th Ave. #300A, Denver, CO 80211
www.coloradoaidsproject.org
Advocacy, support and referral information for individuals diagnosed with HIV and/or AIDS; clinical trial resources; meals; housing access
- Colorado Child Health Plan:** 1-800-359-1991
 P.O. Box 929, Denver, CO 80201
www.cchp.org
Affordable health care coverage for uninsured families; info available in Spanish
- Denver Indian Health and Family Services:** 303-781-4050
 3749 S. King St., Denver, CO 80236
www.dihfs.org
Health and fitness information tailored to Native Americans; diabetes screening/care; counseling; victim services
- Denver Metro Health Clinic:** 303-436-7250
 605 Bannock St. #117, Denver, CO 80204
Free walk-in clinic; diagnosis and treatment of sexually transmitted diseases; confidential HIV test results line
- Doctors Care:** 303-730-1313
 191 E. Orchard Rd. #102NE, Littleton, CO 80121
www.drscare.org
Medical services for uninsured or underinsured children from newborn to age 21
- Integrative Medical** 303-814-9262
 340 Third St., Castle Rock, CO 80104
www.imatcy.com
Holistic medical treatment including acupuncture, massage, herbal remedies
- Komen National Breast Care Helpline:** 1-800-462-9273
www.komen.org
Resources and referrals for breast health and breast cancer
- Planned Parenthood:** 303-321-7526
 131 W. County Line Rd., Littleton, CO 80129
Well-woman exams; family planning information
- Rocky Mountain MS Center:** 303-788-4030
 701 E. Hampden #420/530, Englewood, CO 80113
www.mscenter.org

Neurology care for multiple sclerosis; adult day program; hydrotherapy; educational seminars; support groups; access to clinical trials

- Rocky Mountain Poison and Drug Center:** 1-800-222-1222
 990 Bannock St., 4th Floor, Denver, CO 80204 (emergencies)
www.rmpdc.org
Regional poison and drug information center, providing emergency and non-emergency info about symptoms/treatment of poisonings
- Tri-County Health Department:** 303-663-7650
 4400 Castleton Court, Castle Rock, CO 80109
www.tchd.org
- WIC Supplemental Nutrition Health Care Program for Children with Special Needs:** 303-761-1340
www.tchd.org/hcp.htm
- Vital Statistics:** 303-220-9200
Pregnancy testing; nursing division; nutrition; environmental health
- WINGS Teen Parenting Program (DCSD):** 303-387-1146
 2842 Front Street, Castle Rock, CO 80104
Douglas County School District program offering information on teen mother health & prenatal care

HOUSING

- ACCESS Housing:** 303-289-7078
 6978 Colorado Blvd., Commerce City, CO
Rental assistance
- Catholic Charities, Denver Archdiocese** 303-742-0828
 2525 W. Alameda Ave., Denver, CO 80219
www.catholiccharitiesdenver.org
- Champa House:** 303-294-9961
 2544 Champa St., Denver, CO 80205
Shelter housing for women and children,

with stated goal of self-sufficiency

- Comitis Crisis Center:** 303-343-9890
 Monday – Friday, 8:00 a.m. to 5:00 p.m.
Food baskets; limited clothing; family & individual transitional housing
- Crossing, The:** 303-953-3900
 6090 E. Smith Rd., Denver, CO 80216
www.denverrescuemission.org
Long-term housing program offered through the Denver Rescue Mission, with resources for homeless men and families
- Denver Rescue Mission Mentoring Program:** 303-805-4936
 3501 E. 46th Ave., Denver, CO 80216
www.denverrescuemission.org
Mentoring groups in support of gaining employment and sustainable, affordable housing
- Douglas County Housing Partnership:** 303-784-7857
 9350 Heritage Hills Circle, Lone Tree, CO 80124
www.douglascounthousingpartnership.org
Access point for affordable housing; foreclosure counseling/mediation; down payment assistance; homeownership classes
- Douglas/Elbert Task Force:** 303-688-1114
 416 Jerry St., Castle Rock, CO 80104
Emergency assistance with clothing, food, lodging, transportation, etc.
- Family & Senior Homeless Initiative:** 303-297-9308
 6090 Smith Rd., Denver, CO 80216
www.fshi.org
A project of the Denver Rescue Mission; contributes to first full month's rent of a house or apt, plus security deposit; will assist with food, clothing, furnishings, etc.; mentoring support with an emphasis on self-sufficiency
- Inter-Faith Community Services:** 303-789-0501
 3370 S. Irving St., Englewood, CO 80110
Financial assistance housing, other financial needs
- LEAP** Low Income Energy Assistance Program 303-688-4825
- Mile High United Way:** 303-433-8383
 Emergency Assistance Line: 303-561-2111
 2505 18th St., Denver, CO 80211
Emergency assistance for food, housing
- Salvation Army** 303-329-6490
 Toll-Free Line for Donation Pick-Ups: 1-800-958-7825

2205 E. Colfax Ave., Denver, CO 80206

Urban Peak:

303-777-9198

1630 S. Acoma, Denver, CO 80223

www.urbanpeak.org

Housing and life skills for homeless or runaway youth; education; case management; referrals

Vision Quest Laradon House:

303-318-0113

5100 Lincoln St., Denver, CO 80216

www.vq.com

Housing and life skills for homeless or runaway youth; education; case management; referrals

Women's Crisis & Family Outreach Center

303-688-1094

24-Hour Crisis Line:

303-688-8484

Giving victims a voice & families a future - -

Crisis counseling; shelter assistance for women & children victimized by domestic violence

LEADERSHIP PROGRAMS FOR YOUTH

4-H Clubs:

720-733-6940

410 Fairgrounds Rd., Castle Rock, CO 80104

www.douglascountyextension.org

Positive youth development programming for ages 8-18; special programs for ages 5-7; clubs/activities that focus on learning by doing & life skills; leadership programming; mentoring; volunteer opps for youth & adults; camps; conferences

CALF (Colorado Agricultural Leadership Foundation):

720-733-6930

410 Fairgrounds Road, Castle Rock, CO 80104

<http://www.thecalf.org>

CALF provides opportunities for youth to develop leadership within the context of farming and ranching activities

- Campfire USA:** 303-333-7142
5161 Sheridan Blvd., Denver, CO 80212
www.campfirerockies.org
Outdoor experiences, art & service-learning; summer camps
- Douglas County Young Marines:** 303-663-9259
chriskusmc@hotmail.com
www.dcyoungmarines.com
Marine Corps League program with a 50-year history in educating and inspiring kids 8-18 to perform well in school and live healthy lives. Mentoring, service, physical fitness & drug resistance.
- Youth Leadership Douglas County:** 303-660-3749
Kristine.turner@youthleadershipdc.com
www.youthleadershipdc.com
Three-year intensive leadership experience providing leadership development and experiential opportunities. An emphasis is placed on service and ethics.

LEGAL ISSUES / ASSISTANCE

- Advocates for Children (Douglas Co.):** 303-695-1882
 10855 E. Bethany Dr. #200, Aurora, CO 80014
www.adv4children.org
Court advocate services for abused/neglected children within the 18th Judicial District (local CASA office)
- Broadbeck, Dee** 303-688-6482
 308 Wilcox Street, Castle Rock, CO 80104
Experienced custody evaluator. No insurance or sliding fee.
- Call a Lawyer Program:** 303-698-0999
www.denbar.org or www.9news.com
Free legal information provided by volunteer attorneys, every Wednesday from 4-6:30 p.m.
- Child Support Division, Dept. of Human Services:** 720-895-8700
- Colorado Legal Services:** 303-837-1313
 1905 Sherman St. #400, Denver, CO
www.coloradolegalservices.org
Civil court legal information for low-income clients; self-help materials; referrals
- Colorado Public Defenders Office:** 303-688-3081
 611 Wilcox, #E, Castle Rock, CO 80104
www.state.co.us/defenders/officeinfo/douglas.html
Criminal defense for financially qualified defendants of all ages
- Community Alternatives, Inc.:** 303-695-0653
 2600 S. Parker Rd., Bldg. 5, Aurora, CO
Victim/offender mediation; restorative justice family conferencing; family mediation
- Court Appointed Special Advocates (CASA):** 303-695-1882
 10855 E. Bethany Dr., Aurora, CO 80014
www.adv4children.org
Court advocate services for abused/neglected children within the 18th Judicial District
- Douglas County Youth Initiative:** 303-688-4825
 4400 Castleton Court, Castle Rock, CO 80109
www.douglas.co.us/humanservices/Douglas_County_Youth_Initiative.html
Assistance in negotiating the juvenile justice system; referrals to various community services
- Juvenile Assessment Center, 18th J.D.** 720-874-3381

7375 S. Potomac St. Pod #5, Centennial, CO 80112

www.jac18.org

Serves youth ages 10-17; jail screening; house arrest; mental health assessment; free general assessment; referral

Juvenile Diversion, Justice Center: 303-814-7140

4000 Justice Way #2440, Castle Rock, CO 80104

Individual and family therapy at low or no cost via Grant-funded program through the Juvenile Assessment Center; therapeutic diversion option for District Court.

Legal Center for People with Disabilities & Older People: 303-722-0300

455 Sherman St., #130, Denver, CO 80203 TTY: 303-722-3619

www.thelegalcenter.org

Assistance with education access; investigation of abuse/neglect allegations; assistance with access to housing and employment

MADRE Program: 303-794-4890

18th Judicial District Probation

x124

Intervention for girls age 12-17 who are in serious conflict with a mother figure

Marvin W. Foote Center (juvenile detention): 303-768-7520

13500 E. Fremont Pl., Englewood, CO 80112

Detention (jail) and post-sentencing commitment (incarceration) of juveniles accused of crimes

Metropolitan Lawyer Referral Service: 303-831-8000

899 Logan St. #408, Denver, CO 80203

www.denbar.org

Serves Douglas County; referral to attorney appropriate for legal issue at hand; low-cost initial conference

North American Indian Legal Services: 720-840-5438

1710 S. Balsam, Lakewood, CO 80232

www.nailsinc.org

Legal services for all youth; mentoring

Office of the Child's Representative: 303-860-1517

1650 Pennsylvania St., Denver, CO 80203

www.coloradochildrep.org

Guardian ad litem services for children; online resource center

Pre-Trial Services / SB 94: 303-660-7552

Christensen Justice Center

4000 Justice Way, Castle Rock, CO 80104

House arrest supervision; detention risk assessment

Probation, 18th Judicial District (Douglas):

303-814-7170

Christensen Justice Center

4000 Justice Way #2430, Castle Rock, CO 80104

*Court-ordered supervision of adults and juveniles***Rocky Mountain Children's Law Center:**

303-692-1165

1325 S. Colorado Blvd. #308, Denver, CO 80222

www.rockymountainchildrenslawcenter.org*Guardian ad litem services for abused/neglected children; pro bono services; foster parent training***Teen Court****Teen Court, Town of Castle Rock:**

303-663-6134

100 Perry St., Castle Rock, CO 80104

www.crgov.com**Teen Court, Town of Parker:**

303-805-3101

20120 E. Mainstreet, Parker, CO 80138

www.parkeronline.org*Teen offenders are sentenced by a jury of their peers for misdemeanor offenses; volunteers between the ages of 12 and 17 serve as prosecutor, defense counsel, and jury.*

MEDICAL SERVICES

Low-Income

- Colorado Indigent Care Program*** 303-761-4825
 4400 Castleton Court, Castle Rock, CO 80109
 Dept. of Human Services (Douglas)
Medical, psychiatric and dental services
- Doctors Care*** 303-730-1313
 191 E. Orchard Rd #102NE, Littleton, CO 80121
Low-cost/no-cost medical care; Medicaid accepted

Prescription Assistance

- Partnership for Prescription Assistance*** 888-477-2669
www.pparx.org
Assistance in paying for medication; low-cost/no-cost

Castle Rock Area

- Castle Rock Family Physicians*** 303-688-8989
 1025 Perry Street, Castle Rock, CO 80104
- Castle Rock Medical Clinic*** 303-688-0660
 3 Oakwood Park, Castle Rock, CO 80104
- Castle Rock Pediatrics*** 303-688-2228
 1 Oakwood Park #106, Castle Rock, CO 80104
- Integrative Medical*** 303-814-9262
 340 Third St., Castle Rock, CO 80104
www.imatcy.com
Holistic medical treatment including acupuncture, massage, herbal remedies
- Plum Creek Dental Group*** 303-688-2229
 1025 S. Perry St., Suite 105, Castle Rock, CO 80134
- Plum Creek Medical*** 303-688-6900
 410 Wilcox, Castle Rock, CO 80104

Highlands Ranch Area

Highlands Ranch Family and Adult Medicine 303-791-0418
200 W. County Line Road #130, Highlands Ranch, CO 80126

Horizon's Women's Care 303-791-2112
10099 Ridgeway Pkwy, Lone Tree, CO 80124

Invision Imaging Center at Highlands Ranch 303-471-0500
9330 S. University Blvd. #139, Highlands Ranch, CO 80123

Lone Tree Area

Sky Ridge Medical Center 720-225-1000
10101 RidgeGate Parkway, Lone Tree, CO 80124

Parker Area

Parker Family Medicine 303-841-4028
10471 Parker Rd., Parker, CO 80134

Parker Orthodontics 303-841-5500
19700 E. Parker Square Dr., Suite C, Parker, CO 80134

Other Areas

Centennial Healthcare Plaza 303-699-3000
14200 E. Araphahoe Road, Englewood, CO 80112

Elizabeth Family Health Center 303-646-4071
34061 Forrest Park Drive, Elizabeth, CO 80107

Hospice of Metro Denver: 303-321-2828
425 S. Cherry St. #700, Denver, CO 80246
www.hospiceofmetrodenver.org
*Palliative care for clients with terminal illnesses; 24-hour
Care Centers (inpatient); social services for clients and their families*

Hospitals

2628	<i>Aurora Regional Medical Center – ER</i> 1501 S. Potomac Street, Aurora, CO 80012	303-695-
	<i>Children’s Hospital</i> 1056 E. 19th Avenue, Denver, CO 80218	303-861-8888
	<i>Littleton Adventist Hospital</i> 7700 S. Broadway, Littleton, CO 80120	303-730-8900
	<i>Parker Adventist Hospital</i> 9395 Crown Crest Blvd., Parker, CO 80138	303-269-4000
	<i>Porter Memorial Hospital</i> 2525 S. Downing Street, Denver, CO 80210	303-778-1955
	<i>Sky Ridge Medical Center</i> 10101 RidgeGate Parkway, Lone Tree, CO 80124	720-225-1000
	<i>Swedish Medical Center – ER</i> 501 E. Hampden Avenue, Englewood, CO 80110	303-788-6911

Abuse Survivors

- Arapahoe/Douglas Mental Health Network*** 303-730-8858
 5500 S. Sycamore St., Littleton, CO 80120
 61 W. Davies, Littleton, CO 80120
 1189 S. Perry St., #150, Castle Rock, CO 80104
 19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org
- Attoma-Matthews, Colleen, LCSW*** 303-594-9085
 1750 Humboldt St., #202, Denver, CO 80218
Specializes in adolescents and families. Substance abuse, self-harm, legal issues, trauma and sexual abuse. Takes some insurance.
- Cohen, Carol, LPC*** 303-759-5126
 405 S. Wilcox St, #108 Castle Rock, CO 80107 Fax: 303-639-9965
 2121 S. Oneida, Suite 412, Denver, CO 80224
Specializes in adolescent stress, depression, family therapy, trauma and sexual abuse. Takes insurance.
- Dunning, Lisa, LMFT:*** 303-886-6949
 7286 S. Yosemite, Centennial, CO
www.lisadunningmft.com
Adolescents & children; family therapy; couples; PTSD; domestic violence; depression/anxiety; sexual abuse; in-home services available
- Emmons, John, LPC*** 303-660-2319
 340 Third St., Castle Rock, CO 80104
Specialty areas: Teens, families, couples, incest survivors; Domestic violence, chemical dependency, school drop-out, suicide prevention.
- Holtby, Michael, MSW*** 303-722-1021
 309 Cherokee St., Denver, CO 80223 Fax: 303-722-5420
holtby@denverpsychotherapy.com
Sex and sexuality issues, dysfunction, abuse and coming out. Does not take insurance, sliding scale available.
- Jens, Kathryn, PhD.*** 303-773-8991
 Fax: 303-770-9015
 8000 E. Prentice Ave., Suite B-12, Englewood, CO 80111
Adolescents and families, PTSD, bullying, abuse, generalist. Works with some insurances and sliding scale. Works part- time in CCSD.
- LDS Family Services:*** 800-453-3860

www.ldsfamilyservices.org

Fee for service or fast offerings used to assist in fee

Lounsborough, Craig, M.Div., LPC 303-593-0575
19284 Cottonwood Drive, #202, Parker, CO 80138 Fax: 303-840-0902

www.craiglpc.com

Child, adolescent, ADD, ADHD, ODD and conduct disorders, trauma and abuse disorders, mood disorders. Individual, marriage and family counseling. No sliding scale, will reduce fee.

Matson, Rebecca, LPC 720-489-8555
Grace Counseling Services

6909 S. Holly Circle, Suite 306, Centennial, CO 80112
Specializes in work with victims of sexual or mental abuse; testing for learning disabilities; family and parenting skills. Does not accept insurance, sliding scale may be available.

Stinson, Wynde 719-488-8998
153 N. Washington St., P.O. Box 1067, Monument, CO 80132

Works with children ages 2-18, ADHD, child abuse victims, sexual abuse issues, anxiety, depression, early-onset Bipolar. Takes insurance & will slide fees.

Tackney-Moen, Mimsy, LCSW 303-637-2516
Moen, Dan 303-779-5335

6065 S. Quebec, Englewood, CO 80011
Adolescents and families, depression, anxiety, ADD, bipolar, and physical and sexual abuse. No drug or alcohol abuse as primary diagnosis. Accepts most health insurance. Appointments after school and evenings.

Trathen & Associates, PC 303-593-0575
19284 E. Cottonwood Dr., #202, Parker, CO 80138

www.drtrathen.com

Psychological assessment; EMDR; couples & families; all ages

Advocacy / Support for Youth and Families

Advocacy In Education

720-377-0188

- 6093 S. Quebec St., # 201, Centennial, CO 80111 866-515-7171
www.advocacy-in-education.com; info@aie.cc
Advocacy & educational services for students and families; brain-based learning; interpretation of IEPs and 504 plans.
- Colorado Division of Mental Health:** 303-866-7400
 3520 W. Oxford Ave., Denver, CO 80236 TTY: 303-866-7471
www.cdhs.state.co.us/ohr/mhs/index.html
Access to state mental health inpatient facilities; therapy; case management; medication services
- Connection Support Groups (NAMI):** 303-394-4553
www.nami.org; email to lberumen@nami.org
Peer support group for consumers, regardless of diagnosis; facilitators trained through National Alliance for the Mentally Ill
- EMPOWER Colorado:** 1-866-213-4631
 2200 S. Jasmine St., Denver, CO 80222
www.empowercolorado.com
Acronym stands for Education Movement: Parents Offering Wisdom, Encouragement and Resources; advocacy, workshops, support groups, mentoring
- Everyone Remains in Control (ERIC):** 303-663-3709
Support group for youth diagnosed with a mental illness; this is not therapy but a good accompaniment to treatment
- Federation of Families for Children's Mental Health:** 303-572-0302
 2950 Tennyson St., Denver, CO 80212
www.coloradofederation.org
Advocacy and support for parents of children with a diagnosed mental illness; support in IEP process
- Mental Health Association of Colorado:** 303-377-3040
 6795 E. Tennessee Ave. #425, Denver, CO 80224
www.mhacolorado.org
Information and referrals at no cost
- Mental Health Ombudsman Program of Colorado:** 303-813-1173
 2460 W. 26th Ave. #30-C, Denver, CO 80211
www.mhopc.org
Free advocacy services for mental health service consumers and their families
- National Alliance for the Mentally Ill (Arap./Douglas):** 303-789-0357
 Englewood, CO

www.nami.org

Advocacy, education, and support for consumers & their families

Our Kids:

<http://www.our-kids.org/>

Provides information and support for children and parents

Parent to Parent of Colorado:

877-472-7201

801 Yosemite St, Denver, CO 80230

www.p2p-co.org

Support and advocacy network for families of those with special healthcare needs or disabilities

Anxiety / Stress

Arapahoe/Douglas Mental Health Network

303-730-8858

5500 S. Sycamore St., Littleton, CO 80120

61 W. Davies, Littleton, CO 80120

1189 S. Perry St., #150, Castle Rock, CO 80104

19751 E. Mainstreet, #247, Parker, CO 80138

www.admhn.org

Brody, Brian, LCSW, PhD.

303-979-0319

P.O. Box 620430, Littleton, CO 80128

Cohen, Carol, LPC

303-759-5126

405 S. Wilcox St, #108 Castle Rock, CO 80107

Fax: 303-639-9965

2121 S. Oneida, Suite 412, Denver, CO 80224

Takes insurance.

Collaborative Care Counseling:

303-241-0421

Dr. John Barton; Sarah James

9362 Teddy Lane, Lone Tree, CO 80124

Accept most insurances and will slide fees.

Davis-Stenhouse, Ellen, LCSW

720-988-5620

3500 S. Wadsworth Blvd., # 203 Lakewood, CO 80235

www.womenscounselingnetwork.com

Duncan, Dwight, Psy. D.P.C.

303-355-7134

90 Madison St., Suite 405, Denver, CO 80206

Sliding scale.

Dunning, Lisa, LMFT:

303-886-6949

7286 S. Yosemite, Centennial, CO

www.lisadunningmft.com

In-home services available.

- Finger, Jennifer, MSW, LSA** 303-765-1677
6300 E. Hampden Ave., Suite 2104, Denver, CO 80222
Sliding scale available.
- Gelwick, Julie, LCSW** 720-840-9500
8089 S. Lincoln Street, Suite 203, Littleton, CO 80122
Accepts some insurance and will slide fees.
- Gray, Kelley, LPC** 720-489-8555
Grace Counseling Services
6909 S. Holly Circle, Suite 306, Centennial, CO 80112
Open M-Th, 9:00 – 5:00; closed Fridays
Does not accept insurance; sliding scale may be available.
- Guzman, Maria Elena, PhD** 303-756-6870
3801 E. Florida Avenue, Suite 701, Denver, CO 80210
Services available in Spanish. Takes some insurance.
- Hanze, Doug, PhD.** 303-688-8658
405 S. Wilcox, #108, Castle Rock, CO 80104
Accepts some insurances.
- Kendall-Grove, Kwai, PhD.** 303-662-9670
2305 E. Arapahoe Road, Suite 149, Centennial, CO 80122
Will slide fees.
- McAllaster-Schmitz, Amy, M.A., LPC** 303-513-7822
2629 W. Main Street, Suite 110, Littleton, CO 80120
www.amymscounseling.com
- McLain, Joanne, PhD:** 720-244-6329
P.O. Box 1234, Elizabeth, CO 80107
- Meinecke, Margaret E., LCSW, CACIII** 303-973-1064
5911 South Middlefield, Littleton, CO 80123
- Moffitt, Melissa, MA, LPC** 303-805-4004
19731 E. Pikes Peak Ct., Suite 206, Parker, CO 80138
Takes most insurance.
- Olkowski, Thomas, Ph.D.** 303-759-8539
7500 E. Arapahoe Rd., Suite 325, Centennial, CO 80112
Almost all insurance, no sliding scale.

- Reed, Kayla, MA, LPC** 303-229-
9281
6535 S. Dayton St, Suite 1600, Englewood, CO 80111
Takes insurance and will slide fees.
- Stinson, Wynde** 719-488-8998
153 N. Washington St., P.O. Box 1067, Monument, CO 80132
Takes insurance & will slide fees
- Tackney-Moen, Mimsy, LCSW** 303-637-2516
Moen, Dan 303-779-5335
6065 S. Quebec, Englewood, CO 80011
Accepts most health insurance. Appointments after school and evenings.
- Thoreson, Kirk, PsyD:** 303-550-0030
1776 S. Jackson St., #207, Denver, CO 80203
www.drkirkthoreson.com
Accepts some insurance or sliding fee scale; free 20 minute phone consult.
- Julie Uhernik, LPC, RN** 303-918-1775
19753 E. Pikes Peak Ct., Parker, CO 80138
www.julieuhernik.com
Adolescents, adults, couples, families; no insurance but will slide fees.
- West, Amanda, LCSW** 720-530-9957
1735 York St., Denver, CO 80206
Individuals, families, adolescents; specializes in depression and anxiety; free consultation, sliding scale fees

Attachment Issues

- Adobe Center** 303-832-4620
1420 Ogden St., Denver, CO 80218 Fax: 303-832-1681
Sliding scale fee, Medicaid and some insurance carriers.

- Arapahoe/Douglas Mental Health Network*** 303-730-8858
 5500 S. Sycamore St., Littleton, CO 80120
 61 W. Davies, Littleton, CO 80120
 1189 S. Perry St., #150, Castle Rock, CO 80104
 19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org
- Evergreen Psychotherapy Center:*** 303-674-4029
 32065 Castle Court #325, Evergreen, CO 80439
www.attachmentexperts.com
- Institute for Attachment & Child Development:*** 303-674-1910
 P.O. Box 730, Kittredge, CO 80457
www.instituteforattachment.org
- McKay, Linda*** 719-488-8998
 153 N. Washington St., P.O. Box 1067, Monument, CO 80132
- Meinecke, Margaret E., LCSW, CACIII*** 303-973-1064
 5911 South Middlefield, Littleton, CO 80123

Behavior Disorders

- Arapahoe/Douglas Mental Health Network*** 303-730-8858
 5500 S. Sycamore St., Littleton, CO 80120
 61 W. Davies, Littleton, CO 80120
 1189 S. Perry St., #150, Castle Rock, CO 80104

19751 E. Mainstreet, #247, Parker, CO 80138

www.admhn.org

Baroffio, Jim, PhD. 303-706-9722
Fax: 303-662-1106

8000 E. Prentice Ave., Suite B-12, Englewood, CO 80111
*Specializes in developmental disorders – Autism,
Aspergers and behavioral disorders. Does assessments as well.*

Brody, Brian, LCSW, PhD. 303-979-0319
P.O. Box 620430, Littleton, CO 80128

Collaborative Care Counseling: 303-241-0421
Dr. John Barton; Sarah James
9362 Teddy Lane, Lone Tree, CO 80124
Accept most insurances and will slide fees.

Demander, Sam, Psy.D. 303-841-6561
19731 E. Pikes Peak Court, Parker, CO 80138 Fax: 303-696-1292
Takes insurance and will consider sliding scale.

Dennis, Kenny, M.A., N.C.C.: 720-206-7768
9760 S Castle Ridge Cir., Highlands Ranch, CO 80129
www.kennydennis.com Fax: 866-384-1465
Sliding fees; can do in-home therapy.

Developmental Disability Consultants, PC: 303-337-2210
1211 S. Parker Rd., Suite 200, Denver, CO 80231 Fax: 303-337-4147
www.ddconsultants.org; pspragg@ddconsultants.org
Home-based behavior support.

Dunning, Lisa, LMFT: 303-886-6949
7286 S. Yosemite, Centennial, CO
www.lisadunningmft.com
*Behavior issues, school & home; children & adolescents;
in-home services available.*

Epstein, Larry, Ph.D. 303-433-8869
1115 Grant Street, #106, Denver, CO 80203
Will help submit for insurance and can slide fees.

Hanze, Doug, PhD. 303-688-8658
405 S. Wilcox, #108, Castle Rock, CO 80104
Accepts some insurances.

Lounsborough, Craig, M.Div., LPC 303-593-0575
19284 Cottonwood Drive, #202, Parker, CO 80138 Fax: 303-840-0902

www.craiglpc.com

No sliding scale, will reduce fee.

Maddox, Amy, MA, CSPT 720-244-0899

Pikes Peak Counseling

www.pikespeakcounseling.com

19753 E. Pikes Peak Ct., Parker, CO 80138

Free initial consultation; does not accept insurance ; might slide fees.

Moffitt, Melissa, MA, LPC 303-805-4004

19731 E. Pikes Peak Ct., Suite 206, Parker, CO 80138

Takes most insurance.

Moore, April, MS, LPC 303-593-0575

18801 E. Mainstreet, Suite 180, Parker, CO 80134

www.drtrathen.com , April@DrTrathen.com

Olkowski, Thomas, Ph.D. 303-759-8539

7500 E. Arapahoe Rd., Suite 325, Centennial, CO 80112

Almost all insurance, no sliding scale.

Schaubman, Averi, LCSW 303-906-2472

165 Cook Street, Suite 100, Denver, CO 80206

Sliding scale and insurance accepted.

Sokol-Struessel, Stacey, LCSW 720-495-7061

Robert Weiland Center

3636 S. Independence Street, Lakewood, CO 80235

www.PaidionConsulting.com

White, Molly, PhD 303-588-8997

19731 E. Pikes Peak Ct., #201, Parker, CO 80138

*Psychological and behavioral testing & assessment;
specializing in developmental disabilities, ADHD & other
learning challenges, behavior management.*

Bipolar Disorder / Mood Disorders

Arapahoe/Douglas Mental Health Network 303-730-8858

5500 S. Sycamore St., Littleton, CO 80120

61 W. Davies, Littleton, CO 80120

1189 S. Perry St., #150, Castle Rock, CO 80104

19751 E. Mainstreet, #247, Parker, CO 80138

www.admhn.org

- Collaborative Care Counseling:** 303-241-0421
 Dr. John Barton; Sarah James
 9362 Teddy Lane, Lone Tree, CO 80124
Accept most insurances and will slide fees.
- Dunning, Lisa, LMFT:** 303-886-6949
 7286 S. Yosemite, Centennial, CO
www.lisadunningmft.com
Children & adolescents; in-home services available.
- Hoffman, Daniel, M.D.** 303-741-4800
 8200 E. Belleview Ave. #600E, Greenwood Village, CO 80111
- Lounsborough, Craig, M.Div., LPC** 303-593-0575
 19284 Cottonwood Drive, #202, Parker, CO 80138 Fax: 303-840-0902
www.craiglpc.com
No sliding scale, will reduce fee.
- Lyons, David, MD** 303-290-0967
 6075 S. Quebec, Englewood, CO 80111 303-290-8842
Not on most insurance lists.
- Maddox, Amy, MA, CSPT** 720-244-0899
 Pikes Peak Counseling
www.pikespeakcounseling.com
 19753 E. Pikes Peak Ct., Parker, CO 80138
Free initial consultation; does not accept insurance ; might slide fees.
- McKay, Linda** 719-488-8998
 153 N. Washington St., P.O. Box 1067, Monument, CO 80132
- Meinecke, Margaret E., LCSW, CACIII** 303-973-1064
 5911 South Middlefield, Littleton, CO 80123
- Moore, April, MS, LPC** 303-593-0575
 18801 E. Mainstreet, Suite 180, Parker, CO 80134
www.drtrathen.com , April@DrTrathen.com
- Pinhas, Joan S., PhD.** 303-759-5543
 1720 S. Bellaire, #805, Denver, CO 80222 Fax: 303-756-1413
Takes insurance and sliding fees.
- Stinson, Wynde** 719-488-8998
 153 N. Washington St., P.O. Box 1067, Monument, CO 80132
*Works with children ages 2-18; depression, early-onset Bipolar.
 Takes insurance & will slide fees*

Tackney-Moen, Mimsy, LCSW 303-637-2516
Moen, Dan 303-779-5335
 6065 S. Quebec, Englewood, CO 80011
Accepts most health insurance. Appointments after school and evenings.

Yancey, Asa, MD 303-740-0400
 9000 E. Nichols Avenue #240, Englewood, CO 80112
Full payment expected at time of service. Fee for payment.

Compulsive Behaviors

Arapahoe/Douglas Mental Health Network 303-730-8858
 5500 S. Sycamore St., Littleton, CO 80120
 61 W. Davies, Littleton, CO 80120
 1189 S. Perry St., #150, Castle Rock, CO 80104
 19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org

Collaborative Care Counseling: 303-241-0421
 Dr. John Barton; Sarah James
 9362 Teddy Lane, Lone Tree, CO 80124
Accept most insurances and will slide fees.

Diffee, David, PhD 303-757-4399
 1777 S. Harrison St., # 407, Denver, CO 80210

McAllaster-Schmitz, Amy, M.A., LPC 303-513-7822
 2629 W. Main Street, Suite 110, Littleton, CO 80120
www.amymscounseling.com

Depression

Arapahoe/Douglas Mental Health Network 303-730-8858
 5500 S. Sycamore St., Littleton, CO 80120
 61 W. Davies, Littleton, CO 80120
 1189 S. Perry St., #150, Castle Rock, CO 80104
 19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org

- Brody, Brian, LCSW, PhD.** 303-979-0319
P.O. Box 620430, Littleton, CO 80128
- Cohen, Carol, LPC** 303-759-5126
405 S. Wilcox St, #108 Castle Rock, CO 80107 Fax: 303-639-9965
Takes insurance.
- Collaborative Care Counseling:** 303-241-0421
9362 Teddy Lane, Lone Tree, CO 80124
Accept most insurances and will slide fees.
- Davis-Stenhouse, Ellen, LCSW** 720-988-5620
3500 S. Wadsworth Blvd., # 203 Lakewood, CO 80235
www.womenscounselingnetwork.com
- Duncan, Dwight, Psy. D.P.C.** 303-355-7134
90 Madison St., Suite 405, Denver, CO 80206
Sliding scale.
- Dunning, Lisa, LMFT:** 303-886-6949
7286 S. Yosemite, Centennial, CO
www.lisadunningmft.com
Children & adolescents; in-home services available.
- Finger, Jennifer, MSW, LSA** 303-765-1677
6300 E. Hampden Ave., Suite 2104, Denver, CO 80222
Sliding scale available.
- Gelwick, Julie, LCSW** 720-840-9500
8089 S. Lincoln Street, Suite 203, Littleton, CO 80122
Accepts some insurance and will slide fees.
- Gray, Kelley, LPC (Grace Counseling Services)** 720-489-8555
6909 S. Holly Circle, Suite 306, Centennial, CO 80112
Does not accept insurance; sliding scale may be available.
- Guzman, Maria Elena, PhD** 303-756-6870
3801 E. Florida Avenue, Suite 701, Denver, CO 80210
Services available in Spanish. Takes some insurance.
- Hanze, Doug, PhD.** 303-688-8658
405 S. Wilcox, #108, Castle Rock, CO 80104
- Hoffman, Daniel, M.D.** 303-741-4800
8200 E. Bellevue Ave. #600E, Greenwood Village, CO 80111

- Kendall-Grove, Kwai, PhD.** 303-662-9670
2305 E. Arapahoe Road, Suite 149, Centennial, CO 80122
Will slide fees.
- LDS Family Services:** 800-453-3860
www.ldsfamilyservices.org
Fee for service or fast offerings used to assist in fee
- Lincoln, Sarah, MSW, LCSW** 303-691-6140
4900 E. Kentucky Ave., #100, Denver, CO 80246 Fax: 303-757-3008
Will take insurance.
- Maddox, Amy, MA, CSPT** 720-244-0899
Pikes Peak Counseling; www.pikespeakcounseling.com
19753 E. Pikes Peak Ct., Parker, CO 80138
Free initial consultation; does not accept insurance ; might slide fees.
- Minner, Dan, PhD.** 303-721-8386
6402 S. Quebec Street, Englewood, CO 80111
Accepts some insurance and will slide fees.
- Moffitt, Melissa, MA, LPC** 303-805-4004
19731 E. Pikes Peak Ct., Suite 206, Parker, CO 80138
Takes most insurance.
- Porter, William W., Ph.D** 303-918-1829
7200 E. Hampden Ave., #201, Denver, CO 80224 Fax: 303-758-6140
Sliding scale; some insurance.
- Reed, Kayla, MA, LPC** 303-229-9281
6535 S. Dayton St, Suite 1600, Englewood, CO 80111
Takes insurance and will slide fees.
- Stinson, Wynde** 719-488-8998
153 N. Washington St., P.O. Box 1067, Monument, CO 80132
Takes insurance & will slide fees
- Tackney-Moen, Mimsy, LCSW** 303-637-2516
Moen, Dan 303-779-5335
6065 S. Quebec, Englewood, CO 80011
Accepts most health insurance. Appointments after school and evenings.
- Thoreson, Kirk, PsyD:** 303-550-0030
1776 S. Jackson St., #207, Denver, CO 80203
www.drkirkthoreson.com
Accepts some insurance or sliding fee scale; free 20 minute phone consult.

Julie Uhernik, LPC, RN 303-918-1775
 19753 E. Pikes Peak Ct., Parker, CO 80138
www.julieuhernik.com
Adolescents, adults, couples, families; no insurance but will slide fees.

West, Amanda, LCSW 720-530-9957
 1735 York St., Denver, CO 80206
Individuals, families, adolescents; specializes in depression and anxiety; free consultation, sliding scale fees

Equine Therapy

Boots and Saddles Therapeutic Riding Center: 303-688-1388
 7193 S. Hwy 83, Franktown, CO 80116

High Point Academy: 303-663-9912
 7749 E. Palmer Divide Rd., Larkspur, CO 80118
www.pinecreekfoundation.org

Horsepower, Inc.: 303-688-9524
 4600 E. Hwy 86, Castle Rock, CO 80104

Miss Helen's Place: 303-840-1879
 11413 E. Hilltop Rd., Parker, CO 80134

Praying Hands Ranch: 303-841-4043
 4825 E. Daley Circle, Parker, CO 80138
www.prayinghandsranches.org

Right Step: 303-794-3052
 7990 S. Santa Fe Dr., Littleton, CO
<http://coventryfarms.biz>

Family Therapy

Adams, Gail, PhD 303-694-0267
 Fax: 303-688-8754
 8000 E. Prentice Ave., Suite B4, Englewood, CO 80111
*General practice, families, acting out adolescent girls.
 Not primary substance abuse or hospital practice. Licensed Psych.*

Arapahoe/Douglas Mental Health Network 303-730-8858
 5500 S. Sycamore St., Littleton, CO 80120
 61 W. Davies, Littleton, CO 80120

1189 S. Perry St., #150, Castle Rock, CO 80104
 19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org

- Attoma-Matthews, Colleen, LCSW** 303-594-9085
 1750 Humboldt St., #202, Denver, CO 80218
Specializes in adolescents and families. Substance abuse, self-harm, legal issues, trauma and sexual abuse. Takes some insurance.
- Bishop, Stephen, MD** 303-759-3173
 720 S. Colorado Blvd, #964, Denver, CO 80246
Provider for various insurances. Medications, complex adolescent issues, medicine, trauma, families.
- Cohen, Carol, LPC** 303-759-5126
 405 S. Wilcox St, #108 Castle Rock, CO 80107 Fax: 303-639-9965
 2121 S. Oneida, Suite 412, Denver, CO 80224
Specializes in adolescent stress, depression, family therapy, trauma and sexual abuse. Takes insurance.
- Collaborative Care Counseling:** 303-241-0421
 Dr. John Barton; Sarah James
 9362 Teddy Lane, Lone Tree, CO 80124
General practice for families & at-risk children; accept most insurances and will slide fees.
- Cucich, Timothy, M.D.** 303-318-9725
 658 Grant St., Denver, CO 80203
Specializes in children, adolescents, and families.
- Demander, Sam, Psy.D.** 303-841-6561
 19731 E. Pikes Peak Court, Parker, CO 80138 Fax: 303-696-1292
Family psychologist, teenagers, behavior, acting out. drug and substance abuse. Takes insurance and will consider sliding scale.
- Dennis, Kenny, M.A., N.C.C:** 720-206-7768
 9760 S. Castle Ridge Circle, Highlands Ranch, CO 80129
www.kennydennis.com Fax: 866-384-1465
At-risk adolescents with S.I.E.D. 's; extremely defiant behaviors; trauma; Autism Spectrum Disorder; learning difficulties; cognitive skills development; in-home therapy; EMDR; will slide fees.
- Dunning, Lisa, LMFT:** 303-886-6949
 7286 S. Yosemite, Centennial, CO
www.lisadunningmft.com
Anger management for kids & families; parenting skill-building groups;

social skills groups for adolescents; behavior issues, substance use, depression, PTSD, anger management. Will negotiate fees.

- Finger, Jennifer, MSW, LSA** 303-765-1677
 6300 E. Hampden Ave., Suite 2104, Denver, CO 80222
Individual and family therapy for adolescents and their families; self injury behaviors, drug use, depression, acting out, anxiety and school issues. Sliding scale available.
- Gelwick, Julie, LCSW** 720-840-9500
 8089 S. Lincoln Street, Suite 203, Littleton, CO 80122
Age 10 & up; adolescents, individuals, families; trauma work, depression/anxiety. Accepts some insurance and will slide fees.
- Grenhart, Rich, Psy.D.** 303-761-3520
 3601 S. Clarkson St. #540, Englewood, CO 80113 Fax: 303-789-1615
 Email : rgrenhart@aol.com
Family and individual counseling; adolescents. Communicates well with school; after school office hours. Psych evals. No sliding scale.
- Jackson, Steven W., M.S.W.** 303-789-1315
 730 W. Hampden Ave., Suite 302, Englewood, CO 80110
Specialize in working with kids, adolescents & families; Couples counseling. Takes some insurance and will slide fees.
- Jens, Kathryn, PhD.** 303-773-8991
 8000 E. Prentice, #B-12, Englewood, CO 80111 Fax: 303-770-9015
Adolescents and families, PTSD, bullying, abuse, generalist. Works with some insurances and sliding scale. Works part-time in CCSD.
- Johnson, Victoria, LCSW** 303-798-8836
 26 West Dry Creek Circle, Suite 360, Littleton, CO 80120
victoriajohnsonlcsw@comcast.net
Specializes in female adolescents, bulimia, family therapy and trauma victims. Works with individuals, couples and groups.
- Karlberg, Ann, LCSW** 303-691-5677
Therapeutic Alliance Professionals 303-906-0630 cell
 2755 S. Locust St., #219, Denver, CO 80222 Fax: 303-753-4650
Specializing in Adolescents and Families. Works with trauma issues.
- Krafchick, Dana** 303-799-4110
 9000 E. Nichols Ave., Suite 240, Centennial, CO 80112
Psychiatrist – therapy and medication; families and adolescents.
- Levitas-Eisner, Jane, LCSW** 303-826-7296
 8000 E Maplewood Ave., Suite B-12, Englewood, CO 80111
Child, adolescent, family, and couples therapy.

Accepts insurance and sliding scale.

- Lounsbrough, Craig, M.Div., LPC** 303-593-0575
 19284 Cottonwood Drive, #202, Parker, CO 80138 Fax: 303-840-0902
www.craiglpc.com
Child, adolescent, ADD, ADHD, ODD and conduct disorders, trauma/abuse disorders, mood disorders. Individual, marriage and family counseling. No sliding scale, will reduce fee.
- Maddox, Amy, MA, CSPT** 720-244-0899
Pikes Peak Counseling
www.pikespeakcounseling.com
 19753 E. Pikes Peak Ct., Parker, CO 80138
ADHD ; social skills groups ; bullying prevention ; divorce groups ; mother/daughter dynamics ; mental health issues. Former school counselor. Free initial consultation ; does not accept insurance ; might slide fees.
- Matson, Rebecca, LPC** 720-489-8555
Grace Counseling Services
 6909 S. Holly Circle, Suite 306, Centennial, CO 80112
Specializes in work with victims of sexual or mental abuse; testing for learning disabilities; family and parenting skills. Does not accept insurance, sliding scale may be available.
- McAllaster-Schmitz, Amy, M.A., LPC** 303-513-7822
 2629 W. Main Street, Suite 110, Littleton, CO 80120
www.amymscounseling.com
Specializing in eating disorders, anxiety, OCD, divorce, family counseling and young kids.
- Minner, Dan, PhD.** 303-721-8386
 6402 S. Quebec Street, Englewood, CO 80111
Adolescent boys & girls ; depression, substance abuse, families, school achievement, ADHD. Excellent at communicating with families and schools. Accepts some insurance and will slide fees.
- Moffitt, Melissa, MA, LPC** 303-805-4004
 19731 E. Pikes Peak Ct., Suite 206, Parker, CO 80138
Adolescents, Family Groups, self-injury, divorce, depression/anxiety, oppositional behavior. Takes most insurance.
- Moore, April, MS, LPC** 303-593-0575
 18801 E. Mainstreet, Suite 180, Parker, CO 80134
www.drtrathen.com, April@DrTrathen.com
Children, adolescents and families. Emphasis in adjustment and mood disorders, anxiety, conduct, ADHD, schizophrenia and psychosis; physical and/or sexual abuse; grief/loss; trauma, mental & physical disabilities

- Newman, Hildie, LCSW** 303-902-2084
6767 S. Spruce Street, Suite 250, Englewood, CO 80112
Specializes in working with families and adolescents
- Olkowski, Thomas, Ph.D.** 303-759-8539
7500 E. Arapahoe Rd., Suite 325, Centennial, CO 80112
Family, couples, individuals, children: preK through college. Specializes in anxiety, phobias, self esteem, transition issues, behavior therapy. Is the author of "Moving with Children." Almost all insurance, no sliding scale.
- Schaubman, Averi, LCSW** 303-906-2472
165 Cook Street, Suite 100, Denver, CO 80206
Specialties: adolescent and families; collaborative problem solving, explosive children, EMDR trained. Sliding scale and insurance accepted.
- Suyeishi, Mark, Psy. D.** 303-290-0860
6075 S. Quebec, #203, Englewood, CO 80111 Fax: 303-796-0324
Family, minority (Asian), grief, drugs, victim's assistance, Children, adolescents. Will take insurance and will slide fees.
- Tackney-Moen, Mimsy, LCSW** 303-637-2516
Moen, Dan 303-779-5335
6065 S. Quebec, Englewood, CO 80011
Adolescents and families, depression, anxiety, ADD, bipolar, and physical and sexual abuse. No drug or alcohol abuse as primary diagnosis. Accepts most insurance. Appointments after school and evenings.
- Therapeutic Alliance Professionals, L.L.C.** 303-691-5677
Ann Karlberg, LCSW; Chaney Givens, Psy.D;
Bart Dean, LCSW; Jay Fellers, LCSW
2755 S Locust Street, Suite 219, Denver, CO 80222
www.therapeutic-alliance.com
Specializing in Adolescents and Families. Works with trauma issues as well as all other issues. Sliding scale fees and some insurance.
- Thoreson, Kirk, PsyD:** 303-550-0030
1776 S. Jackson St., #207, Denver, CO 80203
www.drkirkthoreson.com
Psychological and educational testing & assessment; teens, children, families, couples; specializes in learning disabilities, ADHD, depression, childhood anxiety. Accepts some insurance or sliding fee scale; free 20 minute phone consult.
- Trathen, Daniel W., D.Min, PhD.** 303-593-0575
18801 E. Mainstreet, Suite 180, Parker, CO 80134
www.drtrathen.com
Individual, adolescent, marriage, family counseling. Life / leadership coaching.

Julie Uhernik, LPC, RN

303-918-

1775

19753 E. Pikes Peak Ct., Parker, CO 80138

www.julieuhernik.com

Adolescents, adults, couples, families; specializes in parenting and step-parenting issues, mother-daughter relationships, anxiety, trauma, chronic illness, eating disorders, depression, and infertility counseling. No insurance but will slide fees.

Wernimott, Melvin, PhD.

303-758-6619

7200 E Hampden Avenue, Denver, CO 80224

Fax: 303-758-6140

Psychologist; Families, adolescents struggling in school. No insurance.

West, Amanda, LCSW

720-530-9957

1735 York St., Denver, CO 80206

Individuals, families, adolescents; specializes in depression and anxiety; free consultation, sliding scale fees

White, Beverly Baker, M.A. LPC

303-904-3012

8094 S. Trinchera Peak, Littleton, CO 80127

Especially for girls. Child, adolescent, adult and family psychotherapy.

White, Molly, PhD

303-588-8997

19731 E. Pikes Peak Ct., #201, Parker, CO 80138

Psychological & behavioral testing & assessment; specializing in developmental disabilities, ADHD & other learning challenges, behavior management.

Wilson, Beverly, LSCW

303-986-6814

8400 E. Prentice Ave., #1401, Englewood, CO 80111

Will slide fee based on family income. Couples, families.

Female-Specific / Mothers & Daughters**Adams, Gail, PhD**

303-694-0267

8000 E. Prentice Ave., Suite B4, Englewood, CO 80111

Collaborative Care Counseling:

303-241-0421

Dr. John Barton; Sarah James

9362 Teddy Lane, Lone Tree, CO 80124

Accept most insurances and will slide fees.

Excelsior Youth Centers:

303-693-1550

15001 E. Oxford Ave., Aurora, CO 80015

www.excelsioryc.org

*Female-specific services; inpatient; day treatment;
substance abuse treatment; living skills; on-campus school*

Johnson, Victoria, LCSW 303-798-8836
26 West Dry Creek Circle, Suite 360, Littleton, CO 80120
victoriajohnsonlcsw@comcast.net

Maddox, Amy, MA, CSPT (Pikes Peak Counseling) 720-244-0899
www.pikespeakcounseling.com
19753 E. Pikes Peak Ct., Parker, CO 80138
Free initial consultation; does not accept insurance ; might slide fees.

Mattei, Kathleen, Psy.D. 303-221-8127
6081 S. Quebec, Centennial, CO

National Institute for Change 303-231-0090
Offices in Castle Rock, Lakewood, Lone Tree, Golden
Groups, individuals. Parenting classes. Sliding scale fee.

Starkey-Duncan, Renee, PhD. 303-355-7134
90 Madison St., Suite 405, Denver, CO 80206
No insurance, will slide fees.

Julie Uhernik, LPC, RN 303-918-1775
19753 E. Pikes Peak Ct., Parker, CO 80138
www.julieuhernik.com
*Adolescents, adults, couples, families; specializes in parenting and step-parenting
issues, mother-daughter relationships, No insurance but will slide fees.*

White, Beverly Baker, M.A. LPC 303-904-3012
8094 S. Trinchera Peak, Littleton, CO 80127

Wilson, Jackie, LCSW 303-347-9600
9000 E. Nichols Avenue, #240, Centennial, CO 80112

In-Home Therapy Services

Arapahoe/Douglas Mental Health Network 303-730-8858
5500 S. Sycamore St., Littleton, CO 80120
61 W. Davies, Littleton, CO 80120
1189 S. Perry St., #150, Castle Rock, CO 80104
19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org
Multi-systemic therapy & functional family therapy in-home; Intensive Services

Dennis, Kenny, M.A., N.C.C. 720-206-7768
9760 S. Castle Ridge Cir., Highlands Ranch, CO 80129
www.kennydennis.com Fax: 866-384-1465

Adolescents with S.I.E.D.'s; defiant behaviors; trauma; Autism; learning difficulties; cognitive skills development; EMDR; in-home therapy; will slide fees.

Developmental Disability Consultants, PC: 303-337-2210
 1211 S. Parker Rd., Suite 200, Denver, CO 80231 fax: 303-337-4147
<http://www.ddconsultants.org>; pspragg@ddconsultants.org
Mental health, home-based behavior support, counseling, parent training; training for children with developmental disabilities, autism, brain injury.

Dunning, Lisa, LMFT: 303-886-6949
 7286 S. Yosemite, Centennial, CO
www.lisadunningmft.com
Behavior & anger issues, substance use, depression, PTSD; will negotiate fees.

Maddox, Amy, MA, CSPT 720-244-0899
Pikes Peak Counseling
www.pikespeakcounseling.com
 19753 E. Pikes Peak Ct., Parker, CO 80138
ADHD; high end autism; grief; mother/daughter; play therapist; will slide fees.

Savio House: 303-225-4100
 325 King St., Denver, CO 80219
www.saviohouse.org
In-home multi-systemic therapy; family therapy; substance abuse treatment

Shiloh House: 303-932-9599
 6400 W. Coal Mine Ave., Littleton, CO 80123
www.shilohhouse.org
Intensive in-home therapy; respite services

Synergy: 303-781-7875
 1611 Federal Blvd. #201, Denver CO 80219 (outpatient)
www.artstreatment.com
In-home multi-systemic therapy; other community based services; subst. use

Outpatient Programs

Arapahoe/Douglas Mental Health Network 303-730-8858
 5500 S. Sycamore St., Littleton, CO 80120
 61 W. Davies, Littleton, CO 80120
 1189 S. Perry St., #150, Castle Rock, CO 80104
 19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org

Aurora Mental Health Center: 303-617-2331
 11059 e. Bethany Dr., Aurora, CO 80014 Fax: 303-617-2562
A variety of outpatient programs for children, teens, adults, older adults; assessment; dual diagnosis; support and case management for homeless.

- Beacon Center:** 303-761-6756
 333 W. Hampden Ave., Suite 305, Englewood, CO 80110
www.beaconcenter.org
Community treatment for at-risk youth; drug and alcohol counseling; independent living program
- Believing in Kids & Families, LLC:** 303-794-7008
 5574 S. Prince St. #11, Littleton, CO 80120
www.bikaf.com
Play therapy; anger management; grief/loss recovery; parenting counseling; couples therapy; relationship enhancement
- Centennial Peaks Hospital:** 303-673-9990
 2255 S. 88th St., Louisville, CO 80027
www.centennialpeaks.com
Intensive outpatient for chemical dependency
- Colorado Division of Mental Health:** 303-866-7400
 3520 W. Oxford Ave., Denver, CO 80236
 TTY: 866-7471
www.cdhs.state.co.us/ohr/mhs/index.html
Access to state mental health inpatient facilities; therapy; case management; medication services
- Eating Disorder Center of Denver:** 303-771-0861
 950 S. Cherry St. #1010, Denver, CO 80246
www.edcdenver.com
Outpatient, partial hospitalization, and inpatient treatment of eating disordered individuals age 16 and older
- First Step Counseling:** 303-840-2636
 10292 S. Progress Way #105, Parker, CO 80134
www.firststepcounseling.org
Individual, family and group counseling for a variety of issues; court-ordered counseling to address drinking and driving issues
- Parker Counseling** 303-841-0259
 19555 E. Parker Square Dr., Parker, CO 80134
Counseling, support groups, parenting classes on a sliding fee scale
- Running Creek Counseling Service**
 7601 Burning Tree Drive, Franktown, CO 80116
 303-688-8231

- 19731 E. Pikes Peak Ct #G-1, Parker, CO 80138 303-805-
1218
Mental health / substance abuse treatment for adults; court-ordered treatment for domestic violence; parenting & marriage counseling
- Savio House:** 303-225-4100
325 King St., Denver, CO 80219
www.saviohouse.org
Day treatment for adolescents; in-home multi-systemic therapy; other community based services
- Servicios de la Raza** 303-458-5851
4055 Tejon Street, Denver, CO 80211
www.serviciosdelaraza.org
Services to Latino community include individual and group counseling, medication management, and evaluations
- Tennyson Center (CO Christian Home):** 303-433-2541
2950 Tennyson St., Denver, CO 80212
www.tennysoncenter.org
Day treatment for children ages 5-14; focus on abused and neglected children

Phobias

- Arapahoe/Douglas Mental Health Network** 303-730-8858
5500 S. Sycamore St., Littleton, CO 80120
61 W. Davies, Littleton, CO 80120
1189 S. Perry St., #150, Castle Rock, CO 80104
19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org
- Olkowski, Thomas, Ph.D.** 303-759-8539
7500 E. Arapahoe Rd., Suite 325, Centennial, CO 80112
Almost all insurance, no sliding scale.

Julie Uhernik, LPC, RN

303-918-

1775

19753 E. Pikes Peak Ct., Parker, CO 80138

www.julieuhernik.com*Adolescents, adults, couples, families; no insurance but will slide fees.***Post-Traumatic Stress****Arapahoe/Douglas Mental Health Network**

303-730-8858

5500 S. Sycamore St., Littleton, CO 80120

61 W. Davies, Littleton, CO 80120

1189 S. Perry St., #150, Castle Rock, CO 80104

19751 E. Mainstreet, #247, Parker, CO 80138

www.admhn.org**Attoma-Matthews, Colleen, LCSW**

303-594-9085

1750 Humboldt St., #202, Denver, CO 80218

*Takes some insurance.***Baker, Leigh, Dr.**

303-790-5585

7200 E. Hampden Ave., Suite 301, Englewood, CO 80112

www.leighbaker.com**Bishop, Stephen, MD**

303-759-3173

720 S. Colorado Blvd, #964, Denver, CO 80246

*Provider for various insurances.***Cohen, Carol, LPC**

303-759-5126

405 S. Wilcox St, #108 Castle Rock, CO 80107

Fax: 303-639-9965

2121 S. Oneida, Suite 412, Denver, CO 80224

*Takes insurance.***Collaborative Care Counseling:**

303-241-0421

Dr. John Barton; Sarah James

9362 Teddy Lane, Lone Tree, CO 80124

*Accept most insurances and will slide fees.***Dennis, Kenny, M.A., N.C.C.:**

720-206-7768

9760 S. Castle Ridge Circle, Highlands Ranch, CO 80129

www.kennydennis.com

Fax: 866-384-1465

*EMDR; will slide fees.***Dunning, Lisa, LMFT:**

303-886-6949

7286 S. Yosemite, Centennial, CO

www.lisadunningmft.com

Anger management for kids & families; parenting skill-building groups; social skills groups for adolescents; behavior issues, substance use, depression, PTSD, anger management. Will negotiate fees.

Gelwick, Julie, LCSW 720-840-9500
8089 S. Lincoln Street, Suite 203, Littleton, CO 80122
Accepts some insurance and will slide fees.

Guzman, Maria Elena, PhD 303-756-6870
3801 E. Florida Avenue, Suite 701, Denver, CO 80210
Services available in Spanish. Takes some insurance.

Jens, Kathryn, PhD. 303-773-8991
8000 E. Prentice Ave #B12, Englewood, CO 80111 Fax: 303-770-9015
Works with some insurances and sliding scale.

Johnson, Victoria, LCSW 303-798-8836
26 West Dry Creek Circle, Suite 360, Littleton, CO 80120
victoriajohnsonlcsw@comcast.net

Karlberg, Ann, LCSW 303-691-5677 ext. 2
Therapeutic Alliance Professionals 303-906-0630 cell
2755 S. Locust St., #219, Denver, CO 80222 Fax: 303-753-4650

Lounsborough, Craig, M.Div., LPC 303-593-0575
19284 Cottonwood Drive, #202, Parker, CO 80138 Fax: 303-840-0902
www.craiglpc.com
No sliding scale, will reduce fee.

McLain, Joanne, PhD: 720-244-6329
P.O. Box 1234, Elizabeth, CO 80107

Moore, April, MS, LPC 303-593-0575
18801 E. Mainstreet, Suite 180, Parker, CO 80134
www.drtrathen.com, April@DrTrathen.com

Myers-Barklage, Joy 303-643-8914
425 N. Wilcox, Castle Rock, CO 80104
8101 E. Prentice Ave., Greenwood Village, CO
EMDR Certified. Accepts some insurance.

Schaubman, Averi, LCSW 303-906-2472
165 Cook Street, Suite 100, Denver, CO 80206
EMDR trained. Sliding scale and insurance accepted.

Therapeutic Alliance Professionals, L.L.C. 303-691-5677

Ann Karlberg, LCSW; Chaney Given, Psy.D;
Bart Dean, LCSW; Jay Fellers, LCSW
 2755 S Locust Street, Suite 219, Denver, CO 80222
www.therapeutic-alliance.com
Sliding scale fees and some insurance.

Julie Uhernik, LPC, RN 303-918-1775
 19753 E. Pikes Peak Ct., Parker, CO 80138
www.julieuhernik.com
Adolescents, adults, couples, families; no insurance but will slide fees.

Residential Programs

Aurora Mental Health Center:

Ellin Mracheck House 303-364-6704
 14801 E. 18th Pl., Aurora, CO 80011 Fax: 303-617-2734
Dual diagnosis, mental illness & developmental disability

Fitzsimons Treatment Center

Transition placement from hospitalization to community

Alternative Youth Adventures:

1236 N. Townsend Ave., Montrose, CO 81401 1-973-226-2900
970) 249-9316
www.cecintl.com/facilities/aya.htm
*Residential, experiential program for youth ages 12-18;
 intervention/prevention programming includes education, counseling,
 and rigorous physical activity in adventure and conservation practices*

Beacon Center:

333 W. Hampden Ave., Suite 305, Englewood, CO 80110 303-761-6756
www.beaconcenter.org
*Community treatment and residential program for
 at-risk youth; drug and alcohol counseling; independent living program*

Centennial Peaks Hospital:

2255 S. 88th St., Louisville, CO 80027 303-673-9990
www.centennialpeaks.com
*Acute inpatient treatment for adolescents with addictions
 and/or psychiatric diagnoses; intensive outpatient for
 chemical dependency; residential and aftercare services*

Children's Hospital:

1056 E. 19th Ave., Denver, CO 80218 303-861-8888

www.childrenshospitalden.org

Psychiatric and behavioral science services; eating disorder treatment; bereavement counseling; juvenile fire-setter treatment

Colorado Division of Mental Health: 303-866-7400

3520 W. Oxford Ave., Denver, CO 80236

TTY: 303-866-7471

www.cdhs.state.co.us/ohr/mhs/index.html

Access to state mental health inpatient facilities; therapy; case management; medication services

Devereux Cleo Wallace Psychiatric Facility: 303-466-7391

8405 Church Ranch Blvd., Westminster, CO 80021

www.cleowallace.org

Psychiatric evaluations; day treatment; residential care for adolescents with acute mental illness; treatment of ADHD, bipolar, mood disorders, psychiatric disorders; family therapy

Eating Disorder Center of Denver: 303-771-0861

950 S. Cherry St. #1010, Denver, CO 80246

www.edcdenver.com

Outpatient, partial hospitalization, and inpatient treatment of eating disordered individuals age 16 and older

Evergreen Psychotherapy Center: 303-674-4029

32065 Castle Court #325, Evergreen, CO 80439

www.attachmentexperts.com

Specializing in treatment of unattached individuals of all ages

Excelsior Youth Centers: 303-693-1550

15001 E. Oxford Ave., Aurora, CO 80015

www.excelsioryc.org

Female-specific services; inpatient; day treatment; substance abuse treatment; living skills; on-campus school

Forest Heights Lodge: 303-674-6681

P.O. Box 789, Evergreen, CO 80437

www.forestheightslodge.org

Psychotherapeutic residential care for boys ages 5-14 who are emotionally disturbed or have been traumatized; recreation therapy

Griffith Centers for Children, Inc.

Central Office

14142 Denver West Pkwy, #225, Lakewood

303-237-6865

Larkspur Campus

P.O. Box 95, Larkspur, CO 80118

303-681-2400

www.griffithcenters.org

Residential and day treatment for youth with psychiatric, behavioral, educational or social challenges

Highlands Behavioral Health: 303-791-5159
Littleton, CO

Institute for Attachment & Child Development: 303-674-1910
27618 Fireweed Dr., Evergreen, CO 80439
Mailing: P.O. Box 730, Kittredge, CO 80457
www.instituteforattachment.org
Counseling for unattached children; support for parents

Lilac Gardens Residential Childcare Facility: 720-323-1489
7322 S. Valdai Circle, Aurora, CO 80016
Residential treatment for youth ages 8-18 diagnosed with mild/moderate developmental disabilities and/or psychiatric disorders

Monarch Center for Family Healing: 303-569-0767
P.O. Box 797, Georgetown, CO 80444
www.monarchfamilyhealing.com
Adventure based therapy to treat substance abuse, delinquency, family conflict, mental health issues; residential therapeutic care for youth ages 6-18; family trips; group trips

Mount St. Vincent Home: 303-458-7220
4159 Lowell Blvd., Denver, CO 80211
www.msvhome.org
Residential and day treatment for youth diagnosed with a wide range of emotional/behavioral problems

Savio House: 303-225-4100
325 King St., Denver, CO 80219
www.saviohouse.org
Day treatment for adolescents; residential treatment for adolescent males; in-home multi-systemic therapy; other community based services

Shiloh House: 303-932-9599
6400 W. Coal Mine Ave., Littleton, CO 80123
www.shilohhouse.org
Day treatment for adolescents; residential treatment for adolescent males; intensive in-home therapy; respite services

Synergy: 303-781-7875
3738 W. Princeton Circle, Denver, CO 80236
1611 Federal Blvd. #201, Denver CO 80219 (outpatient)
www.artstreatment.com

Day treatment for adolescents; residential treatment for adolescent males; in-home multi-systemic therapy; other community based services; specializing in drug and alcohol treatment

Tennyson Center (CO Christian Home): 303-433-2541

2950 Tennyson St., Denver, CO 80212

www.tennysoncenter.org

Residential treatment for children ages 5-14; focus on abused and neglected children

Third Way Center: 303-780-9191

P.O. Box 61385, Denver, CO 80206

www.thirdwaycenter.org

Residential programs for male and female adolescents; home for teen mothers; nutritional counseling; mental health assessment and counseling; independent living skills; alternative school

MENTORING PROGRAMS

1 Liquid House: 303-916-1515

6668 Lynx Cove

www.1liquidhouse.com

Mentoring by adults in music, film, and magazine production careers

4-H Clubs: 720-733-6940

410 Fairgrounds Rd., Castle Rock, CO 80104

www.douglascountyextension.org

Positive youth development programming for ages 8-18; special programs for ages 5-7; clubs/activities that focus on learning by doing & life skills; leadership programming; mentoring; volunteer opps for youth & adults; camps; conferences

Big Brothers/Sisters: 303-433-6002

2420 W. 26th Ave., Suite 450-D, Denver, CO

Boy Scouts of America, Local Troops:

Denver Area Council (referrals) 5522	303-455-
Castle Rock, Troop 261	
Ages 6-10:	303-257-6145
Ages 11-17:	303-249-0336
www.cubpack261.com	
www.troop261.us	
Highlands Ranch, Cub Pack 662	303-470-5751
www.pack662.org	
Parker, Troop 88	303-805-0337
www.troop88.org	
 Campfire USA:	303-333-7142
5161 Sheridan Blvd., Denver, CO 80212	
www.campfirerockies.org	
<i>Outdoor experiences, art & service-learning; summer camps</i>	
 Douglas County Partners:	720-733-1960
513 Wilcox St., Castle Rock, CO 80104	
www.metrodenverpartners.org	
<i>Adult-youth mentorships, activities; youth ages 8-17 participate in year-long mentorships.</i>	
 Douglas County Young Marines:	303-663-9259
chriskusmc@hotmail.com	
www.dcyoungmarines.com	
<i>Marine Corps League program with a 50-year history in educating and inspiring kids 8-18 to perform well in school and live healthy lives. Mentoring, service, physical fitness, and drug resistance goals.</i>	
 Explorers Clubs:	
Castle Rock Police Department	303-663-6148
Parker Police Department	303-841-9800
<i>An insider's look at police procedures for youth between the ages of 14 and 20; skills competitions</i>	
 Friends for Youth:	303-756-9285
5500 E. Yale Ave., Denver, CO 80222	
www.friendsforyouth.com	
<i>Adult mentors for youth in the child welfare or juvenile justice systems; faith-based</i>	
 Girl Scouts Mile Hi Council (Douglas):	303-778-8774
www.girlscoutsofcolorado.org	
<i>Various troops linked to Douglas County public schools</i>	
 Girls, Inc.:	303-893-4363
1499 Julian St., Denver, CO 80204	
www.girlsinc.org	

*Empowering girls to be strong, smart and bold;
health, education, personal power advocacy*

Snowboard Outreach Society (SOS):

970-845-7040

P.O. Box 2020, Avon, CO 81620

www.sosoutreach.org

Mentoring, civic engagement, and recreation opportunities

for low-income or at-risk youth who get partnered with

cool snowboarders or skiers - DUDE! Seasonal: Dec –Jan and Jan.-Feb.

We Live the Power (Life Coaching/Goal-Setting):

303-332-7888

Valerie@welivethepower.com

www.welivethepower.com

Individual life coaching services; goal-setting workshops for teens

PARENTING

Adoption

Alternatives Pregnancy Center:

19029 E. Plaza Dr., #255, Parker, CO 80134 720-851-2040

2 West Dry Creek Cir. #180, Littleton, CO 80120 303-295-2288

www.youhavealternatives.org

*Counseling and alternatives for pregnant women of all ages;
pre- and post-natal support; healthcare referrals; free pregnancy testing*

Arapahoe/Douglas Mental Health Network:

303-730-8588

CHILD & FAMILY SERVICES

61 W. Davies Littleton, CO 80120

1189 S. Perry St., #150, Castle Rock, CO 80104

19751 E. Mainstreet, #247, Parker, CO 80138

www.admhn.org

*Counseling & education classes that focus on issues related to
adoption and foster care*

Colorado Post-Adoption Services:

303-755-4756

14232 E. Evans Ave., Aurora, CO 80014

www.adoptex.org

*Assistance with adoption process; post-adoption
resources such as mentoring, ongoing support and education*

Dunning, Lisa, LMFT:

303-886-6949

7286 S. Yosemite, Centennial, CO

www.lisadunningmft.com

*Home Study Evaluations for prospective adoptive parents;
adoption resources; family therapy*

Divorce / Step-Parenting

- Arapahoe/Douglas Mental Health Network:** 303-730-8858
 CHILD & FAMILY SERVICES
 61 W. Davies Littleton, CO 80120
 1189 S. Perry St., #150 Castle Rock, CO 80104
 19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org
Family therapy and educational classes on healthy family functioning
- Child Support Division, Dept. of Human Services:** 720-895-8700
- Collaborative Care Counseling:** 303-241-0421
 Dr. John Barton; Sarah James
 9362 Teddy Lane, Lone Tree, CO 80124
Accept most insurances and will slide fees.
- Maddox, Amy, MA, CSPT** 720-244-0899
 Pikes Peak Counseling
www.pikespeakcounseling.com
 19753 E. Pikes Peak Ct., Parker, CO 80138
*Divorce groups for children & teens; individual & family therapy;
 free initial consultation; does not accept insurance ; might slide fees.*
- McAllaster-Schmitz, Amy, M.A., LPC** 303-513-7822
 2629 W. Main Street, Suite 110, Littleton, CO 80120
www.amymscounseling.com
- Moffitt, Melissa, MA, LPC** 303-805-4004
 19731 E. Pikes Peak Ct., Suite 206, Parker, CO 80138
Takes most insurance.
- New Beginnings Co-Parenting:** 303-706-9424
 558 Castle Pines Pkwy, Unit B-4 #364, Castle Rock, CO 80108
www.newbeginningscoparenting.com
Court-approved online co-parenting course for divorcing couples
- Reed, Kayla, MA, LPC** 303-229-9281
 6535 S. Dayton St, Suite 1600, Englewood, CO 80111
Takes insurance and will slide fees.
- Stepfamily Services:** 303-637-4071
 6901 S. Pierce #337, Littleton, CO 80238
www.stepfamilyservices.com
Workshops to strengthen stepfamilies

Thoreson, Kirk, PsyD: 303-550-0030

1776 S. Jackson St., #207, Denver, CO 80203

www.drkirkthoreson.com

Families, children, teens, couples; offers therapeutic groups for children whose families have divorced; accepts some insurance or sliding fee scale; free 20 minute phone consult.

Julie Uhernik, LPC, RN 303-918-1775

19753 E. Pikes Peak Ct., Parker, CO 80138

www.julieuhernik.com

Adolescents, adults, couples, families; specializes in parenting and step-parenting issues, mother-daughter relationships, anxiety, trauma, chronic illness, eating disorders, depression, and infertility counseling. No insurance but will slide fees.

Wilson, Jackie, LCSW 303-347-9600

9000 E. Nichols Avenue, #240, Centennial, CO 80112

Parenting Classes / Counseling

A Better Choice Counseling: 303-523-6600

405 S. Wilcox, Suite 210, Castle Rock, CO 80104

"Love and Logic" parenting classes; family counseling

AMEND of Arapahoe County: 303-220-1911

Counseling for abusive men and their families

Arapahoe/Douglas Mental Health Network: 303-730-8858

CHILD & FAMILY SERVICES

61 W. Davies Littleton, CO 80120

1189 S. Perry St., #150 Castle Rock, CO 80104

19751 E. Mainstreet, #247, Parker, CO 80138

www.admhn.org

Family therapy and educational classes on health family functioning

Assets for Colorado Youth: 303-832-1587

1580 Logan St. #700, Denver, CO 80203

www.assetsforcoyouth.org

Support for community efforts based on developmental assets in youth

Circle of Concern Consortium 720-488-1700

10328 E. Fair Pl., Englewood, CO 80111

www.circleofconcernconsortium.org

Support for parents re child development issues, particularly substance use

Colorado Office of Resource and Referral for Douglas County:

3607 MLK Blvd., Denver, CO 80205

303-381-2990

*Childcare / early learning referrals***CSU Cooperative Extension in Douglas County:**

720-733-6926

410 Fairgrounds Rd., Castle Rock, CO 80104

*Family & Consumer services; parenting newsletters.***Community Alternatives, Inc.:**

303-695-0653

2600 S. Parker Rd., Bldg. 5 #250, Aurora, CO 80014

www.coloradocai.org

*Parent/teen mediation; restorative justice conferencing***Conflict Center:**

303-433-4983

4140 Tejon Street, Denver, CO 80211

*Family mediation; anger/conflict management;**Latino parenting issues; GLBTQ partner classes***Douglas County Early Childhood Coalition:**

303-688-7640

Douglas County Libraries (Priscilla Queen)

100 S. Wilcox St

*Early childhood professionals/advocates, working on coordination of local services***Douglas County Human Services:**

303-688-4825

4400 Castleton Court, Castle Rock, CO 80109

*Family Preservation intensive therapy; Youth In Conflict intake***Douglas County School District**

303-387-0100

620 Wilcox, Castle Rock, CO 80104

www1.dcsdk12.org

Child Find:

303-387-0804

8204 E. Park Meadows #204

*Sponsors STEP classes and support groups for parents of children with special challenges***Parent University:**

303-387-0128

*Offering a variety of skill-building classes for custodial figures***Douglas County WrapAround:**

303-663-6233

*Strength-based assessments; community-based, sustainable, respectful**Wrap Family Team Plan development; ongoing support***Douglas County Youth Initiative:**

303-688-4825

4400 Castleton Court, Castle Rock, CO 80109

www.douglas.co.us/humanservices/Douglas_County_Youth_Initiative.html*Coordination and system improvement for local youth**services; access assistance; referrals; access to WrapAround*

- Dunning, Lisa, LMFT:** 303-886-6949
 7286 S. Yosemite, Centennial, CO
www.lisadunningmft.com
Parenting skill-building groups; couples and family therapy. Services available in-home. Will negotiate fees.
- Families First:** 303-745-0327
 P.O. Box 22419, Denver, CO 80222-0419
www.familiesfirst.org
Parenting classes; Circle of Parents support groups; Parenting Tools for Dad, Grandparents; emphasis on family strengths and positive approaches to discipline
- Federation of Families for Children's Mental Health:** 303-572-0302
 2950 Tennyson St., Denver, CO 80212
www.coloradofederation.org
Advocacy and support for parents of children with a diagnosed mental illness; support in IEP process
- Jewish Family Service:** 303-597-5000
 3201 S. Tamarac Dr., Denver, CO 80231
www.jewishfamilyservice.org
- Littleton Hospital, Parenting Classes:** 303-730-5810
 7700 S. Broadway Littleton, CO 80122
- Love and Logic Institute:** 303-278-7552
 2207 Jackson St. #102, Golden, CO 80401
www.loveandlogic.com
Counseling for attachment disorder, parenting, marriage; emphasis on logical consequences and personal responsibility; educational discipline
- Moore, Paula, LCS, LMFT:** 303-809-1704
 Pradera Community Center, Parker CO
"Love & Logic" facilitator offering a 7-week course for parents with children of all ages; \$70 individual or \$100 couple
- National Institute for Change:** 303-231-0090
 Offices in Castle Rock, Lakewood, Lone Tree, Golden
Groups, individuals. Parenting classes. Sliding scale fee.
- Parenting Wisely:** 1-866-234-WISE
www.familyworksinc.com
Computer-based parenting program; parenting classes on CD-ROM
- Parents Encouraging Parents:** 303-866-6846
Support group for parents of children with disabilities

- Parker Counseling:** 303-841-0259
19555 E. Parker Square Dr., Parker, CO 80134
Counseling, support groups, parenting classes on a sliding fee scale
- Partners in Parenting, Colorado State University:** 1-800-457-2736
Resources for parents including a free newsletter
- Running Creek Counseling Services, Inc.:** 303-688-8231
7601 E. Burning Tree Dr., Franktown, CO 80116
Parenting classes; couples counseling; domestic violence intervention
- Solving the Mystery - - Learning About Kids:** 303-478-4600
6166 E. Mineral Place, Centennial, CO 80112
Classes teaching essentials of parenting, including medical/ psychological needs
- Tennyson Center (CO Christian Home):** 303-433-2541
2950 Tennyson St., Denver, CO 80212
www.tennysoncenter.org
Parent training and support
- Julie Uhernik, LPC, RN** 303-918-1775
19753 E. Pikes Peak Ct., Parker, CO 80138
www.julieuhernik.com
Parenting, step-parenting, and mother-daughter issues; will slide fees.
- Wilson, Jackie, LCSW** 303-347-9600
9000E. Nichols Avenue, #240, Centennial, CO 80112
Girls, adolescents, mother-daughter, divorce

Parenting Hotlines

- Comitis Crisis Center:** 303-343-9890
Hotlines and referrals for families in crisis
- Families Anonymous:** 303-420-1782
- Families First**
Support Line: 303-695-7996
Statewide: 1-877-695-7996
Consejos para Familias: 1-877-527-3264
Info on parenting/child development; compassionate listening; referrals
- National Runaway Switchboard:** 1-800-RUNAWAY
Hotline providing crisis counseling and resources

Supervised Visitation Resources

- Advocates for Children (Douglas Co.):*** 303-695-1882
 10855 E. Bethany Dr. #200, Aurora, CO 80014
www.adv4children.org
Visitation supervisors
- Family Tree / Karlis Center:*** 303-462-1060
 1777 Kipling St., Lakewood, CO 80215
www.thefamilytree.org
*Supervised parenting-time; safe exchanges of children between custodians;
 domestic violence support groups for children & adults*
- New Beginnings S.V.M.:*** 303-549-1993
 Littleton, CO
"Supervised Visitation & More"
- Supervised Visitation Network (CO)***
www.synetwork.net/co/
Online directory of providers
- SuperVision Parenting:*** 720-297-1727
 P.O. Box 260036, Lakewood, CO 80226
www.supervisionparenting.com
Therapeutic parenting supervision

PREGNANCY – Teens / Parenting

Alternatives Pregnancy Center:

19029 E. Plaza Dr., #255, Parker, CO 80134 720-851-2040
 2 West Dry Creek Cir. #180, Littleton, CO 80120 303-295-2288

www.youhavealternatives.org

Counseling and alternatives for pregnant women of all ages; pre- and post-natal support; healthcare referrals; free pregnancy testing

Beacon Center:

333 W. Hampden Ave., Suite 305, Englewood, CO 80110 303-761-6756

www.beaconcenter.org

Classes for teens who are pregnant or have a child; Young Parent independent living program

Planned Parenthood:

131 W. County Line Rd., Littleton, CO 80129 303-321-7526
Well-woman exams; family planning information

Tri-County Health Department:

4400 Castleton Court, Castle Rock, CO 80109 303-663-7650

www.tchd.org

WIC Supplemental Nutrition 303-663-7650

Nurse/Family Partnership Program

Health Care Program for Children

with Special Needs: 303-761-1340

www.tchd.org/hcp.htm

Vital Statistics: 303-220-9200

Pregnancy testing; nursing division; nutrition; environmental health

WINGS Teen Parenting Program (DCSD):

2842 Front Street, Castle Rock, CO 80104 303-387-1146

Douglas County School District program offering information on teen mother health & prenatal care

PSYCHIATRISTS

- Arapahoe/Douglas Mental Health Network:** 303-730-8858
 CHILD & FAMILY SERVICES
 61 W. Davies Littleton, CO 80120
 1189 S. Perry St., #150 Castle Rock, CO 80104
 19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org
- Bishop, Stephen, MD** 303-759-3173
 720 S. Colorado Blvd, #964, Denver, CO 80246
Provider for various insurances. Medications, complex adolescent medicine, trauma, families. Also works at the Center for Behavioral Health at Porter Hospital.
- Clark, R. Barkley, MD** 303-797-2839
 7720 S. Broadway, #390, Littleton, CO 80122
ADHD, medications, Tourette's Syndrome, complex medical issues, consults with several school districts.
- Cucich, Timothy, M.D.** 303-318-9725
 658 Grant St., Denver, CO 80203
Specializes in children, adolescents, and families.
- Hoffman, Daniel, M.D.** 303-741-4800
 8200 E. Belleview Ave. #600E, Greenwood Village, CO 80111
Specializes in ADHD adolescents and co-morbid disorders, depression, bipolar. Neurotherapy clinic.
- Krafchick, Dana, MD** 303-799-4110
 9000 E. Nichols Ave. #240, Centennial, CO 80112 Fax: 303-662-8365
Specializes in work with kids & adolescents. Works well with schools.
- Lyons, David, MD** 303-290-0967
 6075 S. Quebec, Englewood, CO 80111 303-290-8842
*Therapy, medications; inpatient experience.
 Children and adolescents, mood disorders and ADHD.
 Limited availability. Not on most insurance lists.*
- Yancey, Asa, MD** 303-740-0400
 9000 E. Nichols Avenue #240, Englewood, CO 80112
*Experience with children and adolescents with severe emotional disturbance. Will see students with developmental disabilities.
 Full payment expected at time of service. Fee for payment.*

RECREATION / SPORTS

Clubs

- 4-H Clubs:** 720-733-6940
 410 Fairgrounds Rd., Castle Rock, CO 80104
www.douglascountyextension.org
Positive youth development programming for ages 8-18; special programs for ages 5-7; clubs/activities that focus on learning by doing & life skills; leadership programming; mentoring; volunteer opps for youth & adults; camps; conferences
- Boy Scouts of America, Local Troops:**
- Castle Rock, Troop 261**
 Ages 6-10: 303-257-6145
 Ages 11-17: 303-249-0336
www.cubpack261.com
www.troop261.us
- Highlands Ranch, Cub Pack 662** 303-470-5751
www.pack662.org
- Campfire USA:** 303-333-7142
 5161 Sheridan Blvd., Denver, CO 80212
www.campfirerockies.org
Outdoor experiences, art & service-learning; summer camps
- Explorers Clubs:**
- Castle Rock Police Department** 303-663-6148
Parker Police Department 303-841-9800
An insider's look at police procedures for youth between the ages of 14 and 20; skills competitions
- Girl Scouts Mile Hi Council (Douglas):** 303-647-2312
www.girlscoutsmilehi.org
Various troops linked to Douglas County public schools

Martial Arts

- Karate for Kids:** 303-841-2145

10453 S. Parker Rd., Parker, CO 80134

www.karate4kids.com

Karate instruction for ages 3 through adult; self-defense courses

Parker Academy of Martial Arts: 303-841-0515

18632 Pony Express Dr., #103, Parker, CO 80134

www.kicksrus.com

Diversified martial arts instruction emphasizing fitness, fun, and character

Premier Martial Arts: 303-347-CHOP

2030 E. County Line Rd., #C, Littleton, CO 80126

Leadership values course; empowering lives through martial arts training

U.S. Tae Kwon Do Center: 303-814-9300

729 Barranca Dr., Castle Rock, CO 80104

Teaching respect, confidence, self-discipline, courtesy, perseverance, self-esteem, and safety

United Studios of Self Defense: 303-470-5665

2229 Wildcat Reserve Pkwy #A6, Highlands Ranch, CO 80129

www.ussd.com

Black belt-level instructors teach physical, mental and emotional components of martial arts

Universal Kempo Karate: 720-272-0884

7075 N. Shoreham, Castle Rock, CO 80109

www.kempocolorado.com

Martial arts instruction focused on physical conditioning and character development; 3-adult

Young Champions Martial Arts: 303-814-0152

Cherokee Trail Elementary in Parker

Fox Creek Elementary in Highlands Ranch

Coyote Creek Elementary in Highlands Ranch

www.youngchampionsmartialarts.org

Character development and protective factor support, taught through martial arts; college scholarship foundation

Outdoor Adventure

Outward Bound West: 720-497-2400

910 Jackson Street, Golden, CO 80401

www.outwardboundwest.org

Specialized courses by interest for anyone from age 14 and up; "Ascent" program for at-risk youth

Women's Wilderness Institute:

303-938-9191

6723 Arapahoe Ave #1B, Boulder, CO 80303

www.womenswilderness.org

Adventure programs for women and girls

Recreation Centers

City of Lone Tree Recreation Center:

303-708-3500

10249 RidgeGate Circle, Lone Tree, CO 80124

Aquatics, indoor running track, racquetball courts, full-size gym, cardio and weightlifting programs

Highlands Ranch Community Association:

www.hrcaonline.org

Sports Coordinator:

303-471-8849

Seasonal team and individual sports including basketball, soccer, aquatics, SCUBA diving, self-defense, adaptive recreation, tae kwon do

Littleton Family YMCA:

303-797-9622

11 West Dry Creek Court, Littleton, CO 80120

www.denverYMCA.org

Gym; year-round sports; youth center; nursery; fitness center

Parker Fieldhouse:

303-805-3926

18700 E. Plaza Dr., Parker, CO 80134

303-805-0970

www.parkeronline.org

Climbing wall; indoor sports turf; batting cages; fitness Center; track; indoor playground; rink; gym

South Suburban Parks & Rec:

303-483-7064

10249 Ridgeway Cir., Lone Tree, CO 80124

www.ssprd.org

Rec & Rock program for 10 – 14 years olds on the 1st & 3rd Saturday of each month (contests, hang-out rec activities, and more); fitness; swimming; batting cages; VolunTeen program; Teen Skate

Town of Castle Rock, Parks and Recreation Dept.:

303-660-1036

2301 N. Woodlands Blvd., Castle Rock, CO 80104

www.crgov.com

Child, Youth and Adult team and individual athletics; arts & crafts; fitness

& wellness; dance; outdoor adventure; adaptive recreation opportunities

Town of Parker, Recreation Dept.: 303-841-4500
 17301 Lincoln Ave., Parker, CO 80134
www.parkeronline.org
*Child, Youth and Adult team and individual athletics;
 arts & crafts; fitness & wellness; dance; outdoor adventure*

YMCA's Children's and Teens' Programs:
 11 W. Dry Creek Court, Littleton, CO 80120 303-797-9622
 9083 W. Peakview Dr. #2, Littleton, CO 80123 303-979-3707
www.denverymca.org
*Individual and group programs; sports; leadership;
 field trips; summer camps; teen social nights*

Skateboarding

Castle Rock SkatePark: 303-660-1036
 Metzler Ranch Community Park
 4175 Trail Boss Road, Castle Rock, CO 80104
*Three skateable zones, including a street area, a variable-depth bowl,
 and a beginner area; ramps, steps, rails, lighting*

Parker SkatePark: 303-841-4500
 Next to Challenger Regional Park
 17301 Lincoln Ave., Parker, CO 80134

Sports

Bicycle Douglas County: 720-344-2550
 The Bicycle Pedal'r
 2229 W. Wildcat Reserve Pkwy #A-7, Highlands Ranch, CO 80129
www.bicycledouglascounty.org

Advocacy group providing education and awareness for safe cycling

- Colorado Intensity Club Volleyball:** 720-272-2606
 Parker, CO
www.coloradointensityvbc.com
Competitive volleyball for boys and girls 12 to 18
- Douglas County Dolphin Youth Sports:** 303-688-4011
 108 Fourth Street, Castle Rock, CO 80104
www.dcdolphins.com
Offering skill development in basketball, baseball, cheerleading, football, softball, volleyball
- Douglas County School District, Athletics:** 303-387-0100
 620 Wilcox, Castle Rock, CO 80104
Many middle school and high school individual and team sports, including track/field, basketball, football, cheerleading, lacrosse & more,
- Encore Gymnastics Academy:** 303-791-8178
 8160 Blakeland Dr., Unit D, Littleton, CO 80125
www.egacademy.com
Classes, open gym, birthday parties; 10 months-18 years
- Highlands Ranch Youth Basketball:** 303-421-5661
 11356 W. 74th Ave., Arvada, CO 80005
Skills workshops (no games) for boys/girls ages 5-13; non-competitive; fundamentals
- JungleQuest:** 303-738-9844
 8000 S. Lincoln St. #10, Littleton, CO 80122
www.junglequest.net
Outdoor sports; rock climbing; ropes course; summer and winter indoor day camps for youth ages 5-14; special events
- Kids & Horses:** 720-300-0109
Instruction in riding, basic horse care, shoeing, etc.
- Little League Baseball (District 5):** 303-202-9795
 701 Harlan St., Denver, CO 80214
www.littleleague.org/southwest
 Games: South Suburban Arena, 6580 S. Vine
- Littleton Youth Hockey Association:** 303-703-8085
 P.O. Box 2864, Littleton, CO 80161
www.littletonhockey.org
 Games: South Suburban Arena, 6580 S. Vine
- Parker Youth Sports, Inc.:** 303-840-2255

P.O. Box 1044, Parker, CO 80134

www.parkeryouthsports.com

Competitive and recreational programs for basketball, baseball, football, softball, cheerleading, lacrosse, and volleyball

Peak Athletics Plus: 303-797-8082

399 Dad Clark Dr., Highlands Ranch, CO 80126

www.peakathleticsplus.com

Instruction for boys/girls from ages 18 months through 18 years in cheerleading (special needs program available), gymnastics, and dance

REAL Colorado Soccer: 303-694-6882

8200 S. Akron St., #122, Centennial, CO 80112

www.realcolorado.net

Soccer camps, instruction, and teams (both competitive and recreational) for children and adults

Right Step: 303-794-3052

7990 S. Santa Fe Dr., Littleton, CO

<http://coventryfarms.biz>

Summer horse camps; English riding lessons; demos; horse boarding; all ages & abilities

Spoiled Rotten Sporthorses: 720-951-2030

Hidden Ridge Farm, Franktown, CO

Dressage lessons for all ages; indoor facility

Stepping Stone Riding Club: 303-359-6546

Parker, CO

www.flintwoodfarm.com

Beginners' riding club; year-round sessions for youth 5-12

Three Cheers Colorado:

Castle Rock location

303-657-5385

Highlands Ranch & Parker

303-868-5203

www.threecheerscolorado.com

Cheerleading, pom-pom, tumbling, & hip-hop for all ages

Upward Sports (Southeast Christian Church): 720-842-5520

9650 Jordan Rd., Parker, CO 80134

www.sechristian.org

Basketball, cheerleading, soccer, sport camps with a Christian spin

Warriors Youth Sports: 720-344-0616

P.O. Box 631161, Highlands Ranch, CO 80163

www.warriorsyouthsports.com

Non-profit program offering team for youth in northern Douglas County

REFUGEE SERVICES

Colorado Refugee Services Program:

789 Sherman St., #250, Denver, CO 80203

303-863-8211

Fax: 303-863-0838

http://stateboard.cdhs.state.co.us/oss/Refugee/refugee_services_program.htm

Employment; case management; supportive Social Services; transitional cash assistance; medical assistance; education and training; community education; community development; services coordination & referral.

SENIOR SERVICES

Arapahoe/Douglas Mental Health Network:

5500 S. Sycamore St., Littleton, CO 80120

www.admhn.org

Senior Peer Specialists & support groups

303-730-8858

Castle Country Assisted Living:

www.castlecountryassistedliving.org/default.asp

- Arapahoe/Douglas Mental Health Network:** 303-730-8588
 CHILD & FAMILY SERVICES
 61 W. Davies Littleton, CO 80120
 1189 S. Perry St., #150, Castle Rock, CO 80104
 19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org
- Clark, R. Barkley, MD** 303-797-2839
 7720 S. Broadway, #390, Littleton, CO 80122
ADHD, medications, Tourette's Syndrome, complex medical issues, consults with several school districts.
- Collaborative Care Counseling:** 303-241-0421
 9362 Teddy Lane, Lone Tree, CO 80124
Accept most insurances and will slide fees.
- Dennis, Kenny, M.A., N.C.C.:** 720-206-7768
 9760 S. Castle Ridge Cir., Highlands Ranch, CO 80129
www.kennydennis.com Fax: 866-384-1465
At-risk adolescents with S.I.E.D.'s; extremely defiant behaviors; trauma; Autism Spectrum Disorder; learning difficulties; cognitive skills development; in-home therapy; EMDR; will slide fees.
- Developmental Disability Consultants, PC:** 303-337-2210
 1211 S. Parker Rd., Suite 200, Denver, CO 80231 fax: 303-337-4147
<http://www.ddconsultants.org>; pspragg@ddconsultants.org
Mental health, home-based behavior support, counseling, parent training; training for children with developmental disabilities, autism, brain injury
- Dunning, Lisa, LMFT:** 303-886-6949
 7286 S. Yosemite, Centennial, CO
www.lisadunningmft.com
Anger management, behavior issues, ADHD, PTSD; parenting skill-building groups; social skills groups for adolescents. Will negotiate fees.
- Maddox, Amy, MA, CSPT** 720-244-0899
 Pikes Peak Counseling
www.pikespeakcounseling.com
 19753 E. Pikes Peak Ct., Parker, CO 80138
ADHD ; social skills groups ; bullying prevention ; former school counselor ; free initial consultation ; no insurance, but might slide fees.
- Moore, April, MS, LPC** 303-593-0575
 18801 E. Mainstreet, Suite 180, Parker, CO 80134
www.drtrathen.com , April@DrTrathen.com

Children, adolescents and families. Emphasis in adjustment and mood disorders, anxiety, conduct, ADHD, etc.

Prescription for Success: 303-993-4648
 Parker, CO
www.prescriptionforsuccess.net
Home-schooling services; assessment; tutoring; learning jump-starts; Specializing in ADHD, learning disabilities, and dyslexia

White, Molly, PhD 303-588-8997
 19731 E. Pikes Peak Ct., #201, Parker, CO 80138
Psychological and behavioral testing & assessment; specializing in ADHD & more

Advocacy / Support

Advocacy In Education 720-377-0188
 6093 S. Quebec St., Suite 201, Centennial, CO 80111 866-515-7171
www.advocacy-in-education.com; info@aie.cc
Advocacy & educational services for students with learning Challenges; experts in 504 plans & IEPs.

Arapahoe/Douglas Mental Health Network: 303-730-8588
 CHILD & FAMILY SERVICES
 61 W. Davies Littleton, CO 80120
 1189 S. Perry St., #150, Castle Rock, CO 80104
 19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org

Bouzari, Louise, Esq.: 303-228-1616
 Desiree Vandelac; Law Offices of Louise Bouzari, LLC. 303-771-1288
 7887 E. Belleview, Suite 1100, Englewood, CO 80111
*Practice includes both special education and discipline matters.
 The firm's parent advocate is the mother of a special needs child.*

Colorado Spina Bifida Association: 303-797-7870
www.coloradospinabifida.org
Support groups; news letters; information.

Council of Parent Attorneys & Advocates: 410-372-0208
 P.O. Box 6767, Towson, MA 21285
www.copaa.net
Support for parents of children with disabilities; national advocacy organization

Easter Seals of Colorado: 303-223-1666

5755 W. Alameda Ave., Lakewood, CO 80226

www.eastersealsco.org

Support services for clients with disabilities; job training; adult day programs; camping & recreation

EMPOWER Colorado:

1-866-213-4631

2200 S. Jasmine St., Denver, CO 80222

www.empowercolorado.com

"Education Movement: Parents Offering Wisdom, Encouragement, and Resources"; advocacy group for parents of children diagnosed with mental illness

Family Voices of Colorado:

1-800-881-8272

El Grupo Vida (Spanish language line):

303-904-6073

2200 S. Jasmine St., Denver, CO 80222

www.familyvoicesco.org

Family advocacy group for children with special health care needs

Federation of Families for Children's Mental Health:

303-572-0302

2950 Tennyson St., Denver, CO 80212

www.coloradofederation.org

Advocacy and support for parents of children with a diagnosed mental illness; support in IEP process

Neiss, Bobbi:

303-588-7625

Bobbi_neiss@yahoo.com

Special Education Advocate; Advocate for parent of children With special needs ("twice exceptional" children – high IQ plus Disability); knowledgeable re IEP & 504 legislation & rights

Our Kids:

<http://www.our-kids.org/>

Provides information and support for children and parents

Owens, Steve, JD:

720-529-9800

The Law Office of Steven R. Owens, PC

6041 S. Syracuse Way, #103, Greenwood Village, CO 80111

www.mydenverlawyer.com

Protective planning for families of children/adults with special needs

Parents Encouraging Parents:

303-866-6846

www.cde.state.co.us/cdesped/PEP.asp

Support group for parents of children with disabilities

PEAK Parent Center:

719-531-9400

Parent Advisors / Hotline

1-800-284-0251

611 N. Weber, #200, Colorado Springs, CO 80903

www.peakparent.org/about.asp

Support services for parents of children with disabilities

Social Security Supplemental Security Income (SSI):

www.socialsecurity.gov/notices/supplemental-security-income/

Comprehensive info re SSI

YouthNet (CO Dept. of Labor):

http://dola.colorado.gov/wdc_youth/introduction

Searchable database of statewide youth services, particularly designed for youth with special needs who are transitioning to adulthood

Autism

Autism Society of America (Pikes Peak Chapter): 719-630-7072
 918 Crown Ridge Dr., Colorado Springs, CO 80904
www.asappr.org
Advocacy for individuals with autism and their families

Autism Society of Colorado: 720-214-0794
 701 S. Logan, #103, Denver, CO 80209
www.autismcolorado.org
Advocacy for individuals with autism and their families

Baroffio, Jim, PhD. 303-706-9722
 Fax: 303-662-1106
 8000 E. Prentice Ave., #B-12, Englewood, CO 80111
Specializes in developmental disorders – Autism, Aspergers and behavioral disorders with children and families. Does assessments as well.

Dennis, Kenny, M.A., N.C.C.: 720-206-7768
 9760 S. Castle Ridge Cir., Highlands Ranch, CO 80129
www.kennydennis.com Fax: 866-384-1465
Autism Spectrum Disorder; learning difficulties; cognitive skills development; EMDR; will slide fees.

Developmental Disability Consultants, PC: 303-337-2210
 1211 S. Parker Rd., Suite 200, Denver, CO 80231 fax: 303-337-4147
www.ddconsultants.org; pspragg@ddconsultants.org
Mental health, home-based behavior support, counseling, parent training & skills; training for children with developmental disabilities, autism and brain injury

Douglas County School District
ChildFind: 303-387-0804
Early childhood assessment/referral for developmental delays in all areas

JFK Partners 303-315-6530
 4200 E. 9th, C234, Denver, CO 80262 303-315-6511
Autism and Developmental Disorders Clinic. Psychologist, Speech Language, and OT on staff. Social skills groups. Accepts a range of insurance, has a contract with Kaiser.

Liguori, Nick, Psy.D. 303-229-4216
 8000 E Prentice Ave., Suite B-12, Greenwood Village, CO 80111
Specialty areas: Child and adolescent psychotherapy; consultation and assessment. Aspergers and c-level disorders. No insurance – will work with reimbursement. Sliding scale.

Maddox, Amy, MA, CSPT 720-244-0899
 Pikes Peak Counseling
www.pikespeakcounseling.com
 19753 E. Pikes Peak Ct., Parker, CO 80138
*High end of autism spectrum disorders; free initial consultation;
 does not accept insurance ; might slide fees.*

Spragg, Paul, Ed. D. 303-830-7345
Developmental Disability Consultants, P.C. Fax: 303-831-0559
 1120 Lincoln St., #702, Denver, CO 80203
*Treatment, assessment, consultation, and training for severe developmentally
 disabled, Autistic, Downs Syndrome, technology assistance, community-based
 help. Medicaid, some insurance carriers.*

Daycare – Specialized

Developmental Pathways 303-360-6600
 325 Inverness Drive South, Englewood, CO 80112
www.developmentalpathways.org
Wide range of agency & individual respite providers

Metro Denver Child Care Resource & Referral 303-381-2990
www.frcce.org/MDCCR.asp
More than 3,900 licensed child care providers; free referral service

New Day Services 303-841-1399
 19025 E. Plaza Dr., Parker, CO 80134

Take-A-Break 303-665-9741
 408 W. Baseline Rd., Lafayette, CO 80026

Developmental Disability Advocacy/Support

Advocacy In Education

6093 S. Quebec St., Suite 201, Centennial, CO 80111
www.advocacy-in-education.com; info@aie.cc
Advocacy & educational services for students with learning challenges; experts in 504 plans & IEPs.

720-377-0188
 866-515-7171

ARC of Arapahoe and Douglas Counties:

7430 E. Caley Ave. #130, Centennial, CO 80111
www.arcarapahoedouglas.org
Advocacy and support services for individuals and families

303-220-9228

Baroffio, Jim, PhD.

8000 E. Prentice Ave., #B12, Englewood, CO 80111 Fax:
Specializes in developmental disorders – Autism, Aspergers and behavioral disorders with children and families. Does assessments as well. Directive style.

303-706-9722

303-662-1106

Council of Parent Attorneys & Advocates:

P.O. Box 6767, Towson, MA 21285
www.copaa.net
Support for parents of children with disabilities; national advocacy organization

410-372-0208

Dennis, Kenny, M.A., N.C.C.:

9760 S. Castle Ridge Cir., Highlands Ranch, CO 80129
www.kennydennis.com
Will slide fees.

720-206-7768

Fax: 866-384-1465

Developmental Disability Consultants, PC:

1211 S. Parker Rd., Suite 200, Denver, CO 80231
www.ddconsultants.org; pspragg@ddconsultants.org
Mental health, home-based behavior support, counseling, parent training and skills; training for children with developmental disabilities.

303-337-2210

fax: 303-337-4147

Developmental Pathways, Inc.:

325 Inverness Drive South, Englewood, CO 80112
www.developmentalpathways.org
Job readiness, independent living skills, supported living placement, family support

303-360-6600

Douglas County School District

ChildFind:

Early childhood assessment/referral for developmental delays in all areas

303-387-0804

- Early Childhood Connections for Arapahoe & Douglas:** 303-706-0075
 8 Inverness Dr. South #255, Englewood, CO 80112
www.eccad.info
Coordinated early education and support for children with development delays/disabilities; family support
- JFK Partners** 303-315-6530
 4200 E. 9th, C234, Denver, CO 80262 303-315-6511
Autism and Developmental Disorders Clinic. Psychologist, Speech Language, and OT on staff. Social skills groups. Accepts a range of insurance, has a contract with Kaiser.
- Lilac Gardens Residential Childcare Facility:** 720-323-1489
 7322 S. Valdai Circle, Aurora, CO 80016
Residential treatment for youth ages 8-18 diagnosed with mild/moderate developmental disabilities and/or psychiatric disorders
- Moore, April, MS, LPC** 303-593-0575
 18801 E. Mainstreet, Suite 180, Parker, CO 80134
www.drtrathen.com, April@DrTrathen.com
Children, adolescents and families. Emphasis in adjustment and mood disorders, anxiety, conduct, ADHD, schizophrenia and psychosis; physical and/or sexual abuse; grief/loss; trauma, mental & physical disabilities
- Neiss, Bobbi:** 303-588-7625
Bobbi_neiss@yahoo.com
Special Education Advocate; Advocate for parent of children With special needs ("twice exceptional" children – high IQ plus Disability); knowledgeable re IEP & 504 legislation & rights
- Spragg, Paul, Ed. D.** 303-830-7345
Developmental Disability Consultants, P.C. Fax: 303-831-0559
 1120 Lincoln St., #702, Denver, CO 80203
Treatment, assessment, consultation, and training for severe developmentally disabled, Autistic, Downs Syndrome, self-injurious behavior, compulsions; technology assistance, community-based help. Accepts Medicaid, works with some insurance carriers.
- White, Molly, PhD** 303-588-8997
 19731 E. Pikes Peak Ct., #201, Parker, CO 80138
Psychological and behavioral testing & assessment; developmental disabilities, ADHD & other learning challenges, behavior management.
- Yancey, Asa, MD** 303-740-0400
 9000 E. Nichols Avenue #240, Englewood, CO 80112
Children and adolescents with severe emotional disturbance; developmental disabilities. Full payment at time of service. Fee for service.

Down Syndrome

- Colorado Developmental Disabilities Research Center:** 303-864-5266
4200 E. 9th Ave, Box C221, Denver, CO 80262
- Colorado Springs Down Syndrome Association:** 719-633-1133
P.O. Box 2364, Colorado Springs, CO 80901
Parent support and resources
- Mile High Down Syndrome Association, Inc.:** 303-797-1699
1899 Gaylord St., Denver, CO 80206
Education, resources, support, advocacy
- National Down Syndrome Society:** 800-221-4602
www.ndss.org
Education, resources, advocacy regarding Down Syndrome
- PEAK Parent Center:** 719-531-9400
Parent Advisors / Hotline 1-800-284-0251
6111 N. Weber, #200, Colorado Springs, CO 80903
www.peakparent.org/about.asp
Support services for parents of children with disabilities

Education Resources

- Advocacy In Education** 720-377-0188
6093 S. Quebec St., Suite 201, Centennial, CO 80111 866-515-7171
www.advocacy-in-education.com; info@aie.cc
Advocacy & educational services for students with learning challenges; experts in 504 plans & IEPs.
- Bouzari, Louise, Esq.:** 303-228-1616
Desiree Vandelac; Law Offices of Louise Bouzari, LLC. 303-771-1288
7887 E. Belleview, Suite 1100, Englewood, CO 80111
*Practice includes both special education and discipline matters.
The firm's parent advocate is the mother of a special needs child.*
- College Living Experience:** 303-825-2533
1391 Speer Blvd #400, Denver, CO 80204
www.cleinc.net
College/vocational school transition assistance for youth identified as having special needs; tutoring; study skills; HS diploma assistance; independent living; social skills

- Council of Parent Attorneys & Advocates:** 410-372-0208
P.O. Box 6767, Towson, MA 21285
www.copaa.net
Support for parents of children with disabilities; national advocacy organization
- Douglas County School District:** 303-387-0100
620 Wilcox, Castle Rock, CO 80104
Individual education plans; special needs programming
- Douglas County School District**
ChildFind: 303-387-0804
Early childhood assessment/referral for developmental delays in all areas
- Legal Center for People with Disabilities & Older People:** 303-722-0300
455 Sherman St., #130, Denver, CO 80203 TTY: 303-722-3619
www.thelegalcenter.org
Assistance with education access; investigation of abuse/neglect allegations; assistance with access to housing and employment
- Neiss, Bobbi:** 303-588-7625
Bobbi_neiss@yahoo.com
Special Education Advocate; Advocate for parent of children With special needs ("twice exceptional" children – high IQ plus Disability); knowledgeable re IEP & 504 legislation & rights
- Prescription for Success:** 303-993-4648
Parker, CO
www.prescriptionforsuccess.net
Home-schooling services; assessment; tutoring; learning jump-starts; Specializing in ADHD, learning disabilities, and dyslexia
- SWAP / School to Work Alliance Program:** 303-387-1104
2842 Front Street, Castle Rock, CO 80104
Job placement, training, education, and follow-up services for youth ages 16-25 with mild to moderate barriers to employment

Epilepsy Information/Support

- Colorado Neurological Institute Epilepsy Support Group:** 720-974-4092
Swedish Medical Center, Pine C 303-762-6677
501 E. Hampden, Englewood, CO 80113
Support Group every 3rd Tues, of each month, 6:30-7:30pm; please RSVP

Epilepsy Foundation of Colorado: 303-377-9774
 9774
 234 Columbine St., Suite 333, Denver, CO 80206 888-378-9779
www.epilepsycolorado.org/

Parent Support Group: 303-377-9774
 9292 Ridgeline Blvd., Highlands Ranch, CO 80129 ext. 26
*Support group for parents with children diagnosed with epilepsy;
 1st Tuesday every month; 5:30-7:00pm*

You Are Not Alone:
www.cdc.gov/Epilepsy/toolkit/index.htm
Online tool kit for parents of teens with epilepsy

Youth Bowling Night Support Group: 303-377-9774
 Elitch Lanes, 3825 Tennyson St., Denver, CO 80212 ext. 26
Youth with epilepsy support group while bowling; ages 11-17

Equine Therapy

Boots and Saddles Therapeutic Riding Center: 303-688-1388
 7193 S. Hwy 83, Franktown, CO 80116

High Point Academy: 303-663-9912
 7749 E. Palmer Divide Rd., Larkspur, CO 80118
www.pinecreekfoundation.org

Horsepower, Inc.: 303-688-9524
 4600 E. Hwy 86, Castle Rock, CO 80104

Miss Helen's Place: 303-840-1879
 11413 E. Hilltop Rd., Parker, CO 80134

Praying Hands Ranch: 303-841-4043
 4825 E. Daley Circle, Parker, CO 80138
www.prayinghandsranches.org

Right Step: 303-794-3052
 7990 S. Santa Fe Dr., Littleton, CO
<http://coventryfarms.biz>

Hearing

DCSD Audiology Department: 303-387-0530

Pikes Peak Center on Deafness: 719-591-2777
 225 S. Academy Blvd. #100, Colorado Springs, CO
 (voice or TTY)
www.ppcod.org
Assistive technology; advocacy; interpreting services

Douglas County School District
ChildFind: 303-387-0804
*Early childhood assessment/referral for developmental
 delays in all areas*

Outpatient Services

Arapahoe/Douglas Mental Health Network: 303-730-8588
 CHILD & FAMILY SERVICES
 61 W. Davies Littleton, CO 80120
 1189 S. Perry St., #150, Castle Rock, CO 80104
 19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org
*Full continuum of outpatient services for dually diagnosed
 adolescents and adults*

Performing Arts / Recreation

- ABLE: A Better Life Experience:** 303-485-0023
 550 E. Thornton Pkwy, Suite 118, Thornton, CO 80229 303-920-9279
Integrated activity services for young adults with developmental disabilities. fax: 303-485-8411
- Ability Specialists:** 303-690-5203
 4786 S. Zeno St., Aurora, CO 80015
Social skill building & fitness for special needs clients
- ARC of Arapahoe and Douglas Counties:** 303-220-9228
 7430 E. Caley Ave. #130, Centennial, CO 80111
www.arcarapahoedouglas.org
Social skills/boundaries/dating groups
- Colorado Productions Performing Arts:** 303-933-7290
 Parker Mainstreet Center, Parker, CO
Dance and show choir classes; special needs classes available
- Highlands Ranch Community Association:** 303-471-7020
 Information: 303-471-7043
www.hrcaonline.org
Various locations in Highlands Ranch; therapeutic rec programs
- Special Olympics Colorado:** 303-592-1361
 410 17th Street #200, Denver, CO 80202
www.specialolympics.org
Sports competition and training for individuals with intellectual disabilities; winter and summer sports
- Town of Castle Rock, Parks and Recreation Dept.:** 303-660-1036
 2301 N. Woodlands Blvd., Castle Rock, CO 80104
www.crgov.com
Child, Youth and Adult team and individual athletics; arts & crafts; fitness & wellness; dance; outdoor adventure; adaptive recreation opportunities
- Town of Parker, Recreation Dept.:** 303-841-4500
 17301 Lincoln Ave., Parker, CO 80134
www.parkeronline.org
Child, Youth and Adult team and individual athletics; arts & crafts; fitness & wellness; dance; outdoor adventure

Physical Disability

- ABLE: A Better Life Experience:** 303-485-0023
 550 E. Thornton Pkwy, Suite 118, Thornton, CO 80229 303-920-9279
 fax: 303-485-8411
Individual residential services & supports; non-integrated activities services; integrated activities services; integrated employment services; supported living services & supports; services for adults.
- Cerebral Palsy of Colorado:** 303-691-9339
 2200 S. Jasmine St., Denver, CO 80222
www.cpcoco.org
Information & referral for people diagnosed with CP; advocacy; public education; employment services
- Colorado Spina Bifida Association:** 303-797-7870
www.coloradospinabifida.org
 Children's Play Grp (*Target Age 0-7 – Everyone Welcome!*) 303-694-9383
 Youth Group (*Ages 7-12*) 303-750-4999
 Teen Group (*Ages 13-21*) 303-989-9790
 Adult Program (*Ages 18-21+*) 303-343-1965
Support groups; news letters; information
- Sokol, Robert, Ph.D.** 303-319-0470
 4770 E. Iliff St., Suite 111, Denver, CO 80222
Neuropsychologist – Traumatic Brain Injury; assessment, treatment and forensics for ages 9 – Adult.

Residential Programs / Residential Support

- ABLE: A Better Life Experience:** 303-485-0023
 550 E. Thornton Pkwy, Suite 118, Thornton, CO 80229 303-920-9279
 Typically serving an adult population after high school; Support for individuals with developmental disabilities
 Living on their own; residential program. fax: 303-485-8411
- Lilac Gardens Residential Childcare Facility:** 720-323-1489
 7322 S. Val dai Circle, Aurora, CO 80016
Residential treatment for youth ages 8-18 diagnosed with mild/moderate developmental disabilities and/or psychiatric disorders

Sight / Blindness

- Beyond Sight, Inc.:** 303-795-6455

5650 S. Windermere St., Littleton, CO 80120
www.beyondsight.com
Adaptive technology for people with sight impairments

Colorado Center for the Blind: 303-778-1130
 2233 W. Shepperd Ave., Littleton, CO 80120
www.cocenter.org

Douglas County School District
ChildFind: 303-387-0804
Early childhood assessment/referral for developmental delays in all areas

Speech

Anderson, M. Lynn: 303-759-1273
 Denver

Chase, Kathleen: 720-339-8164
 Centennial

Colorado Speech-Language-Hearing Association: 720-733-9097
 P. O. Box 345, Sedalia, CO 80135 Fax: 720-733-9044
<http://www.cshassoc.org/>
Referrals to local and metro area speech therapy practitioners

Dodge, Darrell: 303-773-9550
 Centennial

Douglas County School District
ChildFind: 303-387-0804
Early childhood assessment/referral for developmental delays in all areas

Dunn, Lara: 720-530-0853

SUBSTANCE ABUSE PREVENTION / TREATMENT

12 Step Programs

Al-Anon and AlaTeen: 303-321-8788
2701 Alcott St., Suite 369, Denver, CO 80211

AlaTeen Local Meeting: 303-221-1743
LIFESpot Youth Center
7562 S. University Blvd. #K1, Centennial, CO 80122
Every Tuesday at 7 p.m.; support group for youth whose lives have been touched by alcoholism/addiction

Alcoholics Anonymous (AA): 303-322-4440
2785 N. Speer Blvd #224, Denver, CO 80211

Cocaine Anonymous (CA): 1-800-347-8998

Crystal Meth Anonymous (CMA):
www.crystalmeth.org
Website with meeting locator

Narcotics Anonymous (NA):
www.nacolorado.org
nacolorado@nacolorado.org
P.O. Box 1437, Denver, CO 80201

Narcotics Anonymous Local Youth Meeting:
Sky Ridge Medical Center, Admin Classroom
10101 RidgeGate Parkway, Lone Tree, CO 80124
Every Monday at 7 p.m., starting May 12th, 2008

Awareness / Community Education

- Alive @ 25:** 866-605-3900
55 Wadsworth Blvd, Lakewood, CO 80226
www.aliveat25.us
Four-hour programs available through DC Sheriff's Office, focused on teen driving & alcohol; media presentations, study sessions, driving simulator
- BACCHUS / GAMMA:** 303-871-0901
P.O. Box 100430, Denver, CO 80250
www.bacchusgamma.org
School assemblies and other events with an aim of preventing teen substance use
- Caitlyn Craig Foundation:** 720-269-4046
P.O. Box 270010, Littleton, CO 80127
School assemblies and other events with an aim of preventing teen auto crashes and DUIs
- Douglas County School District:**
Social Norms Marketing Project: 303-387-0087
Evidence-based prevention strategy that publicizes healthy norms
- Douglas County Youth Initiative:** 303-688-4825
Substance Abuse Issue Team
Social Norms Marketing Project

- A Better Choice Counseling:*** 303-523-6600
 405 S. Wilcox, Suite 210, Castle Rock, CO 80104
*Treatment for addictions, domestic violence;
 theft prevention group; supervised family visitation*
- Betty Ford Center (CO):*** 800-434-7365
 3204 S. Milwaukee St., Denver, CO 80210 720-284-2260
www.bettyfordcenter.org
*Four-day program for children ages 7 – 12 whose lives
 have been impacted by alcoholism/addiction.*
- D.A.R.E.:*** 303-814-7005
 Douglas County Sheriff's Office
 4000 Justice Way, Castle Rock, CO 80109
*Drug Abuse Resistance Education program featuring
 officer-led classroom lessons for 5th & 6th graders*
- Douglas County School District
 Student Development Office:*** 303-387-0095
Asset-Based Intervention classes that address substance use
- Institute for Substance Abuse Education (ISAE):*** 303-433-1900
www.isaeonline.com
*Court-ordered alcohol education, tobacco, theft,
 and violence programs, held in Castle Rock and
 other sites around Colorado*
- Prevention Information Center:*** 303-239-8633
 7525 W. 10th Ave., Lakewood, CO 80214
<http://preventioncolorado.org>
Resource & information library on substance abuse

Hotlines

- Alcohol and Drug Helpline:*** 1-800-821-4357
- Colorado Quitline (tobacco cessation):*** 1-800-784-8669
 1-800-QUIT-NOW
- National Youth Crisis Hotline:*** 1-800-448-4663
- Outpatient Counseling**

- Arapahoe / Douglas Mental Health Center** 303-730-8858
- Aquarius Drug / Alcohol Treatment:** 303-797-9440
- Douglas Co. Counseling Center:** 303-688-6276
1189 S. Perry St., #150, Castle Rock, CO 80104
- Partial Hospitalization Program:** 303-797-9346 (intake)
Intensive outpatient program 303-347-6436 (program coord.)
for chronic mental health issues
- Attoma-Matthews, Colleen, LCSW** 303-594-9085
1750 Humboldt St., #202, Denver, CO 80218
Takes some insurance.
- Beacon Center:** 303-761-6756
333 W. Hampden Ave., Suite 305, Englewood, CO 80110
www.beaconcenter.org
*Community treatment and residential program for at-risk youth;
drug and alcohol counseling; independent living program*
- Believing in Kids & Families, LLC:** 303-794-7008
P.O. Box 784, Littleton, CO 80160
www.bikaf.com
Play therapy; anger management; substance abuse treatment
- Betty Ford Center (CO):** 800-434-7365
3204 S. Milwaukee St., Denver, CO 80210 720-284-2260
www.bettyfordcenter.org
*Four-day program for children ages 7 – 12 whose lives
have been impacted by alcoholism/addiction.*
- Brody, Brian, LCSW, PhD.** 303-979-0319
P.O. Box 620430, Littleton, CO 80128
*Works with children and adolescents dealing with
addictions, anxiety, depression, suicide, behavior problems.*
- Butler-Sanchez, Lynann** 303-691-0225
4155 E. Jewell Ave, Suite 308, Denver, CO 80222
Works with adolescents ; specializes in addictions
- Centennial Peaks Hospital:** 303-673-9990
2255 S. 88th St., Louisville, CO 80027
www.centennialpeaks.com
Intensive outpatient for chemical dependency
- Center for Behavioral Health:** 303-629-5293

1038 Bannock St., Denver, CO 80204
Treatment for all addictions, with a focus on opiates

- Center for Recovery:** 303-694-7430
 900 W. Castleton Rd., Castle Rock, CO 80104
www.centerforrecovery.net
Group treatment of substance abuse in adolescents and adults; assessment; educational programs; relapse prevention; dual diagnosis treatment; family therapy
- Collaborative Care Counseling:** 303-241-0421
 Dr. John Barton; Sarah James
 9362 Teddy Lane, Lone Tree, CO 80124
Individual, group, family & couples counseling; at-risk adolescents, female-specific issues, substance use, divorce, PTSD, stress/anxiety, learning disabilities, depression, mood disorders, compulsive behaviors, suicidal ideation; accept most insurances and will slide fees.
- Demander, Sam, Psy.D.** 303-841-6561
 19731 E. Pikes Peak Court, Parker, CO 80138 Fax: 303-696-1292
Family psychologist, teenagers, behavior, acting out. drug and substance abuse. Takes insurance and will consider sliding scale.
- Diffie, David, PhD** 303-757-4399
 1777 S. Harrison St., # 407, Denver, CO 80210
Specializes in addiction and compulsive behaviors
- Dunning, Lisa, LMFT:** 303-886-6949
 7286 S. Yosemite, Centennial, CO
www.lisadunningmft.com
Substance abuse counseling with adolescents; family therapy. Will negotiate fees.
- Dynamic Directions Counseling, Inc.:**
 409 S. Wilcox St., Suite H, Castle Rock 303-688-1116
 8191 Southpark Lane, Suite 103, Littleton, CO 303-797-1440
www.dynamicdirectionscounseling.com
Adult / adolescent substance abuse counseling; Minor in Possession intervention; relapse prevention
- Emmons, John, LPC** 303-660-2319
 340 Third St., Castle Rock, CO 80104
Specialty areas: Teens, families, couples, incest survivors; Domestic violence, chemical dependency, school drop-out, suicide prevention.
- Families at Five:** 720-898-9399
 Bonnie Mucklow, CACIII; Greenwood Village, CO

www.familiesatfive.com

Comprehensive four-week outpatient program for youth substance users and their families; group & individual; aftercare. Free intake appointment; insurance & private pay accepted.

- Finger, Jennifer, MSW, LSA** 303-765-1677
6300 E. Hampden Ave., Suite 2104, Denver, CO 80222
Individual and family therapy to adolescents/families. Self-injury behaviors, drug use, depression, acting out, anxiety and school issues. Sliding scale.
- First Step Counseling:** 303-840-2636
10292 S. Progress Way, Parker, CO 80134
Focus on issue of drinking and driving
- LDS Family Services (Addiction Recovery Program):** 303-646-5366
www.ldsfamilyservices.org; E-Mail: lds@mail2help.com
Emphasis in addictions; recovery meetings; referrals/resources
- Lincoln, Sarah, MSW, LCSW** 303-691-6140
4900 E. Kentucky Ave., #100, Denver, CO 80246 Fax: 303-757-3008
Children and adolescents. Substance abuse, cutting, depression. Specialty in 0-5 year ages. Will take insurance.
- Lost and Found:** 303-420-8080
6700 West 44th Ave., Wheat Ridge, CO 80033
Outpatient and residential faith-based treatment; family counseling
- McLain, Joanne, PhD:** 720-244-6329
P.O. Box 1234, Elizabeth, CO 80107
Addictions counseling; general issue counseling; Reflexology; Reiki; trauma healing; stress reduction
- Minner, Dan, PhD.** 303-721-8386
6402 S. Quebec Street, Englewood, CO 80111
Adolescent boys & girls ; depression, substance abuse, families, school achievement, ADHD. Accepts some insurance and will slide fees.
- National Institute for Change** 303-231-0090
Offices in Castle Rock, Lakewood, Lone Tree, Golden
Groups, individuals. Parenting classes. Sliding scale fee.
- Running Creek Counseling Service:** 303-688-8231
7601 Burning Tree Drive, Franktown, CO 80116
Mental health / substance abuse treatment for adults; court-ordered treatment
- Savio House:** 303-225-4100
325 King St., Denver, CO 80219
www.saviohouse.org

Day treatment for adolescents; residential treatment for adolescent males; in-home multi-systemic therapy; psycho-educational groups re drug / alcohol abuse

Servicios de la Raza: 303-458-5851

4055 Tejon Street, Denver, CO 80211

www.serviciosdelaraza.org

Services to Latino community include drug and alcohol treatment, u/a and b/a monitoring, and alcohol education

Suyeishi, Mark, Psy. D. 303-290-0860

6075 S. Quebec, #203, Englewood, CO 80111 Fax: 303-796-0324

Family, minority (Asian), grief, drugs, victim's assistance, Children, adolescents. Will take insurance and will slide fees.

Synergy: 303-781-7875

3738 W. Princeton Circle, Denver, CO 80236

1611 Federal Blvd. #201, Denver CO (outpatient)

www.artstreatment.com

Day treatment for adolescents; residential treatment for adolescent males; community based services; specializing in drug & alcohol treatment

Valley Hope Association: 303-841-7857

22422 East Mainstreet, Parker, CO 80134

Drug/alcohol rehabilitation services for adults

Residential Facilities

Arapahoe House (14 locations)

Adolescent Outpatient Treatment, Aurora: 303-657-3700

Adult DUI and Other Services, Aurora: 303-657-3700

Arapahoe/Douglas Detoxification Center: 303-412-3701

Beacon Center: 303-761-6756

333 W. Hampden Ave., Suite 305, Englewood, CO 80110

www.beaconcenter.org

Community treatment and residential program for at-risk youth; drug and alcohol counseling; independent living program

Centennial Peaks Hospital: 303-673-9990

2255 S. 88th St., Louisville, CO 80027

www.centennialpeaks.com

Acute inpatient treatment for adolescents with addictions

and/or psychiatric diagnoses; intensive outpatient for chemical dependency; residential and aftercare services

- Excelsior Youth Centers:** 303-693-1550
 15001 E. Oxford Ave., Aurora, CO 80015
www.excelsioryc.org
Female-specific services; inpatient; day treatment; substance abuse treatment; living skills; on-campus school
- Gateway Treatment Center:** 303-696-8407
 1250 S. Parker Rd., Suite 103, Denver, CO 80231
- Lost and Found:** 303-420-8080
 6700 West 44th Ave., Wheat Ridge, CO 80033
Outpatient and residential faith-based treatment; family counseling
- Presbyterian St. Luke's Hospital Addiction Treatment:** 303-839-6000
 Referral Line: 303-869-1999
 1719 E. 19th Ave., Denver, CO 80218
- Savio House:** 303-225-4100
 325 King St., Denver, CO 80219
www.saviohouse.org
Day treatment for adolescents; residential treatment for adolescent males; in-home multi-systemic therapy; psycho-educational groups re drug / alcohol abuse
- Synergy:** 303-781-7875
 3738 W. Princeton Circle, Denver, CO 80236
 1611 Federal Blvd. #201, Denver CO (outpatient)
www.artstreatment.com
Day treatment for adolescents; residential treatment for adolescent males; community based services; specializing in drug & alcohol treatment
- Valley View Youth Recovery Center:** 970-384-3440
 1906 Blake Ave., Glenwood Springs, CO 81601
www.vvh.org
Inpatient addictions treatment for adolescents

Support Resources for Families / Community

- Circle of Concern Consortium** 720-448-1700
 10328 E. Fair Pl., Englewood, CO 80111
www.circleofconcernconsortium.org
Support for parents re child development issues,

particularly substance use

Colorado Alcohol and Drug Abuse Division (ADAD): 303-866-7480
4055 S. Lowell Blvd., Denver, CO 80236

The Council: 303-825-8113
Formerly "Denver Mile Hi Council of Alcoholism & Drug Abuse"

Daily Strength:
<http://www.dailystrength.org>
Anonymous and free online support groups

Families Anonymous 303-420-1782
Exempla Lutheran Medical Center, Wheat Ridge, CO

National Clearinghouse for Alcohol and Drug Abuse: 1-800-729-6686

Our Kids:
<http://www.our-kids.org/>
Provides information and support for children and parents

Prevention Information Center: 303-239-6976
7525 W. 10th Ave., Lakewood, CO 80215

Tri-County Health Department: 303-663-7650
4400 Castleton Court, Castle Rock, CO 80109
www.tchd.org
Tobacco cessation and prevention programming

Wiz-Quiz Drug Screening: 303-814-2020
15 Wilcox, #107, Castle Rock, CO 80104
Accepting referrals from the courts, employers, parents, schools

SUICIDE PREVENTION / INTERVENTION / SUPPORT

American Association of Suicidology: 202-237-2280
5221 Wisconsin Ave NW, Washington, DC 20015
www.suicidology.org
Conferences; literary & research resources; services to survivors

- Arapahoe/Douglas Mental Health Network:** 303-730-8588
 61 W. Davies Littleton, CO 80120
 1189 S. Perry St., #150, Castle Rock, CO 80104
 19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org
- Brody, Brian, LCSW, PhD.:** 303-979-0319
 P.O. Box 620430, Littleton, CO 80128
- Children's Grief Education Association & Lighthouse:** 303-722-2319
 2401 S. Downing, Denver, CO 80210 Toll-Free: 877-722-2319
www.childgrief.org
Lighthouse refuge for grieving children, teens and adults; online education courses on children & grief; grief/loss curriculum available for schools (all ages); website offers grief/loss resources; counseling by masters level interns with sliding scale available.
- Collaborative Care Counseling:** 303-241-0421
 Dr. John Barton; Sarah James
 9362 Teddy Lane, Lone Tree, CO 80124
Accept most insurances and will slide fees.
- Douglas County School District:** 303-387-0095
 Student Development Office
 620 Wilcox Ave., Castle Rock, CO 80104
Partnership with Castle Pines Kiwanis for Applied Suicide Intervention Skills Training (ASIST) and Signs of Suicide (SOS) programming in the public schools.
- Emmons, John, LPC** 303-660-2319
 340 Third St., Castle Rock, CO 80104
- Finger, Jennifer, MSW, LSA** 303-765-1677
 6300 E. Hampden Ave., Suite 2104, Denver, CO 80222
Sliding scale available.
- Heartbeat (South Metro Chapter)** 303-770-1859
 8174 S. Holly St. #206, Centennial, CO 80122
www.spinheartbeat.com
Support group for family and friends after a suicide.
- Jason Foundation, Inc:** 1-800-SUICIDE

181 E. Main St., #5, Hendersonville, TN 37075 1-800-784-
2433
www.jasonfoundation.com
Resources and research on teen suicide.

Lincoln, Sarah, MSW, LCSW 303-691-6140
4900 E. Kentucky Ave., #100, Denver, CO 80246 Fax: 303-757-3008
Will take insurance.

Littleton Adventist Hospital: 303-738-2629
Kim Muramoto, RN
7700 S. Broadway, Littleton, CO 80122
ASIST suicide prevention training; Yellow Ribbon

Moffitt, Melissa, MA, LPC 303-805-4004
19731 E. Pikes Peak Ct., Suite 206, Parker, CO 80138
Takes most insurance.

Office of Suicide Prevention 303-692-2560
4300 Cherry Creek Dr. S., Denver, CO 80246 Fax: 303-691-7901
<http://www.cdphe.state.co.us/pp/Suicide/index.html>
Statistical analysis; community linkages; public awareness.

Porter, William W., Ph.D 303-918-1829
7200 E. Hampden Ave., #201, Denver, CO 80224 Fax: 303-758-6140
Sliding scale; some insurance.

Reed, Kayla, MA, LPC 303-229-9281
6535 S. Dayton St, Suite 1600, Englewood, CO 80111
Takes some insurance and will slide fees.

Second Wind Foundation of Douglas County
<http://www.cpkwanis.org/secondwind.htm>
Assessment, referral and funding program for Douglas County youth who are suicidal; referrals via school counselors; a project of the Castle Pines Kiwanis

Caster, Jeff, PhD : 303-870-7881
2305 E. Arapahoe Rd, S & G Plaza #216, Centennial, CO 80122

Champeau, Kristel : 303-797-9432, x502
19751 E. Mainstreet, #247, Parker, CO 80138

Denike, Alaina Hale : 303-347-6445
61 W. Davies, Littleton, CO 80120

Collaborative Care Counseling: 303-241-0421
Dr. John Barton; Sarah James
9362 Teddy Lane, Lone Tree, CO 80124

Duckworth, Alyce 303-797-9420
61 W. Davies, Littleton, CO 80120

Hamilton, Cynthia 303-902-1539
61 W. Davies, Littleton, CO 80120

Levitas-Eisner, Jane 303-826-7296
8000 Prentice Ave, #B-12, Englewood, CO 80111

Pipich, Michael 720-255-9113
7995 E. Prentice Ave., #106, Greenwood Village, CO

Repinski, Jeremiah 303-669-7268
61 W. Davies, Littleton, CO 80120

Stockman, Gary 303-669-7268
19563 E. Mainstreet, #205, Parker, CO 80138

Williams, Deborah 303-937-3478
7500 W. Mississippi, #21A, Lakewood, CO 80226

Starfish Program: 303-549-7454
2100 W. Meadows Parkway, Castle Rock, CO 80109
leslie.clemensen@dcsdk12.org
*School District-coordinated support groups for elementary students
and teens who have suffered the death of a loved one.*

Suicide Prevention LifeLine 1-800-273-8255
www.suicidepreventionlifeline.org

THERAPISTS / COUNSELORS

(By geographic area; please also look under specific subject area)

Castle Rock

Arapahoe/Douglas Mental Health Network: 303-730-8588
1189 S. Perry St., #150, Castle Rock, CO 80104

- Broadbeck, Dee** 303-688-6482
308 Wilcox Street, Castle Rock, CO 80104
Experienced custody evaluator. No insurance or sliding fee.
- Cohen, Carol, LPC** 303-759-5126
405 S. Wilcox St, #108 Castle Rock, CO 80107 Fax: 303-639-9965
2121 S. Oneida, Suite 412, Denver, CO 80224
Specializes in adolescent stress, depression, family therapy, trauma and sexual abuse. Takes insurance.
- Elliot, Jennifer L., M.Ed, LPC, RPT-S, ACS:** 303-949-1087
599 Topeka Way #300, Castle Rock, CO 80104
Play therapy; child and adolescent psychotherapy
- Emmons, John, LPC** 303-660-2319
340 Third St., Castle Rock, CO 80104
Specialty areas: Teens, families, couples, incest survivors; Domestic violence, chemical dependency, school drop-out, suicide prevention.
- Hanze, Doug, PhD.** 303-688-8658
405 S. Wilcox, #108, Castle Rock, CO 80104
Individual, family, children, adolescents. Diagnose and treat depression, anxiety, ADHD and behavior disorders. Accepts some insurances.
- Leder, Lois, MSW** 303-756-5269
Center for Recovery (substance abuse) 303-694-7492
3 Oakwood Professional Ctr., Castle Rock, CO 80104
www.coloradotherapists.com
Specializes in adolescents, substance abuse, families. No insurance or sliding scale.
- Myers-Barklage, Joy** 303-643-8914
425 N. Wilcox, Castle Rock, CO 80104
8101 E. Prentice Ave., Greenwood Village, CO
Specializes in working with families, couples, & adolescents. EMDR Certified. Accepts some insurance.
- Centennial**
- Caster, Jeff, PhD** 303-870-7881
2305 E. Arapahoe Rd, S & G Plaza #216, Centennial, CO 80122
Licensed Clinical Psychologist. Specializes in adolescents, children and families.
- Dunning, Lisa, LMFT:** 303-886-6949
7286 S. Yosemite, Centennial, CO

www.lisadunningmft.com

Anger management for kids & families; parenting groups; social skills groups for adolescents; behavior issues, substance use, depression, PTSD, anger management. In-home services available. Will negotiate fees.

Germain, Jason, Ph.D., NCSP 303-947-0707
2305 E. Arapahoe, SG Plaza #216, Centennial, CO 80122

Gray, Kelley, LPC 720-489-8555
Grace Counseling Services
6909 S. Holly Circle, Suite 306, Centennial, CO 80112
Eating disorders, singles issues, anxiety and depression in adolescents and young adults. Does not accept insurance; sliding scale may be available.

Kendall-Grove, Kwai, PhD. 303-662-9670
2305 E. Arapahoe Road, Suite 149, Centennial, CO 80122
Specializes in adolescents, eating disorders, depression, anxiety, ADHD evaluations. Ages 5 and up. She will slide fees.

Krafchick, Dana 303-799-4110
9000 E. Nichols Ave., Suite 240, Centennial, CO 80112
Psychiatrist – therapy and medication. Specializes in families and adolescents.

Landon, STACY, M.A. 303-855-3933
6075 S. Quebec Street, #202, Centennial, CO 80111
Specializes in working with women with eating disorders

Matson, Rebecca, LPC 720-489-8555
Grace Counseling Services
6909 S. Holly Circle, Suite 306, Centennial, CO 80112
Works with victims of sexual or mental abuse; testing for learning disabilities; family/parenting skills. No insurance, sliding scale may be available.

Mattei, Kathleen, Psy.D. 303-221-8127
6081 S. Quebec, Centennial, CO
Specializes in working with girls, gifted and talented students.

Olkowski, Thomas, Ph.D. 303-759-8539
7500 E. Arapahoe Rd., Suite 325, Centennial, CO 80112
Family, couples, individuals, children: preschool through college ages. Specializes in anxiety, phobias, self esteem, transition issues, behavior therapy. Author of "Moving with Children." Almost all insurance, no sliding scale.

Wilson, Jackie, LCSW 303-347-9600
9000 E. Nichols Avenue, #240, Centennial, CO 80112

Denver

- Adobe Center** 303-832-4620
 1420 Ogden St., Denver, CO 80218 Fax: 303-832-1681
*Specializing in children with attachment issues.
 Psychologist on staff. Sliding scale fee, Medicaid and
 some insurance carriers.*
- Attoma-Matthews, Colleen, LCSW** 303-594-9085
 1750 Humboldt St., #202, Denver, CO 80218
*Specializes in adolescents and families. Substance abuse,
 self-harm, legal issues, trauma and sexual abuse.
 Takes some insurance.*
- Butler-Sanchez, Annie** 303-691-0225
 4155 E. Jewell Ave, Suite 308, Denver, CO 80222
Works with adolescents ; specializes in addictions and GLBT issues
- Cohen, Carol, LPC** 303-759-5126
 405 S. Wilcox St, #108 Castle Rock, CO 80107 Fax: 303-639-9965
 2121 S. Oneida, Suite 412, Denver, CO 80224
*Specializes in adolescent stress, depression, family therapy,
 trauma and sexual abuse. Takes insurance.*
- Diffie, David, PhD** 303-757-4399
 1777 S. Harrison St., # 407, Denver, CO 80210
Specializes in addiction and compulsive behaviors
- Duncan, Dwight, Psy. D.P.C.** 303-355-7134
 90 Madison St., Suite 405, Denver, CO 80206
*Medical Psychologist. Ages 12 and up. Medical illness;
 loss and grief; relationships; depression and anxiety. Sliding scale.*
- Epstein, Larry, Ph.D.** 303-433-8869
 1115 Grant Street, #106, Denver, CO 80203
*Children and adolescents. Works with explosive, non-compliant, oppositional,
 easily frustrated children and adolescents. Will help submit for insurance
 and can slide fees.*
- Finger, Jennifer, MSW, LSA** 303-765-1677
 6300 E. Hampden Ave., Suite 2104, Denver, CO 80222
Provides both individual and family therapy to adolescents and their families.

Focuses on issues such as self injury behaviors, drug use, depression, acting out, anxiety and school issues. Sliding scale available.

Guzman, Maria Elena, PhD 303-756-6870
3801 E. Florida Avenue, Suite 701, Denver, CO 80210
Specializes in trauma, depression, anxiety. Private testing ; qualified to do most SPED testing. Services available in Spanish. Takes some insurance.

Holtby, Michael, MSW 303-722-1021
309 Cherokee St., Denver, CO 80223 Fax: 303-722-5420
holtby@denverpsychotherapy.com
Sex & sexuality issues, dysfunction, abuse, coming out. No insurance, sliding scale available.

JFK Partners 303-315-6530
4200 E. 9th, C234, Denver, CO 80262 303-315-6511
Autism and Developmental Disorders Clinic. Psychologist, Speech Language, and OT on staff. Social skills groups. Accepts a range of insurance, Kaiser.

Karlberg, Ann, LCSW 303-691-5677 ext. 2
Therapeutic Alliance Professionals 303-906-0630 cell
2755 S. Locust St., #219, Denver, CO 80222 Fax: 303-753-4650
Specializing in Adolescents and Families. Works with trauma issues.

Knippenberg, Craig, LCSW 303-756-4924
2833 S. Colorado Blvd, Suite 2445, Denver, CO 80222
Specialize in adolescents and families.

Lincoln, Sarah, MSW, LCSW 303-691-6140
4900 E. Kentucky Ave., #100, Denver, CO 80246 Fax: 303-757-3008
Children and adolescents. Substance abuse, cutting, depression. Specialty in 0-5 year ages. Will take insurance.

Pinhas, Joan S., PhD. 303-759-5543
1720 S. Bellaire, #805, Denver, CO 80222 Fax: 303-756-1413
Adolescents/families. Eating disorders, mood disorders. Insurance & sliding fees.

Poole, Claire C., P.C. 303-782-0252
Denver, CO

Porter, William W., Ph.D 303-918-1829
7200 E. Hampden Ave., #201, Denver, CO 80224 Fax: 303-758-6140
Licensed Clinical Psychologist / Educational Consultant. Specializes in adolescent depression and suicide. Author of "Bully Proofing Your Schools". Sliding scale; some insurance.

- Reaven, Judy, Dr.** 303-315-6530 (general info)
 #) **JFK Partners** 303-315-6511 (intake #)
 4200 E. 9th, C234, Denver, CO 80262
Autism/mental health issues. Accepts range of insurance, Kaiser.
- Schaubman, Averi, LCSW** 303-906-2472
 165 Cook Street, Suite 100, Denver, CO 80206
Specialties: adolescent and families; collaborative problem solving, explosive children, EMDR trained. Sliding scale and insurance accepted.
- Sokol, Robert, Ph.D.** 303-319-0470
 4770 E. Iliff St., Suite 111, Denver, CO 80222
Neuropsychologist – Traumatic Brain Injury; assessment, treatment and forensics for ages 9 – Adult. Psychotherapy practice - individuals and couples ages 13 – Adult. Clinical Director: Colo. Neuropsychological Associates.
- Spragg, Paul, Ed. D.** 303-830-7345
Developmental Disability Consultants, P.C. Fax: 303-831-0559
 1120 Lincoln St., #702, Denver, CO 80203
Treatment, assessment, consultation, and training for severe developmentally disabled, Autistic, Downs Syndrome, self-injurious behavior, compulsions; technology assistance, community-based help. Accepts Medicaid, works with some insurance carriers.
- Starkey-Duncan, Renee, PhD.** 303-355-7134
 90 Madison St., Suite 405, Denver, CO 80206
Eating disorders, adolescent girls, ages 12 and up, women's issues. No insurance, will slide fees.
- Therapeutic Alliance Professionals, L.L.C.** 303-691-5677
Ann Karlberg, LCSW; Chaney Givens, Psy.D;
Bart Dean, LCSW; Jay Fellers, LCSW
 2755 S Locust Street, Suite 219, Denver, CO 80222
www.therapeutic-alliance.com
Specializing in Adolescents and Families. Works with trauma issues as well as all other issues. Sliding scale fees and some insurance.
- Thoreson, Kirk, PsyD:** 303-550-0030
 1776 S. Jackson St., #207, Denver, CO 80203
www.drkirkthoreson.com
Psychological and educational testing & assessment; specializing in learning disabilities, ADHD, depression, childhood anxiety, groups for children whose families have divorced. Accepts some insurance or sliding fee scale; free 20 minute phone consult.
- Wernimott, Melvin, PhD.** 303-758-6619
 7200 E Hampden Avenue, Denver, CO 80224 Fax: 303-758-6140

Psychologist ; Families, adolescents who are having trouble being successful in school. No insurance.

West, Amanda, LCSW

720-530-9957

1735 York St., Denver, CO 80206

Individuals, families, adolescents; specializes in depression and anxiety; free consultation, sliding scale fees

Elizabeth

McLain, Joanne, PhD:

720-244-6329

P.O. Box 1234, Elizabeth, CO 80107

Addictions counseling; general issue counseling; Reflexology; Reiki; trauma healing; stress reduction

Englewood

Adams, Gail, PhD

303-694-0267

Fax: 303-688-8754

8000 E. Prentice Ave., Suite B4, Englewood, CO 80111

General practice, families, acting out adolescent girls.

Not primary substance abuse or hospital practice. Licensed Psych.

Baker, Leigh, Dr.

303-790-5585

7200 E. Hampden Ave., Suite 301, Englewood, CO 80112

www.leighbaker.com

Specializes in working with traumatized children and adolescents

Baroffio, Jim, PhD.

303-706-9722

8000 E. Prentice, #B12, Englewood, CO 80111

Fax: 303-662-1106

Specializes in developmental disorders – Autism,

Aspergers and behavioral disorders with children and families.

Does assessments as well. Directive style.

Grenhart, Rich, Psy.D.

303-761-3520

3601 S. Clarkson St. #540, Englewood, CO 80113

Fax: 303-789-1615

Email : rgrenhart@aol.com

Family and individual counseling; adolescents. Communicates

well with school; after school office hours. Psych evals. No sliding scale.

- Jackson, Steven W., M.S.W.** 303-789-1315
730 W. Hampden Ave., Suite 302, Englewood, CO 80110
*Specialize in working with kids, adolescents & families;
Couples counseling. Takes some insurance and will slide fees.*
- Jens, Kathryn, PhD.** 303-773-8991
8000 E. Prentice, #B12, Englewood, CO 80111 Fax: 303-770-9015
*Adolescents and families, PTSD, bullying, abuse, generalist.
Works with some insurances and sliding scale. Works part-time in CCSD.*
- Levitas-Eisner, Jane, LCSW** 303-826-7296
8000 E Maplewood Ave., Suite B-12, Englewood, CO 80111
*Child, adolescent, family, and couples therapy.
Accepts insurance and sliding scale.*
- Minner, Dan, PhD.** 303-721-8386
6402 S. Quebec Street, Englewood, CO 80111
*Adolescent boys & girls ; depression, substance abuse,
families, school achievement, ADHD. Excellent at communicating
with families and schools. Accepts some insurance and will slide fees.*
- Newman, Hildie, LCSW** 303-902-2084
6767 S. Spruce Street, Suite 250, Englewood, CO 80112
Specializes in working with families and adolescents
- Reed, Kayla, MA, LPC** 303-229-9281
6535 S. Dayton St, Suite 1600, Englewood, CO 80111 *Specializes*
*in kids dealing with divorce, anxiety/depression
and suicide. Takes insurance and will slide fees.*
- Suyeishi, Mark, Psy. D.** 303-290-0860
6075 S. Quebec, #203, Englewood, CO 80111 Fax: 303-796-0324
*Family, minority (Asian), grief, drugs, victim's assistance,
Children, adolescents. Will take insurance and will slide fees.*
- Tackney-Moen, Mimsy, LCSW** 303-637-2516
Moen, Dan 303-779-5335
6065 S. Quebec, Englewood, CO 80011
*Adolescents and families, depression, anxiety, ADD,
bipolar, and physical and sexual abuse. No drug or alcohol
abuse as primary diagnosis. Accepts most health insurance.
Appointments after school and evenings.*
- Wilson, Beverly, LSCW** 303-986-6814
8400 E. Prentice Ave., #1401, Englewood, CO 80111
Will slide fee based on family income. Couples, families.

Greenwood Village

- Levitas-Eisner, Jane, LCSW** 303-826-7296
8000 E Prentice Ave., Suite B-12, Greenwood Village, CO 80111
Child, adolescent, family, couples therapy. Accepts insurance and sliding scale.
- Liguori, Nick, Psy.D.** 303-229-4216
8000 E Prentice Ave., Suite B-12, Greenwood Village, CO 80111
Specialty areas: Child and adolescent psychotherapy; consultation and assessment. Aspergers and c-level disorders. No insurance – will work with reimbursement. Sliding scale.
- Myers-Barklage, Joy** 303-643-8914
425 N. Wilcox, Castle Rock, CO 80104
8101 E. Prentice Ave., Greenwood Village, CO
Specializes in working with families, couples, & adolescents. EMDR Certified. Accepts some insurance.

Highlands Ranch

- Dennis, Kenny, M.A., N.C.C.:** 720-206-7768
9760 S Castle Ridge Circle, Highlands Ranch, CO 80129
www.kennydennis.com Fax: 866-384-1465
At-risk adolescents with S.I.E.D.'s; extremely defiant behaviors; trauma; Autism Spectrum Disorder; learning difficulties; individual & family counseling; cognitive skills development; in-home therapy; EMDR; sliding fees

Lakewood

- Brown, Jessica** 303-231-0090
National Institute for Change
Offices in Castle Rock, Lone Tree
3333 S. Wadsworth, Suite 321, Lakewood, CO 80227
Specializes in child play therapy, family therapy, parenting classes, anger management, substance abuse. Does work on sliding scale – initial contact free.
- Davis-Stenhouse, Ellen, LCSW** 720-988-5620
3500 S. Wadsworth Blvd., # 203 Lakewood, CO 80235
www.womenscounselingnetwork.com

*Individual therapy for depression, anxiety, gay and lesbian issues.
Works with adolescents.*

National Institute for Change 303-231-0090
Offices in Castle Rock, Lakewood, Lone Tree, Golden
Groups, individuals. Parenting classes. Sliding scale fee.

Sokol-Struessel, Stacey, LCSW 720-495-7061
Robert Weiland Center
3636 S. Independence Street, Lakewood, CO 80235
www.PaidionConsulting.com
*Works primarily with younger kids; behavior issues in home
and community. Consultation for childcare centers.*

Littleton

Arapahoe/Douglas Mental Health Network: 303-730-8588
61 W. Davies Littleton, CO 80120
www.admhn.org

Brody, Brian, LCSW, PhD. 303-979-0319
P.O. Box 620430, Littleton, CO 80128
*Works with children and adolescents dealing with
addictions, anxiety, depression, suicide, behavior problems.*

DeMoss, Yvonne, PhD, LPC, CAC III 303-797-1440
6683 W. Ottawa Ave., Littleton, CO
Specialty in addictions

Gelwick, Julie, LCSW 720-840-9500
8089 S. Lincoln Street, Suite 203, Littleton, CO 80122
*Age 10 & up; adolescents, individuals, families. Specializes in trauma
work, depression/anxiety. Accepts some insurance and will slide fees.*

Johnson, Victoria, LCSW 303-798-8836
26 West Dry Creek Circle, Suite 360, Littleton, CO 80120
victoriajohnsonlcsw@comcast.net
*Specializes in female adolescents, bulimia, family therapy
and trauma victims. Works with individuals, couples and groups.*

Lazarus, Stephen, PhD. 303-267-2194
4 W. Dry Creek Circle, Littleton, CO 80120

Kids of all ages

Max, Dana, PsyD 303-979-1972
5808 S. Rapp St., #200, Littleton, CO 80120
Kids of all ages

McAllaster-Schmitz, Amy, M.A., LPC 303-513-7822
2629 W. Main Street, Suite 110, Littleton, CO 80120
www.amymscounseling.com
Specializing eating disorders, anxiety, OCD, divorce, family counseling and young kids.

McBride, Janice 303-952-4989
Mines and Associates
10367 W. Centennial Road, Littleton, CO 80127
*Coordinates a network of around 150 therapists;
Excellent resource for families seeking referral to a specialist.*

Meinecke, Margaret E., LCSW, CACIII 303-973-1064
5911 South Middlefield, Littleton, CO 80123
Bipolar disorder, anxiety disorder, attachment disorder.

Mines, Bob PhD. 303-832-1068
Mines and Associates Fax: 303-832-9701
10367 W. Centennial Road, Littleton, CO 80127
Eating disorders specialist-all age groups. Employee assistance program, private practice. Does not accept insurance. May offer sliding scale.

White, Beverly Baker, M.A. LPC 303-904-3012
8094 S. Trinchera Peak, Littleton, CO 80127
Especially for girls. Child, adolescent, adult and family psychotherapy.

Lone Tree

Brown, Jessica 303-231-0090
National Institute for Change (Offices in Castle Rock, Lone Tree)
3333 S. Wadsworth, Suite 321, Lakewood, CO 80227
Specializes in child play therapy, family therapy, parenting classes, anger management, substance abuse. Sliding scale – initial contact free.

Collaborative Care Counseling: 303-241-0421
Dr. John Barton; Sarah James
9362 Teddy Lane, Lone Tree, CO 80124
Individual, group, family & couples counseling; at-risk adolescents, female-specific issues, substance use, divorce, PTSD, stress/anxiety,

learning disabilities, depression, mood disorders, compulsive behaviors, suicidal ideation; accept most insurances and will slide fees.

Monnet, Michael, M.Div., LPC 303-870-3997
Lone Tree Institute
 9226 Teddy Lane, Suite 150, Lone Tree, CO 80124

National Institute for Change 303-231-0090
 Offices in Castle Rock, Lakewood, Lone Tree, Golden
Groups, individuals. Parenting classes. Sliding scale fee.

Wilson, John, LCC, CSAC 720-838-0450
Lone Tree Institute Fax: 303-705-8036
 9226 Teddy Lane, Suite 150, Lone Tree, CO 80124

Monument

McKay, Linda 719-488-8998
 153 N. Washington St., P.O. Box 1067, Monument, CO 80132
Attachment issues, bipolar, ADHD

Stinson, Wynde 719-488-8998
 153 N. Washington St., P.O. Box 1067, Monument, CO 80132
Children ages 2-18; ADHD, child abuse victims, sexual abuse issues, anxiety, depression, early-onset Bipolar. Takes insurance & will slide fees

Parker

Arapahoe/Douglas Mental Health Network: 303-730-8588
 19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org

Demander, Sam, Psy.D. 303-841-6561
 19731 E. Pikes Peak Court, Parker, CO 80138 Fax: 303-696-1292
Family psychologist, teenagers, behavior, acting out. drug and substance abuse. Takes insurance and will consider sliding scale.

Lounsbrough, Craig, M.Div., LPC 303-593-0575
 19284 Cottonwood Drive, #202, Parker, CO 80138 Fax: 303-840-0902
www.craiglpc.com
Child, adolescent, ADD, ADHD, ODD and conduct disorders, trauma, mood disorders. Individual, marriage and family counseling. Will reduce fees

Maddox, Amy, MA, CSPT 720-244-0899
Pikes Peak Counseling
www.pikespeakcounseling.com
 19753 E. Pikes Peak Ct., Parker, CO 80138
ADHD; social skills & divorce groups; school issues; high end autism spectrum disorders; grief/loss ; mother/daughter dynamics; certified play therapist. free initial consultation; no insurance but might slide fees. In-home an option.

May, Sara, Psy.D. 303-946-1438
 1191 S. Parker Rd, #100, Parker, CO

Moffitt, Melissa, MA, LPC 303-805-4004
 19731 E. Pikes Peak Ct., Suite 206, Parker, CO 80138
Adolescents, Family Groups, self-injury, divorce, depression/anxiety, oppositional behavior. Takes most insurance.

Moore, April, MS, LPC 303-593-0575
 18801 E. Mainstreet, Suite 180, Parker, CO 80134
www.drtrathen.com, April@DrTrathen.com
Children, adolescents and families. Emphasis in adjustment and mood disorders, anxiety, conduct, ADHD, schizophrenia and psychosis; physical and/or sexual abuse; grief/loss; trauma, mental & physical disabilities

Trathen, Daniel W., D.Min, PhD. 303-593-0575
 18801 E. Mainstreet, Suite 180, Parker, CO 80134
www.drtrathen.com
Individual, adolescent, premarital, marriage, and family counseling. Life and leadership coaching.

Julie Uhernik, LPC, RN 303-918-1775
 19753 E. Pikes Peak Ct., Parker, CO 80138

www.julieuhernik.com

Adolescents, adults, couples, families; specializes in parenting and step-parenting issues, mother-daughter relationships, anxiety, trauma, chronic illness, eating disorders, depression, and infertility counseling. No insurance but will slide fees.

White, Molly, PhD.

303-588-8997

19731 E. Pikes Peak Ct., #201, Parker, CO 80138

Individual, family, group therapy; assessment & testing for developmental disabilities & behavior disorders; social skills group for children with ADHD or other behavior challenges.

THERAPISTS, BILINGUAL

- Alvarez, Doris** 303-814-2696
303-675-5301
- Asian Pacific Development Center of Colorado**
1544 Elmira St., Aurora, CO 80010 303-365-2959
1825 York St., Denver, CO 80206 303-393-0304
www.apdc.org
Community Mental Health Clinic that is culturally competent & bilingual
- Eccos Family Center** 303-480-1920
655 Broadway, #450, Denver, CO 80203
- Guzman, Maria Elena, PhD** 303-756-6870
3801 E. Florida Avenue, Suite 701, Denver, CO 80210
Specializes in trauma, depression, anxiety. Private testing; qualified to do most SPED testing. Services available in Spanish. Takes some insurance.
- Multiservicios Latinos** 303-433-4115
2785 N. Speer Blvd., Denver, CO 80211
- May, Sara, Psy.D.** 303-946-1438
1191 S. Parker Rd, #100, Parker, CO
- Savio House** 303-922-5576
- Servicios de la Raza** 303-458-5851

TRAUMATIC BRAIN INJURY

- Developmental Disability Consultants, PC:** 303-337-2210
1211 S. Parker Rd., Suite 200, Denver, CO 80231 fax: 303-337-4147
www.ddconsultants.org; pspragg@ddconsultants.org
Mental health, home-based behavior support, counseling, parent training and skills; training for children with developmental disabilities, autism, TBI
- Sokol, Robert, Ph.D.** 303-319-0470
4770 E. Iliff St., Suite 111, Denver, CO 80222
Neuropsychologist – Traumatic Brain Injury; assessment, treatment and forensics for ages 9 – Adult. Psychotherapy practice serving individuals and couples ages 13 – Adult. Clinical Director: Colo. Neuropsychological Assoc.

VICTIMS ASSISTANCE

18th Judicial District Victims Compensation Fund:	303-643-4500
AMEND of Arapahoe County:	303-220-1911
6565 S. Dayton #1500, Greenwood Village, CO www.amendinc.org <i>Victim advocacy, support groups for abused partners and children</i>	
Arapahoe/Douglas Mental Health Network:	303-730-8588
61 W. Davies Littleton, CO 80120 1189 S. Perry St., #150, Castle Rock, CO 80104 19751 E. Mainstreet, #247, Parker, CO 80138 www.admhn.org <i>Individual therapy, grief & loss groups</i>	
Castle Rock Police Department:	303-663-6100
100 Perry St., Castle Rock, CO 80104 http://www.crgov.com/Page.asp?NavID=112 <i>Information, follow-up support, and referrals for crime victims</i>	
Douglas County Sheriff's Office:	303-660-7535
4000 Justice Way, Castle Rock, CO 80109 www.dcsheriff.net <i>Case and offender notification for victims of crimes; access to Victims Compensation funds</i>	
Douglas County Victims' Assistance:	303-814-7100
4000 Justice Way, Castle Rock, CO 80109 <i>A service of the 18th J.D. District Attorney's Office</i>	
Parker Police Department:	303-841-9800
19600 E. Parker Square Drive, Parker, CO 80134	
Parker Town Hall and Court:	303-805-3100
Courthouse:	303-805-3195
Rape Assistance and Awareness Program:	303-329-9922
P.O. Box 18951, Denver, CO 80218 www.raap.org	HOTLINE: 303-322-7273
Servicios de la Raza:	303-458-5851
4055 Tejon Street, Denver, CO 80211 www.serviciosdelaraza.org <i>Counseling and support groups for Chicana/Latina women</i>	

Suyeishi, Mark, Psy. D. 303-290-0860
 6075 S. Quebec, #203, Englewood, CO 80111 Fax: 303-796-0324
Family, minority (Asian), grief, drugs, victim's assistance, Children, adolescents. Will take insurance and will slide fees.

Women's Crisis & Family Outreach Center: 303-688-1094
 P.O. Box 367, Castle Rock, CO 80104
Advocacy, support, counseling, shelter

VOLUNTEERISM

4-H Clubs: 720-733-6940
 410 Fairgrounds Rd., Castle Rock, CO 80104
www.douglascountyextension.org
Volunteer opportunities for youth & adults with positive youth development programming for ages 8-18; special programs for ages 5-7; clubs/activities; leadership; mentoring; camps; conferences

Douglas County Libraries / SHOUT DC: 303-791-READ
 100 S. Wilcox, Castle Rock, CO 80104
<http://www.douglascountylibraries.org/teen/shoutdc/shoutdc.htm>
Community service opportunities for teens, suitable for graduation requirements

Douglas County School District 303-387-0128
 620 Wilcox, Castle Rock, CO 80104
<http://www1.dcsdk12.org>
School/Community Partnerships; Volunteers in Public Schools

Douglas County Volunteer Coalition: 303-660-7519
 4400 Castleton Court, Castle Rock, CO 80104
www.douglascountyvolunteers.org
Offers access to volunteer and service opportunities at a variety of local agencies, both for-profit and non-profit; provides information on how to be an effective volunteer

Douglas County Youth Initiative: 303-688-4825
 4400 Castleton Court, Castle Rock, CO 80109
Service learning technical assistance; brainstorming community service opportunities for teens; access to AmeriCorps service scholarships