Douglas County
Youth & Family Resource Guide

Presented by the Douglas County Youth Initiative

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DCYI and its sponsoring entities do not endorse any organization or service listed in this Guide.
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ACCESS / REFERRAL

Douglas County WrapAround
303-663-6233
http://www.douglas.co.us/ Immediate response for families that are looking for resources or assistance; strength-based assessments; sustainable, respectful Wrap Service Plan development; ongoing support.

Douglas County Youth Initiative
303-688-4825
http://www.douglas.co.us/
4400 Castleton Court, Castle Rock, CO 80109
Service access assistance; consultation; referrals; WrapAround.

Families First
Family Support Line: 303-695-7996
www.familiesfirstcolorado.org Statewide Toll-Free: 1-877-695-7996
Consejos Para Familias Spanish Language Line: 1-866-527-3264
Support, information and community referral on parenting and child development issues; resources for parents and primary caregivers via confidential phone consultations.

Mines and Associates
303-832-1068
800-873-7138
http://www.minesandassociates.com/
10367 W. Centennial Road, Suite100, Littleton, CO 80127
Coordinates a network of around 150 therapists; excellent resource for families seeking referral to a specialist.
AFFORDABLE & FREE RESOURCES

ACS L.I.F.T. Mobile Medical Van
303-935-7230
www.ACSLIFT.org
1638 N. Park Street, Castle Rock, CO  80109
Stops at the Douglas/Elbert Task Force Parking Lot
Hours:  1st & 3rd Wednesday of each month, 6 p.m. to 7:30 p.m.
Services:  FREE basic non-emergency care; non-narcotic prescriptions; immunizations.

Colorado Indigent Care Program (CICP)
303-761-4825
4400 Castleton Court, Castle Rock, CO  80109
Dept. of Human Services (Douglas)
Medical, psychiatric and dental services.

Colorado Low-Income Dental Program
303-430-7399
1245 E. Colfax Ave, Suite 301, Denver CO 80218
Low-cost dentistry:  first visit (x-rays & consult) is $55.00; people who qualify will receive additional services at 40-60% off the regular fee. All counties served; bring proof of income & photo ID (Mexican Consular ID is OK).

Denver Family Institute
www.denverfamilyinstitute.org
7200 East Hampden Ave, Suite 301, Denver, CO 80224  303-756-3340
Family, couples and individual therapy counseling is available for a wide variety of issues. Reasonable sliding-fee scale based on the client’s annual household income; range for a 50 minute therapy session is $15-$50. Spreading out appointments may also reduce costs. Does not accept insurance. Offers a sliding scale.

Doctors Care
303-730-1313
http://www.doctorscare.org/
609 West Littleton Boulevard, Suite 100, Littleton, Colorado 80120
Low-cost/no-cost medical care; Medicaid accepted.

Dumb Friends League
303-751-5772
http://www.ddfl.org/
People in underserved areas can get donor-subsidized spay/neuter surgery for their pets when one of our mobile clinics visits their neighborhood. We offer CAT spay/neuter surgeries for $10, including age-appropriate vaccinations (rabies and distemper vaccines). No qualifications are required to qualify for $10 cat spay/neuter surgeries. We offer DOG spay/neuter surgeries for patrons who qualify for $50, including age appropriate vaccines (rabies and distemper vaccines). To qualify, please see http://www.ddfl.org/services/spay-and-neuter-help.
LogistiCare
303-779-4055
http://www.logisticare.com/
3989 E. Arapahoe Rd., Suite 120, Centennial, CO 80122
Transportation to medical appointments, etc., that can be paid via Medicaid and other insurances.

Love, INC
303-794-5683
www.loveinclittleton.org
5854 S. Datura, Littleton, CO 80120
Collective of Christian churches coordinating free basic living resources; connections to other churches or community organizations.

Metro Caring
303-860-7200
http://www.metrocarering.org/
1100 E. 18th Ave., Denver, CO 80218
Assistance obtaining documents such as birth certificates; financial assistance.

Metro Community Provider Network
303-360-6276
www.mcpn.com
Locations throughout the metro area
Provides a range of low-cost medical services for all ages; sliding scale, Medicaid, CHP+, CO Indigent Care Program, etc.

Partnership for Prescription Assistance
1-888-477-2669
www.pparx.org
Assists qualified patients in accessing free or reduced-cost prescription medications.

People House
303-480-5130
http://peoplehouse.org
3035 W. 25th Ave., Denver, CO 80211
Affordable Counseling Program offers services on a sliding scale starting @ $15.00; All ages, all issues. People House also offers workshops & classes & activities.

Rocky Mountain Youth Clinics
www.rockymountainyouth.org
1550 S. Potomac Street, Suite 130, Aurora, CO 80012 303-360-8111
1601 E. 19th Ave, Suite 6600, Denver CO 80218 303-869-2182
9197 Grant Street, Suite 200, Thornton, CO 80229 303-450-3690
Low-cost/no-cost medical care for children; Medicaid & CHP+; clinics across the metro area offering immunizations, sick visits, minor acute care, mental health/social services, mobile dental, etc.
Ronald McDonald Care Mobile
719-866-6789
http://www.peakvista.org/
Various locations & times throughout Douglas County
Provides a range of low-cost medical services for children through the age of 21; sliding scale, Medicaid, CHP+, CO Indigent Care Program, etc. Call or check website for locations and dates.

The Open Hand Program (Dawson, Michael)
303-766-4111
www.michaeldawsoncounseling.com
13710 East Rich Place, Suite 100. Aurora, CO 80015
Specializes in grief and trauma in Junior High School aged children through adult ages. Also works with bereaved couples and families.
ANGER MANAGEMENT

Briggs, Jana, MA, NCC, LPC
303-495-0317
www.janabriggs.com
5777 S. Rapp St., Suite 204, Littleton, CO  80120
Play therapy; anger management.
Does not accept insurance.

Compass Educational Services
303-888-9675
www.compasstutoring.com
Strategies to help students flourish, including: tutoring, how to deal with learning difficulties, organization & time management skills, management of behavior conflicts at school and home, transitioning to high school, addressing all education gaps.

Counseling Solutions (John Eckenwiler, LMFT)
303-267-2282
www.therapyhelpnow.com
12900 Stroh Ranch Place, Suite 200, Parker, CO  80134
9220 Teddy Lane, Suite 1100, Lone Tree, CO  80124
Some insurances, private pay; might slide fees.

Douglas County School District
303-387-0095
303-387-0705
https://www.dcsdk12.org/
620 Wilcox Street, Castle Rock, CO 80104
Asset-Based Intervention classes that address anger management.

Dynamic Directions Counseling Services
303-688-1116
www.drug-rehab-headquarters.com
409 S. Wilcox St., Suite E, Castle Rock, CO  80104
Anger management counseling.

Four Seasons Counseling
303-369-0585
www.fourseasonscounseling.com
2121 S. Blackhawk St., Suite 210-S, Aurora, CO  80014
Aggression Replacement Training for teens.
Not currently accepting new clients. They normally accept Medicaid and most private insurance.
Hope Counseling Services (Bethany Adams, MA, NCC)
- 720-291-1482
- www.hopecounselingservices.org
- 400 Inverness Parkway, Suite 200, Englewood, CO 80012
- Anger management counseling, primarily for adolescents & younger children. Accept most private insurance including United Healthcare, CIGNA, Blue Cross/Blue Shield and Aetna. Do not accept Medicaid.

Legacy Comprehensive Counseling & Consulting
- 303-841-4005
- www.legacyparker.com
- 19751 E. Mainstreet, Suite 215, Parker, CO 80138
- Accepts most private insurance including United Healthcare, CIGNA, Blue Cross/Blue Shield and Aetna. Does not accept Medicaid.

National Institute for Change
- 303-231-0090
- http://www.nichange.com/
- Offices in Lakewood, Lone Tree, Golden, Aurora
- Groups, individuals. Parenting classes. Sliding scale fee.

Running Creek Counseling Services, Inc.
- 303-805-1218 x 102
- http://www.rccounseling.com/
- 18425 Pony Express Drive, Suite 203, Parker, CO 80134
- Anger management counseling (adults only at present).
- Accepts many types of private insurance including: CIGNA, Aetna, Humana and Golden Rail. Accepts Medicaid.

The Council
- 303-825-8113
- www.milehighcouncil.org
- 655 Broadway, Suite 200, Denver, CO 80203
- Anger management course (12 weeks) for youth ages 16-24 who are dealing with substance abuse and/or mental health issues.

Online Courses

Anger Class Online
- 949-715-2694
- Anger management course requirements for court, employers, or for personal reasons or requirements. 8, 12 and 26 hour classes.
Court Ordered Anger Management Online
321-251-7606
http://www.courtorderedangermanagementonline.com
4 hour, nationally recognized online anger management course that satisfies court orders and will work for parents & teens seeking new strategies.

Court Ordered Classes
661-312-0392
http://www.courtorderedclasses.com/citystates.html
Nationally certified court ordered classes online.
ARTS & CULTURE

Highlands Ranch Community Association
303-791-2500
www.hrcaonline.org
9650 Foothills Canyon Blvd, Highlands Ranch, CO 80129
Arts and crafts for all ages.

KidzArt
720-519-0901
www.kidzart.com
Art classes; after-school programs; summer camps.

Kidz Kulture
303-805-3263
www.parkerrec.com
Parker Cultural Commission, 19650 E. Mainstreet, Parker, CO 80138
Immersion in different aspects of art and culture.

Mizel Museum
303-394-9993 ext. 103
www.mizelmuseum.org
400 S. Kearney St., Denver, CO 80224
Weekly art classes; off-track camps; education about Judaism via the arts. Multicultural Workshops - ages K-Adult, Mystical Masks of Many Cultures.

Parker Arts, Culture & Events (PACE)
303-805-6800
www.pacecenteronline.org
20000 Pikes Peak Ave, Parker CO 80138
Ongoing arts & cultural experiences as well as classes for all ages; dance studio, media lab, teaching kitchen, art gallery, performance space.

South Suburban Parks & Recreation
303-708-3500
www.ssprd.org
10249 Ridgegate Cir., Lone Tree, CO 80124
Art classes along with a variety of other cultural offerings & special events.

Town of Castle Rock, Parks and Recreation Dept.
303-660-1036
www.crgov.com
2301 N. Woodlands Blvd., Castle Rock, CO 80104
Child, Youth and Adult arts & crafts; dance; adaptive recreation; fitness.

Town of Parker, Recreation Deptment
303-841-4500
www.parkerrec.com
17301 Lincoln Ave., Parker, CO 80134
Child, Youth and Adult arts & crafts; dance; sports.
Young Rembrandts
303-221-4433
www.youngrembrandts.com

Dance

Audience of One Theater
720-979-5765
http://www.audienceofonetheater.com/
P.O. Box 631340, Highlands Ranch, CO 80163
After-school and summer camp programs for youth ages 5 – 18; features stage, voice, and dance training.

Christian Youth Theater- Denver (CYT)
303-653-4716
www.cytdenver.org
9457 S. University Blvd., 239, Highlands Ranch, CO 80126
After-school theater program for youth ages 6-18, offering training in voice, dance, acting, directing, improve, comedy and more.

Colorado Ballet Academy – South School
303-221-1722
http://www.coloradoballet.org/academy
8230 S. Colorado Blvd, Suite B, Centennial, CO 80122
Dance classes for ages 3 through adult, including ballet, Hip-hop, jazz, and tap.

Colorado School of Dance
303-841-7233
www.coloradoschoolofdance.com
10510 S. Progress Way, Suite 103, Parker, CO 80134
Offering a variety of dance classes (ballet, jazz, modern, tap, hip hop, etc.) for all ages; pom training; performance troupes; annual production of “The Nutcracker.”

Cutting Edge Dance & Acro of Arvada and Castle Rock
303-688-5863
http://www.cuttinggedance.com/
740 Wilcox, Castle Rock, CO 80104
Dance and gymnastic classes for ages 2-adult; styles include tap, jazz, hip hop, ballet, and more.

Inspirations Dance Company
720-283-8000
http://inspirationsdanceco.com/
250 E. Dry Creek Rd., Suite 105, Littleton, CO 80122
Song, dance & poms classes for ages 2 – teens. Adult fitness classes.
Miller's Dance Studio
303-841-9620
www.millersdancestudio.com
10841 S. Crossroads Dr., Parker, CO 80134
Dance instruction in styles including ballet, tap, jazz, hip-hop, Irish step, modern.

Parker Arts, Culture & Events (PACE)
303-805-6800
www.pacecenteronline.org
20000 Pikes Peak Ave, Parker CO 80138
Ongoing arts & cultural experiences as well as classes for all ages; dance studio, media lab, teaching kitchen, art gallery, performance space.

South Suburban Parks & Recreation
303-708-3500
www.ssprd.org
10249 Ridgeway Cir., Lone Tree, CO 80124
Dance classes along with a variety of other cultural offerings & special events.

Town of Castle Rock, Parks and Recreation Deptment
303-660-1036
www.crgov.com
2301 N. Woodlands Blvd., Castle Rock, CO 80104
Child, Youth and Adult arts & crafts; dance; adaptive recreation opportunities; fitness.

Town of Parker, Recreation Deptment
303-841-4500
www.parkerrec.com
17301 Lincoln Ave., Parker, CO
Child, Youth and Adult arts & crafts; dance; sports.

Instrumental

Bartee Woodwind Studio
303-284-6434
https://sites.google.com/site/barteewoodwinds/
Private instruction for clarinet, saxophone, and flute for students of all ages.

Black & White Keys Piano Studio
303-791-7268
www.bwkeys.com
9978 Hawthorne St., Highlands Ranch, CO 80126
Specializing in instruction for children ages 4-12.

Castle Rock Music
303-688-0300
www.castlerockmusic.com
429 Wilcox Street, Castle Rock, CO 80104
Instruction for a variety of instruments.
Forte Academy of Music, Highlands Ranch
303-948-9221
www.forteacademy.com
8030 S. Holly St., Centennial, CO 80122
Music lessons for ages 4 – adult; piano, violin, voice, guitar, woodwinds, drums.

Gift of Music Studio
303-346-9134
www.giftofmusicstudio.com
453 Maximus Dr., Lone Tree, CO
Individual or group guitar instruction for youth ages 3-18.

Guitar Hero (Philip S. Miller Library)
303-791-7323
www.douglascountylibraries.org
100 S. Wilcox, Castle Rock, CO 80104
Drop-in program for teens to explore playing guitar.

My Music Skool
303-325-7426
www.mymusicskool.com
6955 S. York Street, Centennial, CO 80122
Music education ages 4 and up; individual, Suzuki method, and group lessons available. Piano; guitar; clarinet; drum; cello, violin, flute, and much more.

Parker Arts, Culture & Events (PACE)
303-805-6800
www.pacecenteronline.org
20000 Pikes Peak Ave, Parker CO 80138
Ongoing arts & cultural experiences as well as classes for all ages; dance studio, media lab, teaching kitchen, art gallery, performance space.

Piano Pathways
303-948-3335
www.pianopathways.org
10677 W. Centennial Rd., Littleton, CO 80127
Music & performing arts education for underserved youth of all ages; specializes in services to youth who live at a low socioeconomic status, are in foster care, and/or have special needs.

Simply Music
303-552-1318
http://www.simplymusic.com/
Highlands Ranch, CO
Piano instruction using the “Simply Music” method; all ages; free introductory lesson.

South Suburban Parks & Recreation
303-708-3500
www.ssprd.org
10249 Ridgegate Cir., Lone Tree, CO 80124
Guitar classes.
W.P. Piano Studio, LLC
303-791-8022
Lessons for all ages, infants to adults; 12 programs of educational excellence; programs for students with ADD, ADHD, dyslexia, other disabilities.

Stage

Audience of One Theater
720-979-5765
http://www.audienceofonetheater.com/
P.O. Box 631340, Highlands Ranch, CO 80163
After-school and summer camp programs for youth ages 5 – 18; features stage, voice, and dance training.

Christian Youth Theater- Denver (CYT)
303-653-4716
www.cytdenver.org
9457 S. University Blvd., 239, Highlands Ranch, CO 80126
After-school theater program for youth ages 6-18, offering training in voice, dance, acting, directing, improve, comedy and more.

Front Range Theater Company
866-879-7373
http://www.frontrangetheatre.org/
P.O. Box 1224, Castle Rock, CO 80104
Theater classes; audition techniques; youth ensemble; theater productions.

Kid Stage Classes and Productions
303-514-8600
www.kidstage.net
Various elementary schools throughout Douglas Co.
After school and off-track drama classes, leading to a production performed for the community.

Parker Arts, Culture & Events (PACE)
303-805-6800
www.pacecenteronline.org
20000 Pikes Peak Ave, Parker CO 80138
Ongoing arts & cultural experiences as well as classes for all ages; dance studio, media lab, teaching kitchen, art gallery, performance space.

South Suburban Parks & Recreation
303-708-3500
www.ssprd.org
10249 Ridgegate Cir., Lone Tree, CO 80124
Theatre classes.
Voice

Audience of One Theater
720-979-5765
http://www.audienceofonetheater.com/
P.O. Box 631340, Highlands Ranch, CO 80163
After-school and summer camp programs for youth ages 5 – 18; features stage, voice, and dance training.

Castle Rock Music
303-688-0300
www.castlerockmusic.com
429 Wilcox Street, Castle Rock, CO 80104
Instruction for a variety of instruments.

Christian Youth Theater- Denver (CYT)
303-653-4716
www.cytdenver.org
9457 S. University Blvd., 239, Highlands Ranch, CO 80126
After-school theater program for youth ages 6-18, offering training in voice, dance, acting, directing, improve, comedy and more.

Forte Academy of Music, Highlands Ranch
303-948-9221
www.forteacademy.com
8030 S. Holly St., Centennial, CO 80122
Music lessons for ages 4 – adult; piano, violin, voice, guitar, woodwinds, drums.
ASSESSMENTS – Psychiatric, Other

Behavioral Growing Tree
866-300-0822
www.behavioralgrowingtree.com
In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations. Insurance accepted.

Child Find
720-433-0020
https://www.dcsdk12.org/childfind/
Douglas County School District
3950 Trail Boss Lane, Castle Rock, CO 80104
Child Find is one of the primary public providers for developmental screening, assessment, and referral for children who have or are suspected of having developmental delays; from birth to 21 years of age.

Children’s Hospital
303-777-1234
http://www.childrenscolorado.org/conditions/behavior/index.aspx
Child Development Unit @ Children’s Hospital
13123 E. 16th Ave., Aurora, CO 80045
Diagnostic & treatment services for children with developmental delays, learning disabilities or behavioral problems. Comprehensive evaluations; specialized experience in working with children with Down Syndrome, Fragile X, autism, etc.

Developmental Disability Consultants, P.C. (Spragg, Paul, Ed. D., NCSP)
303-337-2210
http://www.ddconsultants.org/
1211 S. Parker Rd., Suite 200, Denver, CO 80231
Treatment, assessment, consultation, and training for severe developmentally disabled, Autistic, Downs Syndrome, self-injurious behavior, compulsions; technology assistance, community-based help. Accepts Medicaid and works with other insurance.

Grace Counseling Services (Matson, Rebecca, LPC)
720-489-8555
http://www.gracecounseling.net/
7921 South Park Plaza, Suite 204, Littleton, CO 80120
Specializes in work with victims of sexual or mental abuse; testing for learning disabilities; family and parenting skills. Does not accept insurance.

Guzman, Maria Elena, PhD
303-756-6870
3801 E. Florida Avenue, Suite 701, Denver, CO 80210
Specializes in trauma, depression, anxiety. Private testing; qualified to do most SPED testing. Services available in Spanish. Takes some insurance.
Hanze, Doug, PhD.
303-688-8658
http://hanzecounseling.com/
823 S. Perry St, Suite 100, Castle Rock, CO 80104
Individual, family, children, adolescents. Diagnose and treat depression, anxiety, ADHD and behavior disorders. Takes some insurance including: Blue Cross, Aetna, Infinity and Colorado Co-op.

Highlands Behavioral Health System
720-348-2800
www.highlandsbhs.com
8565 S. Poplar Way, Littleton, CO 80130
Acute 24/7 inpatient mental health treatment for children & adolescents (ages 9-18) and adults; outpatient day treatment for adults; free assessments. Takes most private insurance except Kaiser. Accepts Medicaid.

Howard, Rebecca PsyD, LLC
303-730-8083
www.drrebeccaihoward.com
609 W. Littleton Blvd., Suite 303, Littleton, CO 80120
Assessments available for use in Gifted and Talented, Twice- Exceptional, Attention Deficit Hyperactivity Disorder, Learning Disorders, Mood and Thought Disorders. An introductory session can be provided at no cost if requested by the potential client. Scholarships may be available for clients with demonstrated need for both therapy and assessment. This is determined on a case to case basis during the introductory session and ranges between 10-50% discount off of normal fee. Accepts the following private insurance: United, Cigna, Rocky Mountain and Colorado Co-op. Does not accept Medicaid.

Instructional ABA Consultants
331-229-8839, ext 1
http://www.instructional-aba.com/index.html
312 Wilcox St., Castle Rock, CO 80104
In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training. Accepts the following insurances: private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

Kendall-Grove, Kwai, PhD.
303-662-9670
http://drkendallgrove.com/
2305 E. Arapahoe Road, Suite 149, Centennial, CO 80122
Specializes in adolescents, eating disorders, depression, anxiety, ADHD evaluations. Ages 5 and up.
No insurance but accepts sliding scale.
Legacy Comprehensive Counseling & Consulting
303-841-4005
www.legacyparker.com
19751 E. Mainstreet, Suite 215., Parker, CO  80138
Individual and group counseling for individuals, children and families.
Specializing in social skills, adjusting to divorce, parenting skills & classes, anger management, mental illness, stress, attachment issues, testing & assessment for behavior & psychological concerns (particularly ADHD, other learning challenges and developmental disabilities), behavior management, supervised parenting, child/family investigations.
Accepts most private insurance including: United Healthcare, CIGNA, Blue Cross/Blue Shield and Aetna. No Medicaid.

Sandstone Care
720-307-3970
www.sandstonecare.com
2100 S. Cherry St., #204, Denver, CO 80222
Provides substance abuse and co-occurring mental health treatment services for teens and young adults. Includes after school teen program that incorporates individual and group therapy, family counseling, visits with our MD psychiatrist, and academic and vocation support.
Accepts these insurances: Value Options, United Health Care, Cigna, Aetna, Humana, Mines and Assoc, Rocky Mountain Health Plans, United Behavioral Health, and Blue Cross/Blue Shield.

Southeast Psychotherapy Associates, PLLC
303-694-1795
www.sepsychotherapy.com
6081 S. Quebec St., Suite 103, Englewood, CO  80111
Assessment of addictions, depressive disorders, educational and intellectual function, ADHD.

The Child and Adolescent Behavioral Supports, LLC
303-660-5397
http://www.cabsupports.com/
Littleton Office :
609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120
Denver Office :
1633 Fillmore St., Suite 390, Denver, CO 80206
Provides counseling and services for children, adolescents, their parents and family groups.
Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.
Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

Thoreson, Kirk, PsyD
303-550-0030
www.drkirkthoreson.com
1221 S. Clarkson St. Suite 302 Denver, CO 80210
Psychological and educational testing & assessment; specializing in learning disabilities, ADHD, depression, childhood anxiety. Accepts some insurance or sliding fee scale; free 20 minute phone consult.
Trathen, Dan, DMin, Ph.d
303-593-0575
http://drtrathen.com/
19284 E. Cottonwood Dr., Suite 202, Parker, CO 80138
Psychological assessment; EMDR; couples & families; all ages.

Worthing Carol Ann, PhD
303-663-5846
www.individualandfamilypsychotherapy.com
240 Wilcox St., Castle Rock, CO 80104
Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.
No private insurance or Medicaid. Flexible Spending Accounts and HSA Accounts. Assists with paperwork for out-of-network benefits.
CHILD WELFARE AND PROTECTIVE SERVICES

Colorado CASA
303-623-5380
www.coloradocasa.org/
1660 S. Albion Street, Suite 309, Denver, CO 80222
Helping abused & neglected children throughout Colorado.

Douglas County Human Services
303-688-4825
http://www.douglas.co.us/humanservices/
4400 Castleton Court, Castle Rock, CO 80109
(To report child abuse, ask for Intake Worker) Child Protection; Youth in Conflict.

Families First
Family Support Line: 303-745-0327
Statewide Toll-Free: 1-877-695-7996
Consejos Para Familias: 1-866-527-3264
www.familiesfirstcolorado.org
2163 S. Yosemite, Denver, Colorado 80231
Support, information and community referral on parenting and child development issues; resources for parents and primary caregivers via confidential phone consultations.

Juvenile Assessment Center, 18th J.D.
720-874-3381
www.jac18.org
7375 S. Potomac St., POD 5, Centennial, CO 80112
Serves youth ages 10-17; jail screening; house arrest; mental health assessment; general services assessment; case management; family intervention.

National Runaway Switchboard
1-800-RUNAWAY
1-800-786-2929
http://www.1800runaway.org/
Resources and crisis counseling for youth and parents; 24-hour hotline; confidential counseling; coordinates Operation Home Free with Greyhound.

Servicios de la Raza
303-458-5851
www.serviciosdelaraza.org
4055 Tejon Street, Denver, CO 80211
Supportive services for Hispanic/Latino children, HIV, Mental Health, Food Bank, Domestic Violence.

Tennyson Center (CO Christian Home)
303-433-2541
www.tennysoncenter.org
2950 Tennyson St., Denver, CO 80212
Treatment for children ages 5-14; focus on abused and neglected children along with parent training.
The Blue Bench
Office: 303-329-9922
24 hour hotline: 303-322-7273
Spanish Language: 303-329-0031
TTY: 303-329-0023

http://thebluebench.org/

The Crisis Center
Main Office: 303-688-1094
Hotline: 303-688-8484
http://www.twcfoc.org/
P.O. Box 367, Castle Rock, CO 80104
Counseling and shelter for victims of domestic violence and their children.
CULTURE-SPECIFIC RESOURCES

African American Resources

African-American Leadership Institute
303-299-9055
www.aali-rockymtn.org
700 e. 24th Ave. Suite 8, Denver, CO 80205
Workshops, conferences & events that foster leadership within the African American Community. Mentors & youth-oriented workshops.

Brother Jeff’s Cultural Center & Café
303-297-0823
www.brotherjeff.com
2836 Welton St., Denver, CO 80205
Open mic sessions (spoken word, poetry), jazz bands, film premiers & connections; Kwanzaa celebrations every year.

Stiles African American Heritage Center
303-294-0597
http://stilesheritagecenter.org
2607 Glenarm Place, Denver, CO 80205
Located in historic Five Points and celebrating African American history; host of the annual Juneteenth celebration in Denver.

Asian / Pacific Islander Resources

Asian Chamber of Commerce (Pan-Asian)
303-595-9737
www.asianchambercommerce.org
924 W. Colfax St., Suite 104-G, Denver, CO 80204
Assisting the Asian community in business & economic development.

Asian Pacific Development Center
www.apdc.org
1544 Elmire St., Aurora, CO 80010 303-365-2959
1825 York St., Denver, CO 80206 303-393-0304
1551 S. Monroe St., Denver, CO 80210 720-424-0694
Providing culturally appropriate health, mental health and related services for Asian American Pacific Islander community in the metro area. Translation services in a variety of languages. Advocacy in addressing education, employment, poverty and access to resources - supporting a healthy & empowered community.

Aurora Asian / Pacific Community Partnership
303-326-8695
www.auroraasian.org
15151 E. Alameda Pkwy, Suite 2300, Aurora, CO 80012
Encouraging a high quality of life for all Asian / Pacific community members.
Filipino American Community of Colorado
303-233-6817
www.filam-colo.org
1900 Harlan St., Edgewater, CO 80214
Sharing & supporting the Filipino culture.

Hmong American Association of Colorado
www.hmongcolorado.org
1370 E. 96th Drive, Thornton, CO 80229
Sharing & supporting the Hmong & Laotian cultures.

Indian American Friendship Council
720-323-7799
5411 S. Helena St., Centennial, CO 80015
Sharing & supporting the eastern Indian culture.

English As A Second Language Classes

Douglas County Libraries
303-791-7323
http://douglascountylibraries.org
Practice Your English Classes
10:30 a.m. on Saturdays; casual conversation with other English learners & a trained volunteer facilitator.
Highlands Ranch Library Branch: 9292 S. Ridgeline Blvd., Highlands Ranch, CO 80129
Parker Library Branch: 10851 S. Crossroads Dr., Parker, CO 80134

ESL Book Clubs
Please call 303-791-7323 for locations, dates, and times. The following locations offer different book clubs.
Highlands Ranch Library Branch: 9292 S. Ridgeline Blvd., Highlands Ranch, CO 80129
Parker Library Branch: 10851 S. Crossroads Dr., Parker, CO 80134
Philip S. Miller Library, 100 S. Wilcox St., Castle Rock, CO 80104

One 2 One Adult Tutoring
Accepting applications during February, March, August & September. Submit an Adult Literacy Learner application & be placed on the wait list for a tutor at any Douglas County Library location. Visit www.douglascountylibraries.org for more info.

St. Francis of Assisi Roman Catholic Church
303-688-3025 ext. 100
http://www.stfranciscr.org/esl
2746 Fifth St., Castle Rock, CO 80104
Yearly ESL classes that follow the DCSD school calendar. There is a $40 fee.
Jewish Resources

Jewish Family Services
303-597-5000
www.jewishfamilyservice.org
3201 S. Tamarac Dr., Denver, CO 80231
Senior services include: assisted living, meal delivery. Food pantry, resettlement department for immigrants, group home, vocational training and employment assistants.

Latino Resources

Café Cultura
720-394-6589
http://www.cafecultura.org/
Providing showcases for the work of latino, chicano & indigenous people in the Denver area.

Servicios de la Raza
303-458-5851
www.serviciosdelaraza.org
4055 Tejon Street, Denver, CO 80211
Services to Latino community include individual and group counseling, medication management, and evaluations, HIV, mental health, Food Bank, domestic violence.

St. Francis of Assisi Community Assistance
303-688-3025
www.stfranciscr.org
St. Francis of Assisi Catholic Church
2746 Fifth Street, Castle Rock, CO 80104
Interpretation services, resource coordination for latino individuals who are here with or without documentation.

Native Resources

American Indian College Fund
303-426-8900
800-776-3863
http://www.collegefund.org/
8333 Greenwood Blvd., Denver, CO 80221
The American Indian College Fund raises funds from corporations, foundations, and individuals to provide scholarships and to build an endowment for Tribal Colleges in the U.S.
The colleges, which are located on or near reservations, provide academic, vocational, and technical educational opportunities to thousands of Native American students.

Café Cultura
720-394-6589
http://www.cafecultura.org/
Providing showcases for the work of latino, chicano & indigenous people in the Denver area.
Colorado Commission of Indian Affairs
303-866-5470
https://colorado.gov/ccia
Ernest House, Executive Director
Office of the Lieutenant Governor
130 State Capitol Building
Denver, CO 80203

Colorado Springs Indian Center
719-599-8630
http://www.coloradospringsindiancenter.com/
701 N. 20th St., Colorado Springs, CO 80904

Denver Indian Center
303-936-2688
www.denverindiancenter.org
4407 Morrison Road, Denver, CO 80219
Native Workforce service; educational programs; food bank; youth programs; Veteran services; support for elders; cultural events & connections.

Denver Indian Family Resource Center
303-871-8035
http://difrc.org/
4407 Morrison Road, Suite 100, Denver CO 80219
Family preservation & reunification programs; welfare advocacy; resource & referral service; YES! Academy for youth aging out of foster care.

Denver March Powwow, Inc.
303-934-8045
www.denvermarchpowwow.org
P.O. Box 19178, Denver, CO 80219
Native drummers, dance groups, connections with many tribes & lots of activities.

First Nations Development Institute
303-774-7836
http://www.firstnations.org
351 Coffman St., Suite 200, Longmont, CO 80501
Financial counseling (investing, native business development), Native foods & health, Native nonprofit counseling, online knowledge center.

Native American Bank
303-988-2727
800-368-8894
www.nabna.com/
999 18th St., Suite 2460, Denver, CO 80202
All banking services.

Native American Rights Fund
303-447-8760
http://www.narf.org/
1506 Broadway, Boulder, CO 80302
Nonprofit law firm dedicated to advocating for the rights of tribes & individuals.
Rocky Mountain Indian Chamber of Commerce
303-629-0102
http://www.rmicc.org/index.html
924 W. Colfax Av., Suite 104F, Denver, CO 80204
Monthly business networking and resource events; yearly Indian Biz Expo.

Southern Peaks Regional Treatment Center
719-276-7567
www.abraxasyfs.com
700 Fourmile Parkway, Canon City, CO 81212
Residential treatment program for males and females, ages 10-21; delinquent or dependent youth; history of behavioral/mental health disorders and drug/alcohol issues. Gender-specific programming. Offers the Medicine Bear Native American track.

Southern Ute Tribe
970-563-0100
http://www.southernute-nsn.gov/
Leonard C. Burch Building
P. O. Box 737, 356 Ouray Drive, Ignacio, CO 81137

Spirit of the Sun
303-835-6942
www.spiritofthesun.org
357 S. McCaslin Blvd., Suite 200, Louisville, CO 80027
Economic development support for the native community.
P. O. Box 109, Towaoc, CO 81334

White Bison Wellbriety Training Institute
1-877-871-1495
719-548-1000
www.whitebison.org
701 N. 20th St., Colorado Springs, CO 80904
Youth & adult “Wellbriety” programs for sobriety and wellness, specifically for the native community; firestarter program.
CYBER-SAFETY

Youth Education and Safety in our Schools (YESS)
303-814-7033
http://www.dcsheriff.net/yess/
4000 Justice Way, Castle Rock, CO 80109
Middle school education curriculum; elementary school presentations by officers; Text-A-Tip; community mobilization.
DAYCARE / CHILDCARE OPTIONS

**Colorado Child Care Assistance Program (CCCAP)**
303-688-4825 EXT. 5343  
http://www.coloradoofficeofearlychildhood.com/#child-care-assistance-program/cu2m  
4400 Castleton Court, Castle Rock, CO  80109  
Childcare assistance for families who financially qualify.

**Douglas County Child Care Association**
303-841-7718  
www.douglascountychildcare.com  
**Referrals:**  
Castle Rock: 303-707-0812  
Highlands Ranch-Lone Tree: 303-791-6970  
Parker and Elizabeth area: 303-841-5899  
Referrals to local licensed childcare providers; resources for providers.

**Douglas County Early Childhood Council (DCECC)**
720-560-7300  
www.dcearlychildhood.org  
3950 Trail Boss Ln., Castle Rock, CO  80104  
Early childhood Council for Douglas County working to build community awareness of and connections to early childhood services.

**Douglas County Human Services**
303-688-4825  
http://www.douglas.co.us/humanservices/  
4400 Castleton Court, Castle Rock, CO  80109  
(To report child abuse, ask for Intake Worker) Child care assistance (referrals, finances, access to CCCAP listed above).

**Investigating Providers**
303-866-5958  
http://www.colorado.gov/apps/cdhs/childcare/lookup/index.jsf  
To obtain a licensed provider's records.
DENTAL CARE

Colorado Access (Medicare)
303-751-2436
877-287-6767
http://www.coaccess.com/
10065 E. Harvard Ave, Suite 600, Denver CO 80231
Oral health plan for folks who have Medicare Parts A & B or Medicaid.

Colorado Low-Income Dental Program
303-430-7399
1245 East Colfax Drive, Suite 301, Denver CO 80218
Low-cost dentistry, including: first visit (x-rays & consult) is $55.00; people who qualify will receive additional services at 40-60% off the regular fee. All counties served; bring proof of income, address, & photo ID (Mexican Consular ID is OK).

Denver Rescue Mission
303-294-0157
http://www.denverrescuemission.org/our-services/emergency-care
1130 Park Ave. West, Denver, CO 80205
Dental grants for people in need; full dentures & other services.

Inner City Health Center
303-296-4873
www.innercityhealth.com
3800 York Street, Denver, CO 80205
Extraction covered by Medicaid; sliding scale fees; oral hygiene class.

Kids In Need of Dentistry (KIND)
303-733-3710
www.kindsmiles.org
2465 South Downing St., Suite 210, Denver, Colorado 80210
Dental work covered by Medicaid & CHP+.

Medicaid-Paid Dentist Locator
303-866-5459

Metro Community Provider Network
303-360-6276
www.mcnp.com
Locations throughout the metro area
Provides a range of low-cost dental services; sliding scale, Medicaid, CHP+, CO Indigent Care Program, etc.

National Foundation of Dentistry
303-534-5360
http://www.nfdh.org/
1800 15th Street, Suite 100, Denver, CO 80202
Dental house calls for homebound persons and persons with disabilities; sliding scale fees.
Stout Street Dental Clinic Colorado Coalition for the Homeless
303-291-5165
2145 Champa St., Denver, CO
Provides a range of dental services for those without shelter; walk-ins; emergencies; low-cost.

Theroux Orthodontics
303-779-0565
www.drtheroux.com
10450 Park Meadows Dr., Suite 300, Lone Tree, CO 80124
Children ages 11-18 may qualify to receive free orthodontic treatment if the family income falls
at 180% of poverty level or below; application is required, demonstrating achievement in
school as well as community service.

University of Colorado School of Dentistry
303-724-6900
http://www.ucdenver.edu/academics/colleges/dentalmedicine/Pages/DentalMedicine.aspx
13065 E. 17th Ave., Aurora, CO 80045
The School of Dental Medicine has temporarily reduced a number of treatment fees in our pre-
doctoral student clinic. These reductions include complete dentures, posterior endodontic
treatments, and ceramic crowns.
DOMESTIC VIOLENCE

Services for Victims

National Domestic Violence Hotline
800-799-SAFE
800-799-7233
TTY: 800-787-3224
http://www.thehotline.org/

National Network to End Domestic Violence
800-537-2238
http://www.nnedv.org/resources/nationalorgs.html
Please see website for a listing of resources.

SafeHouse Denver
303-318-9989
www.safehouse-denver.org
Shelter; advocacy services.

The Crisis Center
24-hour crisis: 303-688-8484
303-688-1094
1-888-247-7472
http://twcfoc.org/
Shelter; victim advocacy; counseling; Violence Prevention Institute.

Services for Abusers

National Institute for Change
303-231-0090
http://www.nichange.com/
Offices in Castle Rock, Lakewood, Lone Tree, Golden
Groups, individuals. Parenting classes. Sliding scale fee.

Running Creek Counseling Services, Inc.
303-805-1218 ext. 102
http://www.rccounseling.com/
18425 Pony Express Drive, Suite 203, Parker, CO 80134
Accepts the following insurance: CIGNA, Aetna, Medicaid, Humana and Golden Rail.
DRIVER INSTRUCTION / RESOURCES FOR TEEN DRIVERS

A+ Driving School
303-400-4555
10841 S. Crossroads Dr., Parker, CO 80134
Drivers’ Education program; stick-shift training; testing for permits / drivers licenses; remedial training; senior assessments.

Affordable Driving School
303-840-7662
303-680-9291
www.affordabledrivingsch.com
18002 E. Clarke Rd., Parker, CO 80134
5940 S. Gun Club Road, Suite 104, Aurora, CO 80016
Drivers’ Education program; Defensive Driving.

CDOT’s Teen Driving Resources
www.coteendriver.com
Online resources for parents (brochure/driving log) & teens (driving tool kit).

Cruisers Teen Driving
303-660-3456
www.cruisersteendriving.com
Drivers’ Education program; Defensive Driving.

Freedom Drivers Ed., LLC
20-253-5830
www.freedomdriversed.com
Driver’s Education classroom program, Driver Awareness, Online Course, Behind the Wheel with law enforcement instructors; written permit test & drivers test. Stimulating, challenging, teen-friendly and FUN.

Protect & Serve Driving Academy
303-694-6500
www.protectandserveacademy.com
7500 S University Blvd, Unit 110, Centennial, CO 80122
Driving skills classes.

Safe Kids USA & Safe Kids Colorado State
720-777-8412
www.safekids.org
13123 East 16th Avenue, Suite B911, Aurora, Colorado 80045
Model policy/law to ban texting while driving; access to www.distraction.gov, a website with resources and news about distracted driving; “Driven to Distraction” educational series.
The MasterDrive Experience
303-627-4447
www.masterdrive.com
15659 E. Hinsdale Dr., Englewood, CO  80112
Teen Driver Survival classes (comprehensive drivers’ ed); defensive driving skills; corrective driving programs.
EATING DISORDER TREATMENT

Eating Disorder Center of Denver
Toll Free: 866-771-0861
www.edcdenver.com
950 S. Cherry St., Suite 1010, Denver, CO 80246
Outpatient, partial hospitalization, and inpatient treatment of eating disordered individuals age 16 and older.

Grace Counseling Services (Gray, Kelley)
720-489-8555
http://www.gracecounseling.net/
7921 South Park Plaza, Suite 204, Littleton, CO 80120
Does not accept insurance.

Grace Counseling Services (Johnson, Vicki, MSW, LCSW)
303-798-8836
720-489-8555
http://www.gracecounseling.net/
7921 South Park Plaza, Suite 204, Littleton, CO 80120
Female adolescents, families, couples, groups; eating disorders, trauma.
Does not accept insurance.

Kendall-Grove, Kwai, PhD.
303-662-9670
http://drkendallgrove.com/
2305 E. Arapahoe Road, Suite 149, Centennial, CO 80122
Specializes in adolescents, eating disorders, depression, anxiety, ADHD evaluations. Ages 5 and up.
Does not accept insurance but will slide fees.

McAllaster-Schmitz & Associates (Amy McAllaster-Schmitz, M.A., LPC)
303-513-7822
www.amymscounseling.com
5777 S. Rapp Street, Littleton, CO 80120
Adolescent & adult counseling.

Mines and Associates
303-832-1068
800-873-7138
http://www.minesandassociates.com/
10367 W. Centennial Road, Suite 100, Littleton, CO 80127
Does not accept insurance. May offer sliding scale.

Schaffer, Stacy, MA, LPC
602-885-5485
www.stacyschaffer.com
5460 Ward Rd., Arvada, CO 80004
Specializing in Grief, Children and Adolescents in the Denver.
Starkey-Duncan, Renee, PhD.
303-747-4026
https://therapists.psychologytoday.com/rms/name/Renee_Starkey+Duncan_PhD_Denver_Colorado_94253 90 Madison St., Suite 405, Denver, CO 80206
Eating disorders, girls ages 12 and up, women’s issues. Will slide fees.

Uhernik, Julie, LPC, RN
303-918-1775
www.julieuhernik.com
19557 East Mainstreet, Suite 203, Parker, CO 80138
Adolescents, adults, couples, families; eating disorders, depression; will slide fees.
Takes most private insurance and several employee assistance plans. Does not currently accept Medicaid but may change.
EDUCATION

Bullying

Douglas County School District
303-387-0100
https://www.dcsdk12.org/
620 Wilcox, Castle Rock, CO 80104
Anti-bullying programs; Positive Behavior Supports.

Porter, William W., Ph.D
303-399-3542
Email: wwalesporter@gmail.com
967 Fillmore St. Denver, Co 80206 Educational Consultant specializing in adolescent depression and suicide. Author of Bully Proofing Your Schools*. Sliding scale; some insurance.

Safe2Tell
1-877-542-7233
http://safe2tell.org/
Focus on school violence & prevention; tip line; bullying prevention.

College Counseling / ACT & SAT Prep

Burdick, Linda, EdS, NCSP
303-718-0011
www.linkedin.com/in/lindalburdick
Locations convenient for parent/guardian/caregiver
School psychologist specializing in evaluations, education assessment, tutoring, test preparation for ACT & SAT, work with gifted & talented, and much more. Fee is $50.00 / hour for assessments & $40.00 for tutoring & test prep.

Compass Educational Services
303-888-9675
www.compass tutoring.com
P.O. Box 63894, Littleton, CO 80163
Strategies to help students flourish, including: tutoring, how to deal with learning difficulties, organization & time management skills, management of behavior conflicts at school and home, transitioning to high school, addressing all education gaps.

Huntington Your Tutoring Solution
303-617-0476
www.huntingtonlearning.com
11153 H South Parker Rd., Parker, CO 80134
Individualized tutoring in study skills, reading, writing, math and ACT/SAT exam prep.
Drop-Out / Expulsion / Truancy Prevention

**Compass Educational Services**
303-888-9675  
www.compasstutoring.com  
Strategies to help students flourish, including: tutoring, how to deal with learning difficulties, organization & time management skills, management of behavior conflicts at school and home, transitioning to high school, addressing all education gaps.

**Douglas County School District**
303-387-0100  
https://www.dcsdk12.org/  
620 Wilcox, Castle Rock, CO 80104  
School-based interventions; truancy prevention.

**Four Seasons Counseling**
303-369-0585  
www.fourseasonscounseling.com  
2121 S. Blackhawk St., Suite 210, Aurora, CO 80014  
Eight-week psycho-educational group for truancy intervention.

**Student Support Center DCSD**
303-387-0700  
11722 N. Dransfeldt Road, Parker, CO 80134  
Expulsion/Suspension School; case management for youth at-risk of drop-out or expulsion; drop-out retrieval; truancy prevention.

**Education Options**

**Eagle Rock School**
970-586-0600  
www.eaglerockschool.org  
2750 Notaiah Rd., Estes Park, CO 80517  
Residential boarding school in the Rockies, emphasizing experiential education and service learning; serving 15-17 year old at-risk kids struggling in public school.

**Education Sage, Inc.**
310-720-0390  
http://educationsageinc.com/  
7230 Fremont Court, Larkspur, CO 80118  
Coaching on brain-based learning.

**Emily Griffith High School (EGHS)**
720-423-4757  
http://eghs.dpsk12.org  
1250 Welton St., Denver, CO 80204  
Drop-out retrieval program for students 17-21 offering courses toward completion of a high school diploma; small class sizes, self-paced, credit recovery, counseling.
Firefly Autism
303-759-1192
http://www.fireflyautism.org/
2695 S. Jersey St., Denver, CO 80222
Serving children ages 18 months to 18 years old; assessment; social skill development; individual and group intervention; in-home assessment and coaching; school consultations; speech and occupational therapy; day treatment; therapeutic recreation; parent support and training.

Humanex Academy
303-783-0137
www.humanexacademy.com
2700 S. Zuni St., Englewood, CO 80110
Alternative middle & high school serving youth with learning & emotional challenges such as ADHD, bipolar disorder, anxiety, etc.

Instructional ABA Consultants
331-229-8839, ext 1
http://www.instructional-aba.com/index.html
312 Wilcox St., Castle Rock, CO 80104
In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training.
Accepts the following insurances: private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

Prescription for Success
303-993-4648
www.prescriptionforsuccess.net
Cognitive learning center in Parker, CO, that specializes in treating Dyslexia, ADHD, Slow Processing, Auditory and Visual Processing problems, Inadequate Memory, Sensory Processing Disorder, and much more. Our comprehensive testing will pinpoint "WHY" your child is having learning difficulties. A personalized learning plan is developed for the client. K-Adult students are welcome.
Does not accept insurance.

Prince Street Academy (A/D Mental Health)
303-730-8858
http://www.admhn.org/Services/ChildAdolescentFamily/TherapeuticDaySchool.aspx
Year-round CDE-approved school for children ages 9-18 with significant emotional or behavioral problems that prevent them from temporarily attending their own school; therapeutic services plus education programming five days a week.
Rocky Mountain School of Expeditionary Learning
303-759-2076
www.rmsel.org
1700 S. Holly St., Denver, CO 80222
K-12 school founded on Outward Bound ideals & emphasizing, academic achievement, character development, experiential education and service learning.

STEM School and Academy
303-683-7836
www.stemhigh.org
8773 Ridgeline Blvd., Highlands Ranch, CO 80129
DCSD charter school for grades 6-9 currently (6-12 within the next three years), designed to provide a rigorous core education during the regular school day with a Science, Technology, Engineering, and Math curriculum focus. STEM Academy is a before- and after-school enrichment program open to all students from any school and offers more than 40 classes & activities for a minimal fee (robotics, rocketry, RC model plane club, Raytheon Math Counts, 4-H Club, guitar, drama & much more). STEM Hybrid is primarily a home-school program that offers two days of classes per week for grades 6-10.

G.E.D.

Arapahoe/Douglas WORKS
720-733-7321
www.adworks.org
Philip S. Miller Library
100 Wilcox Street, Suite 198, Castle Rock, CO 80104
GED prep and testing; alternative school; school-to-work preparation.

Branson School Online
719-946-5531
888-863-7850
www.bransonschoolonline.com
101 Saddle Rock Dr., P.O. Box 128, Branson, CO 81027
Home-based public school program with standardized educational materials delivered online and via internet; diploma and GED programs.

GED Testing Service
1-800-626-9433
http://www.gedtestingservice.com/ged-testing-service
Information on obtaining a GED; practice tests.

The Colorado Department of Education
303-866-6613
http://www.cde.state.co.us/cdeadult/GEDindex.htm
GED Testing Program
201 E. Colfax Ave., Room 106, Denver, CO 80203
General information regarding the GED.
General School Stuff

Colorado Department of Education
303-866-6600
http://www.cde.state.co.us/cdeadult/GEDindex.htm
201 E. Colfax Ave., Denver, CO 80203
General education issues; GED information.

Douglas County School District
303-387-0100
https://www.dcsdk12.org/
620 Wilcox, Castle Rock, CO 80104
Public schools; charter schools; alternative schools; individual education plans; special needs programming; home school info.

Families First
Family Support Line: 303-695-7996
Statewide Toll-Free: 1-877-695-7996
Consejos Para Familias 1-866-527-3264
www.familiesfirstcolorado.org
Referrals to various educational resources, including special needs programs; workshops for parents in support of children’s education; info on No Child Left Behind & the Colorado Parent Information & Resource Center.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)
720-244-0899
www.pikespeakcounseling.com
12900 Stroh Ranch Way, Suite 220, Parker, CO 80134
ADHD; social skills groups; bullying prevention; former school counselor. Does not accept insurance only victim’s compensation.

Project PEAK (Parents Engaged in the Advancement of Kids)
http://schools.dcsdk12.org/education/staff/staff.php?sectiondetailid=79789&
Parent/school district partnership in support of Roxborough Primary & Intermediate School; connections between parents & classroom, activities, newsletter, information.

Gifted & Talented

Burdick, Linda, EdS, NCSP
303-718-0011
www.linkedin.com/in/lindalburdick
School psychologist specializing in evaluations, education assessment, tutoring, test preparation for ACT & SAT, work with gifted & talented, and much more. Fee is $50.00 / hour for assessments & $40.00 for tutoring & test prep.

Compass Educational Services
303-888-9675
www.compass tutoring.com
Strategies to help students flourish, including: tutoring, how to deal with learning difficulties, organization & time management skills, management of behavior conflicts at school and home, transitioning to high school, addressing all education gaps.
Douglas County School District
303-387-0100
https://www.dcsdk12.org/
620 Wilcox Street, Castle Rock, CO 80104
Gifted & Talented program available.

Higher Education in Douglas County

Arapahoe Community College
4700 Castleton Way, Suite 100, Castle Rock, CO 80109 303-660-3160
5900 S. Sante Fe Dr., Littleton, CO 80120 303-797-4222
15653 Brookstone Dr., Parker, CO 80134 303-734-4822
www.arapahoe.edu
Community college conveniently located in Douglas County; opportunities for 2-year associates degrees, many certifications, small class size, affordable, potential transfer of credits to 4-year institutions.

Homeless Students - Resources

Horatio Alger Scholarship for Homeless Students
866-763-9228
https://www.horatioalger.org/scholarships/index.cfm
Excellent college scholarship for youth who are homeless, were recently homeless or are at-risk of homelessness. High school seniors with a commitment to pursuing a four-year bachelor’s degree, are involved in community service, have demonstrated integrity and perseverance in overcoming adversity and have a minimum grade point average of 2.0. Apply for the scholarship by visiting.

Learning Disabilities

Achieve Reading (Effective Multisensory Learning)
720-328-9229
www.achievereading.com
264 Southpark Rd, Highlands Ranch, CO 80126
Highly skilled direct instruction with a credentialed teacher for youth & children with reading challenges; dyslexia intervention using the Slingerland Approach. Can meet with clients at schools or at the Achieve Reading business location; free assessment. Group, private or semi-private instruction.

Autism Home Support Services
http://www.autismhomesupport.com/
Denver
Provides In-Home ABA Therapy to kids on the Autism Spectrum. Accepts these insurances: Blue Cross/Blue Shield/Anthem, United Behavioral Health, Kaiser Permanente, Cigna, and Magellan. People are encouraged to still call even if their insurance is not listed. Will see if they can do a Single Case Agreement where you could get an in-network benefit. Does not accept Medicaid.
College Living Experience
800-486-5058
www.cleinc.net
1391 Speer Blvd., Suite 400, Denver, CO 80204
College/vocational school transition assistance for youth with special needs; tutoring; study skills; HS diploma assistance; independent living; social skills.

Compass Educational Services
303-888-9675
www.compass tutors.com
Strategies to help students flourish, including: tutoring, how to deal with learning difficulties, organization & time management skills, management of behavior conflicts at school and home, transitioning to high school, addressing all education gaps.

Council of Parent Attorneys & Advocates
410-372-0208
www.copaa.net
P.O. Box 6767, Towson, MD 21285
Support for parents of children with disabilities; national advocacy organization. Please refer to website for listing of Colorado Attorneys/Advocates.

Developmental Disability Consultants, PC
303-337-2210
www.ddconsultants.org
1211 S. Parker Rd., Suite 200, Denver, CO 80231
Offering a wide range of direct and consultative services to children and adults with disabilities, their families, teachers and service providers. Accepts Medicaid. Works with other insurance providers.

Douglas County School District
303-387-0100
https://www.dcsdk12.org/
620 Wilcox Street, Castle Rock, CO 80104
Public schools; charter schools; alternative schools; individual education plans; special needs programming; home school info.

Education Sage, Inc.
310-720-0390
http://educationsageinc.com/
7230 Fremont Court, Larkspur, CO 80118
Advocacy & educational services for students with learning challenges; experts on IEPs & 504 plans.

Firefly Autism
303-759-1192
http://www.fireflyautism.org/
2695 S. Jersey St., Denver, CO 80222
Serving children ages 18 months to 18 years old; assessment; social skill development; individual and group intervention; in-home assessment and coaching; school consultations; speech and occupational therapy; day treatment; therapeutic recreation; parent support and training
Grace Counseling Services (Matson, Rebecca, LPC)
720-489-8555
http://www.gracecounseling.net/
7921 South Park Plaza, Suite 204, Littleton, CO 80120
Testing for learning disabilities; family and parenting skills. Does not accept insurance, sliding scale may be available.

Hanze, Doug, PhD
303-688-8658
http://hanzecounseling.com/
823 S. Perry St, Suite 100, Castle Rock, CO 80104
Individual, family, children, adolescents. Diagnose and treat depression, anxiety, ADHD and behavior disorders.
Accepts the following insurance: Blue Cross, Aetna, Infinity and Colorado Co-op.

Humanex Academy
303-783-0137
www.humanexacademy.com
2700 S. Zuni St., Englewood, CO 80110
Alternative middle & high school serving youth with learning & emotional challenges such as ADHD, bipolar disorder, anxiety, etc.

Individual & Family Wholeness (Worthing Carol Ann, PhD)
03-663-5846
www.individualandfamilysychotherapy.com
240 Wilcox St., Castle Rock, CO 80104
Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues including ADD / ADHD.

Instructional ABA Consultants
331-229-8839, ext 1
http://www.instructional-aba.com/index.html
312 Wilcox St., Castle Rock, CO 80104
In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training.
Accepts the following insurances: private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.
Iolite Counseling, LLC
303-956-8949
www.iolitecounseling.com
900 Castleton Rd., Suite135, Castle Rock, CO  80109

Kendall-Grove, Kwai, PhD.
303-662-9670
http://drkendallgrove.com/
2305 E. Arapahoe Road, Suite 149, Centennial, CO  80122
ADHD evaluations. Ages 5 and up. Does not accept insurance but accepts a sliding scale.

Law Offices of Louise Bouzari, LLC
303-228-1616
http://bouzarilaw.com/
7887 E. Belleview, Suite 1100, Englewood, CO  80111
Specializing in representing children and their families in disputes with school districts and help defend juveniles who have been arrested in criminal cases.

Legacy Comprehensive Counseling & Consulting
303-841-4005
www.legacyparker.com
19751 E. Mainstreet, Suite 215., Parker, CO  80138
Individual and group counseling for individuals, children and families. Specializing in social skills, adjusting to divorce, parenting skills & classes, anger management, mental illness, stress, attachment issues, testing & assessment for behavior & psychological concerns (particularly ADHD, other learning challenges and developmental disabilities), behavior management, supervised parenting, child/family investigations. Takes most private insurance including: United Healthcare, CIGNA, Blue Cross/Blue Shield and Aetna. Does not accept Medicaid.

Lounsbrough, Craig, M.Div., LPC
303-593-0575 ext. 123
www.craig LPC.com
19284 Cottonwood Drive, Suite 202, Parker, CO 80138
Child, adolescent, ADD, ADHD, ODD and conduct disorders. No sliding scale, will reduce fee.

Max, Dana A., PsyD, PC
303-347-8498
www.danamax.com
5860 S. Curtice St., Littleton, CO  80120
Individual, family, group & couples psychotherapy; psychoeducational assessment; psychological testing; sees youth of all ages. Some insurance and will slide fees.
Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)
720-244-0899  
www.pikespeakcounseling.com  
12900 Stroh Ranch Way, Suite 220, Parker, CO 80134  
ADHD; social skills groups; bullying prevention; former school counselor. Does not accept insurance, only victim’s compensation.

Prescription for Success
303-993-4648  
www.prescriptionforsuccess.net  
Cognitive learning center in Parker, CO, that specializes in treating Dyslexia, ADHD, Slow Processing, Auditory and Visual Processing problems, Inadequate Memory, Sensory Processing Disorder, and much more. Our comprehensive testing will pinpoint "WHY" your child is having learning difficulties. A personalized learning plan is developed for the client. K-Adult students are welcome. Do not accept insurance.

Results Learning, LLC
303-771-1160  
www.results-learning.com  
5340 S Quebec St., Suite 320-South, Greenwood Village, CO 80111  
Individualized tutoring; free initial class.

Sandstone Care
720-307-3970  
www.sandstonecare.com  
2100 S. Cherry St., #204, Denver, CO 80222  
Provides substance abuse and co-occurring mental health treatment services for teens and young adults. Includes after school teen program that incorporates individual and group therapy, family counseling, visits with our MD psychiatrist, and academic and vocation support. Accepts these insurances: Value Options, United Health Care, Cigna, Aetna, Humana, Mines and Assoc, Rocky Mountain Health Plans, United Behavioral Health, and Blue Cross/Blue Shield.

Smith, Jenna K., MSW
303-951-4832 http://jennasmiththerapy.com/  
email: jenna@jennasmiththerapy.com  
5347 S. Valentia Way, Suite 120, Greenwood Village, CO 80111  
Specializing in working with elementary-age children & their families; divorce, grief & loss, anxiety, ADHD, parenting.

Social Pathways
303-332-6562  
www.socialpathways.com  
9568 University Blvd, Highlands Ranch, CO 80126 (Eastridge Recreation Bldg.)  
20120 E. Mainstreet, Parker, CO 80138 (Parker Recreation Bldg.)  
Toddlers to tweens. Testing for the following – social skills, social/emotional/behavioral; education level; cognitive abilities. Functional behavior assessment. In-school consultation and inservices. Social skills training & groups.
Southeast Psychotherapy Associates, PLLC
303-694-1795
www.sepsychotherapy.com
6081 S. Quebec St., Suite 103, Englewood, CO 80111
Assessment of addictions, depressive disorders, educational and intellectual function, ADHD.

The Child and Adolescent Behavioral Supports, LLC
303-660-5397
http://www.cabsupports.com/
Littleton Office:
609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120
Denver Office:
1633 Fillmore St., Suite 390, Denver, CO 80206
Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges. Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

The Counseling Place at Lone Tree (Sarah James, LCSW, CACII)
303-241-0421
http://www.counselinglonetree.com/
9224 Teddy Lane, Suite 103, Lone Tree, CO 80124
482 Happy Cayon Road, Castle Pines, CO 80108

Thoreson, Kirk, PsyD
303-550-0030
www.drkirkthoreson.com
1221 S. Clarckson St. Suite 302, Denver, CO 80210
Psychological and educational testing & assessment; specializing in learning disabilities, ADHD, depression, childhood anxiety. Accepts some insurance or sliding fee scale; free 20 minute phone consult.

Literacy

Douglas County Libraries
303-791-7323
www.douglascountylibraries.org
Click on “Literacy” for information on Adult Literacy, Book Start early childhood literacy and more.
Castle Pines Library: 7437 Village Square Drive, Suite 110, Castle Rock, CO 80108
Philip S. Miller Library in Castle Rock: 100 S. Wilcox St., Castle Rock, CO 80104
Highlands Ranch Library: 9292 Ridgeline Blvd., Highlands Ranch, CO 80129
Lone Tree Library: 8827 Lone Tree Pkwy., Lone Tree, CO 80124
Louviers Library, 7885 Louviers Blvd., Louviers, CO 80131
Parker Library: 10851 S. Crossroads Dr., Parker, CO 80134
Roxborough Library: 8357 N. Rampart Range Rd., Suite 200, Littleton, CO 80125
Online Educational Resources

Colorado Calvert Academy State Charter School
970-232-3317
www.coloradocalvertacademy.com
155 E. Boardwalk Dr. Suite 547, Fort Collins, CO 80525  877-403-5572
Online public charter school program serving students in grades K - 8; individualized learning in a partnership between parents / caregivers and educators.

The Colorado Cyberschool
303-387-9465
www.edcsd.org
312 Cantril St., Castle Rock, CO  80104
Online Douglas County School District  program serving students in grades K – 12; individualized learning that can be asynchronous or a more structured virtual classroom model. Student-centered learning communities to encourage acquisition of critical thinking, leadership, ethical and self-motivational skills.

Special Education / Needs

Achieve Reading (Effective Multisensory Learning)
720-328-9229
www.achievereading.com
264 Southpark Rd, Highlands Ranch, CO 80126
Highly skilled direct instruction with a credentialed teacher for youth & children with reading challenges; dyslexia intervention using the Slingerland Approach. Can meet with clients at schools or at the Achieve Reading business location; free assessment. Group, private or semi-private instruction.

Autism Home Support Services
http://www.autismhomesupport.com/
Denver
Provides In-Home ABA Therapy to kids on the Autism Spectrum. Accepts these insurances : Blue Cross/Blue Shield/Anthem, United Behavioral Health, Kaiser Permanente, Cigna, and Magellan. People are encouraged to still call even if their insurance is not listed. Will see if they can do a Single Case Agreement where you could get an in-network benefit. Does not accept Medicaid.

Behavioral Growing Tree
866-300-0822
www.behavioralgrowingtree.com
In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations. Insurance accepted.
Blue Horizon Therapy
303-886-9921
http://bluehorizontherapy.com/
Also On FaceBook
9340 Commerce Center St., Highlands Ranch, CO 80129
Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring. Hours include after-school and Saturdays. Accepts most major insurance including Medicaid.

College Living Experience
800-486-5058
www.cleinc.net
1391 Speer Blvd., Suite 400, Denver, CO 80204
College/vocational school transition assistance for youth with special needs; tutoring; study skills; HS diploma assistance; independent living; and social skills

Compass Educational Services
303-888-9675
www.compass tutoring.com
Strategies to help students flourish, including: tutoring, how to deal with learning difficulties, organization & time management skills, management of behavior conflicts at school and home, transitioning to high school, addressing all education gaps.

Connect Us
303-773-3960
www.connectus -now.com
6940 S. Holly Circle, Suite 230, Centennial, CO 80112
Social skill-building with children who are neuro-typical and those with Asperger’s Syndrome and Autism. School-readiness groups. After-school enrichment groups, playgroups, socialization groups.

Council of Parent Attorneys & Advocates
410-372-0208
www.copaa.net
P.O. Box 6767, Towson, MD 21285
Support for parents of children with disabilities; national advocacy organization. Please refer to website for listing of Colorado Attorneys/Advocates.

Developmental Disability Consultants, PC
303-337-2210
www.ddconsultants.org
1211 S. Parker Rd. Suite 200, Denver, CO 80231
Offering a wide range of direct and consultative services to children and adults with disabilities, their families, teachers and service providers. Accept Medicaid and work with other insurance providers.

DCSD Audiology Department
720-433-0022
Education Sage, Inc.
310-720-0390
http://educationsageinc.com/
7230 Fremont Court, Larkspur, CO 80118
Advocacy & educational services for students with learning challenges; experts in IEPs and 504 plans.

Federation of Families for Children’s Mental Health Colorado
720-855-3493
877-792-8886
www.coloradofederation.org
2950 Tennyson St., Denver, CO 80212
Advocacy and support for parents of children with a diagnosed mental illness; support in IEP process.

Firefly Autism
303-759-1192
http://www.fireflyautism.org/
2695 S. Jersey St., Denver, CO 80222
Serving children ages 18 months to 18 years old; assessment; social skill development; individual and group intervention; in-home assessment and coaching; school consultations; speech and occupational therapy; day treatment; therapeutic recreation; parent support and training.

Guzman, Maria Elena, PhD
303-756-6870
3801 E. Florida Avenue, Suite 701, Denver, CO 80210
Specializes in trauma, depression, anxiety. Private testing; qualified to do most SPED testing. Services available in Spanish.

Humanex Academy
303-783-0137
www.humanexacademy.com
2700 S. Zuni St., Englewood, CO 80110
Alternative middle & high school serving youth with learning & emotional challenges such as ADHD, bipolar disorder, anxiety, etc.

Instructional ABA Consultants
331-229-8839, ext 1
http://www.instructional-aba.com/index.html
312 Wilcox St., Castle Rock, CO 80104
In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training.
Accepts the following insurances: private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.
Law Offices of Louise Bouzari, LLC
303-228-1616
http://bouzarilaw.com/
7887 E. Belleview, Suite 1100, Englewood, CO 80111
Specializing in representing children and their families in disputes with school districts and help defend juveniles who have been arrested in criminal cases.

Legacy Comprehensive Counseling & Consulting
303-841-4005
www.legacyparker.com
19751 E. Mainstreet, Suite 215., Parker, CO 80138
Testing & assessment for behavior & psychological concerns (particularly ADHD, other learning challenges and developmental disabilities), behavior management. Accepts most private insurance including: United Healthcare, CIGNA, Blue Cross/Blue Shield and Aetna. Does not accept Medicaid.

Parent to Parent of Colorado
877-472-7201
www.p2p-co.org
801 Yosemite St, Denver, CO 80230
Support and advocacy network for families of those with special healthcare needs or disabilities

Prescription for Success
303-993-4648
www.prescriptionforsuccess.net
Cognitive learning center in Parker, CO, that specializes in treating Dyslexia, ADHD, Slow Processing, Auditory and Visual Processing problems, Inadequate Memory, Sensory Processing Disorder, and much more. Our comprehensive testing will pinpoint "WHY" your child is having learning difficulties. A personalized learning plan is developed for the client. K-Adult students are welcome.
Do not accept insurance.

Smith, Jenna K., MSW
303-951-4832 http://jennasmiththerapy.com/
email: jenna@jennasmiththerapy.com
5347 S. Valentia Way, Suite 120, Greenwood Village, CO 80111
Specializing in working with elementary-age children & their families; divorce, grief & loss, anxiety, ADHD, parenting.

Southeast Psychotherapy Associates, PLLC
303-694-1795
www.sepsychotherapy.com
6081 S. Quebec St., Suite 103, Englewood, CO 80111
Assessment of educational and intellectual function, ADHD.
The Child and Adolescent Behavioral Supports, LLC

303-660-5397
http://www.cabsupports.com/
Littleton Office:
609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120
Denver Office:
1633 Fillmore St., Suite 390, Denver, CO 80206

Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.

Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

**Tutoring / Enrichment**

**Blue Horizon Therapy**

303-886-9921
http://bluehorizontherapy.com/
Also On FaceBook
9340 Commerce Center St., Highlands Ranch, CO 80129

Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring. Hours include after-school and Saturdays.

Accept most major insurance including Medicaid.

**Burdick, Linda, EdS, NCSP**

303-718-0011
www.linkedin.com/in/lindalburdick

School psychologist specializing in evaluations, education assessment, tutoring, test preparation for ACT & SAT, work with gifted & talented, and much more. Fee is $50.00 / hour for assessments & $40.00 for tutoring & test prep.

**Club Z In-Home Tutoring**

866-448-8867
www.clubztutoring.com

K-12, personalized tutoring in-home.

**Compass Educational Services**

303-888-9675
www.compasstutoring.com

Strategies to help students flourish, including: tutoring, how to deal with learning difficulties, organization & time management skills, management of behavior conflicts at school and home, transitioning to high school, addressing all education gaps.
Connect Us

303-773-3960
www.connectus-now.com
6940 S. Holly Circle, Suite 230, Centennial, CO 80112
Social skill-building with children who are neuro-typical and those with Asperger’s Syndrome and Autism. School-readiness groups. After-school enrichment groups, playgroups, socialization groups.

Huntington Your Tutoring Solution

303-617-0476
www.huntingtonlearning.com
11153H South Parker Rd., Parker, CO 80134
Individualized tutoring in study skills, reading, writing, math and ACT/SAT exam prep.

Learning Rx Center

(303) 741-2300
http://www.learningrx.com/
7700 E. Arapahoe Road, Centennial, Colorado 80112
Progressive cognizant training center.

Prescription for Success

303-993-4648
www.prescriptionforsuccess.net
Cognitive learning center in Parker, CO, that specializes in treating Dyslexia, ADHD, Slow Processing, Auditory and Visual Processing problems, Inadequate Memory, Sensory Processing Disorder, and much more. Our comprehensive testing will pinpoint "WHY" your child is having learning difficulties. A personalized learning plan is developed for the client. K-Adult students are welcome.
Do not accept insurance.

Spanish Enrichment, Inc.

303-805-1472
www.spanishenrichment.com
P.O. Box 3166, Parker, CO 80134
Private & custom tutoring at your home.

Step to Success

303-805-0773
877-744-4771
www.steptosuccesstutoring.com
18632 Pony Express Dr., Suite 201 Parker, CO 80134
Offers several powerful learning programs that are designed to meet your child’s learning style, academic goals, and family schedule. Guaranteed to increase student achievement of 1 year or more in 30 sessions or less; 24/7 access to lessons.

Sylvan Learning Center

303-220-8607
http://tutoring.sylvanlearning.com/
9473 S. University Blvd, Highlands Ranch, CO 80126
Individual tutoring in home or at the library.
Vocational / Technical Institutes

Arapahoe Community College

www.arapahoe.edu
4700 Castleton Way, Suite 100, Castle Rock, CO 80109 303-660-3160
5900 S. Sante Fe Dr., Littleton, CO 80120 303-797-4222
15653 Brookstone Dr., Parker, CO 80134 303-734-4822
Community college conveniently located in Douglas County; opportunities for 2-year associates degrees, many certifications, small class size, affordable, potential transfer of credits to 4-year institutions.

Emily Griffith Technical College

720-423-4700
www.egos-school.com
1250 Welton St., Denver, CO 80204

Pickens Technical College

303-344-4910
http://www.pickenstech.org/
500 Airport Blvd, Aurora, CO 80011
Certifications & Associates degrees in Automotive Technology, Human Services (Barbering, Cosmetology, Nail Tech, etc.), and Health (Dental Assisting, CNA, Practical Nursing, Respiratory Care, IV Therapy).
EMERGENCY ASSISTANCE

Crime and Fire Reporting

Emergencies:
Dial 911

Non-Emergencies:
- Castle Rock Police Department 303-663-6100
- Douglas County Sheriff’s Office 303-660-7505
- Lone Tree Police Department 303-339-8150
- Parker Police Department 303-841-9800

Victim Services:

AllHealth Network
303-730-8858
http://www.allhealthnetwork.org/
61 W. Davies Ave., Littleton, CO 80120 303-797-9420
831 S Perry Street, Suite 100, Castle Rock, CO 80104 303-688-6276
10350 S. Dransfeldt, Parker, CO 80134 303-805-4312

Colorado Anti-Violence Program
303-852-5094
Toll Free:888-557-4441
www.coavp.org
P.O. Box 181085, Denver, CO 80218
Hotline for reporting hate crimes and domestic violence, particularly GLBTQ; crisis counseling.

The Denver Center for Crime Victims
www.denvervictims.org
P.O. Box 18975, Denver, CO 80218
24-hour hotline crisis counseling; support groups.

Food Banks / Support

Cherry Hills Community Church
303-791-4100
www.chcc.org
3900 Grace Blvd, Highlands Ranch, CO 80126
Manna Ministry hosts a food and clothing bank, etc.

Colorado Coalition for the Homeless
303-293-2217
www.coloradoalition.org
2111 Champa St., Denver, CO 80205
Resource for housing, medical, food.
Denver Indian Center
303-936-2688
www.denverindiancenter.org
4407 Morrison Road, Denver, CO 80219
Emergency housing, food, clothing, referrals for Native Americans.

Denver Rescue Mission - Lawrence Street Shelter
303-294-0157
http://www.denverrescuemission.org/lawrenceshelter
1130 Park Ave. West, Denver, CO 80205
Serving meals for all in need; shelter beds for men.

Douglas / Elbert Task Force
303-688-1114
www.detaskforce.org
1638 Park St., Castle Rock, CO 80109
Emergency assistance with clothing, food, lodging, transportation, utilities, activities, etc. Thrift store has all sorts of affordable treasures.

Food Bank of the Rockies
303-371-9250
Toll free: 877-460-8504
http://www.foodbankrockies.org/
10700 E. 45th Ave., Denver, CO 80239

Friends of Man
303-798-2342
www.friendsofman.org
P.O. Box 937, Littleton, CO 80160
Financial assistance for medical, food, clothing.

Hunger-Free Colorado
720-328-1284
http://www.hungerfreecolorado.org/
7000 South Yosemite Street, Suite 170, Centennial, CO 80112
Child Nutrition program; Summer Food Program; initiatives to end hunger in Colorado by 2015.

Inter-Faith Community Services
303-789-0501
www.ifcs.org
3370 S. Irving St., Englewood, CO 80110
Financial assistance for food, housing, clothing, school supplies, holidays.

Living Way Fellowship
303-797-7076
www.livingwayfellowship.org
345 E. Wildcat Reserve Parkway, Highlands Ranch, CO 80126
Hours of Operation; 1st and 3rd Tuesdays of each month 2:00 p.m. to 4:00 p.m.
Current driver’s license or other photo ID required. Items available include dry goods, canned foods, and personal care items.
Mile High United Way
303-433-8383
http://www.unitedwaydenver.org
2505 18th St., Denver, CO 80211
Emergency assistance for food, housing.

Parker Task Force/Food Bank
303-841-3460
www.parkertaskforce.org
20118 E. Mainstreet, Unit D, Parker, CO 80138
Emergency assistance with clothing, food, lodging, transportation, utilities, activities, etc.

Servicios de la Raza
303-458-5851
http://serviciosdelaraza.org/
4055 Tejon Street, Denver, CO 80211
Food, clothing for Latino clients.

Southeast Community Outreach (SECOR)
720-842-5621
www.secor.info
9650 Jordan Road Parker, CO 80134
Hours of Operation: Closed Monday and Tuesday. Wednesday 9:00 a.m. to 4:00 p.m.
Thursday 12:00 noon to 6:30 p.m. Friday 9:00 a.m. to 4:00 p.m. Must bring photo ID and proof of residency (phone and utility bills). Provides food, personal items, monetary and budgeting assistance. May visit twice per month.

St. Francis of Assisi Catholic Church
303-688-3025
www.stfranciscr.org
2746 Fifth Street, Castle Rock, CO 80104
Mobile food bank on various Saturdays; please call or see the website for dates & hours.
Emergency Psychiatric Services

Highlands Behavioral Health System
720-348-2800
www.highlandsbhs.com
8565 S. Poplar Way, Littleton, CO 80130
Acute 24/7 inpatient mental health treatment for children & adolescents (ages 9-18) and adults; outpatient day treatment for adults; free assessments.

Sexual Assault

The Blue Bench
Office 303-329-9922
24 hour hotline: 303-322-7273
Spanish Language: 303-329-0031
TTY: 303-329-0023
http://thebluebench.org/

Shelter Resources

American Red Cross
303-722-7474
719-632-3563
http://www.redcross.org//co/denve
444 Sherman St., Denver, CO 80203
1040 S. 8th Street, Colorado Springs, CO 80905

Denver Indian Center
303-936-2688
www.denverindiancenter.org
4407 Morrison Road, Denver, CO 80219
Emergency housing, food, clothing, referrals for Native Americans.

Denver Rescue Mission - Lawrence Street Shelter
303-294-0157
http://www.denverrescuemission.org/lawrenceshelter
1130 Park Ave. West, Denver, CO 80205
Serving meals for all in need; shelter beds for men.

Douglas / Elbert Task Force
303-688-1114
www.detaskforce.org
1638 Park St., Castle Rock, CO 80109
Emergency assistance with clothing, food, lodging, transportation, utilities, activities, etc. Thrift store has all sorts of affordable treasures.

Family & Senior Homeless Initiative
303-313-2440
www.fshi.org
6090 E. Smith Rd., Denver, CO 80216
Rental & security deposit assistance; other expenses.
Family Tree  
303-422-2133  
http://www.thefamilytree.org/  
3805 Marshall St., Wheat Ridge, CO  80033  
Motel vouchers (mostly in Jeff Co) during cold weather conditions; case management, referrals, food, hygiene supplies. Stays of 1 - 3 days.

Inter-Faith Community Services  
303-789-0501  
www.ifcs.org  
3370 S. Irving St., Englewood, CO  80110  
Financial assistance for food, housing, clothing, school supplies, holidays.

Mile High United Way  
303-433-8383  
http://www.unitedwaydenver.org  
2505 18th St., Denver, CO  80211  
Emergency assistance for food, housing.

Parker Task Force/Food Bank  
303-841-3460  
www.parkertaskforce.org  
20118 E. Mainstreet, Unit D, Parker, CO  80138  
Emergency assistance with clothing, food, lodging, transportation, utilities, activities, etc.

SafeHouse Denver  
303-318-9989  
www.safehouse-denver.org  
Shelter; advocacy services.

Safe Place TXT 4 HELP  
http://nationalsafeplace.org/text-4-help/  
Text the word “SAFE” to 69866  
For youth in crisis, particularly youth who are homeless or unsafe where they are currently living; a message will be texted back giving the nearest youth shelter location.

The Crisis Center  
Main Office:  303-688-1094  
Hotline:  303-688-8484  
http://www.twcfoc.org/  
Crisis counseling; shelter assistance for women & children victimized by domestic violence.

Urban Peak  
303-974-2908  
www.urbanpeak.org  
1630 S. Acoma, Denver, CO  80223  
Housing and life skills for homeless or runaway youth; education; case management; referrals.
Suicide Prevention & Support

Alternatives for Youth
303-894-9000
http://thrivingteens.org/ Arapahoe / Douglas Mental Health Network
303-730-8858
http://www.allhealthnetwork.org/
61 W. Davies Ave., Littleton, CO 80120 303-797-9420
831 S Perry Street, Suite 100, Castle Rock, CO 80104 303-688-6276
10350 S. Dransfeldt, Parker, CO 80134 303-805-4312

Highlands Behavioral Health System
720-348-2800
www.highlandsbhs.com
8565 S. Poplar Way, Littleton, CO 80130
Acute 24/7 inpatient mental health treatment for children & adolescents (ages 9-18) and adults; outpatient day treatment for adults; free assessments.

National Suicide Prevention LifeLine
1-800-273-8255
www.suicidepreventionlifeline.org

Safe2Tell
1-877-542-7233
http://safe2tell.org/

The Trevor Project
1-866-488-7386
http://www.thetrevorproject.org/
The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning youth.

Transportation

Make the Connection
1-800-786-2929
1-800-RUNAWAY
www.1800runaway.org
The mission of the National Runaway Switchboard (NRS) is to help keep America’s runaway, homeless and at-risk youth safe and off the streets.
EMPLOYMENT

ABLE: A Better Life Experience
303-920-9279
http://www.ablecolorado.com/
550 E. Thornton Pkwy, Suite 118, Thornton, CO 80229
Employment services for individuals with developmental disabilities; typically serving adults who've graduated.

Arapahoe/Douglas WORKS
720-733-7321
www.adworks.org
Philip S. Miller Library
100 Wilcox Street, Suite 198, Castle Rock, CO 80104
GED prep and testing; alternative school; school-to-work preparation.

Colorado Department of Education School to Work Alliance Program (SWAP)
303-866-6701
http://www.cde.state.co.us/SecondaryInitiatives/SchoolToWorkAllianceProgram.htm
Job placement, training, education, and follow-up services for youth ages 16-25 with mild to moderate barriers to employment.

Colorado Division of Vocational Rehabilitation (DVR)
303-866-2500
http://www.colorado.gov/cs/Satellite/CDHS-SelfSuff/CBON/1251580884712
2211 W. Evans, Denver, CO  80223
Employment and independent living assistance for individuals with physical/mental disabilities; diagnostic services; rehab technology; job placement, training.

Community Link
303-527-0627
www.emplink.org
6290 Lookout Rd, Boulder, CO  80301
Coaching, assessment, and job placement for individuals with disabilities.

Division of Vocational Rehabilitation (DVR) School to Work Alliance Program (SWAP)
303-866-4150
http://www.dvrcolorado.com/community_partners_school.php
11575 Sherman Street, 4th Floor, Denver, CO 80203
Year-round services including counseling and guidance, job development, job placement, on-the-job training and job-site support to assist young people with disabilities to become employed and self-sufficient.

Job Corps
800-733-5627
www.jobcorps.org
http://collbran.jobcorps.gov/home.aspx
57608 Highway 330 Collbran, CO 81624
Residential job training for youth ages 16-24; Colorado Job Corps camp in Collbran.
Rocky Mountain Youth Corps
970-879-2135
www.rockymountainyouthcorps.org
1705 13th Street. Steamboat Springs, CO 80487
Conservation crew experiences for youth ages 16-25; Yampa Valley Science School experiential education; mentoring.

EMPLOYMENT RESOURCES - Online

Disability Related Jobs & Information

ABILITY Jobs.com
http://abilityjobs.com/
ABILITY Jobs is the first and largest employment website for job seekers with disabilities. It provides a place where people with disabilities can seek employment confident they will be evaluated solely on their skills and experience.

Equal Opportunity Publications
http://www.eop.com/career.php
A premier diversity online job board that connects employers dedicated to hiring a diversified workforce with qualified job seekers in all career backgrounds.

Rocky Mountain ADA Center
1-800-949-4232
http://www.adainformation.org/
3630 Sinton Road, Suite 103, Colorado Springs, CO 80907
Provides information on the Americans with Disabilities ACT.

Diversity & Senior Related Job Search Sites

DiversityJobs.com
www.diversityjobs.com
Search thousands of new jobs everyday from diversity-friendly companies in your area.

DiversityWorking.com
http://diversityworking.com
Minority job search engine offers job seekers to search from 550,000 active and non-replicated diversity jobs and posts your resume directly to DiversityWorking.com for getting career opportunities in the workplace, whereby thousands of recruiter can contact you directly.

Experience Factor Recruitment Solutions
www.experiencufactor.com
A full-service recruitment firm that specializes in recruiting and placing experienced talent.

iHispano.com
www.ihispano.com
The premier resource for connecting aspiring and accomplished Latino professionals in a community experience that will assist them in realizing their professional and personal goals.
LatPro.com
www.latpro.com
LatPro service enables employers and recruiters to efficiently find professional candidates with language skills, international experience and/or multicultural knowledge.

Retired Brains
www.retiredbrains.com
Resources for Boomers, Seniors & Retirees.

RetirementJobs.com
www.retirementjobs.com
Job search engine for people over 50.

Senior Job Bank
www.seniorjobbank.org
Providing resources for the 50 plus audience looking for meaningful employment. On this site you can browse current job listings and connect to additional informational resources.

Seniors4Hire
www.seniors4hire.org
A nationwide online career center and a place for business that value a diverse workforce to actively recruit people in the U.S. 50 and older including retirees and senior citizens looking for a job and/or other ways to earn money.

Executive Level Job Search /Preparation Sources

6Figure Jobs
www.6figurejobs.com
Tailored for executives and senior-level professionals only.

Career Lab
www.careerlab.com
A career strategy and leadership development firm based in Denver, Colorado

MRI Network
www.mrinetwork.com
Recruitment network.

Federal Job Sites and Related Information

Federal Jobs Network
www.federaljobs.net
Career center created to help federal government job hunters find, apply for, and land government jobs.

Feds Hire Vets
http://www.fedshirevets.gov
Federal Government’s strategy for recruitment and employment of Veterans.
Health Care Job Sites

**HealthCare Jobs**
  [www.healthcarejobs.org](http://www.healthcarejobs.org)
  Helps job seekers locate healthcare jobs and explore all medical, hospital, and nursing jobs.

**Healthcare Source**
  [www.healthcaresource.com](http://www.healthcaresource.com)
  Healthcare job search engine with over 50,000 healthcare jobs available.

**HealthONE**
  Search for jobs within the largest healthcare system in the Denver metro area.

**Kaiser Permanente Careers**
  [www.kaiserpermanentejobs.org](http://www.kaiserpermanentejobs.org)

**MedJump**
  [www.medjump.com](http://www.medjump.com)
  Search medical, nursing, and other healthcare related jobs.

High Tech Job Sites

**ComputerWork.com**
  Matching technology ensuring job seekers are matched with their ideal job.

**Dice**
  [www.dice.com](http://www.dice.com)
  Search 72,913 tech jobs.

**ITJOBS**
  [www.itjobs.com](http://www.itjobs.com)
  ITJOBS was created to help the IT professional quickly and efficiently locate and assess the many job opportunities that now exist.

**Telecom Careers**
  [www.telecomcareers.net](http://www.telecomcareers.net)
  #1 Global Telecom and Wireless Job Board.

Mega Job Search Engines

**Indeed**
  [www.indeed.com](http://www.indeed.com)
  Search job sites, newspapers, associations and company career pages.
Juju
www.juju.com
Juju’s comprehensive search results link to millions of jobs found on thousands employer career portals, recruiter websites, and job boards all over the internet.

LinkUp Job Search Engine
www.linkup.com
Searching job openings from 20,336 company websites.

RealMatch
www.realmatch.com
RealMatch takes the job seeker’s qualifications and preferences and matches them with the employer’s requirements.

Simply Hired
www.simplyhired.com
Search 4,749,354 jobs across the web.

Veteran & Transitioning Military Specific Job Sites

Military.com
www.military.com
Connect with 2000+ military friendly employers.

Military Hire.com
www.militaryhire.com
Military hiring network.

TAOnline.com
www.taonline.com
Careers for transitioning military.

Veterans Corporation
http://www.veteranscorp.org/
Provides veterans and service disabled veterans with access to the tools required to become successful in business.

Vet Jobs
www.vetjobs.com
VetJobs makes it easy to reach transitioning military, National Guard, Reserve Component Members and veterans that have separated over the last several decades and are now productive members of the civilian work forces in all disciplines, and their family members.
FINANCIAL ASSISTANCE / COUNSELING

Colorado Foreclosure Hotline:
877-601-4673
http://www.coloradoforeclosurehotline.org/

Department of Human Services:
303-688-4825
4400 Castleton Court, Castle Rock, CO 80109
TANF – Temporary Assistance for Needy Families
OAP - Old Age Assistance
AND - Age Needy Disabled
Child Care Support: 720-874-8700

Douglas County Housing Partnership
303-784-7857
www.douglascountyhousingpartnership.org
9350 Heritage Hills Circle, Lone Tree, CO 80124
Foreclosure Hotline: 303-784-7856
Access point for affordable housing; foreclosure counseling/mediation.

Financial Advisory Service
Castle Rock Senior Center: 303-688-9498
http://castlerockseniorcenter.org/services.html
2323 Woodlands Blvd., Castle Rock, CO 80104
Parker Senior Center: 303-841-5370
10675 Longs Way, Parker, CO 80138

Friends of Man
303-798-2342
www.friendsofman.org
P.O. Box 937, Littleton, CO 80160
One-time, short-term assistance for a variety of basic and specialty needs.

Senior Outreach Services
303-660-7519
4400 Castleton Ct., Castle Rock, CO 80109

Supplemental Security Insurance:
Colorado Dept. of Human Services / Mental Health 303-866-7400
http://www.colorado.gov/cs/Satellite/CDHS-BehavioralHealth/CBON/1251581526512

Social Security Administration 800-772-1213
http://www.ssa.gov/pgm/services.htm
GAMBLING ADDICTION

Colorado Department of Revenue – Division of Gambling
303-662-0772
Information on Gamblers Anonymous, Gam-Anon, and other support groups.

Daily Strength
www.dailystrength.org
Anonymous and free online support groups, and education.

Problem Gambling Coalition of Colorado
1-800-522-4700
http://www.problemgamblingcolorado.org/
GANG INTERVENTION / PREVENTION

Gang Rescue And Support Program
303-777-3117
www.graspyouth.org
701 S. Logan St. Suite 109, Denver, CO 80209
Tattoo removal; support groups; outreach to gang-involved youth; RISE trauma program for victims or witnesses of gang violence.

Open Door Youth Gang Alternatives
303-893-4264
http://opendooryouth.org
1615 California St. Suite 712, Denver, CO 80202
Intensive Intervention & outreach program; prevention; parent program; professional development; Academic & Character Education program (ACE).
GAY / LESBIAN / BISEXUAL / TRANSGENDERED / QUESTIONING

ATL Foundation
www.atlfoundation.org
P.O. Box 740985, Arvada 80006-0985
Provides assistance to lesbians in need of financial help as a result of ill health or personal crisis. Either a woman in need or an advocate may submit application for services.

Columbine Unitarian Universalist Church
303-972-1716
www.columbineuuchurch.org
6724 S. Webster St., Littleton, CO 80128

Denver Family Institute
www.denverfamilyinstitute.org
7200 East Hampden Ave, Suite 301, Denver, CO 80224
4891 Independence, Suite 165, Wheat Ridge, CO 80033
303-756-3340
Family, couples and individual therapy counseling is available for a wide variety of issues including gay, lesbian, bisexual and transgendered individuals and couples. Therapy services fees are calculated using a reasonable sliding-fee scale based on the client’s annual household income. The fee range for a 50 minute therapy session is $15-$50. Some clients will also spread out appointments to further reduce their costs.

Gay / Straight Alliances:
9375 Cresthill Lane, Highlands Ranch, CO 80130
1991 Wildcat Reserve Pkwy, Highlands Ranch, CO 80129
303-387-2500
303-387-2000
Gathering of gay and straight students who advocate for understanding and diversity.

Parents and Friends of Lesbians and Gays (PFLAG)
www.pflagdenver.org
Helpline: 303-333-0286
1290 Williams St., Suite 4, Denver, CO 80218
303-573-5861
Support and resources for family and friends of GLBTQ community members

Prairie Unitarian Universalist Church
720-432-1782
www.prairieuu.org
Services held at Pine Grove Elementary School, 10450 Stonegate Pkwy, Parker Co 80134
Faith community; support groups; action groups.

Tamara G. Suttle Counseling
303-660-4989
www.tamarasuttle.com
6222 Lancaster Ave., Castle Rock, CO 80104
Individual, couple, and group therapy; trauma; abuse; grief/loss; GLBTQ.
The GLBT Community Center of Colorado
303-733-7743
http://www.glbtcolorado.org/
1301 E. Colfax Ave., Denver, CO 80218
The GLBT Community Center of Colorado is the third-oldest LGBT community center in the country. We engage, empower enrich and advance our community through statewide advocacy and nationally recognized cultural and educational programming.

The Trevor Project
1-800-488-7386
www.thetrevorproject.org
www.trevorspace.org
Crisis intervention for GLBTQ youth who are thinking about suicide or are otherwise in danger.

TransYouth Family Allies
888-462-8932
www.imatyfa.org
Advocacy, education and support for transgendered children and their families; online and in-person resources.
Children - Resources

AllHealth Network
303-730-8858
http://www.allhealthnetwork.org/
61 W. Davies Ave., Littleton, CO 80120 303-797-9420
831 S Perry Street, Suite 100, Castle Rock, CO 80104 303-688-6276
10350 S. Dransfeldt, Parker, CO 80134 303-805-4312
Individual & group counseling addressing grief & loss issues.

Briggs, Jana, MA, NCC, LPC
303-495-0317
www.janabriggs.com
5777 S. Rapp St., Suite 204, Littleton, CO 80120
Play therapy; anger management; grief/loss recovery; parenting counseling; couples therapy; relationship enhancement.
Does not accept insurance

Brodie, Judith, MA, LPC, LLC
303-503-5282
www.judithbrodie.com
6860 S. Yosemite Court, Suite 2000, Centennial, CO 80112
Kind, compassionate support for children, adults and families dealing with grief and loss, end-of-life transitions, serious illness or relationship difficulties.

Camp Comfort (Mount Evans Home Health Hospice)
303-674-6400
www.mtevans.org
3081 Bergen Peak Dr., Evergreen, CO 80439
Summer camp for bereaved children ages 6-12.

Children’s Grief Education Association
303-246-3826
www.childgrief.org
Grief education and support to bereaved children, their families and professionals in schools and community organizations through local, national and international outreach and training.

Integrative Therapy Solutions
720-285-6438
http://integrativetherapysolutions.org
Serving Aurora, Denver & south metro area
Children, teens, adults, couples, families.
Do not accept insurance.
Iolite Counseling, LLC
303-956-8949
www.iolitecounseling.com
900 Castleton Rd. Suite135, Castle Rock, CO 80109
Serving children through adults. Grief and loss groups for youth, as well as individual grief and loss counseling. Free initial consultation; sliding scale available. Only accept Mines and Associates employee assistance program.

Judi’s House
720-941-0331
www.judishouse.org
1741 Gaylord St., Denver, CO 80206
Peer support groups for grieving children; homey setting.

Michael Dawson Counseling
303-766-4111
http://michaelddawson.com/?page_id=12
13791 E. Rice Pl., Suite 100, Aurora, CO 80015
People partnered with horses to help bring healing to broken bodies and wounded souls; loss and grief. Accepts Anthem Blue Cross and Medicaid.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)
720-244-0899
www.pikespeakcounseling.com
12900 Stroh Ranch Way, Suite 220, Parker, CO 80134
Grief/Loss work with children, adolescents & families; certified play therapist; does not accept insurance; sliding scale available. Out of network for insurance. Only victim’s compensation.

Schaffer, Stacy, MA, LPC
602-885-5485
www.stacyschaffer.com
5460 Ward Rd., Arvada, CO 80004
Therapeutic services for children & adolescents with an emphasis on grief and loss, along with many other issues; specialty in play therapy. In-network provider for Blue Cross/Blue Shield and Humana. Also provider for Second Wind Fund of Metro Denver and Mines and Associates.

Smith, Jenna K., MSW
303-951-4832 http://jennasmiththerapy.com/
email: jenna@jennasmiththerapy.com
5347 S. Valentia Way, Suite120, Greenwood Village, CO 80111
Specializing in working with elementary-age children & their families; divorce, grief & loss, anxiety, ADHD, parenting.
The Child and Adolescent Behavioral Supports, LLC

303-660-5397
http://www.cabsupports.com/
Littleton Office:
609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120
Denver Office:
1633 Fillmore St., Suite 390, Denver, CO 80206
Provides counseling and services for children, adolescents, their parents and family groups.
Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and
developmental disabilities, opposition and conduct problems, social skills, teen issues, general
behavior issues, divorce, adoption-related concerns, education-based disabilities, and other
school challenges.
Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their
website for prices of services.

General Counseling Resources

AllHealth Network
303-730-8858
http://www.allhealthnetwork.org/
61 W. Davies Ave., Littleton, CO 80120
303-797-9420
831 S Perry Street, Suite 100, Castle Rock, CO 80104
303-688-6276
10350 S. Dransfeldt, Parker, CO 80134
303-805-4312
Individual & group counseling addressing grief & loss issues.

Briggs, Jana, MA, NCC, LPC
303-495-0317
www.janabriggs.com
5777 S. Rapp St., Suite 204, Littleton, CO 80120
Play therapy; anger management; grief/loss recovery; parenting counseling; couples therapy;
relationship enhancement.
Does not accept insurance.

Brodie, Judith, MA, LPC, LLC
303-503-5282
www.judithbrodie.com
6860 S. Yosemite Court, Suite 2000, Centennial, CO 80112
Kind, compassionate support for children, adults and families dealing with grief and loss, end-of-life transitions, serious illness or relationship difficulties.

GriefShare
http://www.griefshare.org/findagroup/search
See website for multiple locations
13 week faith-based support group for adults who have suffered the death of a loved one.
Tuesday evenings at New Hope Presbyterian.
HeartLight Center  
720-748-9908
http://www.heartlightcenter.org/
11150 E. Dartmouth Ave., Denver, CO 80014
Community support and resources for caregivers and the public dealing with end-of-life, death and grief concerns. Monthly support groups.

Integrative Therapy Solutions  
720-285-6438
http://integrativetherapysolutions.org
Serving Aurora, Denver & south metro area
Children, teens, adults, couples, families.
Does not take insurance.

Introspection Counseling (Michelle Stevens, MA, PLC, NCC, JD)  
303-916-8770
www.introspectioncounseling.com
2305 E. Arapahoe Rd., Littleton, CO 80122
Specializing in depression, grief / loss, anxiety / stress, infidelity, life transitions. Initial consultation is free; accepts some insurance & will slide fees.

Iolite Counseling, LLC  
303-956-8949
www.iolitecounseling.com
900 Castleton Rd. Suite135, Castle Rock, CO 80109
Serving children through adults. Grief and loss groups for youth, as well as individual grief and loss counseling.
Only accept Mines and Associates employee assistance program.

Michael Dawson Counseling  
303-766-4111
http://michaelddawson.com/?page_id=12
13791 E. Rice Pl., Suite 100, Aurora, CO 80015
People partnered with horses to help bring healing to broken bodies and wounded souls; loss and grief.
Takes Anthem Blue Cross and Medicaid.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)  
720-244-0899
www.pikespeakcounseling.com
12900 Stroh Ranch Way, Suite 220, Parker, CO 80134
Grief/Loss work with children, adolescents & families; certified play therapist; does not accept insurance; sliding scale available.
Out of network. Only accepts victim’s compensation.

Proactive Counseling Services  
303-917-6211
http://www.proactivecounselingservice.com/
1745 Shea Center Dr., Highlands Ranch, CO 80126
Individuals, couples; multiple approaches dealing with multiple issues such as marriage and family issues, parenting issues, depression, anxiety / stress, trauma, grief & loss.
Does not accept insurance but will assist with paperwork.
Schaffer, Stacy, MA, LPC
602-885-5485
www.stacyschaffer.com
5460 Ward Rd., Arvada, CO  80004
Specializing in Grief, Children and Adolescents in the Denver. Does not accept insurance but will slide fees.
In-network provider and accepts Blue Cross/Blue Shield and Humana. Provider for Second Wind Fund of Metro Denver and Mines and Associates.

Smith, Jenna K., MSW
303-951-4832 http://jennasmiththerapy.com/
email: jenna@jennasmiththerapy.com
5347 S. Valentia Way, Suite 120, Greenwood Village, CO  80111
Specializing in working with elementary-age children & their families; divorce, grief & loss, anxiety, ADHD, parenting.

Tamara G. Suttle Counseling
303-660-4989
www.tamarasuttle.com
6222 Lancaster Ave., Castle Rock, CO  80104
Individual, couple, and group therapy; trauma; abuse; grief/loss; GLBTQ.

The Child and Adolescent Behavioral Supports, LLC
303-660-5397
http://www.cabsupports.com/
Littleton Office:
609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120
Denver Office:
1633 Fillmore St., Suite 390, Denver, CO 80206
Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.
Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

Worthing Carol Ann, PhD
303-663-5846
www.individualandfamilys Psychotherapy.com
240 Wilcox St., Castle Rock, CO  80104
Psychological assessments for all ages; generalizing in most psychological issues.
No Medicaid or private insurance. Flexible spending and HSA accounts, paperwork for out-of-network benefits.
Hospices

Denver Hospice
303-321-2828
http://www.thedenverhospice.org/Pages/Default.aspx
501 S. Cherry St., Suite 700, Denver, CO 80246
Respite services for care givers; support groups during and after the terminal illness of a loved one; groups for children

Hospice of St. John
303-232-7900
http://hospiceofsaintjohn.org/Home.html
1320 Everett Court, Lakewood, CO 80215
End of life transition care for patient and family; respite care; pain management; grief/loss groups for teens and adults.

Legacy Hospice
303-660-6107
www.mylegacyhospice.com
412 Jerry St., Castle Rock, CO 80104
End of life care provided by an interdisciplinary team in-home, in long-term care or in assisted living; medical equipment available; 24 hour availability; bereavement support groups 1st & 3rd Thursday of each month at the Philip S. Miller Library in CR.

Pikes Peak Hospice & Palliative Care
719-633-3400
www.pikespeakhospice.org
Pikes Peak Hospice Unit at Penrose Hospital, 6th floor, West Tower
2222 North Nevada, Ave., Colorado Springs, CO 80907
End of life transition care for patient and family; respite care; pain management; grief/loss groups for teens and adults.
HANGOUTS FOR TEENS

Douglas County Libraries
303-791-7323
www.douglascountylibraries.org
Castle Pines Library: 7437 Village Square Drive, Suite 110, Castle Rock, CO 80108
Philip S. Miller Library in Castle Rock: 100 S. Wilcox St., Castle Rock, CO 80104
Highlands Ranch Library: 9292 Ridgeline Blvd., Highlands Ranch, CO 80129
Lone Tree Library: 8827 Lone Tree Pkwy., Lone Tree, CO 80124
Louviers Library, 7885 Louviers Blvd., Louviers, CO 80131
Parker Library: 10851 S. Crossroads Dr., Parker, CO 80134
Roxborough Library: 8357 N. Rampart Range Rd., Suite 200, Littleton, CO 80125

1 Liquid House
303-916-1515
www.1liquidhouse.com
6668 Lynx Cove, Littleton, CO 80124
Safe haven for youth; opportunities for creative expression, including zine (u.b.u. magazine) and live music; mentoring by adults in music, film, and magazine production careers.
HEALTH / NUTRITION

Alternatives Pregnancy Center
303-295-2288
www.youhavealternatives.org
See website for multiple locations
Counseling and alternatives for pregnant women of all ages; pre- and post-natal support; healthcare referrals; free pregnancy testing.

Castle Rock Family Acupuncture
303-660-4357
www.crfaclinic.com
One Oakwood Park, Suite 106, Castle Rock, CO 80104
Clinic of Oriental Medicine, LLC; acupuncture; holistic healthcare.

Center for Disease Control & Prevention
1-800-232-4636
http://www.cdc.gov/
Information & referrals on STDs.

Colorado AIDS Project
303-837-0166
www.coloradoaidsproject.org
2490 W. 26th Ave., Suite 300A, Denver, CO 80211
Grief and loss support after the death of a loved one from AIDS; case management for HIV+ clients.

Colorado Child Health Plan Plus
1-800-359-1991
www.cchp.org
P.O. Box 929, Denver, CO 80201
Affordable health care coverage for uninsured families; info available in Spanish.

Denver Indian Family Resource Center
303-871-8035
http://difrc.org/
4407 Morrison Road, Suite 100, Denver CO 80219
Health and fitness information tailored to Native Americans; diabetes screening/care; counseling; victim services.

Denver Metro Health Clinic
303-602-3560
http://www.denverstdclinic.org/
605 Bannock St., Suite 162, Denver, CO 80204
Free walk-in clinic; diagnosis and treatment of sexually transmitted diseases; confidential HIV test results line, appointments.
Doctors Care
303-730-1313
http://www.doctorscare.org/
609 West Littleton Boulevard, Suite 100, Littleton, Colorado 80120
Medical services for uninsured or underinsured children from newborn to age 21.

Metro Community Provider Network
303-360-6276
www.mcpn.com
Locations throughout the metro area
Provides a range of low-cost medical services for all ages; sliding scale, Medicaid, CHP+, CO Indigent Care Program, etc.

Planned Parenthood
303-798-0963
http://www.plannedparenthood.org/health-center/centerDetails.asp?f=2485&a=90210&v=details
131 W. County Line Rd., Littleton, CO 80129
Well-woman exams; family planning information.

Rocky Mountain MS Center
303-788-4030 ext. 1111
www.mscenter.org
8845 Wagner Street, Westminster, CO 80031
Neurology care for multiple sclerosis; adult day program; hydrotherapy; educational seminars; support groups; access to clinical trials.

Rocky Mountain Poison and Drug Center
1-800-222-1222
www.rmpdc.org
990 Bannock St., Denver, CO 80204
Regional poison and drug information center, providing emergency and non-emergency info about symptoms/treatment of poisonings.

Susan G. Komen for the Cure
877-465-6636
http://ww5.komen.org/BreastCancer/1877GOKOMEN.html
Resources and referrals for breast health and breast cancer.

Tri-County Health Department
303-663-7650
www.tchd.org
4400 Castleton Court, Castle Rock, CO 80109
Health Care Program for Children with Special Needs: 303-761-1340
www.tchd.org/hcp.htm
Vital Statistics: 303-220-9200
WIC Supplemental Nutrition, Pregnancy testing; nursing division; nutrition; environmental health.
WINGS Teen Parenting Program (DCSD)
303-387-0703
http://www.wingsteenparentprogram.com/about-wings/
2842 Front Street, Castle Rock, CO 80104
Douglas County School District program offering information on teen mother health & prenatal care.
HOUSING

ACCESS Housing
303-289-7078
6978 Colorado Blvd., Commerce City, CO
Rental assistance

Denver Rescue Mission - Champa House
303-294-9961
http://www.denverrescuemission.org/champahouse
2544 Champa St., Denver, CO 80205
Shelter housing for women and children, with stated goal of self-sufficiency.

Denver Rescue Mission – The Crossing
303-953-3900
http://www.denverrescuemission.org/thecrossing
6090 E. Smith Rd., Denver, CO 80216
Long-term housing program offered through the Denver Rescue Mission, with resources for homeless men and families.

Douglas County Housing Partnership
303-784-7857
www.douglascountyhousingpartnership.org
9350 Heritage Hills Circle, Lone Tree, CO 80124
Foreclosure Hotline: 303-784-7856
Access point for affordable housing; foreclosure counseling/mediation.

Douglas / Elbert Task Force
303-688-1114
www.detaskforce.org
1638 Park St., Castle Rock, CO 80109
Emergency assistance with clothing, food, lodging, transportation, utilities, activities, etc. Thrift store has all sorts of affordable treasures

Family & Senior Homeless Initiative
303-313-2440
www.fshi.org
6090 E. Smith Rd., Denver, CO 80216
A project of the Denver Rescue Mission; contributes to first full month’s rent of a house or apt, plus security deposit; will assist with food, clothing, furnishings, etc.; mentoring support with an emphasis on self-sufficiency.

Family Tree
303-422-2133
http://www.thefamilytree.org/
3805 Marshall St., Wheat Ridge, CO 80033
Service to all metro-area counties; rental assistance; homeless prevention resources; case management; domestic violence intervention; youth services; resources for Veterans.
Inter-Faith Community Services
303-789-0501
www.ifcs.org
3370 S. Irving St., Englewood, CO 80110
Financial assistance housing, other financial needs.

LEAP Low Income Energy Assistance Program
719-633-9098
https://sites.google.com/a/state.co.us/cdhs-leap/ Mile High United Way
303-433-8383
http://www.unitedwaydenver.org
2505 18th St., Denver, CO 80211
Emergency assistance for food, housing.

Partners in Housing
719-473-8890
www.partnersinhousing.org
455 Gold Pass Heights, Colorado Springs, CO 80906
Supported transitional housing for homeless families with children, single adults and childless couples; services include casework, financial counseling, life skills classes and rent assessment.

Salvation Army
1-800-728-7825
http://www.salvationarmyusa.org/usn/www_usn_2.nsf
Call for pick up nearest your location.

The Crisis Center
Main Office: 303-688-1094
Hotline: 303-688-8484
http://www.twcfoc.org/
Giving victims a voice & families a future - - Crisis counseling; shelter assistance for women & children victimized by domestic violence.

Urban Peak
303-974-2908
www.urbanpeak.org
1630 S. Acoma, Denver, CO 80223
Housing and life skills for homeless or runaway youth; education; case management; referrals.
INFANT / EARLY CHILDHOOD SERVICES

AllHealth Network
303-730-8858
http://www.allhealthnetwork.org/
61 W. Davies Ave., Littleton, CO 80120
Provides services for children younger than six years old and their families.

Autism Home Support Services
http://www.autismhomesupport.com/
Denver
Provides In-Home ABA Therapy to kids on the Autism Spectrum.
Accepts these insurances : Blue Cross/Blue Shield/Anthem, United Behavioral Health, Kaiser Permanente, Cigna, and Magellan. People are encouraged to still call even if their insurance is not listed. Will see if they can do a Single Case Agreement where you could get an in-network benefit. Does not accept Medicaid.

Child Find
20-433-0020
https://www.dcsdk12.org/childfind/
Douglas County School District
3950 Trail Boss Lane, Castle Rock, CO 80104

Colorado Child Care Assistance Program CCAP
303-688-4825
http://www.coloradoofficeofearlychildhood.com/#/child-care-assistance-program/cu2m
ext. 5343
4400 Castleton Court, Castle Rock, CO 80109
Childcare assistance for families who financially qualify.

Connect Us
303-773-3960
www.connectus-now.com
6940 S. Holly Circle, Suite 230, Centennial, CO 80112
Social skill-building with children who are neuro-typical and those with Asperger’s Syndrome and Autism. School-readiness groups. After-school enrichment groups, playgroups, socialization groups.

Cooperative Extension – Douglas County
720-733-6930
http://www.extension.colostate.edu/douglas/
410 Fairgrounds Rd., Castle Rock, CO 80104
Child Care Providers List for Douglas County.

Developmental Pathways, Inc.
303-360-6600
www.developmentalpathways.org
325 Inverness Drive South, Englewood, CO 80112
Early intervention program serves families with children younger than 3 years old who are exhibiting some type of developmental delay.
Douglas County Child Care Association
303-841-7718
www.douglascountychildcare.com
Castle Rock: 303-707-0812
Highlands Ranch-Lone Tree 303-791-6970
Parker and Elizabeth area 303-841-5899
Referrals to local licensed childcare providers; resources for providers.

Douglas County Early Childhood Council (DCECC)
720-560-7300
www.dcearlychildhood.org
3950 Trail Boss Ln., Castle Rock, CO 80104
Early childhood Council for Douglas County working to build community awareness of and connections to early childhood services.

Douglas County Human Services
303-688-4825
http://www.douglas.co.us/humanservices/
4400 Castleton Court, Castle Rock, CO 80109
(To report child abuse, ask for Intake Worker)
Child care assistance (referrals, finances, access to CCCAP listed above).

Firefly Autism
303-759-1192
http://www.fireflyautism.org/
2695 S. Jersey St., Denver, CO 80222
Serving children ages 18 months to 18 years old; assessment; social skill development; individual and group intervention; in-home assessment and coaching; school consultations; speech and occupational therapy; day treatment; therapeutic recreation; parent support and training.

Instructional ABA Consultants
331-229-8839, ext 1
http://www.instructional-aba.com/index.html
312 Wilcox St., Castle Rock, CO 80104
In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training.
Accepts the following insurances: private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

Rocky Mountain Parents As Teachers
720-482-8068
www.rmpat.org
3800 South Pierce Street, Denver, CO 80235
An early-learning program for parents prenatal through age 5.
Schaffer, Stacy, MA, LPC  
602-885-5485  
www.stacyschaffer.com  
5460 Ward Rd., Arvada, CO 80004  
Specializing in Grief, Children and Adolescents in the Denver. Does not accept insurance but will slide fees.

Social Pathways  
303-332-6562  
www.socialpathways.com  
9568 University Blvd, Highlands Ranch, CO 80126 (Eastridge Recreation Bldg.)  
20120 E. Mainstreet, Parker, CO 80138 (Parker Recreation Bldg.)  
Toddlers to tweens. Testing for the following – social skills, education level, social/emotional/behavioral, cognitive abilities. Functional behavior assessment. In-school consultation and inservices. Social skills training & groups.

The Child and Adolescent Behavioral Supports, LLC  
303-660-5397  
http://www.cabsupports.com/  
Littleton Office:  
609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120  
Denver Office:  
1633 Fillmore St., Suite 390, Denver, CO 80206  
Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges. Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

Tri-County Health Department  
303-663-7650  
www.tchd.org  
4400 Castleton Court, Castle Rock, CO 80109  
**Health Care Program for Children with Special Needs:** 303-761-1340  
www.tchd.org/hcp.htm  
**Vital Statistics:** 303-220-9200  
WIC Supplemental Nutrition, Pregnancy testing; nursing division; nutrition; environmental health.
LEADERSHIP PROGRAMS FOR YOUTH

4-H Clubs
720-733-6940
http://www.extension.colostate.edu/douglas/4h/4h.shtml
410 Fairgrounds Rd., Castle Rock, CO  80104
Positive youth development programming for ages 8-18; special programs for ages 5-7;
clubs/activities that focus on learning by doing & life skills; leadership programming;
mentoring; volunteer opps for youth & adults; camps; conferences.

Colorado Agricultural Leadership Foundation (CALF)
03-688-1026
http://www.thecalf.org
CALF's Lowell Ranch on Plum Creek, P.O. Box 581, Castle Rock, Colorado 80104
CALF provides opportunities for youth to develop leadership
within the context of farming and ranching activities.

Douglas County Youth Congress
303-688-4825 ext. 5327
http://www.douglas.co.us/countyadmin/youth/index.html
4400 Castleton Court, Castle Rock, CO  80109
Yearly event where youth delegates meet with local elected officials and policy makers to
make a difference on youth and family issues; high school-age program.

Fire Mountain
303-443-3343
www.firemountainprograms.com
5745 Olde Stage Rd., Boulder, CO  80302
Teen drug & alcohol prevention, interruption & intervention services. Teen
empowerment camps, coaching, life mastery course, ultimate family training.

Youth Leadership Douglas County
www.youthleadershipdc.com
Kristine.turner@youthleadershipdc.com
Three-year intensive leadership experience providing leadership development and experiential
opportunities. An emphasis is placed on service and ethics.
LEGAL ISSUES / ASSISTANCE

Advocacy

Advocates for Children (Douglas County CASA)
303-695-1882
www.adv4children.org
10855 E. Bethany Dr., Suite 200, Aurora, CO 80014
Court advocate services for abused/neglected children within the 18th Judicial District (local CASA office).

Colorado Juvenile Defenders Coalition
303-825-0194
www.cjdc.org
670 Santa Fe Dr., Denver, CO 80204
Statewide coalition working toward quality juvenile defense, access to counsel, due process for youth being filed on in adult court (direct file), advocacy for youth being held in adult facilities.

Office of the Child’s Representative
303-860-1517
www.coloradochildrep.org
1580 Logan St., Suite 340, Denver, CO 80203
Guardian ad litem services for children; online resource center.

Rocky Mountain Children’s Law Center
303-692-1165
www.rockymountainchildrenslawcenter.org
1325 S. Colorado Blvd. Suite 701, Denver, CO 80222
Guardian ad litem services for abused/neglected children; pro bono services; foster parent training.

Attorney Referral

Colorado Bar Association – For the Public
303-860-1115
http://www.cobar.org/index.cfm/ID/20004/DPWFP/For-the-Public/
1900 Grant St., 9th Floor, Denver, CO 80203-4336
A project of the Colorado Bar Association; pro bono (free) weeks, pro se clinics to help with self-representation, legal resource directory, services for veterans

Colorado Legal Services
303-837-1321
www.coloradolegalservices.org
1905 Sherman St. Suite 400, Denver, CO 80203
Civil court legal information for low-income clients; self-help materials; referrals.
Colorado Public Defenders Office
303-764-1400
http://pdweb.coloradodefenders.us/
Please refer to website for office locations
Criminal defense for financially qualified defendants of all ages.

Metropolitan Lawyer Referral Service, Inc.
303-831-8000
866-959-2204
http://www.mlrsonline.org/
Serves Douglas County; referral to attorney appropriate for legal issue at hand; low-cost initial conference.

Child Custody / Support

Douglas County Human Services Child Support Division
303-814-7145
http://www.douglas.co.us/
4000 Justice Way, Suite 3538, Castle Rock, CO 80109-7543

Documents / Birth Certificates

Metro Caring
303-860-7200
http://www.metrocarering.org/
1100 E. 18th Ave., Denver, CO 80218
Assistance obtaining documents such as birth certificates; financial assistance.

Guardians Ad Litem

Office of the Child’s Representative
303-860-1517
www.coloradochildrep.org
1580 Logan St., Suite 340, Denver, CO 80203
Guardian ad litem services for children; online resource center.

Rocky Mountain Children’s Law Center
303-692-1165
www.rockymountainchildrenslawcenter.org
1325 S. Colorado Blvd. Suite 701, Denver, CO 80222
Guardian ad litem services for abused/neglected children; pro bono services; foster parent training.

General Resources & Services

Douglas County Youth Initiative
303-688-4825
http://www.douglas.co.us/countyadmin/youth/index.html
4400 Castleton Court, Castle Rock, CO 80109
Service access assistance; consultation; referrals; WrapAround.
Integrative Therapy Solutions
720-285-6438
http://integrativetherapysolutions.org
Serving Aurora, Denver & south metro area
Children, teens, adults, couples, families; ITS addresses many areas including marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women’s issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development. Will slide fees; no insurance.

Juvenile Assessment Center, 18th J.D.
720-874-3381
www.jac18.org
7375 S. Potomac St., POD 5, Centennial, CO 80112
Serves youth ages 10-17; jail screening; house arrest; mental health assessment; free general assessment; referral.

Marvin W. Foote Center (juvenile detention)
303-768-7520
http://www.colorado.gov/cs/Satellite?c=Page&childpagename=CDHS-ChildYouthFam%2FCBONLayout&cid=1251583543543&pagename=CBONWrapper
13500 E. Fremont Pl., Englewood, CO 80112
Detention (jail) and post-sentencing commitment (incarceration) of juveniles accused or convicted of crimes.

Probation, 18th Judicial District (Douglas)
303-814-7170
Christensen Justice Center
4000 Justice Way, Suite 2430, Castle Rock, CO 80104
Court-ordered supervision of adults and juveniles.

Juvenile Criminal Defense

Colorado Juvenile Defenders Coalition
303-825-0194
www.cjdc.org
670 Santa Fe Dr., Denver, CO 80204
Statewide coalition working toward quality juvenile defense, access to counsel, due process for youth being filed on in adult court (direct file), advocacy for youth being held in adult facilities.

Colorado Public Defenders Office
303-764-1400
http://pdweb.coloradodefenders.us/
Please refer to website for office locations
Criminal defense for financially qualified defendants of all ages.

Shazam Kianpour & Associates, P.C.
303-578-4036
www.shazamlaw.com
190 E. 9th Ave., Suite 420, Denver, CO 80203
A fearless fighter on the side of juveniles accused of crimes; free initial consultation, payment schedules, possible sliding scale.
Restorative Justice / Mediation Services

Center for Divorce & Parenting
303-771-5424
www.centerfordivorceandparenting.com
P.O. Box 4642, Englewood, CO 80155
Divorce & Family Mediation; Civil Mediation; guidance on decision-making and communication throughout the divorce & co-parenting experience. Classes offered on parenting through divorce, Love & Logic parenting, conflict resolution. Coaching to assist with development of parenting / custody plans

Integrative Therapy Solutions
720-285-6438
http://integrativetherapysolutions.org
Serving Aurora, Denver & south metro area
Criminal & juvenile justice concerns, restorative justice services. Will slide fees; no insurance.

Resolution Works
720-629-7028
www.yourresolutions.org
820 S. Monaco Parkway, Suite 255, Denver, CO 80224

Soaring Spirits Counseling
303-350-0054
www.soaringspiritscounseling.com
1660 South Albion Street #3B, Denver, CO 80222 Mediation and restorative justice services designed to make victim, offender and the community whole again.

Teen Court, Town of Castle Rock
303-663-6134
Teen offenders are sentenced by a jury of their peers for misdemeanor offenses; volunteers between the ages of 12 and 17 serve as prosecutor, defense counsel, and jury.

Teen Court, Town of Parker
303-805-3101
Teen offenders are sentenced by a jury of their peers for misdemeanor offenses; volunteers between the ages of 12 and 17 serve as prosecutor, defense counsel, and jury.
MEDICAL SERVICES

Low-Income

ACS L.I.F.T. Mobile Medical Van
303-935-7230
www.ACSLIFT.org
1638 N. Park Street, Castle Rock, CO 80109
Stops at the Douglas/Elbert Task Force Parking Lot
Hours: 1st & 3rd Wednesday of each month, 6 p.m. to 7:30 p.m.
Services: FREE basic non-emergency care; non-narcotic prescriptions; immunizations.

Colorado Indigent Care Program (CICP)
303-761-4825
4400 Castleton Court, Castle Rock, CO 80109
Dept. of Human Services (Douglas)
Medical, psychiatric and dental services.

Doctors Care
303-730-1313
http://www.doctorscare.org/
609 West Littleton Boulevard, Suite 100, Littleton, Colorado 80120
Low-cost/no-cost medical care; Medicaid accepted.

Inner City Health Center
303-296-1767
http://www.innercityhealth.com/
3800 York Street, Denver, CO 80205
Our emphasis is on providing personal, long-term care. We offer basic health care to treat sudden illnesses or long-term diseases such as diabetes and high blood pressure. Physicals, screenings, and immunizations are available to prevent illness and detect dangerous diseases and conditions.

Metro Community Provider Network
303-360-6276
www.mcpn.com
Locations throughout the metro area range of low-cost medical services for all ages; sliding scale, Medicaid, CHP+, CO Indigent Care Program, etc.

Partnership for Prescription Assistance
1-888-477-2669
www.pparx.org
Assists qualified patients in accessing free or reduced-cost prescription medications.

Rocky Mountain Youth Clinics
www.rockymountainyouth.org
1550 S. Potomac Street, Suite 130, Aurora, CO 80012 303-360-8111
1601 E. 19th Ave, Suite 6600, Denver CO 80218 303-869-2182
9197 Grant Street, Suite 200, Thornton, CO 80229 303-450-3690
Low-cost/no-cost medical care for children; Medicaid & CHP+; clinics offering immunizations, sick visits, minor acute care, mental health/social services, mobile dental, etc.
Ronald McDonald Care Mobile
719-866-6789
http://www.peakvista.org/
Provides a range of low-cost medical services for children through the age of 21; sliding scale, Medicaid, CHP+, CO Indigent Care Program, etc. Call or check website for locations and dates.

Prescription Assistance

Metro Community Provider Network
303-360-6276
www.mcpn.com
Locations throughout the metro area
Provides a range of low-cost pharmacy services for all ages; sliding scale, Medicaid, CHP+, CO Indigent Care Program, etc.

Partnership for Prescription Assistance
1-888-477-2669
www.pparx.org
Assists qualified patients in accessing free or reduced-cost prescription medications.

Castle Rock Area

Aesthetic Dental Designs at Plumb Creek
303-688-2229
http://castlerockfamilydental.com/ 1025 S. Perry St., Suite 105, Castle Rock, CO 80104

Castle Rock Family Acupuncture
303-660-4357
www.crfaclinic.com
One Oakwood Park, Suite 106, Castle Rock, CO 80104

Castle Rock Family Physicians
303-688-8989
http://mycrfp.com/
755 South Perry, Suite 100, Castle Rock, CO 80104

Castle Rock Medical Clinic
303-688-0660
3 Oakwood Park, Castle Rock, CO 80104

Castle Rock Pediatrics
303-688-2228
http://www.castlerockpediatrics.com/
1001 S. Perry Street, Suite 101B, Castle Rock, CO 80104

Invision Imaging Center at Highlands Ranch
720-493-3700
1175 S Perry St., Castle Rock, CO 80104
Plum Creek Medical
303-688-6900
http://plumcreekmedical.com/
410 S. Wilcox, Suite 108, Castle Rock, CO 80104

Highlands Ranch Area

Horizon’s Women’s Care
303-791-2112
http://www.horizonwomenscare.net/
10099 Ridgeway Pkwy., Suite 290, Lone Tree, CO 80124

New West Physicians Family Medicine at Highlands Ranch
303-791-0418
http://www.nwphysicians.com
200 W. County Line Road, Suite 130, Highlands Ranch, CO 80129

Lone Tree Area

Sky Ridge Medical Center
720-225-1000
http://www.skyridgemedcenter.com/
10101 RidgeGate Parkway, Lone Tree, CO 80124

Parker Area

Parker Adventist Hospital
303-269-4000
http://www.parkerhospital.org/
9395 Crown Crest Blvd, Parker, CO 80138

Parker Orthodontics
720-279-1914
http://www.parkerorthodontics.com/
19700 E. Parker Square Dr., Suite C, Parker, CO 80134

Other Areas

The Denver Hospice
303-321-2828
http://www.thedenverhospice.org/Pages/Default.aspx
501 S. Cherry St., Suite 700, Denver, CO 80246
Palliative care for clients with terminal illnesses; 24-hour Care Centers (inpatient); social services for clients and their families.

The Medical Center of Aurora - Centennial Medical Plaza
303-699-3000
http://www.centennialmedicalplaza.com/
14200 E. Araphahoe Road, Englewood, CO 80112
Hospitals

Aurora Regional Medical Center – ER
303-695-2600
http://www.auroramed.com/
1501 S. Potomac Street, Aurora, CO 80012

Children’s Hospital Colorado
303-861-8888
http://www.childrenscolorado.org/about/contact/
1056 E. 19th Avenue, Denver, CO 80218

Children’s Hospital - Parker
720-777-1350
http://www.childrenscolorado.org/about/locations/locationsdetails.aspx?locationID=260
9395 Crown Crest Blvd., Parker, CO 80138

Littleton Adventist Hospital
303-730-8900
http://www.mylittletonhospital.org/
7700 S. Broadway, Littleton, CO 80122

Parker Adventist Hospital
303-269-4000
http://www.parkerhospital.org/
9395 Crown Crest Blvd  Parker, CO 80138

Porter Memorial Hospital
303-778-1955
http://www.porterhospital.org/
2525 S. Downing Street, Denver, CO 80210

Sky Ridge Medical Center
720-225-1000
http://www.skyridgemedcenter.com/
10101 RidgeGate Parkway, Lone Tree, CO 80124

Swedish Medical Center – ER
303-788-6911
http://www.swedishhospital.com/conditions-we-treat/emergency-services/
501 E. Hampden Avenue, Englewood, CO 80113
MENTAL HEALTH TREATMENT

Abuse / Trauma

AllHealth Network
303-730-8858
http://www.allhealthnetwork.org/
61 W. Davies Ave., Littleton, CO 80120 303-797-9420
831 S Perry Street, Suite 100, Castle Rock, CO 80104 303-688-6276
10350 S. Dransfeldt, Parker, CO 80134 303-805-431

Foundations Family Counseling
303-393-0085
www.foundationsfamilycounseling.com
789 Sherman Street, Suite 440, Denver, CO 80203
Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of mental health.

Grace Counseling Services (Matson, Rebecca, LPC)
720-489-8555
http://www.gracecounseling.net/
7921 South Park Plaza, Suite 204, Littleton, CO 80120
Specializes in work with victims of sexual or mental abuse; testing for learning disabilities; family and parenting skills. Does not accept insurance, sliding scale may be available.

Highlands Behavioral Health System
720-348-2800
www.highlandsbhs.com
8565 S. Poplar Way, Littleton, CO 80130
Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis.

Hope Counseling Services (Bethany Adams, MA, NCC)
720-291-1482
www.hopecounselingservices.org
400 Inverness Parkway, Suite 200, Englewood, CO 80012
Anger management (adolescents & younger children); play therapy; behavior issues; social issues; mood disorders; trauma; cash or check; will slide fees.

Howard, Rebecca PsyD, LLC
303-730-8083
www.drrebeckaihoward.com
609 W. Littleton Blvd., Suite 303, Littleton, CO 80120
An introductory session can be provided at no cost if requested by the potential client. Scholarships may be available for clients with demonstrated need for both therapy and assessment. This is determined on a case to case basis during the introductory session and ranges between 10-50% discount off of normal fee. Accepts the following private insurance: United, CIGNA, Rocky Mountain Health and Colorado Co-op. Does not accept Medicaid.
Integrative Therapy Solutions
720-285-6438
http://integrativetherapysolutions.org
Children, teens, adults, couples, families; ITS addresses many areas including marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women’s issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development. Will slide fees; no insurance.

Iolite Counseling, LLC
303-956-8949
www.iolitecounseling.com
900 Castleton Rd. Suite135, Castle Rock, CO  80109

LDS Family Services
303-371-1000
www.ldsfamilyservices.org
3263 Fraser Street, Suite 3, Aurora, CO 80011
Fee for service or fast offerings used to assist in fee; Latter Day Saints.

Lounsborough, Craig, M.Div., LPC
303-593-0575 ext. 123
www.craiglpc.com
19284 Cottonwood Drive, Suite 202, Parker, CO 80138
Child, adolescent, ADD, ADHD, ODD and conduct disorders. No sliding scale, will reduce fee.

People House
303-480-5130
http://peoplehouse.org
3035 W. 25th Ave., Denver, CO 80211
Affordable Counseling Program offers services on a sliding scale starting @ $15.00; All ages, all issues. People House also offers workshops & classes & activities.

Proactive Counseling Services
303-917-6211
http://www.proactivecounselingservice.com/
1745 Shea Center Dr., Highlands Ranch, CO 80126
Individuals, couples; multiple approaches dealing with multiple issues such as marriage / family issues, parenting issues, depression, anxiety / stress, trauma, grief & loss. Does not accept insurance. Out of network but provides paperwork.
Schaffer, Stacy, MA, LPC
602-885-5485
www.stacyschaffer.com
5460 Ward Rd., Arvada, CO 80004
Specializing in Grief, Children and Adolescents in the Denver.
In-network provider for Blue Cross/Blue Shield and Humana. Also provider for Second Wind Fund of Metro Denver and Mines and Associates.

Tamara G. Suttle Counseling
303-660-4989
www.tamarasuttle.com
6222 Lancaster Ave., Castle Rock, CO 80104
Individual, couple, and group therapy; trauma; abuse; grief/loss; GLBTQ.

The Child and Adolescent Behavioral Supports, LLC
303-660-5397
http://www.cabsupports.com/
Littleton Office:
609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120
Denver Office:
1633 Fillmore St., Suite 390, Denver, CO 80206
Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.
Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

Trathen, Dan., PhD
303-593-0575
www.drrathen.com
19284 E. Cottonwood Dr., Suite 202, Parker, CO 80138
Psychological assessment; EMDR; couples & families; all ages.

Advocacy / Support for Youth and Families

Colorado Division of Mental Health
http://www.colorado.gov/cs/Satellite/CDHS-BehavioralHealth/CBON/1251580853076
Mental Health Institute at Fort Logan
3520 West Oxford Avenue, Denver, Colorado 80236
(303) 866-7066
Mental Health Institute at Pueblo
1600 West 24th Street, Pueblo, Colorado, 81003
719-546-4000

Mental Health Association of Colorado
www.mhacolorado.org
1385 S. Colorado Blvd., Suite 610, Denver, CO 80222
Information and referrals at no cost.
Mental Health Ombudsman Program of Colorado

877-317-9900
http://www.coloradolegalservices.org/lawhelp/organization/mental-health-ombudsman-program-of-colorado/health-law/medicaid
190 E. 9th Avenue Suite 320, Denver, CO 80203

National Alliance on Mental Illness (NAMI)
303-991-7688
www.namiadco.org
Serving Arapahoe & Douglas Counties
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services; calls are returned within 24 hours.

National Alliance on Mental Illness (Statewide)
303-321-3104
www.namicolorado.org
1100 Fillmore St. Denver, CO 80206
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services.

Our Kids
http://www.our-kids.org/
Provides information and support for children and parents.

Parent to Parent of Colorado
877-472-7201
www.p2p-co.org
801 Yosemite St, Denver, CO 80230
Support and advocacy network for families of those with special healthcare needs or disabilities.

The Federation of Families for Children’s Mental Health Colorado
720-855-3493
877-792-8886
www.coloradofederation.org
2950 Tennyson St., Denver, CO 80212
Advocacy and support for parents of children with a diagnosed mental illness; support in IEP process.

Anxiety / Stress

AllHealth Network
303-730-8858
http://www.allhealthnetwork.org/
61 W. Davies Ave., Littleton, CO 80120 303-797-9420
831 S Perry Street, Suite 100, Castle Rock, CO 80104 303-688-6276
10350 S. Dransfeldt, Parker, CO 80134 303-805-4312
Briggs, Jana, MA, NCC, LPC
303-495-0317
www.janabriggs.com
5777 S. Rapp St., Suite 204, Littleton, CO 8012
Does not accept insurance

Denver Family Institute
303-756-3340
www.denverfamilyinstitute.org
3600 S. Yosemite St. #1050, Denver, CO 80237 303-756-3340
Family, couples and individual therapy counseling is available for a wide variety of issues.
Reasonable sliding-fee scale based on the client’s income. The fee range for a 50 minute
therapy session is $15-$50.

Denver Therapy Center (Brian Brody, LCSW, PhD.)
303-979-0319
www.denvertherapycenter.com
6901 S. Pierce St., Littleton, CO 80128
Stress, loss, depression.

Foundations Family Counseling
303-393-0085
www.foundationsfamilycounseling.com
789 Sherman Street, Suite 440, Denver, CO 80203
Individual therapy with children, adolescents & adults; family & couples therapy;life coaching; wilderness therapy;
psychological assessment; play therapy; EMDR (trauma).

Grace Counseling Services
720-489-8555
http://www.gracecounseling.net/
7921 South Park Plaza, Suite 204, Littleton, CO 80120
Specializes in work with victims of sexual or mental abuse; testing for learning disabilities;
family and parenting skills. Does not accept insurance, sliding scale may be available.

Guzman, Maria Elena, PhD
303-756-6870
3801 E. Florida Avenue, Suite 701, Denver, CO 80210
Specializes in trauma, depression, anxiety. Private testing; qualified to do most SPED testing.
Services available in Spanish. Takes some insurance.

Hanze, Doug, PhD.
303-688-8658
http://hanzecounseling.com/
823 S. Perry St, Suite 100, Castle Rock, CO 80104
Individual, family, children, adolescents. Diagnose and treat depression, anxiety, ADHD and
behavior disorders.
Accepts the following private insurance: Blue Cross, Aetna, Infinity and Colorado Co-op.
Highlands Behavioral Health System
720-348-2800
www.highlandsbhs.com
8565 S. Poplar Way, Littleton, CO 80130
Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis.

Hope Counseling Services (Bethany Adams, MA, NCC)
720-291-1482
www.hopecounselingservices.org
400 Inverness Parkway, Suite 200, Englewood, CO 80012
Cash, checks; sliding scale.

Howard, Rebecca PsyD, LLC
303-730-8083
www.drrebeccaishoward.com
609 W. Littleton Blvd., Suite 303, Littleton, CO 80120
An introductory session can be provided at no cost if requested by the potential client. Scholarships may be available for clients with demonstrated need for both therapy and assessment. This is determined on a case to case basis during the introductory session and ranges between 10-50% discount off of normal fee. Accepts the following insurance: United, CIGNA, Rocky Mountain Health and Colorado Co-op.

Integrative Therapy Solutions
720-285-6438
http://integrativetherapysolutions.org
Serving Aurora, Denver & south metro area
Children, teens, adults, couples, families.
Do not accept insurance.

Introspection Counseling (Michelle Stevens, MA, PLC, NCC, JD)
303-916-8770
www.introspectioncounseling.com
2305 E. Arapahoe Rd., Littleton, CO 80122
Specializing in depression, grief / loss, anxiety / stress, infidelity, life transitions. Initial consultation is free; accepts some insurance & will slide fees.

Iolite Counseling, LLC
303-956-8949
www.iolitecounseling.com
900 Castleton Rd. Suite 135, Castle Rock, CO 80109
Free initial consultation; sliding scale available.

JFK Partners
303-724-5266
http://jfkpartners.org/default.asp?page=64
13121 E. 17th Ave., Unit C234, Aurora, CO 80045
JFK Partners has collaborative relationships with numerous organizations that are a part of Colorado's developmental disability and special health care needs communities.
Kendall-Grove, Kwai, PhD.

303-662-9670
http://drkendallgrove.com/
2305 E. Arapahoe Road, Suite 149, Centennial, CO 80122
Does not accept insurance but will accept a sliding scale.

Legacy Comprehensive Counseling & Consulting

303-841-4005
www.legacyparker.com
19751 E. Mainstreet, Suite 215., Parker, CO 80138
Accepts most private insurance including: United Healthcare, CIGNA, Blue Cross/Blue Shield and Aetna. Does not accept Medicaid.

Life Support Behavioral Institute

888-516-5995
http://www.lifesupportinstitute.com/
7853 E. Arapahoe Ct., Suite 3550, Centennial, CO 80112
Accepts most private insurance including: CIGNA, Aetna, BHI, Value Options. Accepts Medicaid for Arapahoe and Douglas counties.

McAllaster-Schmitz & Associates (Amy McAllaster-Schmitz, M.A., LPC)

303-513-7822
www.amymscounseling.com
5777 S. Rapp Street , Littleton, CO 80120
Adolescent & adult counseling.

Mile High Behavioral Health

303-960-6249
www.mhbhonline.com
8801 E Hampden Ave, Suite108, Denver, CO 80231

People House

303-480-5130
http://peoplehouse.org
3035 W. 25th Ave., Denver, CO 80211
Affordable Counseling Program offers services on a sliding scale starting @ $15.00;
All ages, all issues. People House also offers workshops & classes & activities.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)

720-244-0899
www.pikespeakcounseling.com
12900 Stroh Ranch Way, Suite 220, Parker, CO 80134
Does not accept insurance but can provide receipts to clients upon request and accepts sliding scale clients.

Proactive Counseling Services

303-917-6211
http://www.proactivecounselingservice.com/
1745 Shea Center Dr., Highlands Ranch, CO 80126
Individuals, couples; multiple approaches dealing with multiple issues such as marriage / family issues, parenting issues, depression, anxiety / stress, trauma, grief & loss.
Smith, Jenna K., MSW
303-951-4832
http://jennasmiththerapy.com/
email: jenna@jennasmiththerapy.com
5347 S. Valentia Way, Suite 120, Greenwood Village, CO 80111
Specializing in working with elementary-age children & their families; divorce, grief & loss, anxiety, ADHD, parenting.

Southeast Psychotherapy Associates, PLLC
303-694-1795
www.sepsychotherapy.com
6081 S. Quebec St., Suite 103, Englewood, CO 80111
Assessment of addictions, depressive disorders, educational and intellectual function, ADHD

The Child and Adolescent Behavioral Supports, LLC
303-660-5397
http://www.cabsupports.com/
Littleton Office:
609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120
Denver Office:
1633 Fillmore St., Suite 390, Denver, CO 80206
Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges. Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

The Redimere Group Center for Counseling and Leadership
Development (Sawyer, Chip, M.A., L.P.C., Life & Parent Coach)
303-713-1001
www.redimere.com
5690 DTC Blvd., Suite 120W, Greenwood Village, CO 80111

Thoreson, Kirk, PsyD
303-550-0030
www.drkirkthoreson.com
1221 S. Clarkson St. Suite 302, Denver, CO 80210 Accepts some insurance or sliding fee scale; free 20 minute phone consult.

Uhernik, Julie, LPC, RN
303-918-1775
www.julieuhernik.com
19557 East Mainstreet, Suite 203, Parker, CO 80138
Adolescents, adults, couples, families. Accepts most private insurance and several employee assistance plans. Does not currently accept Medicaid but may change.
Worthing Carol Ann, PhD
303-663-5846
www.individualandfamilypsychotherapy.com
240 Wilcox St., Castle Rock, CO 80104
Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues. Does not accept private insurance or Medicaid. Assists with Flexible Spending and HSA accounts and paperwork for out-of-network benefits.

Attachment Issues

AllHealth Network
303-730-8858
http://www.allhealthnetwork.org/
61 W. Davies Ave., Littleton, CO 80120 303-797-9420
831 S Perry Street, Suite 100, Castle Rock, CO 80104 303-688-6276
10350 S. Dransfeldt, Parker, CO 80134 303-805-4312

Evergreen Psychotherapy Center
303-674-4029
1-866-674-4029
www.attachmentexperts.com
32065 Castle Court, Suite 325, Evergreen, CO 80439

Highlands Behavioral Health System
720-348-2800
www.highlandsbhs.com
8565 S. Poplar Way, Littleton, CO 80130
Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis.

Institute for Attachment & Child Development
303-674-1910
www.instituteforattachment.org
5911 S. Middlefield Rd, Ste 103 Littleton, CO 80123

Legacy Comprehensive Counseling & Consulting
303-841-4005
www.legacyparker.com
19751 E. Mainstreet, Suite 215., Parker, CO 80138
Accepts insurance and will slide fees.
Behavior Disorders

AllHealth Network
303-730-8858
http://www.allhealthnetwork.org/
61 W. Davies Ave., Littleton, CO 80120 303-797-9420
831 S Perry Street, Suite 100, Castle Rock, CO 80104 303-688-6276
10350 S. Dransfeldt, Parker, CO 80134 303-805-4312

Autism Home Support Services
http://www.autismhomesupport.com/
Denver
Provides In-Home ABA Therapy to kids on the Autism Spectrum.
Accepts these insurances: Blue Cross/Blue Shield/Anthem, United Behavioral Health, Kaiser Permanente, Cigna, and Magellan. People are encouraged to still call even if their insurance is not listed. Will see if they can do a Single Case Agreement where you could get an in-network benefit. Does not accept Medicaid.

Behavioral Growing Tree
866-300-0822
www.behavioralgrowingtree.com
In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children Identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations. Insurance accepted.

Children’s Hospital
303-777-1234
http://www.childrenscolorado.org/conditions/behavior/index.aspx
Child Development Unit @ Children’s Hospital
13123 E. 16th Ave., Aurora, CO 80045
Diagnostic & treatment services for children with developmental delays, learning disabilities or behavioral problems. Comprehensive evaluations.

Compass Health Systems
303-683-5620
http://compass-md.com/our_locations/?smid=4
8671 S. Quebec St., Suite 200, Highlands Ranch, CO 80130
Assessment and treatment for people of all ages; specializing in juvenile / adult forensic psychology.

Counseling Place at Lone Tree (Sarah James, LCSW, CACII)
303-241-0421
http://www.counselinglonetree.com/
9224 Teddy Lane, Suite 103, Lone Tree, CO 80124
482 Happy Canyon Road, Castle Pines, CO 80104
Accept most insurances and will slide fees.
Denver Therapy Center (Brian Brody, LCSW, PhD.)
303-979-0319
www.denvertherapycenter.com
6901 S. Pierce St, Littleton, CO 80128
Stress, loss, depression.
Do not accept insurance.

Developmental Disability Consultants, PC
303-337-2210
www.ddconsultants.org
1211 S. Parker Rd.,Suite 200 Denver, CO 80231
Offering a wide range of direct and consultative services to children and adults with disabilities, their families, teachers and service providers.

Foundations Family Counseling
303-393-0085
www.foundationsfamilycounseling.com
789 Sherman Street, Suite 440, Denver, CO 80203
Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma).

Hanze, Doug, PhD.
303-688-8658
http://hanzecounseling.com/
823 S. Perry St, Suite 100, Castle Rock, CO 80104
Individual, family, children, adolescents. Diagnose and treat depression, anxiety, ADHD and behavior disorders.
Accepts the following private insurance : Blue Cross, Aetna, Infinity and Colorado Co-op.

Highlands Behavioral Health System
720-348-2800
www.highlandsbhs.com
8565 S. Poplar Way, Littleton, CO 80130
Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis.

Hope Counseling Services (Bethany Adams, MA, NCC)
720-291-1482
www.hopecounselingservices.org
400 Inverness Parkway, Suite 200, Englewood, CO 80012
Cash or check; sliding scale.
Instructional ABA Consultants
331-229-8839, ext 1
http://www.instructional-aba.com/index.html
312 Wilcox St., Castle Rock, CO 80104
In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training.
Accepts the following insurances: private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

Integrative Therapy Solutions
720-285-6438
http://integrativetherapysolutions.org
Serving Aurora, Denver & south metro area
Children, teens, adults, couples, families.
Does not accept insurance.

Iolite Counseling, LLC
303-956-8949
www.iolitecounseling.com
900 Castleton Rd. Suite 135, Castle Rock, CO 80109
Free initial consultation; sliding scale available.

Legacy Comprehensive Counseling & Consulting
303-841-4005
www.legacyparker.com
19751 E. Mainstreet, Suite 215, Parker, CO 80138
Accepts most private insurance including: United Healthcare, CIGNA, Blue Cross/Blue Shield and Aetna. Does not accept Medicaid.

Life Support Behavioral Institute
888-516-5995
http://www.lifesupportinstitute.com/
7853 E. Arapahoe Ct., Suite 3550, Centennial, CO 80112
Most private insurance accepted including: CIGNA, Aetna, BHI, Value Options. Accepts Medicaid for Arapahoe and Douglas counties.

Lounsbrough, Craig, M.Div., LPC
303-593-0575 ext/ 123
www.craiglpc.com
19284 Cottonwood Drive, Suite 202, Parker, CO 80138
Child, adolescent, ADD, ADHD, ODD and conduct disorders. No sliding scale, will reduce fee.
Mile High Behavioral Health
303-960-6249
www.mhbhonline.com
8801 E Hampden Ave, Suite108, Denver, CO 80231

People House
303-480-5130
http://peoplehouse.org
3035 W. 25th Ave., Denver, CO 80211
Affordable Counseling Program offers services on a sliding scale starting @ $15.00;
All ages, all issues. People House also offers workshops & classes & activities.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)
720-244-0899
www.pikespeakcounseling.com
12900 Stroh Ranch Way, Suite 220, Parker, CO 80134
ADHD; social skills groups; bullying prevention; former school counselor;
does not accept insurance; sliding scale available.
Does not accept insurance. Only victim’s compensation.

Proactive Counseling Services
303-917-6211
http://www.proactivecounselingservice.com/
1745 Shea Center Dr., Highlands Ranch, CO 80126
Individuals, couples; multiple approaches dealing with multiple issues such as
marriage / family issues, parenting issues, depression, anxiety / stress, trauma, grief & loss.
Does not accept insurance. Provides paperwork for submitting claims.

Schaffer, Stacy, MA, LPC
602-885-5485
www.stacyschaffer.com
5460 Ward Rd., Arvada, CO 80004
Specializing in Grief, Children and Adolescents in the Denver.
In-network provider for Blue Cross/Blue Shield and Humana. Also provider for Second Wind
Fund of Denver area and Mines and Associates.

South Denver Psychotherapy
303-730-1144
http://www.southdenverpsychotherapy.com/
2305 E. Arapahoe Rd., , Centennial, CO 80122

Southeast Psychotherapy Associates, PLLC
303-694-1795
www.sepsychotherapy.com
6081 S. Quebec St., Suite 103, Englewood, CO 80111
Southern Peaks Regional Treatment Center
719-276-7567
www.abraxasyfs.com
700 Fourmile Parkway, Canon City, CO 81212
Residential treatment program for males and females, ages 10-21; delinquent or dependent youth; history of behavioral/mental health disorders and drug/alcohol issues. Gender-specific programming. Offers the Medicine Bear Native American track.

The Child and Adolescent Behavioral Supports, LLC
303-660-5397
http://www.cabsupports.com/
Littleton Office:
609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120
Denver Office:
1633 Fillmore St., Suite 390, Denver, CO 80206
Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges. Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

Bipolar Disorder / Mood Disorders

AllHealth Network
303-730-8858
http://www.allhealthnetwork.org/
61 W. Davies Ave., Littleton, CO 80120 303-797-9420
831 S Perry Street, Suite 100, Castle Rock, CO 80104 303-688-6276
10350 S. Dransfeldt, Parker, CO 80134 303-805-4312

Counseling Place at Lone Tree (Sarah James, LCSW, CACII)
303-241-0421
http://www.counselinglonetree.com/
9224 Teddy Lane, Suite103 , Lone Tree, CO 80124
Accept most insurances and will slide fees.
482 Happy Canyon Raod, Castle Pines, CO, 80104

Foundations Family Counseling
303-393-0085
www.foundationsfamilycounseling.com
789 Sherman Street, Suite 440, Denver, CO 80203 Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of mental health.
Highlands Behavioral Health System
720-348-2800
www.highlandsbhs.com
8565 S. Poplar Way, Littleton, CO 80130
Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+).
Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm).
Free mental health level of care assessments by appointment or walk-in basis 24/7.
Accepts most private insurance except Kaiser. Accepts Medicaid.

Iolite Counseling, LLC
303-956-8949
www.iolitecounseling.com
900 Castleton Rd. Suite135, Castle Rock, CO 80109
Free initial consultation; sliding scale available.

Life Support Behavioral Institute
888-516-5995
http://www.lifesupportinstitute.com/
7853 E. Arapahoe Ct., Suite 3550, Centennial, CO 80112
Accepts most private insurance including: CIGNA, Aetna, BHI and Value Options. Accepts Medicaid for Arapahoe and Douglas counties.

Lounsbrough, Craig, M.Div., LPC
303-593-0575 ext. 123
www.craiglpc.com
19284 Cottonwood Drive, Suite 202, Parker, CO 80138
Child, adolescent, ADD, ADHD, ODD and conduct disorders. No sliding scale, will reduce fee.

Mile High Behavioral Health
303-960-6249
www.mhbhonline.com
8801 E Hampden Ave, Suite108, Denver, CO 80231

National Alliance on Mental Illness (NAMI)
303-991-7688
www.namiadco.org
Serving Arapahoe & Douglas Counties
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services; calls are returned within 24 hours.

National Alliance on Mental Illness (Statewide)
303-321-3104
www.namicolorado.org
1100 Fillmore St. Denver, CO 80206
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services.
People House
303-480-5130
http://peoplehouse.org
3035 W. 25th Ave., Denver, CO 80211
Affordable Counseling Program offers services on a sliding scale starting @ $15.00;
All ages, all issues. People House also offers workshops & classes & activities.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)
720-244-0899
www.pikespeakcounseling.com
12900 Stroh Ranch Way, Suite 220, Parker, CO 80134
ADHD; social skills groups; bullying prevention; former school counselor;
does not accept insurance; sliding scale available.

Services (Bethany Adams, MA, NCC)
720-291-1482
www.hopecounselingservices.org
400 Inverness Parkway, Suite 200, Englewood, CO 80012
Cash or check; sliding scale.

Southeast Psychotherapy Associates, PLLC
303-694-1795
www.sepsychotherapy.com
6081 S. Quebec St., Suite 103, Englewood, CO 80111
Assessment and treatment.

Southern Peaks Regional Treatment Center
719-276-7567
www.abraxasyfs.com
700 Fourmile Parkway, Canon City, CO 81212
Residential treatment program for males and females, ages 10-21; delinquent or dependent youth;history of behavioral/mental health disorders and drug/alcohol issues. Gender-specific programming. Offers the Medicine Bear Native American track.

The Child and Adolescent Behavioral Supports, LLC
303-660-5397
http://www.cabsupports.com/
Littleton Office:
609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120
Denver Office:
1633 Fillmore St., Suite 390, Denver, CO 80206
Provides counseling and services for children, adolescents, their parents and family groups.
Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.
Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.
The Redimere Group Center for Counseling and Leadership
Development (Sawyer, Chip, M.A., L.P.C., Life & Parent Coach)
www.redimere.com
303-713-1001
5690 DTC Blvd., Suite 120 W, Greenwood Village, CO 80111

Worthing Carol Ann, PhD
303-663-5846
www.individualandfamilypsychotherapy.com
240 Wilcox St., Castle Rock, CO 80104
Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Compulsive Behaviors

AllHealth Network
303-730-8858
http://www.allhealthnetwork.org/
61 W. Davies Ave., Littleton, CO 80120 303-797-9420
831 S Perry Street, Suite 100, Castle Rock, CO 80104 303-688-6276
10350 S. Dransfeldt, Parker, CO 80134 303-805-4312

Counseling Place at Lone Tree (Sarah James, LCSW, CACII)
303-241-0421
http://www.counselinglonetree.com/
9224 Teddy Lane, Suite 103 Lone Tree, CO 80124
482 Happy Canyon Road, Castle Pines, CO 80104
Accept most insurances and will slide fees.

Highlands Behavioral Health System
720-348-2800
www.highlandsbhs.com
8565 S. Poplar Way, Littleton, CO 80130
Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis.
Accepts most private insurance accept Kaiser. Accepts Medicaid.

McAllaster-Schmitz & Associates (Amy McAllaster-Schmitz, M.A., LPC)
303-513-7822
www.amymscounseling.com
5777 S. Rapp Street, Littleton, CO 80120
Adolescent & adult counseling.

National Alliance on Mental Illness (NAMI)
303-991-7688
www.namiadco.org
Serving Arapahoe & Douglas Counties
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services; calls are returned within 24 hours.
National Alliance on Mental Illness (Statewide)
303-321-3104  
www.namicolorado.org  
1100 Fillmore St. Denver, CO 80206  
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services.

People House
303-480-5130  
http://peoplehouse.org  
3035 W. 25th Ave., Denver, CO 80211  
Affordable Counseling Program offers services on a sliding scale starting @ $15.00; All ages, all issues. People House also offers workshops & classes & activities.

The Child and Adolescent Behavioral Supports, LLC
303-660-5397  
http://www.cabsupports.com/  
Littleton Office:  
609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120  
Denver Office:  
1633 Fillmore St., Suite 390, Denver, CO 80206  
Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges. Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

Worthing Carol Ann, PhD
303-663-5846  
www.individualandfamilypsychotherapy.com  
240 Wilcox St., Castle Rock, CO 80104  
Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Couples / Marriage
Grace Counseling (Alexander A. Avila, M.A.)
720-316-7771  
http://www.alexanderavila.com/  
9220 Teddy Lane, Suite 1400, Lone Tree, CO 80124  
Counseling to increase the health and intimacy of romantic relationships; couples, marriage counseling. Facilitator of the “Hold Me Tight” program for couples. Addictions counseling. Counseling for men.
Integrative Therapy Solutions
720-285-6438
http://integrativetherapysolutions.org
Serving Aurora, Denver & south metro area
Children, teens, adults, couples, families; ITS addresses many areas including marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women’s issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development.
Does not accept insurance.

People House
303-480-5130
http://peoplehouse.org
3035 W. 25th Ave., Denver, CO 80211
Affordable Counseling Program offers services on a sliding scale starting @ $15.00; All ages, all issues. People House also offers workshops & classes & activities.

Proactive Counseling Services
303-917-6211
http://www.proactivecounselingservice.com/
1745 Shea Center Dr., Highlands Ranch, CO 80126
Individuals, couples; multiple approaches dealing with multiple issues such as marriage / family issues, parenting issues, depression, anxiety / stress, trauma, grief & loss. Does not accept insurance. Will provide paperwork for submitting claims.

The Child and Adolescent Behavioral Supports, LLC
303-660-5397
http://www.cabsupports.com/
Littleton Office:
609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120
Denver Office:
1633 Fillmore St., Suite 390, Denver, CO 80206
Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.
Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

Worthing Carol Ann, PhD
303-663-5846
www.individualandfamilypsychotherapy.com
240 Wilcox St., Castle Rock, CO 80104
Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.
Depression

AllHealth Network
303-730-8858
http://www.allhealthnetwork.org/
61 W. Davies Ave. Littleton, CO 80120  303-797-9420
831 S Perry Street, Suite , Castle Rock, CO 80104  303-688-6276
10350 S. Dransfeldt, , Parker, CO 80134  303-805-4312

Briggs, Jana, MA, NCC, LPC
303-495-0317
www.janabriggs.com
5777 S. Rapp St., Suite 204, Littleton, CO 80120
Does not accept insurance.

Brodie, Judith, MA, LPC, LLC
303-503-5282
www.judithbrodie.com
6860 S. Yosemite Court, Suite 2000, Centennial, CO 80112
Kind, compassionate support for children, adults and families dealing with grief
And loss, end-of-life transitions, serious illness or relationship difficulties.

Counseling Place at Lone Tree (Sarah James, LCSW, CACII)
303-241-0421
http://www.counselinglonetree.com/
9224 Teddy Lane, Suite 103, Lone Tree, CO 80124
482 happy Canyon Road, Catle Pines, CO 80104
Accept most insurances and will slide fees.

Counseling Solutions (John Eckenwiler, LMFT)
303-267-2282
www.therapyhelpnow.com
12900 Stroh Ranch Place, Suite 200, Parker, CO 80134
9220 Teddy Lane, Suite 1100, Lone Tree, CO 80124
Some insurances, private pay; might slide fees.

Five Star Counseling
303-464-9192
www.fivestarcounselingservices.com
7050 W. 120th Ave., Suite 201, Broomfield, CO 80020
Specializing in marriage counseling; depression; life coaching.

Foundations Family Counseling
303-393-0085
wwwFOUNDATIONSFAMILYCOUNSELING.com
789 Shermon St. Suite 440, Denver, CO 80203 Individual therapy with children, adolescents &
adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment;
play therapy; EMDR (trauma). Addressing all areas of mental health.
Grace Counseling Services
720-489-8555
http://www.gracecounseling.net/
7921 South Park Plaza, Suite 204, Littleton, CO 80120
Specializes in work with victims of sexual or mental abuse; testing for learning disabilities; family and parenting skills. Does not accept insurance, sliding scale may be available.

Guzman, Maria Elena, PhD
303-756-6870
3801 E. Florida Avenue, Suite 701, Denver, CO 80210
Specializes in trauma, depression, anxiety. Private testing; qualified to do most SPED testing. Services available in Spanish. Takes some insurance.

Hanze, Doug, PhD.
303-688-8658
http://hanzecounseling.com/
823 S. Perry St, Suite 100, Castle Rock, CO 80104
Individual, family, children, adolescents. Diagnose and treat depression, anxiety, ADHD and behavior disorders. Accepts the following private insurance: Blue Cross, Aetna, Infinity and Colorado Co-op.

Highlands Behavioral Health System
720-348-2800
www.highlandsbhs.com
8565 S. Poplar Way, Littleton, CO 80130
Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis. Accept most private insurance except Kaiser. Accept Medicaid.

Integrative Therapy Solutions
720-285-6438
http://integrativetherapysolutions.org
Serving Aurora, Denver & south metro area
Children, teens, adults, couples, families.
Do not accept insurance.

Introspection Counseling (Michelle Stevens, MA, PLC, NCC, JD)
303-916-8770
www.introspectioncounseling.com
2305 E. Arapahoe Rd., Littleton, CO 80122
Specializing in depression, grief / loss, anxiety / stress, infidelity, life transitions. Initial consultation is free; accepts some insurance & will slide fees.

Iolite Counseling, LLC
303-956-8949
www.iolitecounseling.com
900 Castleton Rd. Suite 135, Castle Rock, CO 80109
Free initial consultation; sliding scale available.
Kendall-Grove, Kwai, PhD.
303-662-9670
http://drkendallgrove.com/
2305 E. Arapahoe Road, Suite 149, Centennial, CO 80122
Does not accept insurance but offers sliding scale.

LDS Family Services
303-371-1000
www.ldsfamilyservices.org
3263 Fraser Street, Suite 3, Aurora, CO 80011
Fee for service or fast offerings used to assist in fee; Latter Day Saints.

Mile High Behavioral Health
303-960-6249
www.mhbhonline.com
8801 E Hampden Ave, Suite 108, Denver, CO 80231

National Alliance on Mental Illness (NAMI)
303-991-7688
www.namiadco.org
Serving Arapahoe & Douglas Counties
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services; calls are returned within 24 hours.

National Alliance on Mental Illness (Statewide)
303-321-3104
www.namicolorado.org
1100 Fillmore St. Denver, CO 80206
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services.

People House
303-480-5130
http://peoplehouse.org
3035 W. 25th Ave., Denver, CO 80211
Affordable Counseling Program offers services on a sliding scale starting @ $15.00;
All ages, all issues. People House also offers workshops & classes & activities.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)
20-244-0899
www.pikespeakcounseling.com
12900 Stroh Ranch Way, Suite 220, Parker, CO 80134
ADHD ; social skills groups ; bullying prevention ; former school counselor;
does not accept insurance ; sliding scale available.

Porter, William W., Ph.D
303-399-3542 Email: walesporter@gmail.com
967 Fillmore St. Denver, CO 80206
Sliding scale; some insurance.
Proactive Counseling Services
303-917-6211
http://www.proactivecounselingservice.com/
1745 Shea Center Dr., Highlands Ranch, CO 80126
Individuals, couples; multiple approaches dealing with multiple issues such as marriage / family issues, parenting issues, depression, anxiety / stress, trauma, grief & loss. Does not accept insurance and out of network but will provide paperwork.

Schaffer, Stacy, MA, LPC
602-885-5485
www.stacyschaffer.com
5460 Ward Rd., Arvada, CO 80004

Southeast Psychotherapy Associates, PLLC
303-694-1795
www.sepsychotherapy.com
6081 S. Quebec St., Suite 103, Englewood, CO 80111

The Child and Adolescent Behavioral Supports, LLC
303-660-5397
http://www.cabsupports.com/
Littleton Office:
609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120
Denver Office:
1633 Fillmore St., Suite 390, Denver, CO 80206
Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges. Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

The Redimere Group Center for Counseling and Leadership
Development (Sawyer, Chip, M.A., L.P.C., Life & Parent Coach)
303-713-1001
www.redimere.com
5690 DTC Blvd., Suite 120 W, Greenwood Village, CO 80111

Thoreson, Kirk, PsyD
303-550-0030
www.drkirkthoreson.com
1221 S. Clarkson St. Suite 302, Denver, CO 80210 Accepts some insurance or sliding fee scale; free 20 minute phone consult.
Uhernik, Julie, LPC, RN
303-918-1775
www.julieuhernik.com
19557 East Mainstreet, Suite 203, Parker, CO 80138
Adolescents, adults, couples, families. Accepts most private insurance and several employee assistance plans. Does not currently accept Medicaid but that may change.

Worthing Carol Ann, PhD
303-663-5846
www.individualandpsychotherapy.com
240 Wilcox St., Castle Rock, CO 80104
Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Equine Therapy / Programs

Boots and Saddles Therapeutic Riding Center
303-688-1388
http://bootsandsaddles.org/
7193 S. Hwy 83, Franktown, CO 80116

Michael Dawson Counseling
303-766-4111
http://michaeldawson.com/?page_id=12
13791 E. Rice Pl., Suite 100, Aurora, CO 80015
People partnered with horses to help bring healing to broken bodies and wounded souls; loss and grief. Accepts Anthem Blue Cross and Medicaid.

Partners Equine Therapy
303-478-8734
http://equinecolorado.org
Haven Farms, 36355 CR 13, Elizabeth, CO 80107
Children, teens, adults and families; Horses Healing Grief, serving people with reactive attachment disorder, oppositional defiant disorder, depression, anxiety, Impulsivity, ADHD, post-traumatic stress disorder, behavioral issues.

Praying Hands Ranch
303-841-4043
www.prayinghandsranches.org
4825 E. Daley Circle, Parker, CO 80138

Saddle Up Foundation
303-788-1666
www.saddleupfoundation.org
11152 E. Daley Circle, Parker, CO 80134
The Right Step
303-731-9057
http://www.therightstepinc.org/
7990 S. Santa Fe Dr., Littleton, CO 80120
This program deals with equine assistance to individuals who have a physical, cognitive, emotional behavior, and learning disabilities.

Zuma’s Rescue Ranch
303-346-7493
www.zumasrescueranch.com
7745 N. Moore Rd., Littleton, CO 80125
Experiential learning, behavioral consultation, mentoring program - - all with trained professionals and rescued horses.

Family Therapy

AllHealth Network
303-730-8858
http://www.allhealthnetwork.org/ locations
61 W. Davies Ave., Littleton, CO 80120 303-797-9420
831 S Perry Street, Suite 100, Castle Rock, CO 80104 303-688-6276
10350 S. Dransfeldt, Parker, CO 80134 303-805-4312

Bentley Marriage & Counseling (David, MA, LPC, NCC)
720-255-1572
www.marriageupgrade.com
7800 S. Elati St., Suite 201, Littleton, CO 80120
David Bentley is on a mission to save marriages; couples, individuals; solution-oriented approach. Will slide fees and will consider offering services pro bono.

Briggs, Jana, MA, NCC, LPC
303-495-0317
www.janabriggs.com
5777 S. Rapp St., Suite 204, Littleton, CO 80120
Play therapy; anger management; grief/loss recovery; parenting counseling; couples therapy; relationship enhancement.
Does not accept insurance.

Brodie, Judith, MA, LPC, LLC
303-503-5282
www.judithbrodie.com
3939 E. Arapahoe Rd. Littleton, CO 80122
Kind, compassionate support for children, adults and families dealing with grief and loss, end-of-life transitions, serious illness or relationship difficulties.

Counseling Place at Lone Tree (Sarah James, LCSW, CACII)
303-241-0421
http://www.counselinglonetree.com/
9224 Teddy Lane, Suite 103, Lone Tree, CO 80124
482 Happy Canyon Road, Castle Pines, CO 80104
Accept most insurances and will slide fees.
Counseling Solutions (John Eckenwiler, LMFT)
303-267-2282
www.therapyhelponow.com
12900 Stroh Ranch Place, Suite 200, Parker, CO 80134
9220 Teddy Lane, Suite 1100, Lone Tree, CO 80124
Some insurances, private pay; might slide fees.

Five Star Counseling
303-464-9192
www.fivestarcounselingservices.com
7050 W. 120th Ave., Suite 201, Broomfield, CO 80020
Specializing in marriage counseling; depression; life coaching.

Foundations Family Counseling
303-393-0085
www.foundationsfamilycounseling.com
789 Sherman St. Suite 440, Denver, CO 80203 Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of psychology and mental health, including depression, dealing with divorce, dealing with disabilities or chronic pain, female/girls issues, much more.
Acceptance of insurance varies by provider. Refer Medicaid patients to other agencies that accept Medicaid.

Grace Counseling (Johnson, Vicki, MSW, LCSW)
303-798-8836
720-489-8555
http://www.gracecounseling.net/
7921 South Park Plaza, Suite 204, Littleton, CO 80120
Female adolescents, families, couples, groups; eating disorders, trauma.

Grace Counseling Services (Matson, Rebecca, LPC)
720-489-8555
http://www.gracecounseling.net/
7921 South Park Plaza, Suite 204, Littleton, CO 80120
Specializes in work with victims of sexual or mental abuse; testing for learning disabilities; family and parenting skills. Does not accept insurance, sliding scale may be available.

Grenhart, Rich, Psy.D.
303-761-3520
Email: rgrenhart@aol.com
3601 S. Clarkson St., Suite 540, Englewood, CO 80113
Family and individual counseling; adolescents. Communicates well with school; after school office hours. Psych evals. No sliding scale.
Integrative Therapy Solutions
720-285-6438
http://integrativetherapysolutions.org
Serving Aurora, Denver & south metro area
Children, teens, adults, couples, families; ITS addresses many areas including marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women’s issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development. Does not accept insurance.

Iolite Counseling, LLC
303-956-8949
www.iolitecounseling.com
900 Castleton Rd. Suite135, Castle Rock, CO 80109

Knippenberg, Patterson, Bordelon & Associates
www.craigknippenberg.com
2833 S. Colorado Blvd. Denver, CO 80222
Individual, family and group counseling services as well as parenting classes. Specialty in child & adolescent neurobehavioral disorders.
Does not accept insurance.

Krafchick, Dana, M.D
303-799-4110
http://danakrafchickmd.com/
7310 E. Arapahoe Rd., Suite 200, Centennial, CO 80112
Psychiatrist – therapy and medication; families and adolescents.
Accept the following insurance: Blue Cross/Blue Shield and Tri-Care.

Legacy Comprehensive Counseling & Consulting
303-841-4005
www.legacyparker.com
19751 E. Mainstreet, Suite 215., Parker, CO 80138
Individual and group counseling for individuals, children and families.
Specializing in social skills, adjusting to divorce, parenting skills & classes, anger management, mental illness, stress, attachment issues, testing & assessment for behavior & psychological concerns (particularly ADHD, other learning challenges and developmental disabilities), behavior management, supervised parenting, child/family investigations. Accepts insurance and will slide fees.

Levitas-Eisner, Jane, LCSW
303-826-7296
http://janeeisnerlcsw.com/
8000 E. Prentice Ave., Suite B-12, Englewood, CO 80111
Child, adolescent, family, and couples therapy.
Accepts most private insurance. Does not accept Medicaid.
Life Support Behavioral Institute
888-516-5995
http://www.lifesupportinstitute.com/
7853 E. Arapahoe Ct., Suite 3550, Centennial, CO 80112
Most insurance accepted.

Lounsbrough, Craig, M.Div., LPC
303-593-0575 ext. 123
www.craiglpc.com
19284 Cottonwood Drive, Suite 202, Parker, CO 80138
Child, adolescent, ADD, ADHD, ODD and conduct disorders. No sliding scale, will reduce fee.

Max, Dana A., PsyD, PC
303-347-8498
www.danamax.com
5860 S. Curtice St., Littleton, CO 80120
Psychological testing; psychoeducational testing; career assessment (ministerial). Will bill insurance and may slide fees based on income.

McAllaster-Schmitz & Associates (Amy McAllaster-Schmitz, M.A., LPC)
303-513-7822
www.amymscounseling.com
5777 S. Rapp St., Littleton, CO 80120
Adolescent & adult counseling.

National Alliance on Mental Illness (NAMI)
303-991-7688
www.namiadco.org
Serving Arapahoe & Douglas Counties
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services; calls are returned within 24 hours.

National Alliance on Mental Illness (Statewide)
303-321-3104
www.namicolorado.org
1100 Fillmore St. Denver, CO 80206
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services.

Newman, Hildie, LCSW
303-902-2084
http://www.hildienevermanlcsw.com/ 6767 S. Spruce Street, Suite 250, Englewood, CO 80112
Specializes in working with families and adolescents.

People House
303-480-5130
http://peoplehouse.org
3035 W. 25th Ave., Denver, CO 80211
Affordable Counseling Program offers services on a sliding scale starting @ $15.00; All ages, all issues. People House also offers workshops & classes & activities.
Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)
720-244-0899
www.pikespeakcounseling.com
12900 Stroh Ranch Way, Suite 220, Parker, CO  80134
ADHD; social skills groups; bullying prevention; divorce groups; mother/daughter dynamics; mental health issues.  Former school counselor.  No insurance; sliding scale available.

Proactive Counseling Services
303-917-6211
http://www.proactivecounselingservice.com/
1745 Shea Center Dr., Highlands Ranch, CO  80126
Individuals, couples; multiple approaches dealing with multiple issues such as marriage / family issues, parenting issues, depression, anxiety / stress, trauma, grief & loss.

Sandstone Care
720-307-3970
www.sandstonecare.com
2100 S. Cherry St., #204, Denver, CO 80222
Provides substance abuse and co-occurring mental health treatment services for teens and young adults. Incluedes after school teen program that incorporates individual and group therapy, family counseling, visits with our MD psychiatrist, and academic and vocation support. Accepts these insurances : Value Options, United Health Care, Cigna, Aetna, Humana, Mines and Assoc, Rocky Mountain Health Plans, United Behavioral Health, and Blue Cross/Blue Shield.

Smith, Jenna K., MSW
303-951-4832
http://jennasmiththerapy.com/
email: jenna@jennasmiththerapy.com
5347 S. Valentia Way, Suite 120, Greenwood Village, CO  80111
Specializing in working with elementary-age children & their families; divorce, grief & loss, anxiety, ADHD, parenting.

Soaring Spirits Counseling
303-350-0054
www.soaringspiritscounseling.com
1660 South Albion Street #3B, Denver, CO 80222 Mediation and restorative justice services designed to make victim, offender and the community whole again.

Southeast Psychotherapy Associates, PLLC
303-694-1795
www.sepsychotherapy.com
6081 S. Quebec St., Suite 103, Englewood, CO  80111
Marriage & family therapy; addictions; bipolar & other depressive disorders; educational & intellectual assessment; ADHD

Springs of Joy (Dawn Rike, M.A., CACII, CFI)
720-346-3267
www.springsofjoycounseling.org
405 S. Wilcox St. Suite 200,.Castle Rock, CO 80104
The Redimere Group Center for Counseling and Leadership
Development  (Sawyer, Chip, M.A., L.P.C., Life & Parent Coach)
303-713-1001
www.redimere.com
5690 DTC Blvd., Suite 120W, Greenwood Village, CO 80111

Thoreson, Kirk, PsyD
303-550-0030
www.drkirkthoreson.com
1221 S. Clarkson St. Suite 302, Denver, CO 80210
Psychological and educational testing & assessment; teens, children, families, couples; specializes in learning disabilities, ADHD, depression, childhood anxiety. Accepts some insurance or sliding fee scale; free 20 minute phone consult.

Trathen, Dan, PhD
303-593-0575
www.drtrathen.com
19284 E. Cottonwood Dr., Suite 202, Parker, CO 80138
Individual, adolescent, marriage, family counseling. Life / leadership coaching.

Uhernik, Julie, LPC, RN
303-918-1775
www.julieuhernik.com
19557 East Mainstreet, Suite 203, Parker, CO 80138
Adolescents, adults, couples, families; specializes in parenting and step-parenting issues, mother-daughter relationships, anxiety, trauma, chronic Illness, eating disorders, depression, and infertility counseling. Accepts most private insurance and several employee assistance plans. Does not currently accept Medicaid but that may change.

Worthing Carol Ann, PhD
303-663-5846
www.individualandfamilypsychotherapy.com
240 Wilcox St., Castle Rock, CO 80104
Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Female-Specific / Mothers & Daughters

Counseling Place at Lone Tree (Sarah James, LCSW, CACII)
303-241-0421
http://www.counselinglonetree.com/
9224 Teddy Lane, Suite 103, Lone Tree, CO 80124
482 Happy Canyon Road, Castle Pines, CO 80104
Accept most insurances and will slide fees.
Excelsior Youth Centers
303-693-1550
www.excelsioryc.org
15001 E. Oxford Ave., Aurora, CO 80014
Female-specific services; inpatient; day treatment; substance abuse treatment; living skills; on-campus school.

Foundations Family Counseling
303-393-0085
www.foundationsfamilycounseling.com
789 Sherman St. Suite 440, Denver, CO 80203 Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of mental health.
Take sure insurance plans. Various by individual therapist. Refers patients to another agency that accepts Medicaid.

Grace Counseling (Johnson, Vicki, MSW, LCSW)
303-798-8836
720-489-8555
http://www.gracecounseling.net/
7921 South Park Plaza, Suite 204, Littleton, CO 80120
Female adolescents, families, couples, groups; eating disorders, trauma.

Integrative Therapy Solutions
720-285-6438
http://integrativetherapysolutions.org
Serving Aurora, Denver & south metro area
Children, teens, adults, couples, families; ITS addresses many areas including marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women’s issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development.
Does not accept insurance.

Iolite Counseling, LLC
303-956-8949
www.iolitecounseling.com
900 Castleton Rd. Suite135, Castle Rock, CO 80109
Self-Esteem group for girls. Free initial consultation; sliding scale available.

National Institute for Change
303-231-0090
http://www.nichange.com/
Offices in Lakewood, Lone Tree, Golden, Aurora
Groups, individuals. Parenting classes. Sliding scale fee.

People House
303-480-5130
http://peoplehouse.org
3035 W. 25th Ave., Denver, CO 80211
Affordable Counseling Program offers services on a sliding scale starting @ $15.00;
All ages, all issues. People House also offers workshops & classes & activities.
Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)
720-244-0899
www.pikespeakcounseling.com
12900 Stroh Ranch Way, Suite 220, Parker, CO 80134
ADHD; social skills groups; bullying prevention; former school counselor;
does not accept insurance; sliding scale available.

Soaring Spirits Counseling
303-350-0054
www.soaringspiritscounseling.com
1660 South Albion Street #3B, Denver, CO 80222
Mediation and restorative justice services designed to make victim, offender and the community whole again.

Starkey-Duncan, Renee, PhD.
303-747-4026
https://therapists.psychologytoday.com/rms/name/Renee_Starkey+Duncan_PhD_Denver_Colorado_94253
90 Madison St., Suite 405, Denver, CO 80206
No insurance, will slide fees.

Uhernik, Julie, LPC, RN
303-918-1775
www.julieuhernik.com
19557 East Mainstreet, Suite 203, Parker, CO 80138
Accepts most private insurance and several employee assistance plans. Does not currently accept Medicaid but that may change.

In-Home Services

AllHealth Network
303-730-8858
http://www.allhealthnetwork.org/
61 W. Davies Ave., Littleton, CO 80120
831 S Perry Street, Suite 100, Castle Rock, CO 80104
10350 S. Dransfeldt, Parker, CO 80134
303-797-9420
303-688-6276
303-805-4312
Multi-systemic therapy & functional family therapy in-home; Intensive Services.

Behavioral Growing Tree
866-300-0822
www.behavioralgrowingtree.com
In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations. Insurance accepted.

Colorado Addictions Consulting, LLC (Beth Baldwin, CAC III)
303-501-6921
www.coloradoaddictionsconsulting.com
Specializes in working with adolescents; services include substance abuse evaluation, recommendations for ongoing treatment, in-home substance abuse counseling. Case consultation offered at no cost; may slide fees.
Developmental Disability Consultants, PC
303-337-2210
www.ddconsultants.org
1211 S. Parker Rd., Suite 200, Denver, CO 80231
Offering a wide range of direct and consultative services to children and adults with disabilities, their families, teachers and service providers.
Accepts Medicaid and works with other insurance providers.

Family Advocacy, Care, Education, Support (FACES)
720-570-9333
www.facesonline.org
1325 S. Colorado Blvd., Suite B-509, Denver, CO 80222
Services to prevent child abuse & family violence, for families with children from 0-12 dealing with developmental delays, physical disability, mental illness or substance abuse issues.
Home visitation program, therapeutic counseling, parent education, advocacy & support.

Instructional ABA Consultants
331-229-8839, ext 1
http://www.instructional-aba.com/index.html
312 Wilcox St., Castle Rock, CO 80104
In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training.
Accepts the following insurances: private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

Life Support Behavioral Institute
888-516-5995
http://www.lifesupportinstitute.com/
7853 E. Arapahoe Ct., Suite 3550, Centennial, CO 80112
Accepts most insurance including: CIGNA, Aetna, BHI and Value Options. Accepts Medicaid for Arapahoe or Douglas counties.

Savio House
303-225-4100
www.saviohouse.org
325 King St., Denver, CO 80219
In-home multi-systemic therapy; family therapy; substance abuse treatment.

Schaffer, Stacy, MA, LPC
602-885-5485
www.stacyschaffer.com
5460 Ward Rd., Arvada, CO 80004
Specializing in Grief, Children and Adolescents in the Denver.
Is in-network provider for Blue Cross/Blue Shield and Humana. Also provider for Second Wind Fund of Metro Denver and Mines and Associates.
Shiloh House
303-932-9599
www.shilohhouse.org
6400 W. Coal Mine Ave., Littleton, CO 80123
Intensive in-home therapy; respite services.

Synergy
303-781-7875
www.artstreatment.com
In-home multi-systemic therapy; other community based services; substance use.
Primarily work with adjudicated youth. Accepts Medicaid and works with private insurance.

To The Rescue
720-851-2100
http://totherescue.net
17011 Lincoln Ave., Suite 562, Parker, CO 80134
Wide variety of services to help folks with physical health issues, disabilities and mental health issues stay in their own homes. Services tailored to the needs of the individual and may include respite, house cleaning, meals, assessments, in-home medical care, yard care, etc.

University of Colorado Hospital
720-848-2200
http://www.uch.edu/
9548 Park Meadows Drive, Lone Tree, CO 80124
In-home multi-systemic therapy (MST); intensive family therapy (FT); specializing in mental health issues.

Male-Specific / Fathers & Sons

Grace Counseling (Alexander A. Avila, M.A.)
720-316-7771
http://www.alexanderavila.com/
7921 Southpark Plaza, Suite 204, Littleton, CO 80120
Counseling to increase the health and intimacy of romantic relationships; couples, marriage counseling. Facilitator of the “Hold Me Tight” program for couples. Addictions counseling. Counseling for men.
Does not accept insurance.

People House
303-480-5130
http://peoplehouse.org
3035 W. 25th Ave., Denver, CO 80211
Affordable Counseling Program offers services on a sliding scale starting @ $15.00;
All ages, all issues. People House also offers workshops & classes & activities.
Outpatient Programs

**AllHealth Network**
303-730-8858  
http://www.allhealthnetwork.org/  
61 W. Davies Ave., Littleton, CO 80120  
831 S Perry Street, Suite 100, Castle Rock, CO 80104  
10350 S. Dransfeldt, Parker, CO 80134  
303-797-9420  
303-688-6276  
303-805-4312

**Aurora Mental Health Center**
303-617-2300  
http://www.aumhc.org/  
11059 E. Bethany Dr., Suite 200, Aurora, Colorado 80014  
A variety of outpatient programs for children, teens, adults, older adults; assessment; dual diagnosis; support and case management for homeless.

**Centennial Peaks Hospital**
303-673-9990  
www.centennialpeaks.com  
2255 S. 88th St., Louisville, CO 80027  
Intensive outpatient for chemical dependency.

**Colorado Division of Mental Health**
http://www.colorado.gov/cs/Satellite/CDHS-BehavioralHealth/CBON/1251580853076  
Mental Health Institute at Fort Logan  
3520 West Oxford Avenue, Denver, Colorado 80236  
303-866-7066  
Mental Health Institute at Pueblo  
1600 West 24th Street, Pueblo, Colorado, 81003  
719-546-4000

**Compass Health Systems**
303-683-5620  
http://compass-md.com/our_locations/?smid=4  
8671 S. Quebec St., Suite 200, Highlands Ranch, CO 80130  
Assessment and treatment for people of all ages; specializing in juvenile / adult forensic psychology.

**Eating Disorder Center of Denver**
Toll Free: 866-771-0861  
www.edcdenver.com  
950 S. Cherry St., Suite1010, Denver, CO 80246  
Outpatient, partial hospitalization, and inpatient treatment of eating disordered individuals age 16 and older.

**First Step Counseling**
303-840-2636  
http://www.firststepcounseling.org/  
10292 S. Progress Way, Parker, CO 80134  
Individual, family and group counseling for a variety of issues; court-ordered counseling to address drinking and driving issues.
Foundations Family Counseling
303-393-0085
www.foundationsfamilycounseling.com
789 Sherman St. Suite 440, Denver, CO 80203
Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of mental health.
Acceptance of private insurance varies by individual therapist. Refers patients to another agency that accepts Medicaid.

Highlands Behavioral Health System
720-348-2800
www.highlandsbhs.com
8565 S. Poplar Way, Littleton, CO 80130
Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis.
Accepts most private insurance except Kaiser. Accepts Medicaid.

Hope Counseling Services (Bethany Adams, MA, NCC)
720-291-1482
www.hopecounselingservices.org
400 Inverness Parkway, Suite 200, Englewood, CO 80012
Anger management counseling, primarily for adolescents & younger children; play therapy; behavior issues; social issues; mood disorders; trauma; adjustment issues; family issues; cash or check; will slide fees.

Instructional ABA Consultants
331-229-8839, ext 1
http://www.instructional-aba.com/index.html
312 Wilcox St., Castle Rock, CO 80104
In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training.
Accepts the following insurances: private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

Integrative Therapy Solutions
720-285-6438
http://integrativetherapysolutions.org
Serving Aurora, Denver & south metro area
Children, teens, adults, couples, families; ITS addresses many areas including marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women’s issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development.
Does not accept insurance.
Iolite Counseling, LLC
303-956-8949
www.iolitecounseling.com
900 Castleton Rd. Suite 135, Castle Rock, CO 80109

Legacy Comprehensive Counseling & Consulting
303-841-4005
www.legacyparker.com
19751 E. Mainstreet, Suite 215., Parker, CO 80138
Individual and group counseling for individuals, children and families. Specializing in social skills, adjusting to divorce, parenting skills & classes, anger management, mental illness, stress, attachment issues, testing & assessment for behavior & psychological concerns (particularly ADHD, other learning challenges and developmental disabilities), behavior management, supervised parenting, child/family investigations. Accepts most private insurance including United Healthcare, CIGNA, Blue Cross/Blue Shield and Aetna. Does not accept Medicaid.

Life Support Behavioral Institute
888-516-5995
http://www.lifesupportinstitute.com/
7853 E. Arapahoe Ct., Suite 3550, Centennial, CO 80112
Accepts most private insurance including: CIGNA, Aetna, BHI and Value Options. Accepts Medicaid for Arapahoe and Douglas counties.

Metro Community Provider Network
303-360-6276
www.mcpn.com
Locations throughout the metro area
Services for persistently mentally ill, with a focus on the homeless; case management; sliding scale, Medicaid, CICP, etc.

People House
303-480-5130
http://peoplehouse.org
3035 W. 25th Ave., Denver, CO 80211
Affordable Counseling Program offers services on a sliding scale starting @ $15.00; All ages, all issues. People House also offers workshops & classes & activities.

Proactive Counseling Services
303-917-6211
http://www.proactivecounselingservice.com/
1745 Shea Center Dr., Highlands Ranch, CO 80126
Individuals, couples; multiple approaches dealing with multiple issues such as marriage / family issues, parenting issues, depression, anxiety / stress, trauma, grief & loss.
Running Creek Counseling Services, Inc.
303-805-1218 ext. 102
http://www.rccounseling.com/
18425 Pony Express Drive, Suite 203, Parker, CO 80134
Anger management counseling (adults only at present).
Accepts the following private insurance: CIGNA, Aetna, Humana and Golden Rail. Accepts Medicaid.

Sandstone Care
720-307-3970
www.sandstonecare.com
2100 S. Cherry St., #204, Denver, CO 80222
Provides substance abuse and co-occurring mental health treatment services for teens and young adults. Inculdes after school teen program that incorporates individual and group therapy, family counseling, visits with our MD psychiatrist, and academic and vocation support. Accepts these insurances: Value Options, United Health Care, Cigna, Aetna, Humana, Mines and Assoc, Rocky Mountain Health Plans, United Behavioral Health, and Blue Cross/Blue Shield.

Savio House
303-225-4100
www.saviohouse.org
325 King St., Denver, CO 80219
In-home multi-systemic therapy; family therapy; substance abuse treatment.

Servicios de la Raza
303-458-5851
www.serviciosdelaraza.org
4055 Tejon Street, Denver, CO 80211
Services to Latino community include individual and group counseling, medication management, and evaluations, HIV, Mental Health, Food Bank, Domestic Violence.

South Denver Psychotherapy
303-730-1144
http://www.southdenverpsychotherapy.com/
2305 E. Arapahoe Rd., Centennial, CO 80122

Southeast Psychotherapy Associates, PLLC
303-694-1795
www.sepsychotherapy.com
6081 S. Quebec St., Suite 103, Englewood, CO 80111
Marriage & family therapy; addictions; bipolar & other depressive disorders; educational & intellectual assessment; ADHD.

Synergy
303-781-7875
www.artstreatment.com
In-home multi-systemic therapy; other community based services; substance use.
Deals with adjudicated youth. Primarily works with Medicaid but does work with private Insurance.
Tennyson Center (CO Christian Home)
303-433-2541  
www.tennysoncenter.org  
2950 Tennyson St., Denver, CO 80212  
Day treatment for children ages 5-14; focus on abused and neglected children.

The Child and Adolescent Behavioral Supports, LLC
303-660-5397  
http://www.cabsupports.com/  
Littleton Office:  
609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120  
Denver Office:  
1633 Fillmore St., Suite 390, Denver, CO 80206  
Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges. Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

The Redimere Group Center for Counseling and Leadership  
Development (Sawyer, Chip, M.A., L.P.C., Life & Parent Coach)  
303-713-1001  
www.redimere.com  
5690 DTC Blvd., Suite 120W, Greenwood Village, CO 80111

University of Colorado Hospital  
720-848-2200  
http://www.uch.edu/  
9548 Park Meadows Drive, Lone Tree, CO 80124  
In-home multi-systemic therapy (MST); intensive family therapy (FT); specializing in mental health issues.

Phobias

AllHealth Network
303-730-8858  
http://www.allhealthnetwork.org/  
61 W. Davies Ave., Littleton, CO 80120  
831 S Perry Street, Suite 100, Castle Rock, CO 80104  
10350 S. Dransfeldt, Parker, CO 80134  
303-797-9420  
303-688-6276  
303-805-4312

Highlands Behavioral Health System  
720-348-2800  
www.highlandsbhs.com  
8565 S. Poplar Way, Littleton, CO 80130  
Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis. Accept most private insurance except Humana. Accepts Medicaid.
Iolite Counseling, LLC
303-956-8949
www.iolitecounseling.com
900 Castleton Rd. Suite135, Castle Rock, CO 80109
Free initial consultation; sliding scale available.

National Alliance on Mental Illness (NAMI)
303-991-7688
www.namiadco.org
Serving Arapahoe & Douglas Counties
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services; calls are returned within 24 hours.

National Alliance on Mental Illness (Statewide)
303-321-3104
www.namicolorado.org
1100 Fillmore St. Denver, CO 80206
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)
720-244-0899
www.pikespeakcounseling.com
12900 Stroh Ranch Way, Suite 220, Parker, CO 80134
ADHD; behavior management; social skills & divorce groups; school & family issues; grief & loss; abuse/trauma, phobias; anxiety; depression; mother/daughter dynamics; Certified Play and EMDR Therapist; works with children as young as 5 years of age; does not accept insurance but can provide receipts to clients upon request and accepts sliding scale clients. Out of network, only victim’s compensation.

The Child and Adolescent Behavioral Supports, LLC
303-660-5397
http://www.cabsupports.com/
Littleton Office :
609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120
Denver Office :
1633 Fillmore St., Suite 390, Denver, CO 80206
Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.
Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

Uhernik, Julie, LPC, RN
303-918-1775
www.julieuhernik.com
19557 East Mainstreet, Suite 203, Parker, CO 80138
Adolescents, adults, couples, families; no insurance but will slide fees.
Accepts most private insurance and several employee assistance plans. Does not currently accept Medicaid but may change.
Post Partum Depression

Edinburgh Postnatal Depression Scale (EPDS)

Support International
800-944-4773
www.postpartum.net
Dedicated to helping women suffering from prenatal mood and anxiety disorders, including postpartum depression. Provides access to local support and resources.
Postpartum Support International Colorado Resource Guide Colorado State Coordinator, Katie Kripke, MSW, LSW 303-586-1564

Postpartum Support International Colorado Resource Guide
Colorado State Co-Coordinators:
Katie Kripke, MSW, LSW 303-586-1564
Joan Getz-Heller, RN, LCSW 303-759-9171

The Kempe Center
303-864-5300
www.kempe.org
The Gary Pavillion at The Children’s Hospital
Anschutz Medical Campus
13123 E 16th Ave., B390 Aurora, CO 80045
Helping moms overcome a terrible disease so they, and their children, can thrive.

Post-Traumatic Stress

AllHealth Network
303-730-8858
http://www.allhealthnetwork.org/
61 W. Davies Ave., Littleton, CO 80120 303-797-9420
831 S Perry Street, Suite 100, Castle Rock, CO 80104 303-688-6276
10350 S. Dransfeldt, Parker, CO 80134 303-805-4312

Foundations Family Counseling
303-393-0085
www.foundationsfamilycounseling.com
789 Sherman St., Denver, CO 80203
Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of mental health.
Acceptance of private insurance varies by therapist. Refers patients to another agency that accepts Medicaid.

Grace Counseling (Johnson, Vicki, MSW, LCSW)
303-798-8836
720-489-8555
http://www.gracecounseling.net/
7921 South Park Plaza, Suite 204, Littleton, CO 80120
Female adolescents, families, couples, groups; eating disorders, trauma.
Does not accept insurance.
Guzman, Maria Elena, PhD
303-756-6870
3801 E. Florida Avenue, Suite 701, Denver, CO 80210
Specializes in trauma, depression, anxiety. Private testing; qualified to do most SPED testing. Services available in Spanish. Takes some insurance.

Highlands Behavioral Health System
720-348-2800
www.highlandsbhs.com
8565 S. Poplar Way, Littleton, CO  80130
Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis. Accepts most private insurance except Kaiser. Accepts Medicaid.

Hope Counseling Services (Bethany Adams, MA, NCC)
720-291-1482
www.hopecounselingservices.org
400 Inverness Parkway, Suite 200, Englewood, CO  80012
Cash or check; will slide fees.

Integrative Therapy Solutions
720-285-6438
http://integrativetherapysolutions.org
Serving Aurora, Denver & south metro area
Children, teens, adults, couples, families.
Does not accept insurance.

Iolite Counseling, LLC
303-956-8949
www.iolitecounseling.com
900 Castleton Rd. Suite135, Castle Rock, CO  80109
Free initial consultation; sliding scale available.

Legacy Comprehensive Counseling & Consulting
303-841-4005
www.legacyparker.com
19751 E. Mainstreet, Suite 215., Parker, CO  80138
Accepts most private insurance including: United Healthcare, CIGNA, Blue Cross/Blue Shield and Aetna. Does not accept Medicaid.

Lounsbrough, Craig, M.Div., LPC
303-593-0575 ext. 123
www.craiglpc.com
19284 Cottonwood Drive, Suite 202, Parker, CO 80138
Child, adolescent, ADD, ADHD, ODD and conduct disorders. No sliding scale, will reduce fee.
National Alliance on Mental Illness (NAMI)
303-991-7688
www.namiadco.org
Serving Arapahoe & Douglas Counties
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services; calls are returned within 24 hours.
303-321-3104
Serving the State of Colorado
www.namicolorado.org
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services..

People House
303-480-5130
http://peoplehouse.org
3035 W. 25th Ave., Denver, CO 80211
Affordable Counseling Program offers services on a sliding scale starting @ $15.00; All ages, all issues. People House also offers workshops & classes & activities.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)
720-244-0899
www.pikespeakcounseling.com
12900 Stroh Ranch Way, Suite 220, Parker, CO 80134
Certified Play and EMDR Therapist; works with children as young as 5 years of age. Does not accept insurance. Only victim’s compensation.

Proactive Counseling Services
303-917-6211
http://www.proactivecounselingservice.com/
1745 Shea Center Dr., Highlands Ranch, CO 80126
Individuals, couples; multiple approaches dealing with multiple issues such as marriage / family issues, parenting issues, depression, anxiety / stress, trauma, grief & loss. Does not accept insurance. Out of network but will provide paperwork.

Schaffer, Stacy, MA, LPC
602-885-5485
www.stacyschaffer.com
5460 Ward Rd., Arvada, CO 80004
Specializing in Grief, Children and Adolescents in the Denver.
Accepts and is in-network provider for Blue Cross/Blue Shield and Humana. Provider for Second Wind Fund of Metro Denver and Mines and Associates.

Tamara G. Suttle Counseling
303-660-4989
www.tamarasuttle.com
6222 Lancaster Ave., Castle Rock, CO 80104
Individual, couple, and group therapy; trauma; abuse; grief/loss; GLBTQ.
The Child and Adolescent Behavioral Supports, LLC
303-660-5397
http://www.cabsupports.com/
Littleton Office:
609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120
Denver Office:
1633 Fillmore St., Suite 390, Denver, CO 80206
Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.
Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

The Redimere Group Center for Counseling and Leadership
Development (Sawyer, Chip, M.A., L.P.C., Life & Parent Coach)
303-713-1001
www.redimere.com
5690 DTC Blvd., Suite 120W, Greenwood Village, CO 80111

Trauma Treatment Center of Colorado (Dr. Leigh Baker)
303-790-5585
www.leighbaker.com
3540 South Poplar Street, Suite 303, Denver Colorado 80237

Uhernik, Julie, LPC, RN
303-918-1775
www.julieuhernik.com
19557 East Mainstreet, Suite 203, Parker, CO 80138
Adolescents, adults, couples, families.
Accepts most private insurance and several employee assistance plans. Does not currently accept Medicaid but that may change.

Worthing Carol Ann, PhD
303-663-5846
www.individualandfamilypsychotherapy.com
240 Wilcox St., Castle Rock, CO 80104
Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Residential Programs

Centennial Peaks Hospital
303-673-9990
www.centennialpeaks.com
2255 S. 88th St., Louisville, CO 80027
Intensive outpatient for chemical dependency.
Children’s Hospital
303-777-1234
http://www.childrenscolorado.org/conditions/behavior/index.aspx
Child Development Unit @ Children’s Hospital
13123 E. 16th Ave., Aurora, CO 80045
Psychiatric and behavioral science services; eating disorder treatment; bereavement counseling; juvenile fire-setter treatment.

Colorado Division of Mental Health
http://www.colorado.gov/cs/Satellite/CDHS-BehavioralHealth/CBON/1251580853076
Mental Health Institute at Fort Logan 303-866-7066
3520 West Oxford Avenue, Denver, Colorado 80236

Mental Health Institute at Pueblo 719-546-4000
1600 West 24th Street, Pueblo, Colorado, 81003

Devereux Cleo Wallace Psychiatric Facility
303-466-7391
http://www.devereux.org/site/PageServer?pagename=co_index
8405 Church Ranch Blvd., Westminster, CO 80021
Psychiatric evaluations; day treatment; residential care for adolescents with acute mental illness; treatment of ADHD, bipolar, mood disorders, psychiatric disorders; family therapy.

Eating Disorder Center of Denver
Toll Free: 866-771-0861
www.edcdenver.com
950 S. Cherry St., Suite1010, Denver, CO 80246
Outpatient, partial hospitalization, and inpatient treatment of eating disordered individuals age 16 and older.

Evergreen Psychotherapy Center
303-674-4029
1-866-674-4029
www.attachmentexperts.com
32065 Castle Court, Suite 325, Evergreen, CO 80439
Accepts insurance with prior authorization. Does not accept Medicaid.

Excelsior Youth Centers
303-693-1550
www.excelsioryc.org
15001 E. Oxford Ave., Aurora, CO 80014
Female-specific services; inpatient; day treatment; substance abuse treatment; living skills; on-campus school.

Forest Heights Lodge
303-674-6681
www.forestheightslodge.org
Psychotherapeutic residential care for boys ages 5-14 who are emotionally disturbed or have been traumatized; recreation therapy.
Griffith Centers for Children, Inc.  
303-237-6865  
www.griffithcenters.org  
8461 Turnpike Drive, Suite 100, Westminster, CO 80031  
Residential and day treatment for youth with psychiatric, behavioral, educational or social challenges.

Institute for Attachment & Child Development  
303-674-1910  
www.instituteforattachment.org  
5911 S. Middlefield Rd, Ste 103 Littleton, CO 80123

Mount St. Vincent Home  
303-458-7220 ext. 211  
www.msvhome.org  
4159 Lowell Blvd., Denver, CO 80211  
Residential and day treatment for youth diagnosed with a wide range of emotional/behavioral problems, outpatient & day care.

Savio House  
303-225-4100  
www.saviohouse.org  
325 King St., Denver, CO 80219  
In-home multi-systemic therapy; family therapy; substance abuse treatment.

Shiloh House  
303-932-9599  
www.shilohhouse.org  
6400 W. Coal Mine Ave., Littleton, CO 80123  
Intensive in-home therapy; respite services.

Southern Peaks Regional Treatment Center  
719-276-7567  
www.abraxasyfs.com  
700 Fourmile Parkway, Canon City, CO 81212  
Residential treatment program for males and females, ages 10-21; delinquent or dependent youth; history of behavioral/mental health disorders and drug/alcohol issues. Gender-specific programming. Offers the Medicine Bear Native American track.

Synergy  
303-781-7875  
www.artstreatment.com  
In-home multi-systemic therapy; other community based services; substance use. Deals with adjudicated youth. Primarily Medicaid but will accept some private insurance on a case by case basis.

Tennyson Center (CO Christian Home)  
303-433-2541  
www.tennysoncenter.org  
2950 Tennyson St., Denver, CO 80212  
Residential treatment for children ages 5-14; focus on abused and neglected children.
Third Way Center
303-780-9191
www.thirdwaycenter.org
P.O. Box 61385, Denver, CO 80206
Residential programs for male and female adolescents; home for teen mothers; nutritional counseling; mental health assessment and counseling; independent living skills; alternative school.

Respite

To The Rescue
720-851-2100
http://totherescue.net
17011 Lincoln Ave., Suite 562, Parker, CO 80134
Wide variety of services to help folks with physical health issues, disabilities and mental health issues stay in their own homes. Services tailored to the needs of the individual and may include respite, house cleaning, meals, assessments, in-home medical care, yard care, etc.

Sex Offense Specific Treatment

Southern Peaks Regional Treatment Center
719-276-7567
www.abraxasyfs.com
700 Fourmile Parkway, Canon City, CO 81212
Residential treatment program for males and females, ages 10-21; delinquent or dependent youth; history of behavioral/mental health disorders and drug/alcohol issues. Gender-specific programming. Offers the Medicine Bear Native American track.

Sexuality / Sexually Exploited Children

Southern Peaks Regional Treatment Center
719-276-7567
www.abraxasyfs.com
700 Fourmile Parkway, Canon City, CO 81212
Residential treatment program for males and females, ages 10-21; delinquent or dependent youth; history of behavioral/mental health disorders and drug/alcohol issues. Gender-specific programming. Offers the Medicine Bear Native American track.
MENTORING PROGRAMS

1 Liquid House
303-916-1515
www.1liquidhouse.com
6668 Lynx Cove, Littleton, CO 80124
Safe haven for youth; opportunities for creative expression, including zine (u.b.u. magazine) and live music; mentoring by adults in music, film, and magazine production careers.

4-H Clubs
720-733-6940
http://www.extension.colostate.edu/douglas/4h/4h.shtml
410 Fairgrounds Rd., Castle Rock, CO 80104
Positive youth development programming for ages 8-18; special programs for ages 5-7; clubs/activities that focus on learning by doing & life skills; leadership programming; mentoring; volunteer opps for youth & adults; camps; conferences.

Big Brothers/Sisters
303-433-6002
http://www.bigglescolorado.org/donate.html
1391 N Speer Blvd, Ste 450 Denver, CO 80204

Boy Scouts of America Denver Area Council
303-455-5522
http://www.scouting.org/LocalCouncilLocator.aspx
10455 W. 6th Ave, Suite 100, Denver CO 80215

Douglas County Partners
720-733-1960
www.metrodenverpartners.org
513 Wilcox St., Castle Rock, CO 80104
Year-long adult-youth mentorships, activities; youth ages 8-17.

Fire Mountain
303-443-3343
www.firemountainprograms.com
5745 Olde Stage Rd., Boulder, CO 80302
Teen drug & alcohol prevention, interruption & intervention services. Teen empowerment camps, coaching, life mastery course, ultimate family training.

Friends for Youth
303-756-9285
www.friendsforyouth.com
5500 E. Yale Ave., Denver, CO 80222
Adult mentors for youth in the child welfare or juvenile justice systems; faith-based.
Girl Scouts Mile Hi Council
855-726-4726
www.girlscoutsofcolorado.org
400 S. Broadway, Denver, CO 80209
Various troops linked to Douglas County public schools.

Girls, Inc.
303-893-4363
www.girlsincdenver.org
1499 Julian St., Denver, CO 80204
Empowering girls to be strong, smart and bold; health, education, personal power advocacy.

House of Speed
303-946-4364
www.houseofspeed.com
8034 Midway Drive, Littleton, CO 80125
“Building character through sports.” Intensively coached sports camps and clinics for ages 8 and older. Program works on character & sportsmanship at the same time as fitness and speed for excellence in life and sports.

Snowboard Outreach Society (SOS)
970-926-9292
www.sosoutreach.org
P.O. Box 2020, Avon, CO 81620
A nonprofit building character in youth through outdoor adventure.

Zuma’s Rescue Ranch
303-346-7493
www.zumasrescueranch.com
7745 N. Moore Rd., Littleton, CO 80125
Experiential learning, behavioral consultation, mentoring program - - all with trained professionals and rescued horses.
MILITARY FAMILIES

Colorado National Guard Family Program
720-250-1000
http://co.ng.mil/family/default.aspx
6848 S. Revere Pkwy., Centennial, Colo. 80112
To establish and facilitate ongoing communication, involvement, support and recognition between National Guard families and the National Guard. Please refer to website for phone numbers to various program offerings.

Joint Family Assistance Program Military Family Life Skills Group
1-866-333-8844
http://co.ng.mil/family/default.aspx
12200 East Briarwood Ave., Suite 160, Centennial, CO 80112.
Consultants travel around the state to provide: Group and individual support for adults and children; discussion and issues related to: deployment/multiple deployments, reunion/reintegration, marriage, finances, parenting, grief and loss. Referrals for specific services in local areas also available.

Military One Source
1-800-342-9647
www.militaryonesource.com
Counseling, classes, and a 24/7 resource for military members, spouses and families.

National Alliance on Mental Illness (NAMI)
303-991-7688
www.namiadco.org
Serving Arapahoe & Douglas Counties
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services; calls are returned within 24 hours.

National Alliance on Mental Illness (Statewide)
303-321-3104
www.namicolorado.org
1100 Fillmore St. Denver, CO 80206
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services.

Zero To Three
202-638-1144
www.zerotothree.org/about-us/funded-projects/military-families/
1255 23rd Street, NW, Suite 350, Washington, DC 20037
Supports military families by working to increase awareness and collaboration throughout the military community so that parents and professionals can more effectively care for very young children and their families.
PARENTING

Adoption

Adoption Exchange
303-755-4756
www.adoptex.org
14232 E. Evans Ave., Aurora, CO 80014
Support for adoptive families and adopted children before, during & after the adoption process.

Alternatives Pregnancy Center
303-295-2288
www.youhavealternatives.org
19029 E. Plaza Dr., Suite 255, Parker, CO 80134
2 West Dry Creek Cir., Suite 180, Littleton, CO 80120
Counseling and alternatives for pregnant women of all ages; pre- and post-natal support; healthcare referrals; free pregnancy testing.

AllHealth Network
303-730-8858
http://www.allhealthnetwork.org/
61 W. Davies Ave., Littleton, CO 80120
303-797-9420
831 S Perry Street, Suite 100, Castle Rock, CO 80104
303-688-6276
10350 S. Dransfeldt, Parker, CO 80134
303-805-4312
Counseling & education classes regarding adoption and foster care, including the “Parenting Foster & Adopted Children” series, providing a combination of skill-building, resource development and support from other parents.

Colorado Coalition of Adoptive Families (CCAF)
303-562-9864
www.cocaf.org
P.O. Box 270398, Louisville, CO 80027
Vast array of supportive services for families considering adoption or who have adopted; classes, support groups, links to respite care resources, etc.

Colorado Post-Adoption Resource Center
303-755-4756
http://www.adoptex.org/site/PageServer?pagename=adoption_post_main
14232 E. Evans Ave., Aurora, CO 80014
Assistance with adoption process; post-adoption resources such as mentoring, ongoing support and education; Advanced AdoptCare classes; Respite Care workshops; Sustainable Parenting & Diversity classes.

Howard, Rebecca PsyD, LLC
303-730-8083
www.drrebeccahoward.com
609 W. Littleton Blvd., Suite 303, Littleton, CO 80120
Counseling services around adoption. Free introductory session; scholarships.
Integrative Therapy Solutions
720-285-6438
http://integrativetherapysolutions.org
Serving Aurora, Denver & south metro area
Children, teens, adults, couples, families. Will slide fees; no insurance.

Parker Adventist Hospital
303-269-4000
http://www.parkerhospital.org/
9395 Crown Crest Blvd  Parker, CO 80138
Supporting adoptive parents and birth parents in the adoption process.

Schaffer, Stacy, MA, LPC
602-885-5485
www.stacyschaffer.com
5460 Ward Rd., Arvada, CO 80004
Specializing in Grief, Children and Adolescents in the Denver.
Accepts and is in-network provider for Blue Cross/Blue Shield and Humana. Also provider for Second Wind Fund of Metro Denver and Mines and Associates.

The Child and Adolescent Behavioral Supports, LLC
303-660-5397
http://www.cabsupports.com/
Littleton Office :
609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120
Denver Office :
1633 Fillmore St., Suite 390, Denver, CO 80206
Provides counseling and services for children, adolescents, their parents and family groups.
Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.
Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

Divorce / Step-Parenting

AllHealth Network
303-730-8858
http://www.allhealthnetwork.org/
61 W. Davies Ave., Littleton, CO 80120  303-797-9420
831 S Perry Street, Suite 100, Castle Rock, CO 80104  303-688-6276
10350 S. Dransfeldt, Parker, CO 80134  303-805-4312
Family therapy and educational classes on healthy family functioning.
Center for Divorce & Parenting
303-771-5424
www.centerfordivorceandparenting.com
P.O. Box 4642, Englewood, CO 80155
Divorce & Family Mediation; Civil Mediation; guidance on decision-making and communication throughout the divorce & co-parenting experience. Classes offered on parenting through divorce, Love & Logic parenting, conflict resolution. Coaching to assist with development of parenting / custody plans.

Counseling Solutions (John Eckenwiler, LMFT)
303-267-2282
www.therapyhelpnow.com
12900 Stroh Ranch Place, Suite 200, Parker, CO 80134
9220 Teddy Lane, Suite 1100, Lone Tree, CO 80124
Some insurances, private pay; might slide fees.

Foundations Family Counseling
303-393-0085
www.foundationsfamilycounseling.com
789 Sherman St. Suite 440, Denver, CO 80203
Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of mental health.

Howard, Rebecca PsyD, LLC
303-730-8083
www.drrebeccaihoward.com
609 W. Littleton Blvd., Suite 303, Littleton, CO 80120
Counseling services centered around divorce and re-marriage. Free introductory session; scholarships may be available for clients with demonstrated need for both therapy and assessment.

Integrative Therapy Solutions
720-285-6438
http://integrativetherapysolutions.org
Serving Aurora, Denver & south metro area
Children, teens, adults, couples, families; ITS addresses many areas including marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women’s issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development. Will slide fees; no insurance.

Iolite Counseling, LLC
303-956-8949
www.iolitecounseling.com
900 Castleton Rd. Suite 135, Castle Rock, CO 80109
Divorce group for children. Free initial consultation; sliding scale available.
Legacy Comprehensive Counseling & Consulting
303-841-4005
www.legacyparker.com
19751 E. Mainstreet, Suite 215., Parker, CO 80138
Individual and group counseling for individuals, children and families. Specializing in social skills, adjusting to divorce, parenting skills & classes, anger management, mental illness, stress, attachment issues, testing & assessment for behavior & psychological concerns (particularly ADHD, other learning challenges and developmental disabilities), behavior management, supervised parenting, child/family investigations. Accepts insurance and will slide fees.

McAllaster-Schmitz & Associates (Amy McAllaster-Schmitz, M.A., LPC)
303-513-7822
www.amymscounseling.com
5777 S. Rapp Street Littleton, CO 80120
Adolescent & adult counseling.

New Beginnings Co-Parenting
303-706-9424
www.newbeginningscoparenting.com
558 Castle Pines Pkwy, Unit B-4, Suite 364, Castle Rock, CO 80108
Court-approved online co-parenting course for divorcing couples.

People House
303-480-5130
http://peoplehouse.org
3035 W. 25th Ave., Denver, CO 80211
Affordable Counseling Program offers services on a sliding scale starting @ $15.00; All ages, all issues. People House also offers workshops & classes & activities.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)
720-244-0899
www.pikespeakcounseling.com
12900 Stroh Ranch Way, Suite 220, Parker, CO 80134
Divorce groups for children & teens; individual & family therapy. Does not accept insurance; sliding scale available.

Proactive Counseling Services
303-917-6211
http://www.proactivecounselingservice.com/
1745 Shea Center Dr., Highlands Ranch, CO 80126
Individuals, couples; multiple approaches dealing with multiple issues such as marriage / family issues, parenting issues, depression, anxiety / stress, trauma, grief & loss. Does not accept insurance. Is out-of-network but provides paperwork.

Schaffer, Stacy, MA, LPC
602-885-5485
www.stacyschaffer.com
5460 Ward Rd., Arvada, CO 80004
Specializing in Grief, Children and Adolescents in the Denver. Accepts and is in-network provider for Blue Cross/Blue Shield and Humana. Provider for Second Wind Fund of Metro Denver and Mines and Associates.
Smith, Jenna K., MSW
303-951-4832
http://jennasmiththerapy.com/
email: jenna@jennasmiththerapy.com
5347 S. Valentia Way, Suite 120, Greenwood Village, CO 80111
Specializing in working with elementary-age children & their families; divorce, grief & loss, anxiety, ADHD, parenting.

South Denver Psychotherapy
303-730-1144
http://www.southdenverpsychotherapy.com/
2305 E. Arapahoe Rd., Centennial, CO 80122

Southeast Psychotherapy Associates, PLLC
303-694-1795
www.sepsychotherapy.com
6081 S. Quebec St., Suite 103, Englewood, CO 80111
Marriage & family therapy; addictions; bipolar & other depressive disorders; educational & intellectual assessment; ADHD.

Stepfamily Services (Paula Childs, PhD)
303-908-6557
http://www.stepfamilies.info/
http://www.paulaschild.com/
703 Walnut Street, Boulder CO 80302
Working with stepfamilies to create realistic expectations for stepfamily life; develop healthy, respectful relationships with stepkids; and nurture couple relationship, which is the foundation for a healthy stepfamily.
Does not accept insurance but offers sliding scale.

The Child and Adolescent Behavioral Supports, LLC
303-660-5397
http://www.cabsupports.com/
Littleton Office:
609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120
Denver Office:
1633 Fillmore St., Suite 390, Denver, CO 80206
Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.
Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

Thoreson, Kirk, PsyD
303-550-0030
www.drkirkthoreson.com
1221 S. Clarkson St. Suite 302, Denver, CO 80210
Families, children, teens, couples; offers therapeutic divorce groups for children; accepts some insurance or sliding fee scale; free 20 minute phone consult.
Uhernik, Julie, LPC, RN  
303-918-1775  
www.julieuhernik.com  
19557 East Mainstreet, Suite 203, Parker, CO 80138  
Adolescents, adults, couples, families; specializes in parenting and step-parenting issues, mother-daughter relationships. Accepts most private insurance and several employee assistance programs. Has not accepted Medicaid to this point but may change.

Worthing Carol Ann, PhD  
303-663-5846  
www.individualandfamilypsychotherapy.com  
240 Wilcox St., Castle Rock, CO 80104  
Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Fatherhood

Be There For Your Kids  
877-695-7996  
http://www.coloradodads.com/index.cfm?page=1  
A service of the Colorado Fatherhood Council (CFC) to help fathers engage in their children’s lives.

DadsAdventure.com  
949-754-9067  
www.dadsadventure.com  
15375 Barrance Pkwy. Ste. H104, Irvine, CA 92618  
Dedicated to fostering the development of role models for new fathers in their communities, neighborhoods, and families by working to put out positive, constructive information and messages as well as tools and resources that help them do the job.

El Paso County DHS Center on Fathering  
1-800-693-2334  
325 N. El Paso St, Colorado Springs, CO 80903  
Fathering resources and groups; referrals.

Men of Valor, Inc  
www.menofvalor.net  
Father and children monthly activities, training classes, workshops, and seminars on the responsibilities, challenges, and opportunities of fatherhood; a 15 session “Fathering” course and a 10 session “Conflict-Resolution for Fathers”; parent education classes for incarcerated dads, or dads with domestic violence backgrounds; legal workshops for noncustodial parents are held quarterly with speakers from the legal profession and Denver and Douglas County’s child support enforcement group.

Special Needs Dadvocate  
http://site.sndadvocate.org/  
Program focuses on serving fathers with special needs children.
Parenting Classes/Counseling

AllHealth Network
303-730-8858
http://www.allhealthnetwork.org/
61 W. Davies Ave., Littleton, CO 80120 303-797-9420
831 S Perry Street, Suite 100, Castle Rock, CO 80104 303-688-6276
10350 S. Dransfeldt, Parker, CO 80134 303-805-4312
Family therapy and educational classes on health family functioning.

Briggs, Jana, MA, NCC, LPC
303-495-0317
www.janabriggs.com
5777 S. Rapp St., Suite 204, Littleton, CO 80120
Play therapy; anger management; grief/loss recovery; parenting counseling; couples therapy; relationship enhancement.
Does not accept insurance.

Children’s Hospital Colorado Parent Advice Online
720-777-1234
http://www.childrenscolorado.org/wellness/advice_line/index.aspx
Sometimes you need a quick tip, a new idea, and another approach to help get past the bumps, bruises and fusses so you can get back to laughing, growing, learning and living. Children’s Hospital Colorado’s Parent Advice Online provides you with the quick tips for over 275 topics related to the health of your infant, child or teenager.

Child Find
720-433-0020
https://www.dcsdk12.org/childfind/
Douglas County School District
3950 Trail Boss Lane, Castle Rock, CO 80104
Child Find is one of the primary public providers for developmental screening, assessment, and referral for children who have or are suspected of having developmental delays; from birth to 21 years of age.

Colorado Family Education Resources & Training
Partners in Parenting (PIP) Colorado State University
970-491-2101
http://www.coopext.colostate.edu/cfert/contact.shtml
Resources for parents including a free newsletter.

Counseling Solutions (John Eckenwiler, LMFT)
303-267-2282
www.therapyhelpnow.com
12900 Stroh Ranch Place, Suite 200, Parker, CO 80134
9220 Teddy Lane, Suite 1100, Lone Tree, CO 80124
Some insurances, private pay; might slide fees.
Conflict Center
303-433-4983
http://www.conflictcenter.org/
4140 Tejon Street, Denver, CO  80211
Family mediation; anger/conflict management; Latino parenting issues; GLBTQ partner classes.

Douglas County Early Childhood Council (DCECC)
720-560-7300
www.dcearlychildhood.org
3950 Trail Boss Ln., Castle Rock, CO  80104
Early childhood Council for Douglas County working to build community awareness of and connections to early childhood services.

Douglas County Human Services
303-688-4825
http://www.douglas.co.us/humanservices/
4400 Castleton Court, Castle Rock, CO  80109
Family Preservation intensive therapy; Youth In Conflict intake.

Douglas County WrapAround
303-663-6233
http://www.douglas.co.us/
Problem-solving process that is based on natural supports, strengths & interests of the family; family voice & choice, permanent results, whole-family approach that includes kids, parents and extended family.

Douglas County Youth Initiative
303-688-4825
http://www.douglas.co.us/
4400 Castleton Court, Castle Rock, CO  80109
Service access assistance; consultation; referrals; WrapAround.

Families First
Family Support Line: 303-695-7996
Statewide Toll-Free: 1-877-695-7996
Consejos Para Familias 1-866-527-3264
www.familiesfirstcolorado.org
Parenting classes; Circle of Parents support groups; Parenting Tools for Dad, Grandparents; emphasis on family strengths and positive approaches to discipline

Family Works, Inc.
1-866-234-9473
www.familyworksinc.com
Computer-based parenting program; parenting classes on CD-ROM.

Fire Mountain
303-443-3343
www.firemountainprograms.com
5745 Olde Stage Rd., Boulder, CO  80302
Teen drug & alcohol prevention, interruption & intervention services. Teen empowerment camps+, coaching, life mastery course, ultimate family training.
Foundations Family Counseling
303-393-0085
www.foundationsfamilycounseling.com
789 Sherman St. Suite 440, Denver, CO 80203
Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of mental health.

Instructional ABA Consultants
331-229-8839, ext 1
http://www.instructional-aba.com/index.html
312 Wilcox St., Castle Rock, CO 80104
In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training.
Accepts the following insurances: private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

Integrative Therapy Solutions
720-285-6438
http://integrativetherapysolutions.org
Serving Aurora, Denver & south metro area
Children, teens, adults, couples, families; specialties include marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women’s issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development. Will slide fees; no insurance.

Jewish Family Services
303-597-5000
www.jewishfamilyservice.org
3201 S. Tamarac Dr., Denver, CO 80231
Senior services include: assisted living, meal delivery. Food pantry, resettlement department for immigrants, group home, vocational training and employment assistants.

Knippenberg, Patterson, Bordelon & Associates
www.craigknippenberg.com
2833 S. Colorado Blvd. Denver, CO 80222
Individual, family and group counseling services as well as parenting classes. Specialty in child & adolescent neurobehavioral disorders.
Does not accept insurance.
Legacy Comprehensive Counseling & Consulting
303-841-4005
www.legacyparker.com
19751 E. Mainstreet, Suite 215., Parker, CO 80138
Individual and group counseling for individuals, children and families.
Specializing in social skills, adjusting to divorce, parenting skills & classes, anger management, mental illness, stress, attachment issues, testing & assessment for behavior & psychological concerns (particularly ADHD, other learning challenges and developmental disabilities), behavior management, supervised parenting, child/family investigations.
Accepts insurance and will slide fees.

Life Support Behavioral Institute
888-516-5995
http://www.lifesupportinstitute.com/
7853 E. Arapahoe Ct., Suite 3550, Centennial, CO 80112
Most insurance accepted.

Littleton Adventist Hospital, Parenting Classes
303-730-8900
http://www.mylittletonhospital.org/
7700 S. Broadway Littleton, CO 80122

Lone Tree Family Counseling (Jennifer Anderson, LMFT)
720-227-4870
1047 park Meadows Dr. Ste 600, Lone Tree, Colorado 80124

Love and Logic Institute
303-278-7552
www.loveandlogic.com
2207 Jackson St. Suite 102, Golden, CO 80401
Counseling for attachment disorder, parenting, marriage; emphasis on logical consequences and personal responsibility; educational discipline.

National Alliance on Mental Illness (NAMI)
303-991-7688
www.namiadco.org
Serving Arapahoe & Douglas Counties
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services; calls are returned within 24 hours.

National Alliance on Mental Illness (Statewide)
303-321-3104
www.namicolorado.org
1100 Fillmore St. Denver, CO 80206
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services.

National Institute for Change
303-231-0090
http://www.nichange.com/
Offices in Lakewood, Lone Tree, Golden, Aurora
Groups, individuals. Parenting classes. Sliding scale fee.
Parents Encouraging Parents
303-866-6694
http://www.cde.state.co.us/cdesped/PEP_FAQsaboutPEP.asp
1560 Broadway, Suite 1175, Denver, CO 80202
Support group for parents of children with disabilities.

Parent to Parent of Colorado
877-472-7201
www.p2p-co.org
801 Yosemite St, Denver, CO 80230
Support and advocacy network for families of those with special healthcare needs or disabilities.

Peak Parenting
1-800-284-0251
http://www.peakparent.org/
611 North Weber, Suite 200, Colorado Springs, CO 80903
The mission of PEAK Parent Center is to provide training, information and technical assistance to equip families of children birth through twenty-six including all disability conditions with strategies to advocate successfully for their children.

People House
303-480-5130
http://peoplehouse.org
3035 W. 25th Ave., Denver, CO 80211
Affordable Counseling Program offers services on a sliding scale starting @ $15.00; All ages, all issues. People House also offers workshops & classes & activities.

Proactive Counseling Services
303-917-6211
http://www.proactivecounselingservice.com/
1745 Shea Center Dr., Highlands Ranch, CO 80126
Individuals, couples; multiple approaches dealing with multiple issues such as marriage / family issues, parenting issues, depression, anxiety / stress, trauma, grief & loss.

Resolution Works
720-629-7028
www.yourresolutions.org
820 S. Monaco Parkway, Suite 255, Denver, CO 80224

Running Creek Counseling Services, Inc.
303-805-1218 ext. 102
http://www.rccounseling.com/
18425 Pony Express Drive, Suite 203, Parker, CO 80134
Anger management counseling (adults only at present). Accepts most private insurance including: CIGNAS, Aetna, Humana and Golden Rail. Accepts Medicaid.
Schaffer, Stacy, MA, LPC
602-885-5485
www.stacyschaffer.com
5460 Ward Rd., Arvada, CO 80004
Specializing in Grief, Children and Adolescents in the Denver.
Accepts and is in-network provider for Blue Cross/Blue Shield and Humana. Also provider for
Second Wind Fund of Metro Denver and Mines and Associates.

Smith, Jenna K., MSW
303-951-4832 http://jennasmiththerapy.com/
email: jenna@jennasmiththerapy.com
5347 S. Valentia Way, Suite 120, Greenwood Village, CO 80111
Specializing in working with elementary-age children & their families; divorce, grief & loss,
anxiety, ADHD, parenting.

South Denver Psychotherapy
303-730-1144
http://www.southdenverpsychotherapy.com/
2305 E. Arapahoe Rd., Centennial, CO 80122

Southeast Psychotherapy Associates, PLLC
303-694-1795
www.sepsychotherapy.com
6081 S. Quebec St., Suite 103, Englewood, CO 80111
Marriage & family therapy

The Child and Adolescent Behavioral Supports, LLC
303-660-5397
http://www.cabsupports.com/
Littleton Office:
609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120
Denver Office:
1633 Fillmore St., Suite 390, Denver, CO 80206
Provides counseling and services for children, adolescents, their parents and family groups.
Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and
developmental disabilities, opposition and conduct problems, social skills, teen issues, general
behavior issues, divorce, adoption-related concerns, education-based disabilities, and other
school challenges.
Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their
website for prices of services.

The Crisis Center
Main Office: 303-688-1094
Hotline: 303-688-8484
http://www.twcfoc.org/
Specialized parenting approach for children who are exhibiting challenging,
troubling behaviors.
The Redimere Group Center for Counseling and Leadership
Development (Sawyer, Chip, M.A., L.P.C., Life & Parent Coach)
303-713-1001
www.redimere.com
5690 DTC Blvd., Suite 120W, Greenwood Village, CO 80111

Tennyson Center (CO Christian Home)
303-433-2541
www.tennysoncenter.org
2950 Tennyson St., Denver, CO 80212
Parent training and support.

Uhernik, Julie, LPC, RN
303-918-1775
www.julieuhernik.com
19557 East Mainstreet, Suite 203, Parker, CO 80138
Parenting, step-parenting, and mother-daughter issues.
Accepts most private insurance and several employee assistance programs. Has not accepted Medicaid but that may change.

Worthing Carol Ann, PhD
303-663-5846
www.individualandfamilypsychotherapy.com
240 Wilcox St., Castle Rock, CO 80104
Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Parenting Hotlines

Families First
Family Support Line: 303-695-7996
Statewide Toll-Free: 1-877-695-7996
Consejos Para Familias 1-866-527-3264
www.familiesfirstcolorado.org
Support, information and community referral on parenting and child development issues; resources for parents and primary caregivers via confidential phone consultations.

National Runaway Switchboard
1-800-RUNAWAY
1-800-786-2929
http://www.1800runaway.org/
Hotline providing crisis counseling and resources.

Supervised Visitation Resources

Advocates for Children (Douglas County CASA)
303-695-1882
www.adv4children.org
10855 E. Bethany Dr., Suite 200, Aurora, CO 80014
Court advocate services for abused/neglected children within the 18th Judicial District (local CASA office).
Family Tree
303-422-2133
http://www.thefamilytree.org/
3805 Marshall St., Wheat Ridge, CO 80033
Motel vouchers (mostly in Jeff Co) during cold weather conditions; case management, referrals, food, hygiene supplies. Stays of 1 - 3 days.

Legacy Comprehensive Counseling & Consulting
303-841-4005
www.legacyparker.com
19751 E. Mainstreet, Suite 215., Parker, CO 80138
Therapeutic supervised parenting, child/family investigations. Accepts insurance and will slide fees.

Supervised Visitation Network (CO)
http://www.svnetwork.net/chapterpage.asp?chapid=5
Online directory of providers.

SuperVision Parenting
720-297-1727
www.supervisionparenting.com
P.O. Box 260036, Lakewood, CO 80226
Therapeutic parenting supervision.
PREGNANCY – Teens / Parenting

Alternatives Pregnancy Center
303-295-2288
www.youhavealternatives.org
See website for multiple locations
Counseling and alternatives for pregnant women of all ages; pre- and post-natal support; healthcare referrals; free pregnancy testing.

Metro Community Provider Network
303-360-6276
www.mcpn.com
Locations throughout the metro area
Teen pregnancy wellness and prevention services

Planned Parenthood
303-798-0963
http://www.plannedparenthood.org/health-center/centerDetails.asp?f=2485&a=90210&v=details
131 W. County Line Rd., Littleton, CO 80129
Well-woman exams; family planning information.

Tri-County Health Department
303-663-7650
www.tchd.org
4400 Castleton Court, Castle Rock, CO 80109
Health Care Program for Children with Special Needs: 303-761-1340
www.tchd.org/hcp.htm
Vital Statistics: 303-220-9200
WIC Supplemental Nutrition, Pregnancy testing; nursing division; nutrition; environmental health.

WINGS Teen Parenting Program (DCSD)
303-387-0703
http://www.wingsteenparentprogram.com/about-wings/
2842 Front Street, Castle Rock, CO 80104
Douglas County School District program offering information on teen mother health & prenatal care.
PSYCHIATRISTS

AllHealth Network
303-730-8858
http://www.allhealthnetwork.org/
61 W. Davies Ave., Littleton, CO 80120 303-797-9420
831 S Perry Street, Suite 100, Castle Rock, CO 80104 303-688-6276
10350 S. Dransfeldt, Parker, CO 80134 303-805-4312

Krafchick, Dana ., M.D
303-799-4110
http://danakrafchickmd.com/
7310 E. Arapahoe Rd., Suite 200, Centennial, CO 80112
Psychiatrist – therapy and medication; families and adolescents.
Accepts Blue Cross/Blue Shield and Tri-Care.
Clubs

4-H Clubs
720-733-6940
http://www.extension.colostate.edu/douglas/4h/4h.shtml
410 Fairgrounds Rd., Castle Rock, CO 80104
Positive youth development programming for ages 8-18; special programs for ages 5-7; clubs/activities that focus on learning by doing & life skills; leadership programming; mentoring; volunteer opps for youth & adults; camps; conferences.

Boy Scouts of America Denver Area Council
303-455-5522
http://www.scouting.org/LocalCouncilLocator.aspx
10455 W. 6th Ave, Suite 100, Denver CO 80215

Girl Scouts Mile Hi Council
855-726-4726
www.girlscoutsofcolorado.org
400 S. Broadway, Denver, CO 80209
Various troops linked to Douglas County public schools.

Y Adventure Princesses for Fathers and Daughters
303-797-9622
http://www.adventureguidesandprincesses.com/
11 West Dry Creek Court, Littleton, CO 80120
Father/daughter (5-12 y/o) group building relationships through fun & exciting activities, crafts, community service, and other structured events.

Martial Arts

Centennial Taekwondo-Do School
303-814-0152
http://www.youngchampionsmartialarts.org/index.html
6920 S. Jordan Road, Unit D, Centennial, CO 80112
Character development and protective factor support, taught through martial arts; college scholarship foundation.

Karate for Kids
303-841-2145
www.karate4kids.com
10453 S. Parker Rd., Parker, CO 80134
Karate instruction for ages 3 through adult; self-defense courses for teens and adults.
Martial Arts in Castle Rock, CO
303-814-9300
http://martialartscastlerock.com/
29 Barranca Drive Castle Rock, CO 80104
Our focus is on physical fitness, character development and self defense – rather than fighting. Our overarching goal is in building our student’s self-esteem.

Parker Academy of Martial Arts
303-841-0515
www.kicksrus.com
18632 Pony Express Dr., Suite 103, Parker, CO 80134
Diversified martial arts instruction emphasizing fitness, fun, and character.

Premier Martial Arts
303-565-7155
http://www.premiermartialarts.com/
6200 South Gunclub Rd., Aurora, CO 80016
Premier Martial Arts incorporates a combination of techniques found in four effective disciplines; Krav Maga, Kickboxing, Submission Grappling, and Kali.

Universal Kempo Karate
www.kempocolorado.com
See website for locations.
Martial arts instruction focused on physical conditioning and character development; 3-adult.

U.S. Tae Kwon Do Center
303-690-8000
http://www.ustaekwondocenters.com/
4343 S. Buckely Road, Aurora, CO 80015
Teaching respect, confidence, self-discipline, courtesy, perseverance, self-esteem, and safety.

Outdoor Adventure

Audubon Society of Greater Denver
303-973-9530
www.denveraudubon.com
9308 South Wadsworth Blvd., Littleton, Colorado 80128
Discover, learn and take action! The Audubon Nature Center offers year-round classes including Little Fledglings (3-6 y/o fun outdoor education to develop science and academic skills), the Bluebird Project, Walk the Wetlands, and much more.

Highlands Ranch Metro District
303-791-2710
www.highlandsranch.org
3280 Redstone Park Circle, Highlands Ranch, CO 80129
Hunter safety courses; guided bird walks; map & compass workshops; many other nature-oriented programs offered outdoors & indoors.
Women’s Wilderness Institute
303-938-9191
www.womenswilderness.org
1501 Lee Hill Drive, Unit 16 Boulder, CO 80304
Adventure programs for women and girls.

Recreation Centers

Castle Rock YMCA
720-733-2778
http://www.denverymca.org/locations/LocationView.aspx?LocationID=13
4501 Enderud Blvd., Castle Rock, Colorado 80104

City of Lone Tree Recreation Center
303-708-3500
10249 RidgeGate Circle, Lone Tree, CO 80124
Aquatics, indoor running track, racquetball courts, full-size gym, cardio and weightlifting programs.

Highlands Ranch Community Association
303-791-2500
www.hrcaonline.org
9650 Foothills Canyon Blvd, Highlands Ranch, CO 80129
Seasonal team and individual sports including basketball, soccer, aquatics, SCUBA diving, self-defense, adaptive recreation, tae kwon do.

Littleton YMCA
303-797-9622
http://www.adventureguidesandprincesses.com/
11 West Dry Creek Court, Littleton, CO 80120

Safe Splash Swim School
303-799-1885
www.safesplash.com
12240 Lioness Way Parker, CO 80134
Specializes in teaching swimming to children ranging in age from infants (6 months) and up. Tuition for standard monthly classes is billed monthly with no registration fee.

South Suburban Parks & Recreation
303-708-3500
www.ssprd.org
10249 Ridgegate Cir., Lone Tree, CO 80124
Rec & Rock program for 10 – 14 years olds on the 1st & 3rd Saturday of each month (contests, hang-out rec activities, and more); fitness; swimming; batting cages; VolunTeen program; Teen Skate.
Town of Castle Rock, Parks and Recreation Dept.
303-660-1036
www.crgov.com
2301 N. Woodlands Blvd., Castle Rock, CO  80104
Child, Youth and Adult team and individual athletics; arts & crafts; fitness & wellness; dance; outdoor adventure; adaptive recreation opportunities.

Town of Parker, Recreation Deptment
303-841-4500
www.parkerrec.com
17301 Lincoln Ave., Parker, CO  80134
Child, Youth and Adult team and individual athletics; arts & crafts; fitness & wellness; dance; outdoor adventure.

Skateboarding

Castle Rock SkatePark
303-660-1036
Metzler Ranch Community Park
4175 Trail Boss Road, Castle Rock, CO  80104
Three skateable zones, including a street area, a variable-depth bowl, and a beginner area; ramps, steps, rails, lighting.

Highlands Ranch Metro District
303-791-2710
www.highlandsranch.org
3280 Redstone Park Circle, Highlands Ranch, CO  80129
Redstone has a beginners’ bowl, street skating, and a snake run with 8’ vert bowl; Tanks offers a fun box, wedge, and 2 quarter pipes. Classes and competitions.

Parker SkatePark at Challenger Regional Park
303-841-4500
17301 Lincoln Ave., Parker, CO  80134

Sports

Bicycle Douglas County
www.bicycledouglascounty.org
Advocacy group providing education and awareness for safe cycling.

Black Kettle Ranch
303-274-0224
www.blackkettleranch.com
11413 E. Hilltop Rd, Parker CO 80104
Riding lessons, clinics, boarding and breeding.
Douglas County School District – Athletics
303-387-0100
https://www.dcsdk12.org/
620 Wilcox Street, Castle Rock, CO 80104
Many middle school and high school individual and team sports, including track/field, basketball, football, cheerleading, lacrosse & more

Encore Gymnastics Academy
303-791-8178
www.egacademy.com
8160 Blakeland Dr., Unit D, Littleton, CO 80125
Classes, open gym, birthday parties; 18 months and up, adult fitness.

Highlands Ranch Metro District
303-791-2710
www.highlandsranch.org
3280 Redstone Park Circle, Highlands Ranch, CO 80129
Organized sports such as baseball, girls’ fastpitch softball, lacrosse, flag football; sports camps; outdoor education & activities for all ages.

Highlands Ranch Soccer Association (HRSA)
303-797-2570
www.hattrix.org
6557 S. Acoma St., Littleton, CO 80120
Coaching and instruction by highly experienced USSF licensed soccer professionals; teams assigned by age, preschool through 6th grade.

House of Speed
303-946-4364
www.houseofspeed.com
8034 Midway Drive, Littleton, CO 80125
Building character through sports.” Intensively coached sports camps and clinics for ages 8 and older. Program works on character & sportsmanship at the same time as fitness and speed for excellence in life and sports.

JungleQuest
303-738-9844
www.junglequest.net
8000 S. Lincoln St., Suite 10, Littleton, CO 80122
Outdoor sports; rock climbing; ropes course; summer and winter indoor day camps for youth ages 5-14; special events.

Kids & Horses
720-300-0109
http://www.kidsandhorses.net/contact.html
Instruction in riding, basic horse care, shoeing, etc.

Littleton Youth Hockey Association
www.littletonhockey.org
Games: South Suburban Arena, 6580 S. Vine
Parker Youth Sports, Inc.
303-840-2255  
www.parkeryouthsports.com
Competitive and recreational programs for basketball, baseball, football, softball, cheerleading, lacrosse, and volleyball.

Ready Set Cheer
720-982-9576  
www.readysetcheer.com
500 Fairgrounds Dr., Castle Rock, CO 80104
Cheerleading, pom-pom, tumbling, & hip-hop for all ages.

Real Colorado Soccer
303-694-6882  
www.realcolorado.net
8200 S. Akron St., Suite 122, Centennial, CO 80112
Soccer camps, instruction, and teams (both competitive and recreational) for children and adults. Serving all Douglas County communities.

Safe Splash Swim School
303-799-1885  
www.safesplash.com
12240 Lioness Way Parker, CO 80134
Specializes in teaching swimming to children ranging in age from infants (6 months) and up. Tuition for standard monthly classes is billed monthly with no registration fee.

Warriors Youth Sports
720-344-0616  
www.warriorsyouthsports.com
2235 Thistle Ridge Circle, Highlands Ranch, Colorado 80126-2635
Non-profit program offering team for youth in northern Douglas County.
REFUGEE/IMMIGRATION SERVICES

Asian Pacific Development Center

www.apdc.org
1544 Elmire St., Aurora, CO  80010  303-365-2959
1825 York St., Denver, CO  80206  303-393-0304
1551 S. Monroe St., Denver, CO  80210  720-424-0694
Provides a variety of human services to the Asian/Pacific population in Colorado. They can assist with immigration issues (visas, removal issues, etc)

Colorado Refugee Services Program

303-863-8211
http://www.colorado.gov/cs/Satellite/CDHS-SelfSuff/CBON/1251580884704
1120 Lincoln Street, Suite 1007, Denver, Colorado 80203
Employment; case management; supportive Social Services; transitional cash assistance; medical assistance; education and training; community education; community development; services coordination & referral.

Denver Indian Center

303-936-2688
www.denverindiancenter.org
4407 Morrison Road, Denver, CO  80219
Emergency referrals and food bank assistance, youth programs, Native Workforce Program and free computer classes. All services are designed for American Indians individuals and their families.

El Centro Humanitario

303-292-4115
http://www.centrohumanitario.org
2260 California Street, Denver CO 80205
Laborer organization, organized to defend the human rights of day laborers specifically immigrants. Offer employment, women’s, legal, educational, finance, community organizing and public advocacy programs for day laborers.

Jewish Family Services

303-597-5000
www.jewishfamilyservice.org
3201 S. Tamarac Dr., Denver, CO 80231
Senior services include: assisted living, meal delivery. Food pantry, resettlement department for immigrants, group home, vocational training and employment assistants.

Littleton Immigrant Integration Initiative

http://www.connectingimmigrants.org/
PO Box 401, Littleton, CO 80160
The Littleton Immigrant Integration Initiative was formed to raise funds to support programs that assist documented immigrants and refugees in Greater Littleton, Colorado.
Mexican Consulate
303-311-1110
http://embassy-finder.com/mexico_in_denver_usa
5350 Leetsdale Dr., Suite 100, Denver, CO 80246
Passports, military cards, documentation services, notary public, free legal aid in immigration, civil and employment law, information and referrals about services and cultural events in the community.

St. Francis of Assisi Roman Catholic Church
303-688-3025 ext. 100
http://www.stfranciscr.org/esl
2746 Fifth St., Castle Rock, CO 80104
Interpretation services, resource coordination for latino individuals who are here with or without documentation.
SENIOR SERVICES

AllHealth Network
303-730-8858
http://www.allhealthnetwork.org/
61 W. Davies Ave., Littleton, CO 80120 303-797-9420
831 S Perry Street, Suite 100, Castle Rock, CO 80104 303-688-6276
10350 S. Dransfeldt, Parker, CO 80134 303-805-4312
Senior Peer Specialists & support groups

Association for Senior Citizens
303-455-9642
2839 W. 44th Ave., Denver, CO 80211
Utility assistance & other services for metro-area seniors (55+).

Castle Country Assisted Living
303-688-5365
http://www.castlecountryassistedliving.org/
Cantril House
221 Cantril St., Castle Rock, CO 80104
Valley House 303-814-0665
255 S. Valley Dr., Castle Rock, CO 80104
Victorian House 303-805-0631
19600 Victorian Drive, Parker, CO 80134
Compassionate care & supportive communities for seniors; assisted living

Castle Rock Senior Center:
http://castlerockseniorcenter.org/services.html
2323 Woodlands Blvd., Castle Rock, CO 80104 303-688-9498

Douglas County Human Services
303-688-4825
http://www.douglas.co.us/humanservices/
4400 Castleton Court, Castle Rock, CO 80109

Adult Protection Services
http://www.douglas.co.us/humanservices/adult/index.html 303-663-6270

Senior Outreach Services

Legal Center for People with Disabilities & Older People
303-722-0300
TLC Meals on Wheels
303-798-7642
http://tlcmealsonwheels.org/
7300 S. Clermont Drive, Centennial, CO 80122
TLC Meals on Wheels enriches the lives of seniors and others by providing nutritious meals and services that promote dignity, well-being, and independence. We drive away hunger from the home bound of South Metro Denver.

To The Rescue
720-851-2100
http://totherescue.net
17011 Lincoln Ave., Suite 562, Parker, CO 80134
Wide variety of services to help folks with physical health issues, disabilities and mental health issues stay in their own homes. Services tailored to the needs of the individual and may include respite, house cleaning, meals, assessments, in-home medical care, yard care, etc.
ADHD

AllHealth Network
303-730-8858
http://www.allhealthnetwork.org/
61 W. Davies Ave., Littleton, CO 80120 303-797-9420
831 S Perry Street, Suite 100, Castle Rock, CO 80104 303-688-6276
10350 S. Dransfeldt, Parker, CO 80134 303-805-4312

Blue Horizon Therapy
303-886-9921
http://bluehorizontherapy.com/
Also On FaceBook
9340 Commerce Center St., Highlands Ranch, CO 80129
Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring. Hours include after-school and Saturdays.

Compass Educational Services
303-888-9675
www.compasstutoring.com
Strategies to help students flourish, including: tutoring, how to deal with learning Difficulties, organization & time management skills, management of behavior conflicts At school and home, transitioning to high school, addressing all education gaps.

Counseling Place at Lone Tree (Sarah James, LCSW, CACII)
303-241-0421
http://www.counselinglonetree.com/
9224 Teddy Lane, Suite 103, Lone Tree, CO 80124
482 Happy Canyon Road, Castle Pines, CO 80104
Accept most insurances and will slide fees.

Developmental Disability Consultants, PC
303-337-2210
www.ddconsultants.org
1211 S. Parker Rd., Suite 200 Denver, CO 80231
Offering a wide range of direct and consultative services to children and adults with disabilities, their families, teachers and service providers.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)
720-244-0899
www.pikespeakcounseling.com
12900 Stroh Ranch Way, Suite 220, Parker, CO 80134
ADHD; social skills groups; bullying prevention; former school counselor. Does not accept insurance; sliding scale available.
Prescription for Success
303-993-4648
www.prescriptionforsuccess.net
Home-schooling services; assessment; tutoring; learning jump-starts; Specializing in ADHD/ADD, learning disabilities, and dyslexia.

Schaffer, Stacy, MA, LPC
602-885-5485
www.stacyschaffer.com
5460 Ward Rd., Arvada, CO 80004
Specializing in Grief, Children and Adolescents in the Denver.
Accepts and is in-network provider for Blue Cross/Blue Shield and Humana. Also provider Second Wind Fund of Metro Denver and Mines and Associates.

Smith, Jenna K., MSW
303-951-4832
http://jennasmiththerapy.com/
email: jenna@jennasmiththerapy.com
5347 S. Valentia Way, Suite 120, Greenwood Village, CO 80111
Specializing in working with elementary-age children & their families; divorce, grief & loss, anxiety, ADHD, parenting.

Southeast Psychotherapy Associates, PLLC
303-694-1795
www.sepsychotherapy.com
6081 S. Quebec St., Suite 103, Englewood, CO 80111
Marriage & family therapy; addictions; bipolar & other depressive disorders; educational & intellectual assessment; ADHD.

Worthing Carol Ann, PhD
240 Wilcox St., Castle Rock, CO 80104
Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Advocacy / Support

AllHealth Network
303-730-8858
http://www.allhealthnetwork.org/
61 W. Davies Ave., Littleton, CO 80120 303-797-9420
831 S Perry Street, Suite 100, Castle Rock, CO 80104 303-688-6276
10350 S. Dransfeldt, Parker, CO 80134 303-805-4312

Compass Educational Services
303-888-9675
www.compass tutoring.com
Strategies to help students flourish, including: tutoring, how to deal with learning Difficulties, organization & time management skills, management of behavior conflicts At school and home, transitioning to high school, addressing all education gaps.
Council of Parent Attorneys & Advocates
410-372-0208
www.copaa.net
P.O. Box 6767, Towson, MD 21285
Support for parents of children with disabilities; national advocacy organization. Please refer to website for listing of Colorado Attorneys/Advocates.

Easter Seals Colorado
303-233-1666
http://co.easterseals.com/site/PageServer?pagename=CODR_Rocky_Mountain_Village
7575 West Alameda Avenue, Lakewood, CO 80226
Children and adults with disabilities and other special needs find exceptional services designed to meet their individual needs.

Family Advocacy, Care, Education, Support (FACES)
720-570-9333
www.facesonline.org
1325 S. Colorado Blvd., Suite B-509, Denver, CO 80222
Services to prevent child abuse & family violence, for families with children from 0-12 dealing with developmental delays, physical disability, mental illness or substance abuse issues. Home visitation program, therapeutic counseling, parent education, advocacy & support.

Family Voices of Colorado
800-881-8272
303-733-3000
www.familyvoicesco.org
13199 E. Montview Blvd., Suite 200, Aurora, CO 80045
Family Voices helps to move parents beyond the isolation, grief and panic they feel when learning their child is disabled and has special healthcare needs and puts those parents back in control of their lives and their children’s welfare. Through working with Family Voices, parents are supported and empowered, resulting in stronger families and an increased ability to advocate effectively on behalf of their children.

Integrated Wealth Strategies (Steve Owens, PC, JD)
720-529-9800
www.mydenverlawyer.com
6041 S. Syracuse Way, Suite 103, Greenwood Village, CO 80111
Some loved ones – for reasons of disability, limited ability or emotional difficulty – will always need some assistance with the challenges of daily life. Our approach to estate planning is unique: we help you create a true Legacy Plan for your loved ones.

Law Offices of Louise Bouzari, LLC
303-228-1616
http://bouzarilaw.com/
7887 E. Belleview, Suite 1100, Englewood, CO 80111

Our Kids
http://www.our-kids.org/
Provides information and support for children and parents.
Parents Encouraging Parents
303-866-6694
ttp://www.cde.state.co.us/cdesped/PEP_FAQsaboutPEP.asp
1560 Broadway, Suite 1175, Denver, CO 80202
Support group for parents of children with disabilities.

Peak Parenting
1-800-284-0251
http://www.peakparent.org/
611 North Weber, Suite 200, Colorado Springs, CO 80903
The mission of PEAK Parent Center is to provide training, information and technical assistance to equip families of children birth through twenty-six including all disability conditions with strategies to advocate successfully for their children.

Sandstone Care
720-307-3970
www.sandstonecare.com
2100 S. Cherry St., #204, Denver, CO 80222
Provides substance abuse and co-occurring mental health treatment services for teens and young adults. Includes after school teen program that incorporates individual and group therapy, family counseling, visits with our MD psychiatrist, and academic and vocation support. Accepts these insurances: Value Options, United Health Care, Cigna, Aetna, Humana, Mines and Assoc, Rocky Mountain Health Plans, United Behavioral Health, and Blue Cross/Blue Shield.

Supplemental Security Insurance:
Colorado Dept. of Human Services / Mental Health 303-866-7400
http://www.colorado.gov/cs/Satellite/CDHS-BehavioralHealth/CBON/1251581526512
Social Security Administration 800-772-1213
http://www.ssa.gov/pgm/services.htm

Spina Bifida Association of Colorado
303-797-7870
http://www.coloradospinabifida.org/index.html
P.O. Box 22994, Denver, CO 80222
Support groups; news letters; information.

The Federation of Families for Children’s Mental Health Colorado
720-855-3493
877-792-8886
www.coloradofederation.org
2950 Tennyson St., Denver, CO 80212
Advocacy and support for parents of children with a diagnosed mental illness; support in IEP process.

YouthNet
http://www.youth.net/
Searchable database of statewide youth services, particularly designed for youth with special needs who are transitioning to adulthood.
After-School / Enrichment

Blue Horizon Therapy
303-886-9921
http://bluehorizontherapy.com/
Also On FaceBook
9340 Commerce Center St., Highlands Ranch, CO 80129
Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring. Hours include after-school and Saturdays.

Compass Educational Services
303-888-9675
www.compass tutoring.com
Strategies to help students flourish, including: tutoring, how to deal with learning difficulties, organization & time management skills, management of behavior conflicts at school and home, transitioning to high school, addressing all education gaps.

Firefly Autism
303-759-1192
http://www.fireflyautism.org/
2695 S. Jersey St., Denver, CO 80222
Serving children ages 18 months to 18 years old; assessment; social skill development; individual and group intervention; in-home assessment and coaching; school consultations; speech and occupational therapy; day treatment; therapeutic recreation; parent support and training.

Autism / Asperger's Syndrome

Autism Home Support Services
http://www.autismhomesupport.com/
Denver
Provides In-Home ABA Therapy to kids on the Autism Spectrum.
Accepts these insurances: Blue Cross/Blue Shield/Anthem, United Behavioral Health, Kaiser Permanente, Cigna, and Magellan. People are encouraged to still call even if their insurance is not listed. Will see if they can do a Single Case Agreement where you could get an in-network benefit.
Does not accept Medicaid.

Autism Society of America
1-800-328-8476
http://www.autism-society.org/
4340 East-West Hwy., Suite 350, Bethesda, MD 20814
Advocacy for individuals with autism and their families.

Autism Society of Colorado
720-214-0794
http://www.autismcolorado.org/
550 S. Wadsworth Blvd., Suite 100, Lakewood, CO 80226
Advocacy for individuals with autism and their families.
Behavioral Growing Tree
866-300-0822
www.behavioralgrowingtree.com
In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations. Insurance accepted.

Blue Horizon Therapy
303-886-9921
http://bluehorizontherapy.com/
Also On FaceBook
9340 Commerce Center St., Highlands Ranch, CO 80129
Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring. Hours include after-school and Saturdays.

Child Find
720-433-0020
https://www.dcsdk12.org/childfind/
Douglas County School District
3950 Trail Boss Lane, Castle Rock, CO 80104
Child Find is one of the primary public providers for developmental screening, assessment, and referral for children who have or are suspected of having developmental delays; from birth to 21 years of age.

Children’s Hospital
303-777-1234
http://www.childrenscolorado.org/conditions/behavior/index.aspx
Child Development Unit @ Children’s Hospital
13123 E. 16th Ave., Aurora, CO 80045
Diagnostic & treatment services for children with developmental delays, learning disabilities or behavioral problems. Comprehensive evaluations; specialized experience in working with children with Down Syndrome, Fragile X, autism, etc.

Connect Us
303-773-3960
www.connectus-now.com
6940 S. Holly Circle, Suite 230, Centennial, CO 80112
Social skill-building with children who are neuro-typical and those with Asperger’s Syndrome and Autism. School-readiness groups. After-school enrichment groups, playgroups, socialization groups.

Developmental Disability Consultants, PC
303-337-2210
www.ddconsultants.org
1211 S. Parker Rd., Denver, CO 80231
Offering a wide range of direct and consultative services to children and adults with disabilities, their families, teachers and service providers.
Firefly Autism
303-759-1192
http://www.fireflyautism.org/
2695 S. Jersey St., Denver, CO 80222
Serving children ages 18 months to 18 years old; assessment; social skill development; individual and group intervention; in-home assessment and coaching; school consultations; speech and occupational therapy; day treatment; therapeutic recreation; parent support and training.

Instructional ABA Consultants
331-229-8839, ext 1
http://www.instructional-abacom/index.html
312 Wilcox St., Castle Rock, CO 80104
In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training. Accepts the following insurances: private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

JFK Partners
303-724-5266
http://jfkpartners.org/default.asp?page=64
13121 E. 17th Ave., Unit C234, Aurora, CO 80045
JFK Partners has collaborative relationships with numerous organizations that are a part of Colorado’s developmental disability and special health care needs communities.

Life Support Behavioral Institute
888-516-5995
http://www.lifesupportinstitute.com/
7853 E. Arapahoe Ct., Suite 3550, Centennial, CO 80112
Most insurance accepted.

Daycare – Specialized

Developmental Pathways, Inc.
303-360-6600
www.developmentalpathways.org
325 Inverness Drive South, Englewood, CO 80112
Wide range of agency & individual respite providers.
Instructional ABA Consultants
331-229-8839, ext 1
http://www.instructional-aba.com/index.html
312 Wilcox St., Castle Rock, CO 80104
In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training. Accepts the following insurances: private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

Take-A-Break
303-665-9741
http://www.takeabreakchildren.com/
408 W. Baseline Rd., Lafayette, CO 80026
Take-A-Break is a service designed to alleviate child care stress on children, families, employers, and child care providers. We are dedicated to the healthy growth and development of all children, and we have served Colorado since 1983. We believe that having trained, quality individuals working with the children is the key to child care success.

To The Rescue
720-851-2100
http://totherescue.net
17011 Lincoln Ave., Suite 562, Parker, CO 80134
Wide variety of services to help folks with physical health issues, disabilities and mental health issues stay in their own homes. Services tailored to the needs of the individual and may include respite, house cleaning, meals, assessments, in-home medical care, yard care, etc.

Qualistar Colorado - Child Care Resource & Referral Agencies
303-339-6800
https://www.qualistar.org/ccrr.html
3607 Martin Luther King Blvd., Denver, CO 80205

Developmental Disability Advocacy / Support

Behavioral Growing Tree
866-300-0822
www.behavioralgrowingtree.com
In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children Identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations. Insurance accepted.
Blue Horizon Therapy
303-886-9921
http://bluehorizontherapy.com/
Also On FaceBook
9340 Commerce Center St., Highlands Ranch, CO 80129
Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring. Hours include after-school and Saturdays.

Child Find
720-433-0020
https://www.dcsdk12.org/childfind/
Douglas County School District
3950 Trail Boss Lane, Castle Rock, CO 80104
Child Find is one of the primary public providers for developmental screening, assessment, and referral for children who have or are suspected of having developmental delays; from birth to 21 years of age.

Council of Parent Attorneys & Advocates
410-372-0208
www.copaa.net
P.O. Box 6767, Towson, MD 21285
Support for parents of children with disabilities; national advocacy organization. Please refer to website for listing of Colorado Attorneys/Advocates.

Developmental Disability Consultants, PC
303-337-2210
www.ddconsultants.org
1211 S. Parker Rd., Suite 200 Denver, CO 80231
Offering a wide range of direct and consultative services to children and adults with disabilities, their families, teachers and service providers.

Developmental Pathways, Inc.
303-360-6600
www.developmentalpathways.org
325 Inverness Drive South, Englewood, CO 80112
Independent living skills, job prep, supported living placement, family support.

Family Advocacy, Care, Education, Support (FACES)
720-570-9333
www.facesonline.org
1325 S. Colorado Blvd., Suite B-509, Denver, CO 80222
Services to prevent child abuse & family violence, for families with children from 0-12 dealing with developmental delays, physical disability, mental illness or substance abuse issues. Home visitation program, therapeutic counseling, parent education, advocacy & support.
Instructional ABA Consultants
331-229-8839, ext 1
http://www.instructional-aba.com/index.html
312 Wilcox St., Castle Rock, CO 80104
In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training.
Accepts the following insurances: private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

Special Needs Dadvocate
http://site.sndadvocate.org/
Program focuses on serving fathers with special needs children.

The ARC of Arapahoe and Douglas Counties
303-220-9228
www.arcarapahoedouglas.org
8100 E. Arapahoe Rd., Suite 208, Centennial, CO 80112
Advocacy and support services for individuals and families, adult education.

The Child and Adolescent Behavioral Supports, LLC
303-660-5397
http://www.cabsupports.com/
Littleton Office:
609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120
Denver Office:
1633 Fillmore St., Suite 390, Denver, CO 80206
Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges.
Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

Down Syndrome

Behavioral Growing Tree
866-300-0822
www.behavioralgrowingtree.com
In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations.
Insurance accepted.
Blue Horizon Therapy
303-886-9921
http://bluehorizontherapy.com/
Also On FaceBook
9340 Commerce Center St., Highlands Ranch, CO 80129
Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring. Hours include after-school and Saturdays.

Children’s Hospital
303-777-1234
http://www.childrenscolorado.org/conditions/behavior/index.aspx
Child Development Unit @ Children’s Hospital
13123 E. 16th Ave., Aurora, CO 80045
Diagnostic & treatment services for children with developmental delays, learning Disabilities or behavioral problems. Comprehensive evaluations; specialized Experience in working with children with Down Syndrome, Fragile X, autism, etc.

Colorado Springs Down Syndrome Association
719-633-1133
http://csdsa.org/
P.O. Box 2364, Colorado Springs, CO 80901
Parent support and resources.

Developmental Disabilities Resource Center
303-233-3363
http://www.ddrcco.com/
11177 West 8th Avenue, Lakewood, CO 80215

National Down Syndrome Society
800-221-4602
www.ndss.org
Education, resources, advocacy regarding Down Syndrome.

Peak Parenting
1-800-284-0251
http://www.peakparent.org/
611 North Weber, Suite 200, Colorado Springs, CO 80903
The mission of PEAK Parent Center is to provide training, information and technical assistance to equip families of children birth through twenty-six including all disability conditions with strategies to advocate successfully for their children.
Education Resources

Achieve Reading (Effective Multisensory Learning)
720-328-9229
www.achievereading.com
264 Southpark Rd, Highlands Ranch, CO 80126
Highly skilled direct instruction with a credentialed teacher for youth & children with reading challenges; dyslexia intervention using the Slingerland Approach. Can meet with clients at schools or at the Achieve Reading business location; free assessment. Group, private or semi-private instruction.

Behavioral Growing Tree
866-300-0822
www.behavioralgrowingtree.com
In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations. Insurance accepted.

Blue Horizon Therapy
303-886-9921
http://bluehorizontherapy.com/
Also On FaceBook
9340 Commerce Center St., Highlands Ranch, CO 80129
Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring. Hours include after-school and Saturdays.

Child Find
720-433-0020
https://www.dcsdk12.org/childfind/
Douglas County School District
3950 Trail Boss Lane, Castle Rock, CO 80104
Child Find is one of the primary public providers for developmental screening, assessment, and referral for children who have or are suspected of having developmental delays; from birth to 21 years of age.

College Living Experience
800-486-5058
www.cleinc.net
1391 Speer Blvd., Suite 400, Denver, CO 80204
College/vocational school transition assistance for youth with special needs; tutoring; study skills; HS diploma assistance; independent living; social skills.

Compass Educational Services
303-888-9675
www.compass tutoring.com
Strategies to help students flourish, including: tutoring, how to deal with learning difficulties, organization & time management skills, management of behavior conflicts. At school and home, transitioning to high school, addressing all education gaps.
Social skill-building with children who are neuro-typical and those with Asperger's Syndrome and Autism. School-readiness groups. After-school enrichment groups, playgroups, socialization groups.

**Council of Parent Attorneys & Advocates**
410-372-0208  
www.copaa.net  
P.O. Box 6767, Towson, MD 21285  
Support for parents of children with disabilities; national advocacy organization. Please refer to website for listing of Colorado Attorneys/Advocates.

**Law Offices of Louise Bouzari, LLC**
303-228-1616  
http://bouzarilaw.com/  
7887 E. Belleview, Suite 1100, Englewood, CO 80111

**Prescription for Success**
303-993-4648  
www.prescriptionforsuccess.net  
Cognitive learning center in Parker, CO, that specializes in treating Dyslexia, ADHD, Slow Processing, Auditory and Visual Processing problems, Inadequate Memory, Sensory Processing Disorder, and much more. Our comprehensive testing will pinpoint "WHY" your child is having learning difficulties. A personalized learning plan is developed for the client. K-Adult students are welcome.

**School to Work Alliance Program (SWAP)**
303-866-6701  
http://www.cde.state.co.us/SecondaryInitiatives/SchoolToWorkAllianceProgram.htm  
Job placement, training, education, and follow-up services for youth ages 16-25 with mild to moderate barriers to employment.

**Social Pathways**
303-332-6562  
www.socialpathways.com  
9568 University Blvd, Highlands Ranch, CO 80126 (Eastridge Recreation Bldg.)  
20120 E. Mainstreet, Parker, CO 80138 (Parker Recreation Bldg.)  
Toddlers to tweens. Testing for the following – social skills, social/emotional/behavioral; education level; cognitive abilities. Functional behavior assessment. In-school consultation and inservices. Social skills training & groups.
Epilepsy Information/Support

Colorado Neurological Institute Epilepsy Support Group
303-806-7417
http://www.thecni.org/utility/showArticle/?ObjectID=161&find=epilepsy%20support%20group&happ=siteAdministrator
CNI Epilepsy Center
701 E. Hampden, Suite 415, Englewood, CO 80113
Dates: 3rd Tuesday of every month (No meeting in Nov. or Dec.)
Time: 6-7:30 pm
Location: Swedish Hospital Conference Center, 2nd Floor Conference Room
RSVP: Peggy Hugger, RN, 303.806.7417

Center for Disease Control and Prevention - You Are Not Alone Program
www.cdc.gov/Epilepsy/toolkit/index.htm
Online tool kit for parents of teens with epilepsy.

Epilepsy Foundation of Colorado
303-377-9774
888-378-9779
www.epilepsycolorado.org/
889 Greenwood Plaza Blvd, Suite 404, Greenwood Village, CO 80111

Equine Therapy

Boots and Saddles Therapeutic Riding Center
303-688-1388
http://bootsandsaddlerstrc.org/
7193 S. Hwy 83, Franktown, CO 80116

Partners Equine Therapy
303-478-8734
http://equinetherapycolorado.org
Haven Farms, 36355 CR 13, Elizabeth, CO 80107
Children, teens, adults and families; Horses Healing Grief, serving people with reactive attachment disorder, oppositional defiant disorder, depression, anxiety, Impulsivity, ADHD, post-traumatic stress disorder, behavioral issues.

Praying Hands Ranch
303-841-4043
www.prayinghandsranches.org
4825 E. Daley Circle, Parker, CO 80138

Saddle Up Foundation
303-788-1666
www.saddleupfoundation.org
11152 E. Daley Circle, Parker, CO 80134

Zuma's Rescue Ranch
303-346-7493
www.zumasrescueranch.com
7745 N. Moore Rd., Littleton, CO 80125
Experiential learning, behavioral consultation, mentoring program.
Fragile X

Children’s Hospital
303-777-1234
http://www.childrenscolorado.org/conditions/behavior/index.aspx
Child Development Unit @ Children’s Hospital
13123 E. 16th Ave., Aurora, CO 80045
Diagnostic & treatment services for children with developmental delays, learning disabilities or behavioral problems. Comprehensive evaluations; specialized experience in working with children with Down Syndrome, Fragile X, autism, etc.

Colorado Fragile X
http://coloradofragile-x.org
6136 Russell Court, Arvada, CO 80403
Support and resources for the families of children born with Fragile X gene impairment; events, educational workshops and fundraising for research.

Hearing

Child Find
720-433-0020
https://www.dcsdk12.org/childfind/
Douglas County School District
3950 Trail Boss Lane, Castle Rock, CO 80104
Child Find is one of the primary public providers for developmental screening, assessment, and referral for children who have or are suspected of having developmental delays; from birth to 21 years of age.

Pikes Peak Center on Deafness
719-591-2777
http://pikespeak.co.networkofcare.org/veterans/services/agency.aspx?pid=PikesPeakCenteronDeafnessClientServices_1042_17_0
4440 Barnes Rd., Suite 100, Colorado Springs, CO 80917
Assistive technology; advocacy; interpreting services.

In-Home Services / Resources

Autism Home Support Services
http://www.autismhomesupport.com/
Denver
Provides In-Home ABA Therapy to kids on the Autism Spectrum. Accepts these insurances: Blue Cross/Blue Shield/Anthem, United Behavioral Health, Kaiser Permanente, Cigna, and Magellan. People are encouraged to still call even if their insurance is not listed. Will see if they can do a Single Case Agreement where you could get an in-network benefit. Does not accept Medicaid.
Behavioral Growing Tree
866-300-0822
www.behavioralgrowingtree.com
In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations. Insurance accepted.

Family Advocacy, Care, Education, Support (FACES)
720-570-9333
www.facesonline.org
1325 S. Colorado Blvd., Suite B-509, Denver, CO 80222
Services to prevent child abuse & family violence, for families with children from 0-12 dealing with developmental delays, physical disability, mental illness or substance abuse issues. Home visitation program, therapeutic counseling, parent education, advocacy & support.

Firefly Autism
303-759-1192
http://www.fireflyautism.org/
2695 S. Jersey St., Denver, CO 80222
Serving children ages 18 months to 18 years old; assessment; social skill development; individual and group intervention; in-home assessment and coaching; school consultations; speech and occupational therapy; day treatment; therapeutic recreation; parent support and training.

Instructional ABA Consultants
331-229-8839, ext 1
http://www.instructional-aba.com/index.html
312 Wilcox St., Castle Rock, CO 80104
In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training. Accepts the following insurances: private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

To The Rescue
720-851-2100
http://totherescue.net
17011 Lincoln Ave., Suite 562, Parker, CO 80134
Wide variety of services to help folks with physical health issues, disabilities and mental health issues stay in their own homes. Services tailored to the needs of the individual and may include respite, house cleaning, meals, assessments, in-home medical care, yard care, etc.
Outpatient Services

AllHealth Network
303-730-8858
http://www.allhealthnetwork.org/
61 W. Davies Ave., Littleton, CO 80120
831 S Perry Street, Suite 100, Castle Rock, CO 80104
10350 S. Dransfeldt, Parker, CO 80134
303-797-9420
303-688-6276
303-805-4312
Full continuum of outpatient services for dually diagnosed adolescents and adults

Behavioral Growing Tree
866-300-0822
www.behavioralgrowingtree.com
In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations. Insurance accepted.

Blue Horizon Therapy
303-886-9921
http://bluehorizontherapy.com/
Also On FaceBook
9340 Commerce Center St., Highlands Ranch, CO 80129
Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring. Hours include after-school and Saturdays.

Counseling Place at Lone Tree (Sarah James, LCSW, CACII)
303-241-0421
http://www.counselinglonetree.com/
9224 Teddy Lane, Suite 103, Lone Tree, CO 80124
482 Happy Canyon Road, Castle Pines, CO 80104
Accept most insurances and will slide fees.

Developmental Disability Consultants, PC
303-337-2210
www.ddconsultants.org
1211 S. Parker Rd., Denver, CO 80231
Offering a wide range of direct and consultative services to children and adults with disabilities, their families, teachers and service providers.

Developmental Pathways, Inc.
303-360-6600
www.developmentalpathways.org
325 Inverness Drive South, Englewood, CO 80112
Job readiness, independent living skills, supported living placement, family support; community-centered board for Douglas County.
Foundations Family Counseling
303-393-0085
www.foundationsfamilycounseling.com
789 Sherman St. Suite 440, Denver, Co 80203 Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of mental health.

Instructional ABA Consultants
331-229-8839, ext 1
http://www.instructional-aba.com/index.html
312 Wilcox St., Castle Rock, CO 80104
In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training.
Accepts the following insurances: private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

Legacy Comprehensive Counseling & Consulting
303-841-4005
www.legacyparker.com
19751 E. Mainstreet, Suite 215., Parker, CO 80138
Individual and group counseling for individuals, children and families. Specializing in social skills, adjusting to divorce, parenting skills & classes, anger management, mental illness, stress, attachment issues, testing & assessment for behavior & psychological concerns (particularly ADHD, other learning challenges and developmental disabilities), behavior management, supervised parenting, child/family investigations. Accepts insurance and will slide fees.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)
720-244-0899
www.pikespeakcounseling.com
12900 Stroh Ranch Way, Suite 220, Parker, CO 80134
ADHD; social skills groups; bullying prevention; former school counselor; does not accept insurance; sliding scale available. Out of network. Victim’s compensation only.
The Child and Adolescent Behavioral Supports, LLC
303-660-5397
http://www.cabsupports.com/
Littleton Office:
609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120
Denver Office:
1633 Fillmore St., Suite 390, Denver, CO 80206
Provides counseling and services for children, adolescents, their parents and family groups. Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and development disabilities, opposition and conduct problems, social skills, teen issues, general behavior issues, divorce, adoption-related concerns, education-based disabilities, and other school challenges. Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their website for prices of services.

Performing Arts / Recreation

ABLE: A Better Life Experience
303-920-9279
http://www.ablecolorado.com/
550 E. Thornton Pkwy, Suite 118, Thornton, CO 80229
Employment services for individuals with developmental disabilities; typically serving adults who’ve graduated.

Ability Specialists
303-690-5203
http://www.abilityspecialists.com/
5241 South Quebec St, Suite 200, Greenwood Village, CO 80111
Ability Specialists fosters achievement through challenge. For more than a decade, we have helped adults with cognitive disabilities create balanced, productive lives. We believe that everyone has a higher potential that can be achieved with the right guidance.

ARC of Arapahoe and Douglas Counties
303-220-9228
www.arcarapahoedouglas.org
8100 E. Arapahoe Rd., Suite 208, Centennial, CO 80112
Advocacy and support services for individuals and families, adult education.

Highlands Ranch Community Association
303-791-2500
www.hrcaonline.org
9650 Foothills Canyon Blvd, Highlands Ranch, CO 80129
Various locations in Highlands Ranch; therapeutic rec programs.

Piano Pathways
303-948-3335
www.pianopathways.org
10677 W. Centennial Rd., Littleton, CO 80127
Music & performing arts education for underserved youth of all ages; specializes in services to youth who live at a low socioeconomic status, are in foster care, and/or have special needs.
Special Olympics Colorado
303-592-1361
http://www.specialolympics.org/Regions/north-america/Locations/Special-Olympics-NA-Colorado.aspx#.UMJA6-RLVc0
384 Inverness Pkwy., Suite 100, Englewood, CO 80112
Special Olympics transforms lives through the joy of sport, every day, everywhere. We are the world’s largest sports organization for people with intellectual disabilities: with nearly 4 million athletes in more than 170 countries -- and millions more volunteers and supporters. We are also a global social movement.

Town of Castle Rock, Parks and Recreation Dept.
303-660-1036
www.crgov.com
2301 N. Woodlands Blvd., Castle Rock, CO 80104
Child, Youth and Adult team and individual athletics; arts & crafts; fitness & wellness; dance; outdoor adventure; adaptive recreation opportunities.

Town of Parker, Recreation Deptment
303-841-4500
www.parkerrec.com
17301 Lincoln Ave., Parker, CO 80134
Child, Youth and Adult team and individual athletics; arts & crafts; fitness & wellness; dance; outdoor adventure.

Physical Disability

ABLE: A Better Life Experience
303-920-9279
http://www.ablecolorado.com/
550 E. Thornton Pkwy, Suite 118, Thornton, CO 80229
Employment services for individuals with developmental disabilities; typically serving adults who’ve graduated.

Cerebral Palsy of Colorado
303-691-9339
www.cpco.org
801 Yosemite, Denver, CO 80230
Information & referral for people diagnosed with CP; advocacy; public education; employment services, early childhood.

Kids Mobility Network
303-242-8281
http://www.kidsmobility.org/
4251 S. Natches Court, Suite C, Sheridan, CO 80110
Warehouse of mobility-oriented equipment for children with physical disabilities. Contributions are suggested for refurbished & donated equipment; scholarships are available. Equipment includes walkers, wheelchairs, standers, adaptive bikes, much more.
Spina Bifida Association of Colorado
303-797-7870
http://www.coloradospinabifida.org/index.html
P.O. Box 22994, Denver, CO 80222
Support groups; news letters; information.

To The Rescue
720-851-2100
http://totherescue.net
17011 Lincoln Ave., Suite 562, Parker, CO 80134
Wide variety of services to help folks with physical health issues, disabilities and mental health issues stay in their own homes. Services tailored to the needs of the individual and may include respite, house cleaning, meals, assessments, in-home medical care, yard care, etc.

Residential Programs / Residential Support

ABLE: A Better Life Experience
303-920-9279
http://www.ablecolorado.com/
550 E. Thornton Pkwy, Suite 118, Thornton, CO 80229
Employment services for individuals with developmental disabilities; typically serving adults who’ve graduated.

Respite

To The Rescue
720-851-2100
http://totherescue.net
17011 Lincoln Ave., Suite 562, Parker, CO 80134
Wide variety of services to help folks with physical health issues, disabilities and mental health issues stay in their own homes. Services tailored to the needs of the individual and may include respite, house cleaning, meals, assessments, in-home medical care, yard care, etc.

Sight / Blindness

Beyond Sight, Inc.
303-795-6455
www.beyondsight.com
5650 S. Windermere St., Littleton, CO 80120
Adaptive technology for people with sight impairments.

Child Find
720-433-0020
https://www.dcsdk12.org/childfind/
Douglas County School District
3950 Trail Boss Lane, Castle Rock, CO 80104
Child Find is one of the primary public providers for developmental screening, assessment, and referral for children who have or are suspected of having developmental delays; from birth to 21 years of age.
Colorado Center for the Blind
303-778-1130
http://coloradocenterfortheblind.org/
2233 W. Shepperd Ave., Littleton, CO  80120

Speech

Blue Horizon Therapy
303-886-9921
http://bluehorizontherapy.com/
Also On FaceBook
9340 Commerce Center St., Highlands Ranch, CO 80129
Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring. Hours include after-school and Saturdays.

Child Find
720-433-0020
https://www.dcsdk12.org/childfind/
Douglas County School District
3950 Trail Boss Lane, Castle Rock, CO  80104
Child Find is one of the primary public providers for developmental screening, assessment, and referral for children who have or are suspected of having developmental delays; from birth to 21 years of age.

Colorado Speech-Language-Hearing Association
855-727-2836 http://www.cshassoc.org/
303 South Broadway, Suite 200-323, Denver, Colorado  80209
Referrals to local and metro area speech therapy practitioners.
SUBSTANCE ABUSE PREVENTION / TREATMENT

12 Step Programs

Al-Anon and Alateen

http://www.al-anon-co.org/
Pikes Peak Al-Anon/Alateen Serv Center
3595 E Fountain Blvd Ste I-7, Colorado Springs, CO 80910
DENVER Al-Anon Serv Center
2460 W 26th Ave, Ste 138-C, Denver, CO 80211

Denver Area Central Committee of Alcoholics Anonymous (AA)
303-322-4440
www.daccaa.org
1800 Boulder St., Suite 100, Denver, CO 80211

Cocaine Anonymous of Colorado
866-273-1625
http://www.cacolorado.org/

Narcotics Anonymous (NA)
www.nacolorado.org
P.O. Box 1437, Denver, CO 80201
Castle Rock Meeting: Fridays @ 7:30 p.m., 3737 New Hope Way

Assessment

Colorado Addictions Consulting, LLC (Beth Baldwin, CAC III)
303-501-6921
www.coloradoaddictionsconsulting.com
Specializes in working with adolescents; services include substance abuse evaluation,
recommendations for ongoing treatment, in-home substance abuse counseling.
Case consultation offered at no cost; may slide fees.

Sandstone Care
720-307-3970
www.sandstonecare.com
2100 S. Cherry St., #204, Denver, CO 80222
Provides substance abuse and co-occurring mental health treatment services for teens and
young adults. Incudes after school teen program that incorporates individual and group
therapy, family counseling, visits with our MD psychiatrist, and academic and vocation support.
Accepts these insurances: Value Options, United Health Care, Cigna, Aetna, Humana, Mines
and Assoc, Rocky Mountain Health Plans, United Behavioral Health, and Blue Cross/Blue
Shield.
University of Colorado Hospital Center for Dependency, Addiction & Recovery
866-464-0052
www.uch.edu/conditions/addictions/cedar-about-us.aspx
1693 N. Quentin St., Aurora, CO 80045
Residential; aftercare; comprehensive diagnostics & assessment; family program.

Worthing Carol Ann, PhD
303-663-5846
www.individualandfamilypsychotherapy.com
240 Wilcox St., Castle Rock, CO 80104
Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Awareness / Prevention

Alive @ 25
720-269-4046
www.aliveat25.us
55 Wadsworth Blvd, Lakewood, CO 80226
Four-hour programs available through DC Sheriff’s Office, focused on teen driving & alcohol; media presentations, study sessions, driving simulator.

The BACCHUS Network
www.bacchusgamma.org

Children of Alcoholics / Substance Abusers

Betty Ford Center (CO)
800-434-7365
303-220-5440
www.bettyfordcenter.org
Four-day program for children ages 7 – 12 whose lives have been impacted by alcoholism/addiction.

Family Advocacy, Care, Education, Support (FACES)
720-570-9333
www.facesonline.org
1325 S. Colorado Blvd., Suite B-509, Denver, CO 80222
Services to prevent child abuse & family violence, for families with children from 0-12 dealing with developmental delays, physical disability, mental illness or substance abuse issues. Home visitation program, therapeutic counseling, parent education, advocacy & support.

Tennyson Center (CO Christian Home)
303-433-2541
www.tennysoncenter.org
2950 Tennyson St., Denver, CO 80212
Treatment for children ages 5-14; focus on abused and neglected children along with parent training.
Classes / Psycho-Educational Resources

Betty Ford Center (CO)
800-434-7365
303-220-5440
www.bettyfordcenter.org
Four-day program for children ages 7 – 12 whose lives have been impacted by alcoholism/addiction.

Douglas County School District
https://dcsdk12.org/
620 Wilcox Street, Castle Rock, CO 80104
Student Wellness: 303-387-0095
Student Support Center: 303-387-0705
Asset-Based Intervention classes that address anger management.

Health and Learning Resource Center
303-239-8633
http://preventioncolorado.org
7525 W. 10th Ave., Lakewood, CO 80214
Resource & information library on substance abuse.

Institute for Substance Abuse Education (ISAE)
303-433-1900
www.isaeonline.com
850 E. 73rd Ave., Unit 1A, Denver, CO 80229
Court-ordered alcohol education, tobacco, theft, and violence programs, held in Castle Rock and other sites around Colorado.

People House
303-480-5130
http://peoplehouse.org
3035 W. 25th Ave., Denver, CO 80211
Affordable Counseling Program offers services on a sliding scale starting @ $15.00; All ages, all issues. People House also offers workshops & classes & activities.

The Council
303-825-8113
www.milehighcouncil.org
655 Broadway, Suite 200, Denver, CO 80203
Adult substance abuse treatment & DUI classes; intensive outpatient & recovery support. Youth services include 12 week “Relapse Prevention: A Brief Strategic Approach” groups for youth 16-24; prevention for early, middle school & high school ages.

Youth Education and Safety in our Schools (YESS)
303-814-7033
http://www.dcsheriff.net/yess/
4000 Justice Way, Castle Rock, CO 80109
Middle school education curriculum; elementary school presentations by officers; Text-A-Tip; community mobilization.
Detox

Arapahoe House
303-657-3700
https://www.arapahoehouse.org/
8801 Lipan Street, Thornton, CO 80260
Arapahoe House provides substance abuse treatment and mental health services to vulnerable individuals and families in metro Denver.

DUI Classes

The Council
303-825-8113
www.milehighcouncil.org
655 Broadway, Suite 200, Denver, CO 80203
Adult substance abuse treatment & DUI classes; intensive outpatient & recovery support. Youth services include early, middle school & high school prevention.

Hotlines

Alcohol and Drug Helpline
http://adhl.org/

Colorado Quitline (tobacco cessation)
1-800-784-8669
https://www.coquitline.org/

Intervention Specialists

Fire Mountain
303-443-3343
www.firemountainprograms.com
5745 Olde Stage Rd., Boulder, CO 80302
Teen drug & alcohol prevention, interruption & intervention services. Teen empowerment camps, coaching, life mastery course, ultimate family training.

Marijuana Dependence Treatment

Synergy
303-781-7875
www.artstreatment.com
In-home multi-systemic therapy; other community based services; substance use.

Worthing Carol Ann, PhD
303-663-5846
www.individualandfamilypsychotherapy.com
240 Wilcox St., Castle Rock, CO 80104
Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.
Outpatient Counseling

AllHealth Network
303-730-8858
http://www.allhealthnetwork.org/
61 W. Davies Ave., Littleton, CO 80120
303-797-9420
831 S Perry Street, Suite 100, Castle Rock, CO 80104
303-688-6276
10350 S. Dransfeldt, Parker, CO 80134
303-805-4312

Betty Ford Center (CO)
800-434-7365
303-220-5440
www.bettyfordcenter.org
Four-day program for children ages 7 – 12 whose lives have been impacted by alcoholism/addiction.

Centennial Peaks Hospital
303-673-9990
www.centennialpeaks.com
2255 S. 88th St., Louisville, CO 80027
Intensive outpatient for chemical dependency.

Colorado Addictions Consulting, LLC (Beth Baldwin, CAC III)
303-501-6921
www.coloradoaddictionsconsulting.com
Specializes in working with adolescents; services include substance abuse evaluation, recommendations for ongoing treatment, in-home substance abuse counseling. Case consultation offered at no cost; may slide fees.

Cornerstone Program
303-690-0082
www.thecornerstoneprogram.com
11234 E. Caley Ave., Unit B, Centennial, CO 80111
Intensive outpatient for adolescents utilizing the “Enthusiastic Sobriety” model.

Counseling Place at Lone Tree (Sarah James, LCSW, CACII)
303-241-0421
http://www.counselinglonetree.com/
9224 Teddy Lane, Suite 103, Lone Tree, CO 80124
482 happy Canyon Road, Castle Pines, CO 80104
Accept most insurances and will slide fees.

Denver Therapy Center (Brian Brody, LCSW, PhD.)
303-979-0319
www.denvertherapycenter.com
6901 S. Pierce St., Suite100M, Littleton, CO 80128
Stress, loss, depression.
Does not accept insurance.
Dynamic Directions Counseling, Inc.

www.drug-rehab-headquarters.com
409 S. Wilcox St., Suite E, Castle Rock 80104 303-688-1116
8191 Southpark Lane, Suite 103, Littleton, CO 80120 303-797-1440
Adult / adolescent substance abuse counseling; Minor in Possession intervention; relapse prevention.

Families at Five (Bonnie Mucklow, CACIII)

720-488-3822
www.familiesatfive.com
7000 E. Belleview, Suite 203, Greenwood Village, Co 80110
Comprehensive four-week outpatient program for youth substance users and their families; group & individual; aftercare. Free intake appointment; insurance & private pay accepted. Accept all private insurance and Medicaid.

First Step Counseling

303-840-2636
http://www.firststepcounseling.org/
10292 S. Progress Way, Parker, CO 80134
Individual, family and group counseling for a variety of issues; court-ordered counseling to address drinking and driving issues.

Grace Counseling (Alexander A. Avila, M.A.)

720-316-7771
http://www.alexanderavila.com/
7921 Southpark Plaza, Suite 204, Littleton, CO 80120
Counseling to increase the health and intimacy of romantic relationships; couples, marriage counseling. Facilitator of the "Hold Me Tight" program for couples. Addictions counseling. Counseling for men. Does not accept insurance.

Integrative Therapy Solutions

720-285-6438
http://integrativetherapysolutions.org
Serving Aurora, Denver & south metro area
Children, teens, adults, couples, families; ITS addresses many areas including marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women's issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development. Does not accept insurance.

Introspection Counseling (Michelle Stevens, MA, PLC, NCC, JD)

303-916-8770
www.introspectioncounseling.com
2305 E. Arapahoe Rd., Littleton, CO 80122
Specializing in depression, grief / loss, anxiety / stress, infidelity, life transitions. Initial consultation is free; accepts some insurance & will slide fees.
Iolite Counseling, LLC
303-956-8949
www.iolitecounseling.com
900 Castleton Rd. Suite135, Castle Rock, CO 80109

LDS Family Services
303-371-1000
www.ldsfamilyservices.org
3263 Fraser Street, Suite 3, Aurora, CO 80011
Fee for service or fast offerings used to assist in fee; Latter Day Saints.

National Institute for Change
303-231-0090
http://www.nichange.com/
Offices in Lakewood, Lone Tree, Golden, Aurora
Groups, individuals. Parenting classes. Sliding scale fee.

People House
303-480-5130
http://peoplehouse.org
3035 W. 25th Ave., Denver, CO 80211
Affordable Counseling Program offers services on a sliding scale starting @ $15.00;
All ages, all issues. People House also offers workshops & classes & activities.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)
720-244-0899
www.pikespeakcounseling.com
12900 Stroh Ranch Way, Suite 220, Parker, CO 80134
ADHD; behavior management; social skills & divorce groups; school & family issues; grief & loss; abuse/trauma, phobias; anxiety; depression; mother/daughter dynamics; Certified Play and EMDR Therapist; works with children as young as 5 years of age; does not accept insurance but can provide receipts to clients upon request and accepts sliding scale clients.

Porter Adventist Hospital - Center for Behavioral Health
303-778-1955
http://www.porterhospital.org/behavioralhealth
2525 S. Downing Street, Denver, CO 80210
Offers a range of behavioral services, from outpatient appointments to acute care hospitalization.

Running Creek Counseling Services, Inc.
303-805-1218 x102
http://www.rccounseling.com/
18425 Pony Express Drive, Suite 203, Parker, CO 80134
Accepts most private insurance including: CIGNA, Aetna, Medicaid, Humana and Golden Rail.
Sandstone Care
720-307-3970
www.sandstonecare.com
2100 S. Cherry St., #204, Denver, CO 80222
Provides substance abuse and co-occurring mental health treatment services for teens and young adults. Includes after school teen program that incorporates individual and group therapy, family counseling, visits with our MD psychiatrist, and academic and vocation support. Accepts these insurances: Value Options, United Health Care, Cigna, Aetna, Humana, Mines and Assoc, Rocky Mountain Health Plans, United Behavioral Health, and Blue Cross/Blue Shield.

Savio House
303-225-4100
www.saviohouse.org
325 King St., Denver, CO 80219
In-home multi-systemic therapy; family therapy; substance abuse treatment.

Servicios de la Raza
303-458-5851
www.serviciosdelaraza.org
4055 Tejon Street, Denver, CO 80211
Services to Latino community include drug and alcohol treatment, u/a and b/a monitoring, and alcohol education.

Southeast Psychotherapy Associates, PLLC
303-694-1795
www.sepsychotherapy.com
6081 S. Quebec St., Suite 103, Englewood, CO 80111
Marriage & family therapy; addictions; bipolar & other depressive disorders; educational & intellectual assessment; ADHD.

Synergy
303-781-7875
www.artstreatment.com
In-home multi-systemic therapy; other community based services; substance use. Deals with adjudicated youth. Primarily accepts Medicaid but works with private insurance.

University of Colorado Hospital Center for Dependency, Addiction & Recovery
866-464-0052
www.uch.edu/conditions/addictions/cedar-about-us.aspx
1693 N. Quentin St., Aurora, CO 80045
Residential; aftercare; comprehensive diagnostics & assessment; family program.

Valley Hope Association
303-694-3829
http://www.valleyhope.org/
7108 S Alton Way, Bldg A, Centennial, CO 80112
Drug/alcohol rehabilitation services for adults.
Worthing Carol Ann, PhD
303-663-5846  
www.individualandfamilypsychotherapy.com  
240 Wilcox St., Castle Rock, CO 80104  
Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Residential Facilities

Arapahoe House
303-657-3700  
https://www.arapahoehouse.org/  
8801 Lipan Street, Thornton, CO 80260  
Arapahoe House provides substance abuse treatment and mental health services to vulnerable individuals and families in metro Denver.

Centennial Peaks Hospital
303-673-9990  
www.centennialpeaks.com  
2255 S. 88th St., Louisville, CO 80027  
Intensive outpatient for chemical dependency.

Excelsior Youth Centers
303-693-1550  
www.excelsioryc.org  
15001 E. Oxford Ave., Aurora, CO 80014  
Female-specific services; inpatient; day treatment; substance abuse treatment; living skills; on-campus school.

Gateway Treatment Center
303-696-8407  
1250 S. Parker Rd., Suite 103, Denver, CO 80231

Savio House
303-225-4100  
www.saviohouse.org  
325 King St., Denver, CO 80219  
In-home multi-systemic therapy; family therapy; substance abuse treatment.

Southern Peaks Regional Treatment Center
719-276-7567  
www.abraxasyfs.com  
700 Fourmile Parkway, Canon City, CO 81212  
Residential treatment program for males and females, ages 10-21; delinquent or dependent youth; history of behavioral/mental health disorders and drug/alcohol issues. Gender-specific programming. Offers the Medicine Bear Native American track.
Synergy
303-781-7875
www.artstreatment.com
In-home multi-systemic therapy; other community based services; substance use.
Deals with adjudicated youth. Primarily works accepts Medicaid but works with private insurance.

University of Colorado Hospital Center for Dependency, Addiction & Recovery
866-464-0052
www.uch.edu/conditions/addictions/cedar-about-us.aspx
1693 N. Quentin St., Aurora, CO 80045
Residential; aftercare; comprehensive diagnostics & assessment; family program.

Valley View Youth Recovery Center
970-945-6535
www.vvh.org
1906 Blake Ave., Glenwood Springs, CO 81601
Inpatient addictions treatment for adolescents.

Support Resources for Families / Community

Daily Strength
www.dailystrength.org
Anonymous and free online support groups, and education.

Fire Mountain
303-443-3343
www.firemountainprograms.com
5745 Olde Stage Rd., Boulder, CO 80302
Teen drug & alcohol prevention, interruption & intervention services. Teen empowerment camps, coaching, life mastery course, ultimate family training.

Our Kids
http://www.our-kids.org/
Provides information and support for children and parents.

The Council
303-825-8113
http://www.milehighcouncil.org/
Formerly “Denver Mile Hi Council of Alcoholism & Drug Abuse”
655 Broadway, Suite 200, Denver, Colorado 80203

Tri-County Health Department
303-663-7650
www.tchd.org
4400 Castleton Court, Castle Rock, CO 80109
Tobacco cessation and prevention programming.
Testing / Drug Screening Resources

At Your Site Drug Screening
303-995-2672
www.atyoursitedrugscreening.com
6140 S. Gun Club Rd., Suite 202, Aurora, CO 80016
Various methods of testing for drug use, including hair follicle and urine analysis. Home drug-testing kits. Paternity & DNA testing. Mobile service comes to workplaces, schools, homes, anyplace that should be “drug-free.”
SUICIDE PREVENTION / INTERVENTION / SUPPORT

American Association of Suicidology
1-800-273-8255
www.suicidology.org
Conferences; literary & research resources; services to survivors.

AllHealth Network
303-730-8858
http://www.allhealthnetwork.org/
61 W. Davies Ave., Littleton, CO 80120 303-797-9420
831 S Perry Street, Suite 100, Castle Rock, CO 80104 303-688-6276
10350 S. Dransfeldt, Parker, CO 80134 303-805-4312

Children’s Grief Education Association
303-246-3826
www.childgrief.org
Grief education and support to bereaved children, their families and professionals in schools and community organizations through local, national and international outreach and training.

Counseling Place at Lone Tree (Sarah James, LCSW, CACII)
303-241-0421
http://www.counselinglonetree.com/
9224 Teddy Lane, Suite 103, Lone Tree, CO 80124
482 Happy Canyon Road, Castle Pines, CO 80104
Accept most insurances and will slide fees.

Denver Therapy Center (Brian Brody, LCSW, PhD.)
303-979-0319
www.denvertherapycenter.com
6901 S. Pierce St., Suite 100M, Littleton, CO 80128
Stress, loss, depression.
Does not accept insurance.

Highlands Behavioral Health System
720-348-2800
www.highlandsbhs.com
8565 S. Poplar Way, Littleton, CO 80130
Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis.

Iolite Counseling, LLC
303-956-8949
www.iolitecounseling.com
900 Castleton Rd. Suite 135, Castle Rock, CO 80109
Jason Foundation, Inc.
1-800-SUICIDE
1-800-784-2433
www.jasonfoundation.com
Resources and research on teen suicide.

Knippenberg, Patterson, Bordelon & Associates
www.craigknippenberg.com
2833 S. Colorado Blvd. Denver, CO 80222
Individual, family and group counseling services as well as parenting classes. Specialty in child & adolescent neurobehavioral disorders. May slide fees. Does not accept insurance.

Levitas-Eisner, Jane., LCSW
303-826-7296
http://janeeisnerlcsw.com/
8000 E. Prentice Ave., Suite B-12, Englewood, CO 80111
Child, adolescent, family, and couples therapy. Accepts most private insurance. Does not accept Medicaid.

Littleton Adventist Hospital
303-730-8900
http://www.mylittletonhospital.org/
7700 S. Broadway, Littleton, CO 80122

National Suicide Prevention LifeLine
1-800-273-8255
www.suicidepreventionlifeline.org

Porter, William W., Ph.D
303-399-3542 Email: wwalesporter@gmail.com
967 Fillmore St., Denver CO 80206
Sliding scale; some insurance.

The Counseling Place at Lone Tree (Sarah James, LCSW, CACII)
303-241-0421
http://www.counselinglonetree.com/
9224 Teddy Lane, Suite103, Lone Tree, CO 80124
482 Happy Canyon Road, Castle Pines, CO 80104
Accept most insurances and will slide fees.
THERAPISTS / COUNSELORS
(By geographic area; please also look under specific subject area)

Castle Rock

AllHealth Network
  303-730-8858
  http://www.allhealthnetwork.org/
  61 W. Davies Ave., Littleton, CO 80120
  303-797-9420
  831 S Perry Street, Suite 100, Castle Rock, CO 80104
  303-688-6276
  10350 S. Dransfeldt, Parker, CO 80134
  303-805-4312

Hanze, Doug, PhD.
  303-688-8658
  http://hanzecounseling.com/
  823 S. Perry St, Suite 100, Castle Rock, CO 80104
  Individual, family, children, adolescents. Diagnose and treat depression, anxiety, ADHD and behavior disorders.
  Accepts several types of private insurance including: Blue Cross, Aetna, Infinity and Colorado Co-op.

Instructional ABA Consultants
  331-229-8839, ext 1
  http://www.instructional-aba.com/index.html
  312 Wilcox St., Castle Rock, CO 80104
  In home ABA therapy for people with Autism and other disabilities and is opening an alternative to preschool program in Castle Rock ages 18 months to 4 years old. Other services include intensive in home ABA therapy for both children and adults, clinic based services, individual assessment, individualized ABA programs, language acquisition, functional communication, academics, problem behaviors, behavior analyst, daily living skills, and parent training.
  Accepts the following insurances: private pay, Medicaid home waivers, private insurances, in-network with Aetna, BCBS, Cigna, Lifesynch, and Megellan. If you have out-network insurance, they can verify coverage to see if the insurance company will issue a single-case agreement.

Iolite Counseling, LLC
  303-956-8949
  www.iolitecounseling.com
  900 Castleton Rd. Suite135, Castle Rock, CO 80109

Tamara G. Suttle Counseling
  303-660-4989
  www.tamarasuttle.com
  6222 Lancaster Ave., Castle Rock, CO 80104
  Individual, couple, and group therapy; trauma; abuse; grief/loss; GLBTQ.
Worthing Carol Ann, PhD
303-663-5846
www.individualandfamilypsychotherapy.com
240 Wilcox St., Castle Rock, CO 80104
Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Centennial

Brodie, Judith, MA, LPC, LLC
303-503-5282
www.judithbrodie.com
6860 S. Yosemite Court, Suite 2000, Centennial, CO 80122
Kind, compassionate support for children, adults and families dealing with grief and loss, end-of-life transitions, serious illness or relationship difficulties.

Colorado Therapy Services, LLC
303-319-6176
www.coloradotherapyservices.com
Sliding scale available; group therapy, teens, children, adults, couples, families. Many specialties including anger management, stress management, social skill development, substance abuse intervention, family & parenting issues.

Grace Counseling Services
720-489-8555
http://www.gracecounseling.net/
7921 South Park Plaza, Suite 204, Littleton, CO 80120
Specializes in work with victims of sexual or mental abuse; testing for learning disabilities; family and parenting skills. Does not accept insurance.

Introspection Counseling (Michelle Stevens, MA, PLC, NCC, JD)
303-916-8770
www.introspectioncounseling.com
2305 E. Arapahoe Rd., Littleton, CO 80122
Specializing in depression, grief / loss, anxiety / stress, infidelity, life transitions. Initial consultation is free; accepts some insurance & will slide fees.

Kendall-Grove, Kwai, PhD.
303-662-9670
http://drkendallgrove.com/
2305 E. Arapahoe Road, Suite 149, Centennial, CO 80122
Specializes in adolescents, eating disorders, depression, anxiety, ADHD evaluations. Ages 5 and up. Does not accept insurance. Offers a sliding scale.

Krafchick, Dana., M.D
303-799-4110
http://danakrafchickmd.com/
7310 E. Arapahoe Rd., Suite 200, Centennial, CO 80112
Psychiatrist – therapy and medication; families and adolescents.
Life Support Behavioral Institute
888-516-5995
http://www.lifesupportinstitute.com/
7853 E. Arapahoe Ct., Suite 3550, Centennial, CO 80112
Most insurance accepted.

South Denver Psychotherapy
303-730-1144
http://www.southdenverpsychotherapy.com/
2305 E. Arapahoe Rd., Centennial, CO 80122

Denver

Autism Home Support Services
http://www.autismhomesupport.com/
Denver
Provides In-Home ABA Therapy to kids on the Autism Spectrum.
Accepts these insurances: Blue Cross/Blue Shield/Anthem, United Behavioral Health, Kaiser Permanente, Cigna, and Magellan. People are encouraged to still call even if their insurance is not listed. Will see if they can do a Single Case Agreement where you could get an in-network benefit. Does not accept Medicaid.

Denver Family Institute
www.denverfamilyinstitute.org
7200 East Hampden Ave, Suite 301, Denver, CO 80224
4891 Independence, Suite 165, Wheat Ridge, CO 80033
303-756-3340
303-756-3340
Family, couples and individual therapy counseling is available for a wide variety of issues. Therapy services fees are calculated using a reasonable sliding-fee scale based on the client’s annual household income. The fee range for a 50 minute therapy session is $15-$50. Some clients will also spread out appointments to further reduce their costs.

Developmental Disability Consultants, P.C. (Spragg, Paul, Ed. D., NCSP)
303-337-2210
http://www.ddconsultants.org/
1211 S. Parker Rd., Denver, CO 80231
Treatment, assessment, consultation, and training for severe developmentally disabled, Autistic, Downs Syndrome, self-injurious behavior, compulsions; technology assistance, community-based help. Accepts Medicaid, works with some insurance carriers.

Foundations Family Counseling
303-393-0085
wwwFOUNDATIONSFAMILYCOUNSELING.COM
789 Sherman St. Suite 440, Denver, CO 80203 Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of mental health.
Guzman, Maria Elena, PhD
303-756-6870
3801 E. Florida Avenue, Suite 701, Denver, CO 80210
Specializes in trauma, depression, anxiety. Private testing; qualified to do most SPED testing.
Services available in Spanish. Takes some insurance.

Integrative Therapy Solutions
720-285-6438
http://integrativetherapysolutions.org
Serving Aurora, Denver & south metro area
Children, teens, adults, couples, families; ITS addresses many areas including marriage
issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief &
loss, women’s issues, anger management, criminal & juvenile justice concerns, career & life
coaching, and social skill development. Will slide fees; no insurance.

Knippenberg, Patterson, Bordelon & Associates
www.craigknippenberg.com
2833 S. Colorado Blvd. Denver, CO 80222
Individual, family and group counseling services as well as parenting classes. Specialty in
child & adolescent neurobehavioral disorders. May slide fees.

People House
303-480-5130
http://peoplehouse.org
3035 W. 25th Ave., Denver, CO 80211
Affordable Counseling Program offers services on a sliding scale starting @ $15.00;
All ages, all issues. People House also offers workshops & classes & activities.

Porter, William W., Ph.D
303-399-3542 Email: wwalesporter@gmail.com
967 Fillmore St. Denver, CO 80206 Licensed Clinical Psychologist / Educational Consultant.
Specializes in adolescent depression and suicide. Author of “Bully Proofing Your Schools”.
Sliding scale; some insurance.

Sandstone Care
720-307-3970
www.sandstonecare.com
2100 S. Cherry St., #204, Denver, CO 80222
Provides substance abuse and co-occurring mental health treatment services for teens and
young adults. Includes after school teen program that incorporates individual and group
therapy, family counseling, visits with our MD psychiatrist, and academic and vocation support.
Accepts these insurances: Value Options, United Health Care, Cigna, Aetna, Humana, Mines
and Assoc, Rocky Mountain Health Plans, United Behavioral Health, and Blue Cross/Blue
Shield.

Starkey-Duncan, Renee, PhD.
303-747-4026
https://therapists.psychologytoday.com/rms/name/Renee_Starkey+Duncan_PhD_Denver_Colorado_94253
90 Madison St., Suite 405, Denver, CO 80206
Eating disorders, adolescent girls, ages 12 and up, women’s issues. No insurance, will slide fees.
The Child and Adolescent Behavioral Supports, LLC
303-660-5397
http://www.cabsupports.com/
Littleton Office:
609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120
Denver Office:
1633 Fillmore St., Suite 390, Denver, CO 80206
Provides counseling and services for children, adolescents, their parents and family groups.
Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and
development disabilities, opposition and conduct problems, social skills, teen issues, general
behavior issues, divorce, adoption-related concerns, education-based disabilities, and other
school challenges.
Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their
website for prices of services.

Thoreson, Kirk, PsyD
303-550-0030
www.drkirkthoreson.com
1221 S. Clarkson St. Suite 302, Denver, CO 80210
Psychological and educational testing & assessment. Specializing in learning disabilities,
ADHD, depression, childhood anxiety, groups for children whose families have divorced.
Accepts some insurance or sliding fee scale; free 20 minute phone consult.

Englewood

Davis, Linda, MSW, LCSW
303-480-8864
http://lindagdavis.com
10303 E. Dry Creek Rd., Engelwood, CO 80112 (Summit II)
Adolescents, families, couples, adults; specializing in blended family / divorce issues,
grief & loss, depression, anxiety / stress, parenting, play therapy.

Grenhart, Rich, Psy.D.
303-761-3520
Email : rgrenhart@aol.com
3601 S. Clarkson St., Suite 540, Englewood, CO 80113
Family and individual counseling; adolescents. Communicates
well with school; after school office hours. Psych evals. No sliding scale.

Hope Counseling Services (Bethany Adams, MA, NCC)
720-291-1482
www.hopecounselingservices.org
400 Inverness Parkway, Suite 200, Englewood, CO 80012
Specializes in work with children ages 3-18; anger management counseling; play
therapy; behavior issues; social issues; mood disorders; trauma work;
adjustment issues; cash or check; will slide fees.

Levitas-Eisner, Jane., LCSW
303-826-7296
http://janeeisnerlcsw.com/
8000 E. Prentice Ave., Suite B-12, Englewood, CO 80111
Child, adolescent, family, and couples therapy. Insurance and sliding scale.
Newman, Hildie, LCSW
303-902-2084 http://www.hildienewmanlcsw.com/
6767 S. Spruce Street, Suite 250, Englewood, CO 80112
Specializes in working with families and adolescents.

Southeast Psychotherapy Associates, PLLC
303-694-1795
www.sepsychotherapy.com
6081 S. Quebec St., Suite 103, Englewood, CO 80111
Marriage & family therapy; addictions; bipolar & other depressive disorders; educational & intellectual assessment; ADHD.

Trauma Treatment Center of Colorado (Dr. Leigh Baker)
303-790-5585
www.leighbaker.com
3540 South Poplar Street, Suite 303, Denver Colorado 80237

Greenwood Village

Levitas-Eisner, Jane., LCSW
303-826-7296
http://janeeisnerlcsw.com/
8000 E. Prentice Ave., Suite B-12, Englewood, CO 80111
Child, adolescent, family, and couples therapy. Insurance and sliding scale.

Smith, Jenna K., MSW
303-951-4832 http://jennasmiththerapy.com/
email: jenna@jennasmiththerapy.com
5347 S. Valentia Way, Suite 120, Greenwood Village, CO 80111
Specializing in working with elementary-age children & their families; divorce, grief & loss, anxiety, ADHD, parenting.

The Redimere Group Center for Counseling and Leadership
Development (Sawyer, Chip, M.A., L.P.C., Life & Parent Coach)
303-713-1001
www.redimere.com
5690 DTC Blvd., Suite 120W, Greenwood Village, CO 80111

Highlands Ranch

Compass Health Systems
303-683-5620
http://compass-md.com/our_locations/?smid=4
8671 S. Quebec St., Suite 200, Highlands Ranch, CO 80130
Assessment and treatment for people of all ages; specializing in juvenile / adult forensic psychology.
Proactive Counseling Services
303-917-6211
http://www.proactivecounselingservice.com/
1745 Shea Center Dr., Highlands Ranch, CO 80126
Individuals, couples; multiple approaches dealing with multiple issues such as marriage / family issues, parenting issues, depression, anxiety / stress, trauma, grief & loss.

Lakewood

National Institute for Change (Brown, Jessica)
303-231-0090
http://www.nichange.com/
Offices in Lakewood, Lone Tree, Golden, Aurora
Specializes in child play therapy, family therapy, parenting classes, anger management, substance abuse.
Does work on sliding scale – initial contact free.

Littleton

AllHealth Network
303-730-8858
http://www.allhealthnetwork.org/
61 W. Davies Ave., Littleton, CO 80120
831 S Perry Street, Suite 100, Castle Rock, CO 80104
10350 S. Dransfeldt, Parker, CO 80134

Bentley Marriage & Counseling (David, MA, LPC, NCC)
720-255-1572
www.marriageupgrade.com
7800 S. Elati St., Suite 201, Littleton, CO 80120
David Bentley is on a mission to save marriages; couples, individuals; solution-oriented approach. Will slide fees and will consider offering services pro bono.

Briggs, Jana, MA, NCC, LPC
303-495-0317
www.janabriggs.com
5777 S. Rapp St., Suite 204, Littleton, CO 80120
Play therapy; anger management; grief/loss recovery; parenting counseling; couples therapy; relationship enhancement.

Denver Therapy Center (Brian Brody, LCSW, PhD.)
303-979-0319
www.denvertherapycenter.com
6901 S. Pierce St.,, Littleton, CO 80128
Stress, loss, depression.
Grace Counseling (Alexander A. Avila, M.A.)
720-316-7771
http://www.alexanderavila.com/
7921 Southpark Plaza, Suite 204, Littleton, CO 80120
Counseling to increase the health and intimacy of romantic relationships; couples, marriage counseling. Facilitator of the “Hold Me Tight” program for couples. Addictions counseling. Counseling for men.

Grace Counseling (Johnson, Vicki, MSW, LCSW)
303-798-8836
720-489-8555
http://www.gracecounseling.net/
7921 South Park Plaza, Suite 204, Littleton, CO 80120
Female adolescents, families, couples, groups; eating disorders, trauma.

Howard, Rebecca PsyD, LLC
303-730-8083
www.drrebeccaihoward.com
609 W. Littleton Blvd., Suite 303, Littleton, CO 80120
Free initial consultation if requested; scholarships may be available.

Knippenberg, Patterson, Bordelon & Associates
www.craigknippenberg.com
2833 S. Colorado Blvd. Denver, CO 80222
Individual, family and group counseling services as well as parenting classes. Specialty in child & adolescent neurobehavioral disorders. May slide fees.

Max, Dana A., PsyD, PC
303-347-8498
www.danamax.com
5860 S. Curtice St., Littleton, CO 80120
Psychological testing; psychoeducational testing; career assessment (ministerial). Will bill insurance and may slide fees based on income.

McAllaster-Schmitz & Associates (Amy McAllaster-Schmitz, M.A., LPC)
303-513-7822
www.amymscounseling.com
5777 S. Rapp St., Littleton, CO 80120
Adolescent & adult counseling.

Mines and Associates (Bob Mines, PhD.)
303-832-1068
800-873-7138
http://www.minesandassociates.com/
10367 W. Centennial Road, Suite100, Littleton, CO 80127
Eating disorders specialist-all age groups. Employee assistance program, private practice. Does not accept insurance. May offer sliding scale.
Mines and Associates (Janice McBride)
303-832-1068
800-873-7138
http://www.minesandassociates.com/
10367 W. Centennial Road, Suite100, Littleton, CO 80127
Coordinates a network of around 150 therapists;
Excellent resource for families seeking referral to a specialist.

The Child and Adolescent Behavioral Supports, LLC
303-660-5397
http://www.cabsupports.com/
Littleton Office:
609 W. Littleton Boulevard, Suite 309, Littleton, CO 80120
Denver Office:
1633 Fillmore St., Suite 390, Denver, CO 80206
Provides counseling and services for children, adolescents, their parents and family groups.
Areas provided include trauma, worries and fears, mood, sadness and loss, intellectual and
developmental disabilities, opposition and conduct problems, social skills, teen issues, general
behavior issues, divorce, adoption-related concerns, education-based disabilities, and other
school challenges.
Does not bill the insurance directly, but will provide a receipt for reimbursement. Look on their
website for prices of services.

Lone Tree

Counseling Place at Lone Tree (Sarah James, LCSW, CACII)
303-241-0421
http://www.counselinglonetree.com/
9224 Teddy Lane, Suite 103 0, Lone Tree, CO 80134
482 Happy Canyon Road, Castle Pines, CO 80104
Accept most insurances and will slide fees.

Counseling Solutions (John Eckenwiler, LMFT)
303-267-2282
www.therapyhelpnow.com
12900 Stroh Ranch Place, Suite 200, Parker, CO 80134
9220 Teddy Lane, Suite 1100, Lone Tree, CO 80124

National Institute for Change (Brown, Jessica)
303-231-0090
http://www.nichange.com/
Offices in Lakewood, Lone Tree, Golden, Aurora
Specializes in child play therapy, family therapy, parenting classes,
anger management, substance abuse. Sliding scale – initial contact free.
Some insurances, private pay; might slide fees.
Parker

AllHealth Network
303-730-8858
http://www.allhealthnetwork.org/
61 W. Davies Ave., Littleton, CO 80120 303-797-9420
831 S Perry Street, Suite 100, Castle Rock, CO 80104 303-688-6276
10350 S. Dransfeldt, Parker, CO 80134 303-805-4312

Counseling Solutions (John Eckenwiler, LMFT)
303-267-2282
www.therapyhelpnow.com
12900 Stroh Ranch Place, Suite 200, Parker, CO 80134
9220 Teddy Lane, Suite 1100, Lone Tree, CO 80124
Some insurances, private pay; might slide fees.

Legacy Comprehensive Counseling & Consulting
303-841-4005
www.legacyparker.com
19751 E. Mainstreet, Suite 215., Parker, CO 80138
Individual and group counseling for individuals, children and families.
Specializing in social skills, adjusting to divorce, parenting skills & classes, anger management, mental illness, stress, attachment issues, testing & assessment for behavior & psychological concerns (particularly ADHD, other learning challenges and developmental disabilities), behavior management, supervised parenting, child/family investigations. Accepts insurance and will slide fees.

Lounsbrough, Craig., M.Div., LPC
303-593-0575 ext. 123
www.craiglpc.com
19284 Cottonwood Drive, Suite 202, Parker, CO 80138
Child, adolescent, ADD, ADHD, ODD and conduct disorders. No sliding scale, will reduce fee.

Pikes Peak Counseling (Maddox, Amy, MAEd Coun., LPC, CSPT)
720-244-0899
www.pikespeakcounseling.com
12900 Stroh Ranch Way, Suite 220, Parker, CO 80134
ADHD; behavior management; social skills & divorce groups; school & family issues; grief & loss; abuse/trauma, phobias; anxiety; depression; mother/daughter dynamics; Certified Play and EMDR Therapist; works with children as young as 5 years of age; does not accept insurance but can provide receipts to clients upon request and accepts sliding scale clients.

Trathen, Dan., PhD
303-593-0575
www.drtrathen.com
19284 E. Cottonwood Dr., Suite 202, Parker, CO 80138
Individual, adolescent, premarital, marriage, and family counseling. Life and leadership coaching.
Uhernik, Julie, LPC, RN
303-918-1775
www.julieuhernik.com
19557 East Mainstreet, Suite 203, Parker, CO 80138
Adolescents, adults, couples, families; specializes in parenting and step-parenting issues, mother-daughter relationships, anxiety, trauma, chronic illness, eating disorders, depression, and infertility counseling. No insurance but will slide fees.

Wheat Ridge

Soaring Spirits Counseling
303-350-0054
www.soaringspiritscounseling.com
1660 South Albion Street #3B, Denver, CO 80222 Mediation and restorative justice services designed to make victim, offender and the community whole again.
THERAPISTS, BILINGUAL

Asian Pacific Development Center
www.apdc.org
1544 Elmire St., Aurora, CO 80010 303-365-2959
1825 York St., Denver, CO 80206 303-393-0304
1551 S. Monroe St., Denver, CO 80210 720-424-0694
Community Mental Health Clinic that is culturally competent & bilingual

Guzman, Maria Elena, PhD
303-756-6870
3801 E. Florida Avenue, Suite 701, Denver, CO 80210
Specializes in trauma, depression, anxiety. Private testing; qualified to do most SPED testing.
Services available in Spanish. Takes some insurance.

Savio House
303-225-4100
www.saviohouse.org
325 King St., Denver, CO 80219
In-home multi-systemic therapy; family therapy; substance abuse treatment.

Servicios de la Raza
303-458-5851
www.serviciosdelaraza.org
4055 Tejon Street, Denver, CO 80211

University of Colorado Hospital
720-848-2200
http://www.uch.edu/
9548 Park Meadows Drive, Lone Tree, CO 80124
In-home multi-systemic therapy (MST); intensive family therapy (FT); specializing in mental health issues.
TRANSITION-AGE YOUTH – Supportive Resources

Employment

Arapahoe/Douglas WORKS
720-733-7321
www.adworks.org
Philip S. Miller Library
100 Wilcox Street, Suite 198, Castle Rock, CO 80104
GED prep and testing; alternative school; school-to-work preparation.

Autism Society of Colorado
720-214-0794
http://www.autismcolorado.org/
550 S. Wadsworth Blvd., Suite 100, Lakewood, CO 80226
Advocacy for individuals with autism and their families.

Bridging the Gap @ Mile High United Way
303-433-8383
www.unitedwaydenver.org
2505 18th St., Denver, CO 80211
Emergency assistance for food, housing
Multiple programs to prepare youth graduating from foster care for successful, Independent lives. Programs include financial education, Individual Development Accounts, housing, education, employment & supportive coaching.

School to Work Alliance Program (SWAP)
303-866-6701
http://www.cde.state.co.us/SecondaryInitiatives/SchoolToWorkAllianceProgram.htm
Job placement, training, education, and follow-up services for youth ages 16-25 with mild to moderate barriers to employment.

The ARC of Arapahoe and Douglas Counties
303-220-9228
www.arcarapahoedouglas.org
8100 E. Arapahoe Rd., Suite 208, Centennial, CO 80112
Advocacy and support services for individuals and families, adult education.

General Resources

Autism Society of Colorado
720-214-0794
http://www.autismcolorado.org/
550 S. Wadsworth Blvd., Suite 100, Lakewood, CO 80226
Advocacy for individuals with autism and their families.
Bridging the Gap Mile High United Way
303-433-8383
www.unitedwaydenver.org
2505 18th St., Denver, CO 80211
Emergency assistance for food, housing
Multiple programs to prepare youth graduating from foster care for successful, Independent lives. Programs include financial education, Individual Development Accounts, housing, education, employment & supportive coaching.

Housing

Bridging the Gap @ Mile High United Way
303-433-8383
www.unitedwaydenver.org
2505 18th St., Denver, CO 80211
Emergency assistance for food, housing
Multiple programs to prepare youth graduating from foster care for successful, Independent lives. Programs include financial education, Individual Development Accounts, housing, education, employment & supportive coaching.

Urban Peak
303-974-2908
www.urbanpeak.org
1630 S. Acoma, Denver, CO 80223
Housing and life skills for homeless or runaway youth; education; case management; referrals
TRAUMATIC BRAIN INJURY

Behavioral Growing Tree
866-300-0822
www.behavioralgrowingtree.com
In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations. Insurance accepted.

Brain Injury Alliance of Colorado
303-355-9969
www.biacolorado.org
4200 W. Conejos Place, Suite 524, Denver, CO 80204
Support groups for brain injury or stroke sufferers and their loved ones; educational resources; utility assistance; access to the TBI Trust; Resource Guide for brain injury issues; advocacy.

Colorado Traumatic Brain Injury Trust Fund
888-331-3311
www.tbicolorado.org
1575 Sherman St., 4th Floor, Denver, CO 80203
Care coordination and services for adults and children with a brain injury; TBI Trust Fund resources can help pay for services that are pre-approved and not otherwise covered by insurance; educational programs & research.

Developmental Disability Consultants, PC
303-337-2210
www.ddconsultants.org
1211 S. Parker Rd., Suite 200, Denver, CO 80231
Offering a wide range of direct and consultative services to children and adults with disabilities, their families, teachers and service providers.

Parker Adventist Hospital
303-269-4000
http://www.parkerhospital.org/
9395 Crown Crest Blvd  Parker, CO 80138

Rocky Mountain Human Services - Formally known as Denver OPTIONS
303-636-5600
http://www.rmhumanservices.org/about/contact
9900 E. Iliff Ave., Denver, CO 80231
Care coordination from birth through adulthood for people with intellectual disabilities and traumatic brain injuries.
VICTIMS ASSISTANCE

AllHealth Network
303-730-8858
http://www.allhealthnetwork.org/
61 W. Davies Ave., Littleton, CO 80120 303-797-9420
831 S Perry Street, Suite 100, Castle Rock, CO 80104 303-688-6276
10350 S. Dransfeldt, Parker, CO 80134 303-805-4312
Individual therapy, grief & loss groups

Castle Rock Police Department
303-663-6100
100 Perry St., Castle Rock, CO 80104
Information, follow-up support, and referrals for crime victims.

Douglas County Sheriff’s Office
303-660-7505
www.dcsheriff.net
4000 Justice Way, Castle Rock, CO 80109
Case and offender notification for victims of crimes; access to Victims Compensation funds.

Douglas County Victims’ Assistance
303-660-7505
http://www.dcsheriff.net/victimsassistance/
4000 Justice Way, Castle Rock, CO 80109
A service of the 18th J.D. District Attorney’s Office; court-related services

Parker Police Department
303-841-9800
http://www.parkercolorado.net/parker-police-department/
19600 E. Parker Square Drive, Parker, CO 80134

Parker Town Hall and Court
303-841-0353
20120 E. Mainstreet, Parker, CO 80138
Courthouse: 303-805-3195

The Blue Bench
Office 303-329-9922
24 hour hotline: 303-322-7273
Spanish Language: 303-329-0031
TTY: 303-329-0023
http://thebluebench.org/

Servicios de la Raza
303-458-5851
www.serviciosdelaraza.org
4055 Tejon Street, Denver, CO 80211
Counseling and support groups for Chicana/Latina women
The Crisis Center

Main Office: 303-688-1094
Hotline: 303-688-8484
http://www.twcfoc.org/
Advocacy, support, counseling, shelter
VOLUNTEERISM

4-H Clubs
720-733-6940
http://www.extension.colostate.edu/douglas/4h/4h.shtml
410 Fairgrounds Rd., Castle Rock, CO 80104
Positive youth development programming for ages 8-18; special programs for ages 5-7; clubs/activities that focus on learning by doing & life skills; leadership programming; mentoring; volunteer opps for youth & adults; camps; conferences.

Developmental Pathways, Inc.
303-360-6600
www.developmentalpathways.org
325 Inverness Drive South, Englewood, CO 80112
Seeking volunteers for ongoing or one-time projects including gardening and yard clean-up, Special Olympics assistance, sharing an interest such as cooking or arts/crafts or exercise, or other projects that fit your interest.

Douglas County Libraries
303-791-7323
www.douglascountylibraries.org
Click on “Literacy” for information on Adult Literacy, Book Start early childhood literacy and more.
Castle Pines Library: 7437 Village Square Drive, Suite 110, Castle Rock, CO 80108
Philip S. Miller Library in Castle Rock: 100 S. Wilcox St., Castle Rock, CO 80104
Highlands Ranch Library: 9292 Ridgeline Blvd., Highlands Ranch, CO 80129
Lone Tree Library: 8827 Lone Tree Pkwy., Lone Tree, CO 80124
Louviers Library, 7885 Louviers Blvd., Louviers, CO 80131
Parker Library: 10851 S. Crossroads Dr., Parker, CO 80134
Roxborough Library: 8357 N. Rampart Range Rd., Suite 200, Littleton, CO 80125

Douglas County Volunteer Coalition
www.douglascountyvolunteers.org
4400 Castleton Court, Castle Rock, CO 80104
Offers access to volunteer and service opportunities at a variety of local agencies, both for-profit and non-profit; provides information on how to be an effective volunteer.

Douglas County Youth Initiative
303-688-4825
http://www.douglas.co.us/
4400 Castleton Court, Castle Rock, CO 80109
Youth Day of Service in April; service learning technical assistance; brainstorming community service opportunities for teens; access to AmeriCorps service scholarships.

Parker Parks & Recreation Dept.
303-841-0353
www.parkeronline.org
Many opportunities to volunteer with a variety of people and recreational and cultural programs; always looking for great volunteers!