



**AllHealth**  
NETWORK

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Presented to  **DOUGLAS COUNTY**  
COLORADO

**Board of County Commissioners**  
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# Who we are

- Private, 501(c)(3) private provider of mental health, substance use and crisis services
- Designated Community Mental Health Center (CMHC) for Douglas and Arapahoe Counties (excluding the city of Aurora)
- 482 employees





# A crisis for child & adolescent mental health

*"A state of emergency" for youth*





## What we do

- Serve 3,500+ children and adolescents
- Provide >200,000 services per year to >16,000 people
- Offer 30+ treatment programs across 12 locations
- 250+ clinical and psychiatric providers in our offices, via telehealth, inpatient units, and in the community
- Licensed clinicians in 39 schools
- 5 police departments, DoCo jail, 18<sup>th</sup> JD, community



# How we can help do more in Douglas County

- Create a single point of entry for residents seeking crisis services in Douglas County:

Walk in Center (WIC)

- Build a 16-bed  
Child & Adolescent

Crisis Stabilization Unit (CSU)



# Who is served in these facilities

## Walk in Center

- Individuals with a self-defined crisis
- All ages
- Clients covered by all payers (*no coverage required*)
- Police & CRT drop off

## Crisis Stabilization Unit

- Children/youth ages 5-21
- Clients covered by all payers (*no coverage required*)
- Admit those with a psychological crisis requiring short-term stabilization and treatment



# Typical clinical issues

## Walk in Center

- Suicidal ideation, plan or attempt
- Depression, anxiety
- Behavior disruption
- Escalating family conflict
- Drug or alcohol abuse
- Homelessness

## Crisis Stabilization Unit

- Suicidal ideation (*with no active plan or recent attempt*)
- Depression, anxiety, ADHD, bipolar disorder, etc. that has become unmanageable
- Often voluntary admissions
- Medically stable



# What a Walk in Center (WIC) can offer the community

- Immediate access to mental health assessments as a strategy for suicide prevention
- Compassionate, evidence-based psychological support
- A viable resource for law enforcement & CRT
- Reduced psychiatric boarding in emergency depts.
- Continuity of care/service connection



## How a Crisis Stabilization Unit (CSU) can help

- Provides an alternative to costly, stigmatizing inpatient hospitalization
- Offers individual & family treatment in a home-like, non-hospital environment
- Provides safety and security for those in crisis
- Ensures connection to larger system of care



# Services provided in a CSU

- Quick access to an assessment
- Medication evaluations and prescriptions
- Clinical oversight in a safe environment
- Crisis stabilization and treatment
- Family involvement
- Coordination with outpatient services













## Our ask

**\$1.8M** financial support  
for the first 6 months of operating  
expenses of a **CSU** and a **WIC**  
in Douglas County





# Setting a new standard for youth MH services in DoCo

- Over the next 3 years, AllHealth Network can provide a **school based therapist** in every elementary, middle and high school in Douglas County School District
- Offer rapid access to mental health services in the schools
- Establish Psychiatry Services on site
- Parental involvement via telehealth (or in person)
- All services billed to insurance/Medicaid or covered by grants





**AllHealth<sup>®</sup>**  
N E T W O R K

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