

# Additional Resources

## Resource Guide for Older Adults

- [Aging Resources of Douglas County](#)
- Mailed guide listing services for health, housing, transportation and other critical services

## Online Resource Search Tool

- Find a variety of resources around Douglas County with our easy-to-use map tool

## Phone Support & Navigation

- [Aging Resources of Douglas County](#)
- Phone operators available to assist callers with locating and accessing services

## Childcare Certification Program

- [Early Childhood Service Corps](#)
- Training for up to 16 older adults, enabling them to be hired or to volunteer in local childcare facilities

# About the OAI

Douglas County's Older Adult Initiative (OAI) collaborates with community-based partners to address the most pressing needs of residents aged 60 and older. Together, we deliver programs that support health, safety and quality of life. List of resources: [www.douglas.co.us/oalinks](http://www.douglas.co.us/oalinks)



# Resources for Older Adults in Douglas County



*Presented by the Douglas County Older Adult Initiative and a \$1.5 million investment from the Board of Douglas County Commissioners to provide the services you told us you needed most.*

# Transportation Services

## Door-to-Door Rides

- Aging Resources of Douglas County and Castle Rock Senior Activity Center
- For medical appointments, essential errands and quality-of-life trips

## Circulator Pilot Program

- Aging Resources of Douglas County
- Serving housing communities in Castle Rock (The Meadowmark, Reyn Rock and Oakwood) with stops for groceries, shopping and medical facilities

## Vehicle Expansion

- Castle Rock Senior Activity Center
- 3 new vehicles to meet rising demand

# Housing Support

## Housing Navigator

- Douglas County Housing Partnership
- Case management, benefit navigation, workforce programs and legal services

## Older Adult Housing Needs Assessment

- Douglas County Housing Partnership
- Quantify the type and need of housing for older adults

# In-Home Services

## Meal Delivery

- Nourish Meals on Wheels
- Nutritious meals delivered directly to homes

## Help At Home Homemaker Services

- Aging Resources of Douglas County
- Meal preparation, laundry and light housework

## Chore Services

- Aging Resources of Douglas County
- Yard work, snow shoveling, minor repairs and home maintenance

## Connect & Care Calls

- Castle Rock Senior Activity Center
- Social check-ins and companionship calls

## CAPABLE Accessibility Services

- Brothers Redevelopment
- Personalized support to improve mobility and self-sufficiency with minor home modifications

## Dougnad Community Event

- Saturday, October 25, 2025
- Residents in need of yardwork will be able to sign up to receive assistance from volunteers
- Keep an eye on our Dougnad webpage and sign up to receive email updates ([www.douglas.co.us/oalinks](http://www.douglas.co.us/oalinks))