



- 8:00 a.m. Check-in, breakfast, visit our partners
- 8:45 a.m. Welcome & Opening Remarks
- Gretchen Lopez, Seniors' Council of Douglas County
 - Jill Hall, Highlands Ranch Senior Center
 - Meet platinum partners: Douglas County Libraries, Seven Stones Chatfield Botanical Garden Cemetery, Visiting Angels
- 9:00 a.m. Morning Keynote: "The Extraordinary Health Benefits of Chocolate"
- Julie Nygard, The Chocolate Therapist
- 9:45 a.m. Visit our partners
- 10:00 a.m. Breakout Session - Choose from three different options.
See page 6 for topics and locations. A map is on the back of the program.
- 10:45 a.m. Visit our partners
- 11:00 a.m. Breakout Session - Choose from three different options.
See page 7 for topics and locations. A map is on the back of the program.
- 11:45 a.m. Lunch is served
- 12:00 p.m. Meet platinum partners: Castle Rock Senior Activity Center, Charles Schwab, The Meadowmark, and Sound Relief
- Luncheon Keynote: "The Art and Culture of Food"
- John Jaramillo, President of the Hispanic Restaurant Association
- 1:00 p.m. Visit our partners
- 1:30 p.m. Breakout Session - Choose from three different options.
See page 8 for topics and locations. A map is on the back of the program.
- 2:15 p.m. Submit evaluation forms for an extra door prize ticket.
- 2:30 p.m. Closing Remarks and Door Prizes

Additionally, sign up for any of the three interactive sessions available by appointment only throughout the day.